

NORTHERN NOTES



March 2022

A letter from a Central Office volunteer:

If you had told me five years ago that I would be volunteering to answer phones, open churches, lead AA meetings, make coffee and clean up, I would've laughed in sincere disbelief and distaste. Five years ago all I cared about was my small world and how I could get my next drink or fix. I didn't care about others. I thought I did, but I only cared when it benefitted me. I cared about you if you had something I wanted--and, even then, I really only cared about what I wanted. If I didn't get what I wanted, I would wrap myself up in self-pity and anger, though I wasn't aware I was doing it. I was completely ruled by my emotions and alcohol made me feel that only with it could I control how I felt. And that worked... until it didn't.

I could no longer drink or use and control my emotions. Immediately I would plummet into a dark hole where all I felt was anger and depression. I was angry that I couldn't feel how I once felt when I drank. I was angry that I couldn't control my drinking. I was depressed that my efforts all failed. That my life was falling apart. That I was falling apart and would soon be nothing. Until that fateful night when I fell to my knees, shaking and sobbing, asking God to help me because I couldn't do it. That night I became willing to become willing.

Recovery was the start. I picked myself up, with God's help, and went to a meeting. And then another and another. My willingness grew and my ears were open. I got a sponsor and started reading the book and working the steps.

Unity came with showing up to meetings, staying after, starting to get to know people. The more meetings I went to, the more of the same faces I saw. The more I started to build my tribe within a tribe.

Service has become a huge part of my recovery and ties everything together. It holds me accountable on those days I don't want to do anything but sit with myself and think--which is not a great place to be. Unlocking the church and making coffee doesn't seem like it would help me feel better... but it does. Answering phones at Central Office doesn't seem like it would help me feel better... but it does. Taking contrary action to what I think I know proves to be more helpful than hurtful. Being there for other alcoholics is not a chore, it is a gift. And hearing a little hope in someone's voice after speaking to them on the phone is a reward like no other. Knowing that maybe, just maybe I helped someone feel like there is a better life waiting for them brightens my spirit and rejuvenates my soul.

I don't often know what God's will is. What I do believe is that God's will is to help others. To live in love and generosity of spirit. With the mask mandate lifted, I have been seeing more and more people coming in or coming back to the rooms. I believe now is a crucial time to be consistent for the new people coming in. If I can provide some kind of consistency for the newcomer and others, maybe that will ease the transition. Maybe that will bring hope, maybe it won't. All I can do is show up, that's what my mother always says. So, I will continue to show up. Even when I don't want to, even when my life seems too busy. I will say "yes" whenever I'm asked to help with something or someone, even if I'm thinking "no". Why? Because it is the next right thing to do. It is the only thing I am sure of that my Higher Power wants me to do. I give not to receive, but to walk a little straighter on God's path.

-Shannon L.

3 STEP - Made a decision to turn our will and life over to the care of God as *we understood Him*.
TRADITION - The only requirement for A.A. membership is a desire to stop drinking.

CONCEPT - To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.”

UPCOMING THIS MONTH

NCIG Steering Committee:
Monday, March 21st - 5:15 PM
Intergroup Meeting:
Monday, March 21st at 6 PM
Meeting ID: 826 2737 9047

District 21 Meeting:
Sunday, March 6th at 5:00 PM
301 E Drake, basement room

District 23 Meeting:
Tuesday, March 1st at 7 PM
35 Carlson Blvd, Johnstown, CO

Visit www.nocoaa.org or email contact@nocoaa.org

It's time for the Quote of the Month!

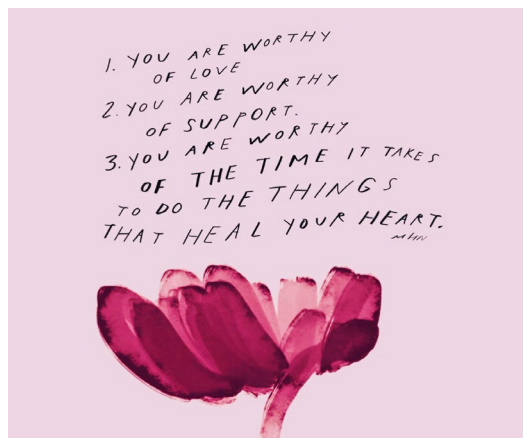
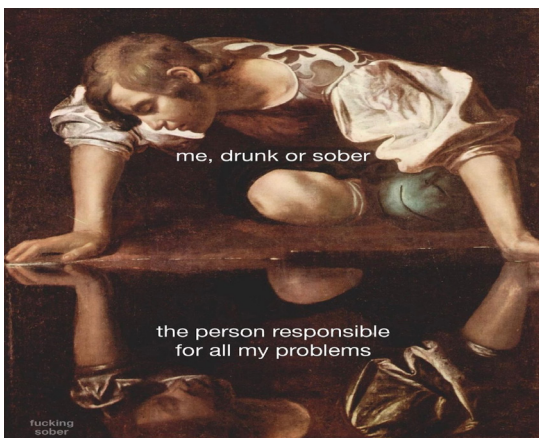
"Our very lives, as ex-problem drinkers, depend upon our constant thought of others and how we may help meet their needs."

