

NORTHERN NOTES



August 2021

A LETTER FROM A LONGTIME CENTRAL OFFICE VOLUNTEER:

Hello fellow AA members,

Beth asked me to write a letter as to how service works in my AA program... Apart from sponsoring other women, which is really not my forte, I have been volunteering at the Central Office for the past 20 years or so. I started when Nina M. was the office manager, but I needed to take two one-month breaks when I relapsed a couple of times. Nina was understanding and volunteering there was/is something that gives me the strength to continue with continuous sobriety for over ten years. We have all kinds of drunks visiting and calling Central

Office. Most of them are sober drunks looking for meetings or literature but we frequently find ourselves helping the still suffering alcoholics. The fact that I am able to offer assistance to those people who are in similar experiences to mine in the past, helps me retain the desire to not want to go back to drinking ever again! I hope I am helping the alcoholics as much as they help me keep on the right track. Two of my AA friends have died from alcohol, I certainly do my best to keep that from happening to me.

Missy A.



STEP - Made a list of all persons we had harmed, and became willing to make amends to them all.

TRADITION - Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.

CONCEPT - The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

Quote of the Month!

"It is plain that a life which includes deep resentment leads only to futility and unhappiness. To the precise extent that we permit these, do we squander the hours that might have been worthwhile."

-- Alcoholics Anonymous [Big Book], page 66

UPCOMING THIS MONTH

NCIG Steering Committee:
Monday, August 16th at 5:15 PM
NCIG Intergroup Meeting:
Monday, August 16th at 6 PM
Meeting ID: 873 901 4086

District 21 Meeting:
Sunday, September 5th at 5:30 PM
301 E Drake, basement room

District 23 Meeting:
Tuesday, August 10th at 7 PM
35 Carlson Blvd, Johnstown, CO

Visit www.nocooa.org or email the Office Manager for the Central Office to get details

A DECLARATION OF UNITY

This we owe to A.A.'s future;
To place our common welfare first;
To keep our fellowship united.
For on A.A. unity depend our lives,
And the lives of those to come.

"SELF-DISCIPLINE
is **DOING** what NEEDS
to be **DONE** WHEN it
NEEDS to be **DONE** even
WHEN you don't **FEEL**
like doing it."




SAVE THE DATE!
A VISION FOR YOU IN 2022
The Greeley, CO AA Stampede is back in February, 2022. Join us for a 3 day event with marathon meetings, workshops, speakers, events, and more!
FEBRUARY 4, 5, AND 6
ISLAND GROVE PARK, GREELEY, CO
For more information please email aastampedegreeley@gmail.com



NCIG PRESENTS
CENTRAL OFFICE GRAND OPENING SOIREE AND SALES EVENT!
-OPEN HOUSE- FRIDAY, AUGUST 6TH 9:00AM-7:00PM
SELECT ITEMS 50% OFF! LIGHT REFRESHMENTS! RAFFLES, PRIZES, FELLOWSHIP AND MORE!
155 N. COLLEGE AVE, STE. 120
"OLD TOWN" FORT COLLINS, CO
970-224-3552
PARKING IN THE FRONT AND IN THE PARKING STRUCTURE-1 HOUR FREE!



Donation options if sending a 7th tradition contribution:

Venmo: @NCIGAA

PayPal: <https://paypal.me/nocooa>

Or send a check to:

Northern Colorado Intergroup

155 N College Ave #120

Fort Collins, CO 80524

Be a Faithful Fiver

or

Birthday

Contributor



sign up for a monthly contribution of \$5 (or more), or the number of years you've been sober (birthday): PayPal <http://ow.ly/qGwN50CI74r> Venmo, or send us a check.

