

NORTHERN NOTES



June 2021

A letter from our District 21 Intergroup Representative and a D21 CPC/PI Committee member:

12 step calls to hospitals goes back to the beginning days of A.A. with Bill and Bob. Sister Ignacio worked with alcoholics at St Thomas Hospital in Akron Ohio.

It is reported that Bill and Bob and Sister Ignacio worked with over 5,000 alcoholics. The program in Northern Colorado started in 2019 and was modeled after a program that started in 2015 in the State of Washington. A.A. in Washington reports over 500 visits since 2015. UC Health at Medical Center of the Rockies and Poudre Valley Hospitals were the first hospitals in this area to embrace the idea of having A.A. members make visits to patients in the hospitals that were diagnosed with Alcohol Use Disorder (AUD). We were lucky to find a manager of the social workers for both hospitals who realized the need and the value of these visits. After a few initial presentations to the social workers, the program started. We had our first visit in January 2019 to a women at the Medical Center of the Rockies. She was ready to hear the message. She started attending meetings as soon as she was able

and also carried the message to other women that ended up in the same hospital she was in. Recently we had a request for a Native American Indian woman (which we do not have on the volunteer list). However, a woman was found that used to take meetings in the Indian Reservations around the Durango area. She agreed to make the call. Both the patient and the AA volunteer hit it off and additional visits were made. Both benefited. The volunteer was thankful she was asked to make the visit. This has been truly rewarding for me. Social workers alike have been in communication with us about the benefits. Patients have let us know they feel their lives have been saved by the visit. 50 calls were made in 2019. Due to Covid, 20 were made in 2020, but since the beginning of 2021, 14 visits have been made. The program has expanded to other areas in Colorado. A Big Book may be given with the recommendation to read the Doctors Opinion. The most important message to let the person in the bed know: they are not alone and there is a solution. Blessed, Carolyn M. (408-806-7005)

6 WILLINGNESS ✎ SOLIDARITY ✎ RESPONSIBILITY

STEP - Were entirely ready to have God remove all these defects of character.

TRADITION - An AA Group ought never endorse, finance, or lend the AA name to any related facility, or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

CONCEPT - The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

Quote of the Month!

"We found that as soon as we were able to lay aside prejudice and express even a willingness to believe in a Power greater than ourselves, we commenced to get results, even though it was impossible for any of us to fully define or comprehend that Power, which is God. [...] We found that God does not make too hard terms with those who seek Him. To us, the Realm of the Spirit is broad, roomy, all inclusive; never exclusive or forbidding to those who earnestly seek."

-- Big Book, page 46

UPCOMING THIS MONTH

Steering Committee:
Monday, June 21st at 5:15 PM

Intergroup Meeting:
Monday, June 21st at 6 PM
Meeting ID: 873 901 4086

District 21 Meeting:
Sunday, June 6th at 5:30 PM
The Delegate for the state of CO (Area 10) will report about the General Service Assembly in New York. Anyone is welcome to join at 4 PM.

Zoom ID: 816 9882 3322
PW: 778385
Phone# 669-900-6833

District 23 Meeting:
Tuesday, June 8th at 7 PM
35 Carlson Blvd, Johnstown, CO

Visit www.northcoloradoaa.org or email the Office Manager for NCIG to get details

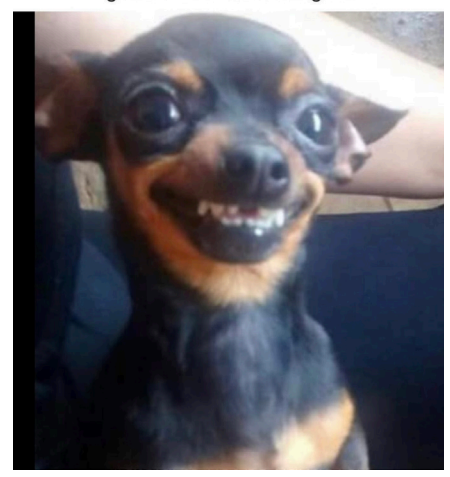
Attending a zoom meeting in a different state