-- *Alcoholics Anonymous*, Big Book, page 20

CENTRAL OFFICE STATEMENT OF PURPOSE

The purpose of NCIG's Central Office is to receive, distribute & follow up on 12 step calls, to answer inquiries about A.A., and to cooperate with local public information committees. Central Office also maintains information about local hospitals & recovery facilities for alcoholics. We provide local meeting lists, a newcomer packet, a newsletter, order, sell & distribute A.A. literature, and more.

The CEO of McDonald's after inventing hangovers



Options, if you want to send a 7th tradition contribution:

Venmo: @NCIGAA

PayPal: <https://paypal.me/nocoaa>

Or, send a check to:

Northern Colorado Intergroup
155 N College Ave #120
Fort Collins, CO 80524

BE A FAITHFUL FIVER

or

BIRTHDAY

CONTRIBUTOR

5ER
support

Sign up for a monthly contribution of \$5 (or more), or the number of years you've been sober. Visit our contribute page at <https://www.nocoaa.org/contribute>.

From The Grapevine!

A new podcast episode will be available in English every Monday.

To hear the podcasts go to www.aagrapevine.org/podcast

March 2022 ANNIVERSARIES

Don H. - 19 years
Joe E. - 41 years
Judy B. - 52 years
Kim G. - 34 years
Kolby U. - 10 years (Feb.)
KT - 41 years

CONGRATULATIONS!

ARE YOU OR A SPONSEE CELEBRATING?

LET US KNOW.

Email us for upcoming months:
contact@nocoaa.org

I suffer from self will
run riot!



Things We Cannot Change

This column acknowledges the passing of our A.A. friends and family within the Northern Colorado community.

If someone close to you in the fellowship has passed away, you may contact NCIG Central Office at officemanager@nocoaa.org. Please give us their name, city where they lived, home group name and the month of the year they passed, which can be shared here in our monthly newsletter.

You're going to realize it one day—that happiness was never about your job or your degree or being in a relationship. Happiness was never about following in the footsteps of all of those who came before you; it was never about being like the others. One day, you're going to see it—that happiness was always about the discovery, the hope, the listening to your heart and following it wherever it chose to go. Happiness was always about being kinder to yourself; it was always about embracing the person you were becoming. One day, you will understand that happiness was always about learning how to live with yourself, that your happiness was never in the hands of others. It was always about you. It was always about you.

A "shortcoming"
is like a flat tire.
A "character
defect" is like
driving on it.

Out-of-stock at AAWS:
soft and hardcover As Bill Sees It, Pass It On, Dr Bob and the Good Oldtimers
Hardcover Big Books
are back in stock and should arrive soon.

Up and Coming:

AREA 10
 2022 Spring Assembly
 March 18-20, 2022
 Double Tree Hotel
 1775 E Cheyenne Mountain Blvd
 Colorado Springs, CO

2022 Summer Assembly
 July 22-24, 2022
 Hosted by District 10
 Double Tree Hotel in
 Greenwood Village, CO

2022 State Convention
 August 26-28, 2022
 Hotel ELEGANTÉ in
 Colorado Springs, CO
convention.coloradoaa.org

Go to coloradoaa.org for more Area 10 information.

CENTRAL OFFICE

OPEN Mondays - Fridays 9:00 AM - 5:00 PM



155 N College Ave #120
Fort Collins, Colorado 80524



Central Office has a **Lending Library**. There are books of all types and speaker cassettes & CDs. We also have extra Grapevines to take home.

Does your group need an Intergroup Rep?