AUGUST 2021 ANNIVERSARIES:

Eddie R. - 22 years
Jennifer C. - 5 years
Jimmy C. - 16 years
Kevin L. - 26 years
Laura S. - 10 years
Lou H. - 43 years (July)
Paula B. - 4 years
Randy M. - 12 years (7/28)
Tom McD. - 39 years

**DO YOU OR A SPONSEE HAVE AN
ANNIVERSARY IN SEPTEMBER, OR ANY
MONTH THIS YEAR? LET US KNOW.**

Email Beth:
officemanager@nocoaa.org



Things We Cannot Change

This column acknowledges the passing of our AA friends and family within the Northern Colorado community. If someone close to you in the fellowship has passed away, **you may contact NCIG Central Office or Alison K. at (970) 443-9786.** Please give us their name, city where they lived, home group name and the month of the year they passed, which can be shared in our monthly newsletter.

This month we have no passings on the horizons that we know of. May all of those who have never be forgotten...

CENTRAL OFFICE STATEMENT OF PURPOSE

The purpose of NCIG's Central Office is to receive, distribute & follow up on 12 step calls, to answer inquiries about A.A., and to cooperate with local public information committees. Central Office also maintains information about local hospitals & recovery facilities for alcoholics. We provide local meeting lists, a newcomer packet, a newsletter, and we order, sell & distribute A.A. literature.



CENTRAL OFFICE ♦ **GRAND OPENING-BACK-UP SOIREE AND SALE!**
FRIDAY, AUGUST 6, 2021 ♦ **9 AM - 7 PM** ♦ **DROP BY ANYTIME**

Up and Coming:
AREA 10

Colorado State Convention
September 3-5, 2021
Keystone, CO
Keystone Resort and
Conference Center
convention.coloradoaa.org

Corrections Conference
October 2, 2021
7:30 AM to 3:30 PM
Johnstown, CO

**Southwest Region Forum is
scheduled for October 8-10,
2021**

Go to coloradoaa.org for
more information.

**NEW
WEBSITE**

www.nocoaa.org

24 / 7 / 365 • 970-224-3552

Central Office

OPEN Mondays - Fridays 9:00 AM - 5:00 PM

BOOKS

155 N College Ave #120
Fort Collins, Colorado 80524

CHIPS

District 21 CPC/PI - Individuals wishing to connect with people who wind up in the hospital (Medical Center of the Rockies & Poudre Valley), there is an active **Peer Support Hospital Visitation Program**. Contact Carolyn M. at 408-806-7005.

BRIDGE THE GAP - This A.A.-wide program helps people leaving a correctional or treatment facility become acquainted with A.A. and attend A.A. meetings in their home town, after they are released. The District 21 committee for BTG is being run by Erica B. Contact her at ericabaczek0813@yahoo.com or bridgethegapnoco@gmail.com if this service is of interest to you.

D21 Treatment - Join the District 21 Treatment Committee and share your experience, strength, and hope with men and women in our local rehabilitation centers. Please help us carry the message of hope to these individuals who are about to re-enter the real world. Remember, you can only keep what you have by giving it away. Contact Nancy K. at nocotreatment@gmail.com.

FOR **District 23** information, contact Alfredo at jr.nevarez@gmail.com.

Central Office has a **Lending Library**. There are books of all types, cassettes & CDs of speakers. We also have extra Grapevines to take home.

Does your group need an Intergroup Rep?

We service over 73 groups in Northern Colorado. Of those 73 groups from 16 to 20 attend our Intergroup meetings on a regular basis. That is 30% participation. This is not bad, if we were hitting in a baseball game. Talk to your groups in the area.

Be an IGR, we will shower you with appreciation.

AS THERE!

Are there any changes to your meeting?

Send it to us at
officemanager@
nocoaa.org

What would you want to see under Resources on the NCIG website?

Send it to us at
officemanager@
nocoaa.org

Wanna propose a theme or write a story for NN?

Send it to us at
officemanager@
nocoaa.org

Do you have a story, image or joke for Northern Notes?

You know what to do.