Everyone waiting to hear which prayer the speaker will choose to close the meeting



When you got two hours of sleep but grateful to not be hungover



Donation options if sending a 7th tradition contribution:

Venmo: @NCIGAA

PayPal: <https://paypal.me/nocooa>

Or send a check to:

Northern Colorado Intergroup
155 N College Ave #120
Fort Collins, CO 80524

Be a Faithful Fiver

or

Birthday

5ER on paypal

Contributor

sign up for a monthly contribution of \$5 (or more), or the number of years you've been sober (birthday): PayPal <http://ow.ly/qGwN50CI74r> Venmo, or send us a check.

JUNE 2021 ANNIVERSARIES:

Adam R. - 7 years
Barb A. - 13 years
Becca - 9 years
Corina M. - 3 years
Debra S. - 9 years
Eileen S. - 21 years
Kathy C. - 32 years
Mary M. - 5 years
Megan J. - 34 years
Michael B. - 39 years
Peg U. - 33 years
Steve M. - 22 years

Dr. Bob would have had his anniversary this month!

DO YOU OR A SPONSEE HAVE AN ANNIVERSARY IN JUNE, OR ANY MONTH THIS YEAR? LET US KNOW.

Email Beth:
officemanager@northcoloradoaa.org

Things We Cannot Change

This column acknowledges the passing of our AA friends and family within the Northern Colorado community. If someone close to you in the fellowship has passed away, you may contact NCIG Central Office or Alison K. at (970) 443-9786. Please give us their name, city where they lived, home group name and the month of the year they passed, which can be shared in our monthly newsletter.

This month we acknowledge the following members for their service within the fellowship, their friendship and the many ways in which they deeply touched our lives and our hearts. May they never be forgotten...

Ernie M., Fort Collins, Spring Creek, April, 2021

Chris A., Fort Collins, Awakenings, May, 2021

Dominick R., Loveland, Loveland Group, May, 2021

CENTRAL OFFICE STATEMENT OF PURPOSE

The purpose of NCIG's Central Office is to receive, distribute & follow up on 12 step calls, to answer inquiries about A.A., and to cooperate with local public information committees. Central Office also maintains information about local hospitals & recovery facilities for alcoholics. We provide local meeting lists, a newcomer packet, a newsletter, and we order, sell & distribute A.A. literature.



Up and Coming: AREA 10

Summer Assembly 2021
July 9-11
Burlington, CO
Burlington Community Center

Colorado State Convention
September 3-5, 2021
Keystone, CO
Keystone Resort and
Conference Center
convention.coloradoaa.org

Corrections Conference
October 2, 2021
7:30 AM to 3:30 PM
Johnstown, CO

Go to coloradoaa.org for
more information.

www.northcoloradoaa.org

24 / 7 / 365 • 970-224-3552

Central Office

OPEN Mondays, Tuesdays, Wednesdays & Fridays

9:00 AM - 1:00 PM

and Thursdays 9:00 AM - 5:00 PM

BOOKS

**155 N College Ave #120
Fort Collins, Colorado 80524**

CHIPS

District 21 CPC/PI - Individuals wishing to connect with people who wind up in the hospital (Medical Center of the Rockies & Poudre Valley), there is an active **Peer Support Hospital Visitation Program**. Contact Carolyn M. at 408-806-7005.

BRIDGE THE GAP - This A.A.-wide program helps people leaving a correctional or treatment facility become acquainted with A.A. and attend A.A. meetings in their home town, after they are released. The District 21 committee for BTG is being run by Erica B. Contact her at ericabaczek0813@yahoo.com or bridgethegapnoco@gmail.com if this service is of interest to you.

D21 Treatment - Join the District 21 Treatment Committee and share your experience, strength, and hope with men and women in our local rehabilitation centers. Please help us carry the message of hope to these individuals who are about to re-enter the real world. Remember, you can only keep what you have by giving it away. Contact Nancy K. at nocotreatment@gmail.com.