We service over 73 groups in Northern Colorado. Talk to your homegroup in your city. *Be an IGR, and we will shower you with appreciation. New positions open in March 2022.*

District 21 (Larimer County):

CPC/PI - Individuals wishing to connect with people who wind up in the hospital (Medical Center of the Rockies & Poudre Valley), there is an active **Peer Support Hospital Visitation Program**. The District 21 AA Hospital Program dispatcher responsibilities are transitioning from Carolyn M. to Corina M. and Diane B. beginning January 2022. Thank you Carolyn for your service for the past few years. The AA Hospital Dispatcher role is for receiving calls from participating Fort Collins, Loveland, and Greeley Hospitals for patients who request a visit or call from AA. They manage calls and ensure that the proper AA response team is in place to respond to the calls/visits. Meetings are the 3rd Tuesday of the month at 6 pm. Harmony Pres Church, 400 E Boardwalk, Fort Collins.

BRIDGE THE GAP - This A.A.-wide program helps people leaving a correctional or treatment facility become acquainted with A.A. and attend A.A. meetings in their home town, after they are released. Contact D21 BTG at bridgethegapnoco@gmail.com or fill out the BTG form on nocoaa.org if this service is of interest to you.

Treatment - Join the D21 Treatment Committee and share your experience, strength, and hope with men and women in our local rehabilitation centers. Please help us carry the message of hope to these individuals who are about to re-enter the real world. Remember, you can only keep what you have by giving it away. Contact nocotreatment@gmail.com.

For **District 23** (Weld County) information, contact Alfredo at jr.nevarez@gmail.com.

WE THERE!

Are there any changes to your meeting?

Send it to us at officemanager@nocoaa.org

What do you want to see under Resources on the Intergroup website?

Send it to us at officemanager@nocoaa.org

Wanna propose a theme or write an article for Northern Notes?

Send it to us at officemanager@nocoaa.org

Do you have a story, image or joke for Northern Notes?

You know.

MEETING SPOTLIGHT

BERTHOUD

Hump Day
375 Meadowlark Dr
wednesday at 7 pm

LOVELAND

Big Book Group
2028 Blue Mesa Court
sun at 8:30 am & sat at 10 am
mon - fri at noon
sun - fri at 6:30 pm



Panhandle AA Jamboree | April 22-24, 2022

Where: Hampton Inn, 301 West Hiway 26, Scottsbluff, NE (308-635-5200)

2022 AA Speakers

Beth B: Omaha, NE
 Kelvin D: Fargo, ND
 Scott G: Des Moines, IA
 Dave F: Omaha, NE

2022 Al-Anon Speakers

Shanna G: Des Moines, IA
 Kay C: Baxter, MN
 Lalit J: Lincoln, NE
 Anne B: Littleton, CO

For Info: Dave P (308) 262-5312 or panhandlejamboree@gmail.com

Make checks payable to and mail to: **Panhandle Jamboree Committee**
PO Box 1301
Scottsbluff, NE 69363

Postmark registration by April 1, 2022 for free coffee mug and discounted room rate.

Your Name:					
Description	Price	Quantity	Total		
Registration for the weekend	\$30.00			AA?	Al-Anon?
Saturday Night Banquet <u>Must purchase by 4/1/2022</u>	\$25.00				
T-shirt Pre-order <u>Purchase by 4/1/2022</u>	\$12.00			Circle Size S M L XL XXL	Choose Color Black Grey
Scholarship Donation					
Amount Enclosed					

Arkansas State AA Convention
 Oldest AA Convention West of the Mississippi

82nd "Old Granddad"

July 29th - 31st, 2022

Arlington Resort Hotel & Spa
 Hot Springs, Arkansas

Please contact the hotel directly for room reservations at 501-623-7771.
 Mention the Old Granddad Convention to obtain the discounted room rate.

Hospitality Room **Sight Seeing**

The Voice
 Steve H. and Rebecca M.
 Little Rock, AR

"We Don't Struggle"

Friday	2:00 pm Registration opens	Nashville, TN
	7:30 pm Matt C.	
Saturday	9:00 am Gay N.	San Antonio, TX
	11:00 am Michele G. (AF6)	Charleston, WV
	2:00 pm Bill R.	Stuttgart, AR
	3:30 pm AA Open Discussion Meeting	(Ballroom)
	7:30 pm Pat Y.	Palm Desert, CA
Sunday	8:00 am Mark B. - Meet the Delegate	(Hospitality Room)
	8:00 am Alanon Discussion Meeting	(Ballroom)
	9:30 am Terry E.	New Orleans, LA

Archives **Dancing**

For more information contact us at convention@arkansasaa.org OR call / text (501) 314-9956

Registration also available online at www.oldgranddadconvention.com

\$25 PRE-REGISTRATION IF RECEIVED BEFORE JULY 15, 2022.