MEETING SPOTLIGHT

FORT COLLINS

NEW MEETING:

BOOZE BUSTERS, AN ONLINE ONLY MEETING STARTING ON 8/30
MONDAY - FRIDAY, 6:30PM ON ZOOM

LOVELAND

NEW SPEAKER MEETING:

SATURDAYS 7PM AT FOUNDATIONS CHURCH, 1380 N DENVER AVE

The Happy Destiny Annual BBQ Potluck and Meeting is Back!



Please join us for **food, fellowship and fun!**

This will be an outside meeting at Edora park.

Hot Dogs and Hamburgers will be provided, **please bring a side dish to share** and any fun lawn games!

(Seating is provided at the pavillion but feel free to bring your own lawn / camping chair.)

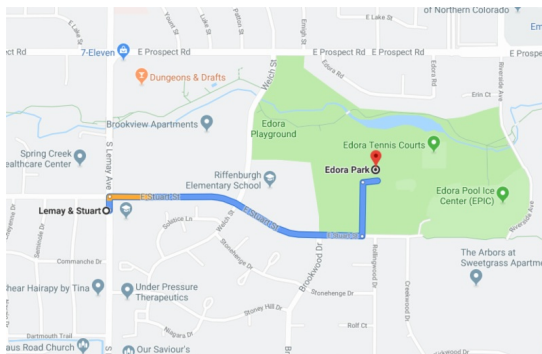
This is an OPEN meeting so please feel free to bring family and/or friends!



When: Friday 8/13/2021

Time: Meeting is at 5:30 - BBQ and Potluck to follow!

Where: Edora Park Pavillion
1420 E. Stuart St., Fort Collins



We hope to see you there!



DISTRICT 23 PRESENTS

A Day in AA

Panel Question and Answer of the Steps

AUGUST 28, 2021 | 9:30AM - 7:00PM
35 CARLSON BLVD, JOHNSTOWN, CO

Reunite with District 23 for a day full of panel speakers on the steps and a main speaker at night. Donuts and coffee will be provided during the day. Chicken will be provided by District 23 for dinner please bring a side or dessert.

SCHEDULE

9:30AM- 10:00AM	COFFEE/MEET N' GREET
10:00AM - 11:00AM	STEPS 1,2, AND 3
11:30AM - 12:30PM	STEPS 4 AND 5
12:30PM - 1:30PM	LUNCH BREAK
1:30PM - 2:30PM	STEPS 6 AND 7
3:00PM - 4:00 PM	STEPS 8 AND 9
4:30PM - 5:30PM	STEPS 10 AND 11
6:00PM - 7:30PM	DINNER AND SPEAKER