Central Office has a **Lending Library**. There are books of all types, cassettes & CDs of speakers. We also have extra Grapevines to take home.

Does your group need an Intergroup Rep?

We service over 73 groups in Northern Colorado. Of those 73 groups from 16 to 20 attend our Intergroup meetings on a regular basis. That is 30% participation. This is not bad, if we were hitting in a baseball game. Talk to your groups in the area.
Be an IGR, we will shower you with appreciation.



Hi There!

Are there any
changes to your
meeting?

Send it to us at
[officemanager@
northcoloradoaa.org](mailto:officemanager@northcoloradoaa.org)

What would you
want to see under
Resources on the
NCIG website?

Send it to us
at [officemanager@
northcoloradoaa.org](mailto:officemanager@northcoloradoaa.org)

Wanna propose a
theme or write a
story for NN?

Send it to us at
[officemanager@
northcoloradoaa.org](mailto:officemanager@northcoloradoaa.org)

Do you have an
image or joke for
Northern Notes?

You know what to do.

G ratitude G roup G ood G ift G row G reat
O ver O f O rderly O f O r O ut
D rama D runks D irection D esperation D ie D oors

AAGRAPEVINE, Inc.

Memo

To: General Service Conference
From Josh Eggleston, A.A. Grapevine Board Chair
Re: Preamble Revision
Date May 28, 2021

Dear Conference Members:

Several people have asked when the revised Preamble will be seen in print. In keeping with the final advisory action of the 71st General Service Conference, the A.A. Preamble revision replacing the words “men and women” with “people” will appear in the July issue of Grapevine, and its translation will be in the July/August issue of La Viña. Both of these issues will be mailed, and posted online, on June 15, 2021. After June 15, as new Grapevine, La Viña and A.A.W.S. literature or reprints go to press, and as web pages are updated, the language will change wherever the A.A. Preamble appears.

The June issue of Grapevine was on press when the Conference requested the change, so this is the first opportunity to make the adjustment in the magazines.

We’ve also received a number of inquiries about whether this negatively impacts the editorial independence of Grapevine. Please remember that the Grapevine Board, Publisher and Editors discussed this topic for an entire year over a series of board meetings. Ultimately it was agreed that Grapevine has the right of decision and foundational editorial independence. We felt that such a change would affect the groups as a whole and in keeping with Tradition 4, we sought the input from those it might affect by sending the discussion to the General Service Conference.

The topic was actively discussed in groups across the United States and Canada for two years over both the 70th and 71st General Service conference panels. As a result of those conversations the Delegates of the General Service Conference passed a series of votes, in a sequence of events that culminated with the final advisory action requesting:

“The Preamble revision replacing the words “men and women” with the word “people” be presented to the General Service Board for approval as the new revised A.A. Preamble.

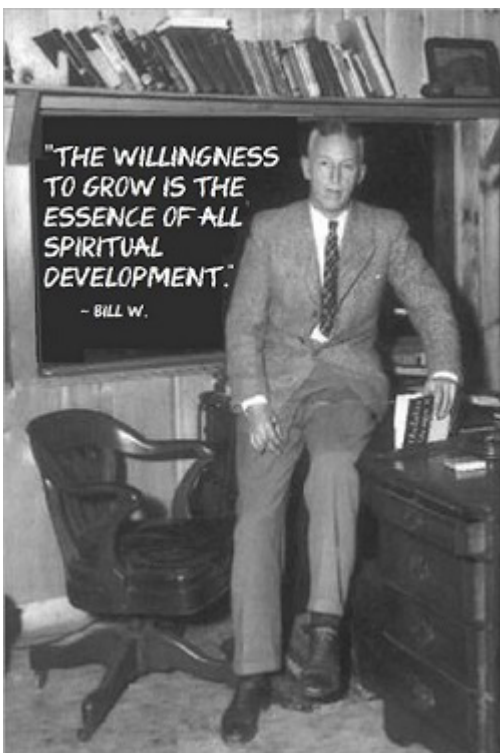
Having been accepted by the General Service Board and forwarded to Grapevine for fulfillment, the Publisher and editorial staff at A.A. Grapevine went to work to carry out the will of the Conference with love and service.