\$30 AT THE DOOR OR IF REGISTRATION RECEIVED AFTER JULY 15th

CETA CANYON CONFERENCE



Surrounded by the beautiful Palo Duro Canyon
 20 miles South of Amarillo, near Happy, TX

MAY 6TH, 7TH, & 8TH 2022

POWERFUL LINEUP OF SPEAKERS

Emake F. - OKC, OK
 Mary B. - OKC, OK

Kenny H. - Wichita, KS
 Stacy R. - Tulsa, OK

\$200 all inclusive registration: meals, snacks, and lodging.
 \$50 deposit to reserve your spot- balance due upon arrival.

FOR MORE INFORMATION :

- Trish M. (405)229-4439
 - Brandy R. (405)655-4831
 - Kaylee W. (580)504-3698
 - Carly P. (405)401-2868
- On-line Registration @ <http://cetacanyonconference.com>
 Email: Registration@cetacanyonconfrnce.com

14th ANNUAL

SPRING FLING CONVENTION

"It Works If You Work It"

April 22 - 24, 2022



ACTIVITIES

FRIDAY

BBQ & Washer Games
 Young People's Meeting
 Ice Cream Social
 Games

SATURDAY

Banquet
 Table Trivia
 Speaker Panel
 Speaker Workshop
 Games
 DJ & Dancing

Hilton St. Louis Airport

Special Room Rate \$95
 Mention Spring Fling code: SPR
 Reserve before 3/23/22 for reduced room rate

10330 Natural Bridge Rd
 St. Louis, MO 63134
 314-426-5500

www.springflingstl.com

Spring Fling Chair - Dave B. 314-346-4279
 Registration Chair - Kiersten J. 636-212-4281
springflingconvention@yahoo.com

Merchandising &
 Marathon Meetings &
 Activities Room Open
 All weekend long

FREE PARKING

PLEASE REGISTER EARLY!!!

**MEETINGS ARE LIKE
 A CHICKEN EATING:**



**YOU HAVE TO
 PICK OUT THE NUTRIENTS
 AND LEAVE THE SHIT**

We Aren't a Glum Lot Comedy Night to Benefit Northern Colorado Intergroup

Headliner

Ritch Shydner

Ritch has appeared on *The Tonight Show*, *Late Night With David Letterman* and many other shows, including his own HBO Special.

Your Host and Emcee

George McClure

Comedy Central, HBO

Plus Special Guests

Saturday, April 23, 7:30 (doors open at 6:30)

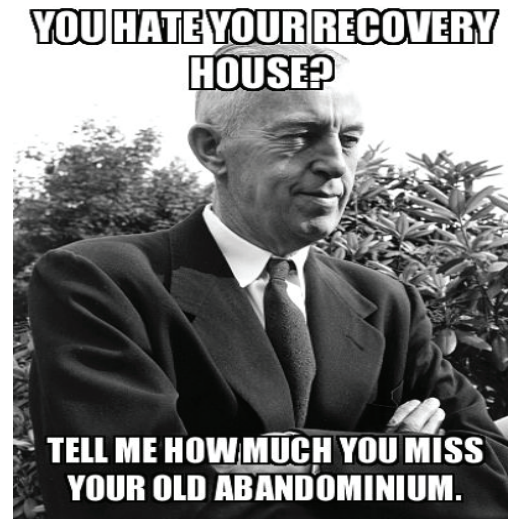
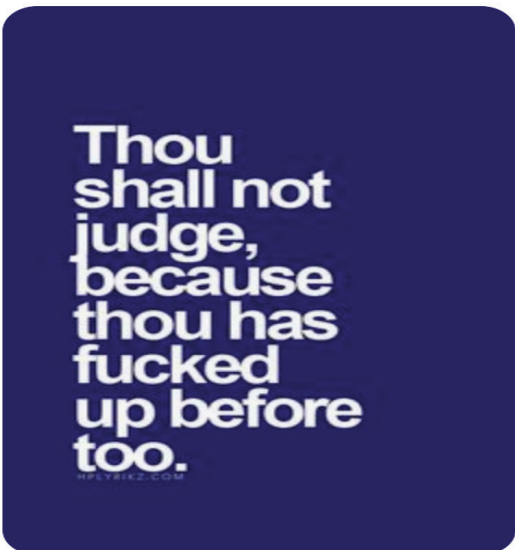
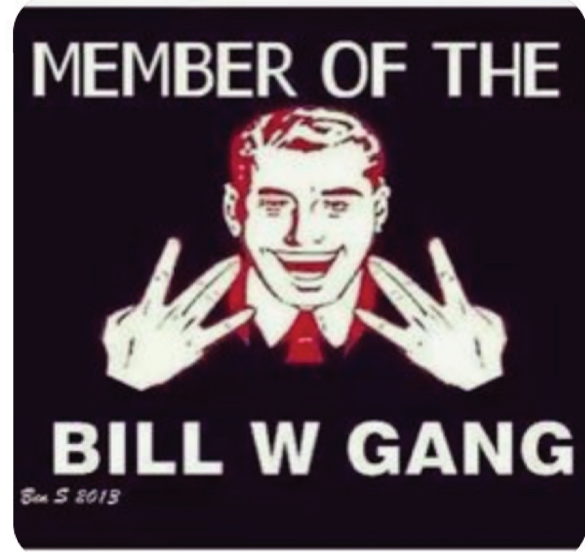
Rialto Theater