For more information: tinyurl.com/adaa23

Central Office is now open full-time!
Monday - Friday 9 AM -5 PM

Northern Colorado Intergroup Committee Minutes - June 21, 2021

Call to order: 6:00 PM

1. Serenity prayer + welcome
 2. Tradition 6 (Lindsey reads): *“An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert from our primary purpose.”*
 3. Introductions and IGR Group Updates or Announcements
 - a. Molly (Chairperson)
 - b. Alex (Co-Chairperson)
 - c. Donna Lee (Treasurer)
 - d. Julie (Volunteer Coordinator/Assistant Treasurer): Watch Shifts are in desperate need of volunteers. See the open shifts in the Office Manager report section.
 - e. Jamie H. (Secretary)
 - f. Jessica (Asst. Secretary/IGR - Women Seeking Sobriety): No update
 - g. Chelsey (Steering Committee Member/IGR - Spring Creek Group): Hoping to get back into the church but has not been able to secure that yet.
 - h. Jon M. (Website)
 - i. Andrew H (IGR - Awakenings): No update
 - j. Bryan T (IGR - Last House on the Block): Meeting is entirely in-person now.
 - k. Lindsey (IGR - FoCo First Step Workshop/Interim IGR - Campus Group): Meeting is Hybrid. Masks are required in around the church except for in the meeting. Campus Group is still meeting on Zoom.
 - l. Laurel (IGR - Stepsisters): Continuing to meet on Zoom.
 - m. Alex S (reporting for Let Them Eat Cake): Meeting in-person but staying Hybrid. Currently serving cupcakes as single-serving-cakes :) Hoping to also have babysitting up and running by the next NCIG meeting.
 - n. Dave (IGR - Greeley Westside): No update
 - o. Trina (IGR - 5 ‘o Clock Somewhere): Currently meeting Hybrid.
 4. Quorum (> 7 IGRs)
 5. Motion to accept the meeting minutes from last month: Bryan T, Laurel
 6. Active reports
 - a. Chairperson: Molly elected not to give a report to allow time for other business.
 - b. Treasurer: Donna Lee presented the May 2021 Finance report. Income - \$3,487.88, Expenses - \$5,874.24, Total Group Contributions - \$2,332.61, Total Projected Budget \$4,333.76. The May expenses include the payroll check resulting from the Cache clerical error discussed last month. Income from group contributions is anticipated to increase as meetings continue to go back in-person; average monthly contributions in 2021 are consistent with group contributions made pre-COVID. Motion to approve the Finance Report with the noted amendment: The correct Wells Fargo Ending Balance as of 5/31/21 is \$597.42: Jessica, Lindsey
 - c. Central Office: An update was provided on the transition of the Central Office inventory to Square, which continues to move on track for the end of July. Office to open fully on July 19th. Beth has started planning a “Grand Opening-Back-Up” event for Friday, August 6th and is in need of volunteers. Beth and Jon completed work on the new website, which will be unveiled at tonight’s Intergroup meeting. Beth has continued to send thank you cards to donors/7th tradition contributors.
- Central Office needs volunteers for various shifts, both immediately and in the future: Mondays 1-3 PM (Immediately, phone and/or office), Mondays 3-5 PM (starting 7/19, Office), Fridays 9-11 AM (immediately, phone and/or office), Fridays 1-3 PM (starting 7/23, phone and/or office), Fridays 3-5 PM (starting 7/23, phone and/or office).
- d. Additional goals next month include meeting with Sarah, Area 10 Alt Delegate.
 - e. District 21 - Discussion Skipped
 - f. District 23 - *vacant*

7. Old Business

a. Square & Merchant

Timeline - end of July: An update was provided about the transition from Point of Sale (old Merchant) to Square (new Merchant).

b. Website - www.nocoaa.org: The new website was unveiled for the Intergroup. Meeting information continues to be dynamic as meetings move from Zoom to in-person. An explanation of the individual meeting information (Zoom info, location, map) was provided. It was noted that the details do sync with the Meeting Finder App, though that connection does limit some functionality. The website list does not well accommodate the "Hybrid" label, so the website lists Hybrid meetings in the meeting titles and in the Calendar view.

The best method for updating meetings as the website comes together is to fill out the form through the red button on every page of the website. For immediate/emergency issues, please contact Beth via email directly, as Beth is the main-person in charge of the website. There is also a button to download a printable meeting list on every page.

1. Feedback: It was mentioned more Beta volunteers are needed. Please share the website URL www.nocoaa.org with your networks and provide feedback through the contact form on the website.

8. New Business / Pending matters

a. Fundraising and Events Committee: Discussion Skipped

i. Need new Chair

ii. Volunteers? Vote? Motion?

iii. Fundraising brainstorm: There was discussion about a "Sober Summer Bash" as a potential outdoor speaker meeting/potluck or event this Summer.

iv. Grand Opening-Back-Up Sober Sale & Soiree - August 3rd

b. Greeley Stampede: The committee has decided to put on a 3-day event in February 2022. They are still in need of volunteers. The Greeley Stampede planning meetings are on the 2nd Wednesday of the month at 6:30 at 2608 7th Ave, Greeley.