I hope you are all having a wonderful experience reporting out the results of the 71st General Service Conference and thank each of you so very much for your dedicated service.



Josh Eggleston
General Service Trustee
A.A. Grapevine Board Chair

AVAILABLE AT
CENTRAL OFFICE



ANNOUNCING:

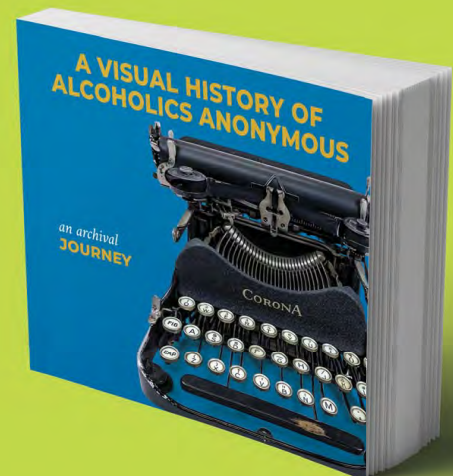
**The limited edition
publication of
a new book!**

**NOW
IN PRINT!**

A VISUAL HISTORY OF ALCOHOLICS ANONYMOUS:

An Archival Journey

Lavishly illustrated, this lively tour through A.A.'s history is told in hundreds of iconic images never before published in one volume. Illuminating descriptions walk us through powerful moments in our shared history — from the people, places and things integral to A.A.'s early growth, and forward to today's vibrant, international Fellowship. Includes a special focus on Detroit in A.A.'s history and updated coverage of recent innovations in A.A. group life.
4.75" x 3.75", 416 pages. **\$12.00.**



Limited Edition: NOW IN PRINT!

**Originally developed as the souvenir book for the
2020 International Convention in Detroit.**

Northern Colorado Intergroup Meeting Minutes - April 19, 2021. Call to order: 6:00 PM

1. Serenity prayer + welcome
2. Tradition 4 Reads: "Every group should be autonomous except in matters affecting other groups or A.A. as a whole."
Longform of Tradition 4 was read by Susan

3. Introductions and IGR Group Updates or Announcements

4. Quorum (>7 IGRs)



5. Motion to accept the meeting minutes from last month?

- a. Motion: Lindsay, Laurel

6. Active reports

- a. Chairperson (Molly)

- i. Beth's performance review was completed by Molly, Chelsea, and Donna Lee. That review can be found on the NCIG Google Drive.
- ii. The process of integrating the Square system into the office was started.

- b. Treasurer (Donna)

- i. Financial Report was provided. Total Expenses were \$4633.02. Total Net Income was \$1043.19, Total Gross Income was \$5676.21. Total Group Contributions \$2708.85. Total Projected Budget is \$6198.95.
- ii. It was noted that the purchase of the Square was not listed on the Projected Budget as the Square was purchased after the budget was projected. It will be listed on the April budget.
- iii. Motion to accept the Financial Report: Linda L., Jessica J.

- c. Central Office (Beth)

- i. Square was purchased.
- ii. Opening Fridays from 9 AM-1PM. Office will now be open every day at different times.
- iii. Watch volunteers are needed for certain slots. *See the Central Office Report for specific slots.
- iv. Upcoming event on May 1st at Loveland Group with Beth, Carolyn, and Julie
- v. Next month's goals were listed. *See the Central Office Report for specific slots.
- vi. Beth has already started sending cards to people who've contributed.

- d. District 21

- i. Carolyn- *See the District 21 Report

- e. District 23 - vacant

- i. Beth attended that meeting. There is currently not a lot of movement at District 23--they're trying to get more people to come to the meeting.

- f. Fundraising & Events Committee (Chelsey)

- i. Assuming there can be a Gratitude Banquet this year, Gratitude Banquet planning is in its very early stages as it is best to begin planning the event as soon as possible; we are currently in search of a Chair of the Gratitude Banquet committee. The Drake Center is not taking any reservations for the month of November at this time, but will begin considering reservations in June. If you are interested in getting involved or being the Chair of the event, please let Chelsey know.
- ii. There has been talk about doing a Founder's Day event. Could be on 6/12.

iii. There is the intention to have a Comedy Show in 2022.

7. Old Business

a. Square

- i. It was decided to purchase the Square equipment outright instead of leasing the equipment at a monthly price.
- ii. As it is installed, we will remove the previous merchant system currently in use.
- iii. It will be an asset we own and will be depreciated on 2021 taxes.

8. New Business / Pending matters

- a. See Fundraising & Events Committee report above regarding the Gratitude Banquet.
- b. The Assistant Secretary position is still open. This position shadows the Secretary position and substitutes for the Secretary when they can not be present. If you are interested, please reach out to Molly.

9. 7th Tradition - Venmo @NCIGAA

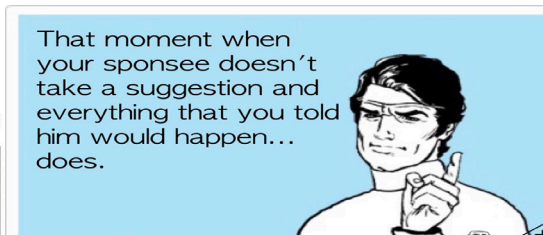
10. Volunteer to read 5th tradition and share next month: Jessica.

Close 6:42 PM: Motion to Adjourn: Julie, Susan

In Closing, "I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

Next Meeting: May 17, 2021

How my sponsees see me How my sponsor sees me



When you wake up and ask your Higher Power to remove your defects and keep you loving and kind and then you get to work and your coworker has sent you 5 messages asking if you saw the email she sent 10 minutes ago

Early sobriety when you're experiencing life without hangovers for the first time

3 years in when all your trauma resurfaces



Announcing the Central Office "roadshow" – expect a call or visit from me, Julie or Carolyn about coming to your group's business meeting to briefly talk about your Intergroup, Central Office, Watch Volunteers, 12th step calls, and District 21 hospital visits.



BE A WATCH VOLUNTEER

Six months of sobriety required. Answer phones, give out information, speak with alcoholics and/or families/friends/businesses, etc. We need folks for the following shifts:

- Thursdays 1-3 pm, starting NOW (office)
- Wednesdays 11-1 pm, starting NOW (phone and office)
- Fridays 9-11 am, starting NOW (phone and office)
- Mondays 3-5 pm, starting July 20, 2021 (office)

Contact Julie or Beth at officemanager@northcoloradoaa.org

Northern Colorado Intergroup

NCIG FINANCE REPORT - April 2021

April 2021 Actuals

Income	\$ 6,269.99
Expenses (COGS & Operating Expense)	\$ 5,577.49
Net Income	\$ 692.50

2021 Year to Date (YTD) Actuals

Income	\$ 20,924.28
Expenses (COGS & Operating Expense)	\$ 21,466.64
Net Income	\$ (542.36)

Income for April

Income Type	Amount	Comments
7th Tradition	\$4,871.98	Individuals & Groups
Faithful Fiver	\$376.05	April 2021 Total
Central Office	\$1,021.96	April 2021 Sales Total
TOTAL GROSS INCOME	\$6,269.99	

7th Tradition by Group

Group Name	Amount
539 Group	\$478.88
AA Recovery Group of Windsor	\$452.50
Awakenings	\$345.00
Berthoud Hump Day	\$25.00
Daily Noon Zoom	\$262.00
Happy Destiny	\$161.71
High Noon Group	\$695.70
Keep It Simple	\$733.00
Last House on the Block	\$208.75
Loveland Group	\$113.25
New Hope	\$89.00
Rule 62 YPAA	\$6.00
RUS	\$89.32
Spring Creek	\$300.00
Step Sisters	\$41.00
Union Colony Group	\$25.71