9. 7th Tradition - Venmo @NCIGAA

10. Volunteer to read 7th tradition and share next month: Julie M.

Close 7:00 PM: Molly, Bryan T

In Closing, "I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

Next Meeting: July 19, 2021



NCIG FINANCE REPORT - June 2021

June 2021 Actuals

Income	\$ 4,124.81
Expenses (COGS & Operating Expense)	\$ 4,726.80
Net Income	\$ (601.99)

Income for June

Income Type	Amount	Comments
7th Tradition	\$2,997.95	Individuals & Groups
Faithful Fiver	\$325.91	June 2021 Total
Central Office	\$800.95	June 2021 Sales Total
TOTAL GROSS INCOME	\$4,124.81	

Bank Statements

Wells Fargo Ending Balance 6/30/21	\$301.02	
Canvas Checking Ending Balance 6/30/21	\$4,578.80	
Canvas Savings Prudent Reserve 6/30/21	\$5,007.33	Includes interest: \$1.25
Current Checking Acct Balances 7/16/21	\$5,067.98	

2021 Year to Date (YTD) Actuals

Income	\$ 28,536.97
Expenses (COGS & Operating Expense)	\$ 32,067.68
Net Income	\$ (3,530.71)

7th Tradition by Group

Group Name	Amount
539 Group	\$207.89
Acceptance	\$625.50
Awakenings	\$299.00
Berthoud Hump Day	\$25.00
Big Book of Loveland	\$25.00
Daily Noon Zoom	\$5.00
Friends of Bill W.	\$48.60
Greeley Group 2	\$10.00
Greeley High Noon	\$150.00
Happy Destiny	\$103.36
Laporte 287	\$153.00
Loveland Group	\$314.50
Noon Attitude Adjustment	\$5.00
Shoulder to Shoulder	\$450.00
Step Sisters	\$20.00
Union Colony Group	\$36.36

TOTAL GROUP CONTRIBUTIONS \$2,478.21 June 2021

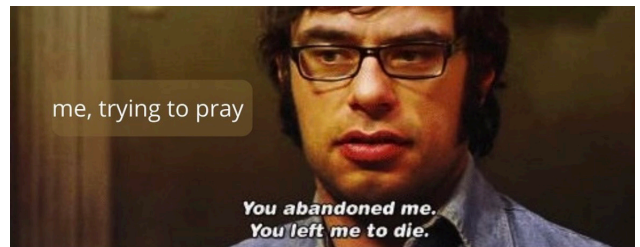
May 2021	\$2,332.61
April 2021	\$4,026.82
March 2021	\$2,709.37
February 2021	\$2,209.11
January 2021	\$3,571.84

BE A CENTRAL OFFICE WATCH VOLUNTEER

Six months of sobriety required. Answer phones, give out information, speak with alcoholics and/or families/friends/businesses, etc. We need a watch volunteer for the following shift:

Fridays 9-11 am, starting NOW (phone and/or office)

Contact Julie or Beth at officemanager@nocoaa.org



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NCIG FINANCE REPORT - June 2021