Bank Statements

Wells Fargo Ending Balance 4/30/21	\$809.96
Canvas Checking Ending Balance 4/30/21	\$6,950.00
Canvas Savings Prudent Reserve 5/13/21	\$5,006.08
Current Checking Acct Balances 4/13/21	\$6,501.13

TOTAL GROUP CONTRIBUTIONS \$4,026.82 April 2021

March 2021 \$2,709.37

February 2021 \$2,209.11

January 2021 \$3,571.84

Northern Colorado Intergroup

NCIG FINANCE REPORT - April 2021

April Expenses			Projected May Budget		
Expense	Amount	Notes	Expense	Amount	Notes
Ink Works	\$ 15.00	Meeting Lists & Newcomer Pamphlets	Ink Works	\$ 15.00	meeting lists
A.A. World Services	\$ 425.08	Literature (incl special orders)	A.A. World Services	\$ 300.00	A.A. conference-approved literature re-stock
Recovery Shop	\$ 279.78	Medallions, stickers, & special order	Recovery Shop	\$ 200.00	special order & medallions
Hazelden	\$ 63.49	Special Order of 24 Hours A Day	Literature & Recovery Goods (COGS)	\$ 515.00	
Amazon	\$ 92.76	Drop the Rock(s), mouse, mousepad, & special orders	Expense	Amount	Notes
Grapevine	\$ 105.25	Books	Central Office Rent	\$ 680.00	Monthly
Literature & Recovery Goods (COGS)	\$ 981.36		State Farm Insurance	\$ 39.58	Monthly
Expense	Amount	Notes	Pay Anywhere/Merchant Fees	\$ 65.94	varies monthly based on use
Central Office Rent	\$ 680.00	Monthly	Merchant Device Lease (Credit Card)	\$ 41.89	Monthly - credit card use
State Farm Insurance	\$ 39.58	Monthly	El Dorado Artesian Springs	\$ 5.36	Monthly
Pay Anywhere/Merchant Fees	\$ 95.01	varies monthly based on use	Mail Chimp Software Subscription	\$ 9.99	email marketing software
Merchant Device Lease (Credit Card)	\$ 41.89	Monthly - credit card use	Comcast	\$ 144.40	Monthly, Cable Internet + Phone
El Dorado Artesian Springs	\$ 10.66	Monthly	Zoom Software Subscription	\$ 16.12	Monthly
MailChimp Subscription	\$ 9.99	Monthly, email marketing software	Quickbooks Software Subscription	\$ 72.70	Monthly
Comcast	\$ 145.22	Monthly, Cable Internet + Phone	Office Supplies and Postage	\$ 20.00	Monthly
Zoom Software Subscription	\$ 16.12	Monthly	Office Manager Monthly Salary (April)	\$ 2,073.58	Actual paid, cleared in May
Quickbooks Software Subscription	\$ 72.70	Monthly	Office Manager Monthly Salary (May)	\$ 2,075.00	Monthly - approx. amount
Office Supplies and Postage	\$ 69.66	new address stamp, postage stamps, UPS Square Delivery, AA Batteries	Cache Accounting	\$ 109.20	payroll and taxes
Square POS Hardware Purchase	\$ 1,176.60	one time	Total Operating Expense	\$ 5,353.76	
Hover (new web email address)	\$ 3.33	Annual	TOTAL PROJECTED BUDGET	\$ 5,868.76	
Sales Tax (state and city)	\$ 196.09	Quarterly			paid
Federal Payroll Taxes	\$ 2,039.28	Quarterly			
Total Operating Expense	\$ 4,596.13				
TOTAL APRIL EXPENSES & COGS	\$ 5,577.49				