June 2021 Expenses

Expense	Amount	Notes
Ink Works	\$ 31.25	Meeting Lists, Watch Statistics Form & Newcomer Pamphlets
A.A. World Services	\$ 749.75	A.A. conference-approved Literature (incl special orders)
Recovery Shop	\$ 125.96	Medallions, stickers, & special order
Literature & Recovery Goods (COGS)	\$ 906.96	
Expense	Amount	Notes
Central Office Rent	\$ 680.00	Monthly
State Farm Insurance	\$ 39.58	Monthly
Pay Anywhere/Merchant Fees	\$ 61.74	varies monthly based on use
Merchant Device Lease (Credit Card)	\$ 41.89	Monthly - credit card use
El Dorado Artesian Springs	\$ 5.34	Monthly
MailChimp Subscription	\$ 9.99	Monthly, email marketing software
Comcast	\$ 145.34	Monthly, Cable Internet + Phone
Zoom Software Subscription	\$ 16.12	Monthly
Quickbooks Software Subscription	\$ 72.70	Monthly
Office Supplies	\$ 72.61	Toilet paper, display items (soiree & beyond), barcode labels
Postage	\$ 15.65	Stamps and package shipment
Cloudflare	\$ 20.00	New Web Server Space, monthly
Cache Accounting (May & June)	\$ 563.56	Annual state and federal income tax (2020), payroll, and meeting
Office Manager Monthly Salary	\$ 2,075.32	actual paid, monthly
Total Operating Expense	\$ 3,819.84	
TOTAL JUNE EXPENSES & COGS	\$ 4,726.80	

Projected July 2021 Budget

Expense	Amount	Notes
Ink Works	\$ 50.00	Meeting lists & Weekly Watch Schedule
A.A. World Services	\$ 500.00	A.A. conference-approved literature re-stock
Recovery Shop	\$ 300.00	special order & medallions
Literature & Recovery Goods (COGS)	\$ 850.00	
Expense	Amount	Notes
Central Office Rent	\$ 680.00	Monthly
State Farm Insurance	\$ 39.58	Monthly
Pay Anywhere/Merchant Fees	\$ 83.76	varies monthly based on use
Merchant Device Lease (Credit Card)	\$ 41.89	Monthly - credit card use
El Dorado Artesian Springs	\$ 21.80	Monthly, including bottle delivery
Mail Chimp Software Subscription	\$ 9.99	email marketing software
Comcast	\$ 145.34	Monthly, Cable Internet + Phone
Zoom Software Subscription	\$ 16.12	Monthly
Quickbooks Software Subscription	\$ 72.70	Monthly
Office Supplies and Postage	\$ 25.00	Monthly
City of FC Parking	\$ 240.00	Annual
Cloudflare	\$ 20.00	New Web Server Space, monthly
Sales Tax (state and city)	\$ 200.00	Quarterly
Federal Payroll Taxes	\$ 2,050.00	Quarterly
Office Manager Monthly Salary (July)	\$ 2,075.00	Monthly - approx. amount
Total Operating Expense	\$ 5,721.18	

TOTAL PROJECTED BUDGET \$ 6,571.18

paid

I'm not an alcoholic because I never drink alone



I'm not an alcoholic because alcoholism doesn't exist



I'm not an alcoholic because I'm hot, young and intelligent



@fucking_sober

I'm not an alcoholic because I can stop any time. I just don't want to



I can miss a meeting

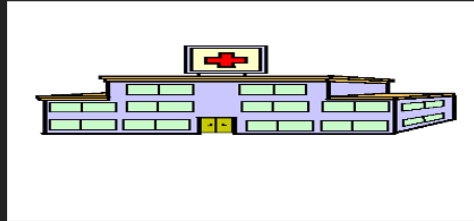


@worstdaysober



I should try ayahuasca

ONE PERSON CARING ABOUT ANOTHER REPRESENTS LIFE'S GREATEST
VALUE -Jim Rohn



The Hospital 12 step call program is 3 years old for Northern Colorado

Come and learn what it is about

Listen to others that have made the visits

Packets for the visits will be provided

If interested, you can sign up the same evening but you need to
download the WhatsApp application on your phone and/or computer

Who: Anyone interested

What: Training on the 12 Step Hospital program

**Where: FOUNDATIONS CHURCH 1380 N Denver Ave,
Loveland, CO 80537**

When: 6:15 to 6:45 PM August 28 (Saturday)

Call/text Carolyn M if you have questions 408-806-7005

Stay for the Speaker meeting afterwards, 7-8 pm

spons helping me figure out who shit all
over my serenity today



After your sponsee tells you they're going
through a break-up, lost their job, and can't
make rent this month