228 E 4th St, Loveland

No tickets necessary

Suggested donation at the door: \$20

Bring cash or Venmo: @NCIGAA



NORTHERN COLORADO INTERGROUP / CENTRAL OFFICE

12 STEPS WORKSHOPS 2022

- An A.A. COMMUNITY EVENT -

12 STEPS WORKSHOPS

TWELVE STEPS OVER 2022 ON THE LAST SUNDAY OF EACH MONTH AT 6 PM EXCEPT DECEMBER

DATES

Step 1	JAN 30
Step 2	FEB 27
Step 3	MAR 27
Step 4	APR 24
Step 5	MAY 29
Step 6	JUN 26
Step 7	JUL 31
Step 8	AUG 28
Step 9	SEP 25
Step 10	OCT 30
Step 11	NOV 27
Step 12	DEC 18

EVERY STEP WORKSHOP IS ONE HOUR & HAS A DIFFERENT 3 SPEAKER PANEL WITH A Q & A

600 S Shields St in Fort Collins

Zoom ID: 873 901 4086

PHONE IN: 669-900-6833

VOLUNTEER TO CHAIR OR QUESTIONS? EMAIL CONTACT@NOCOAA.ORG

DONATIONS APPRECIATED
Thank you for your support

CENTRAL OFFICE DAY WATCH STATS

	FEB 2022
Voicemails	5
A.A. Information	36
Al-Anon	0
Detox/Treatment	0
12th Step	0
Other Calls*	19
Visitors	53
TOTAL CALLS	60

* Usually local members requesting anything from a meeting change to a special order.

BE A CENTRAL OFFICE WATCH VOLUNTEER

Six months of sobriety required. Answer phones, give out information, speak with alcoholics and/or families/friends/businesses, etc.

We are currently in need of an office watch volunteer for:

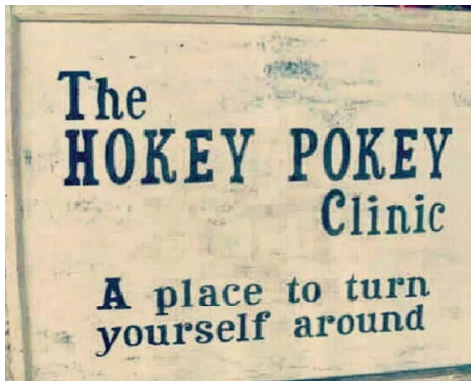
Fridays 3-5 PM

We also really need to add more substitutes and 12th step callers to our list.

Contact Julie or Beth at contact@nocoaa.org



Me my first year of sobriety anytime anyone said anything to me ever



Ask questions
Follow directions

Northern Colorado Intergroup

Northern Colorado Intergroup Meeting - January 17, 2022

Call to order: 6:08 PM

1. Serenity prayer + welcome
2. Tradition 1: *"Our common welfare should come first; personal recovery depends upon A.A. unity."* (Dave)
3. Introductions and IGR Group Updates or Announcements
 - a. IGR Packet: <https://nocoaa.org/resources/igr-packet/>
4. Quorum (> 7 IGRs) - Met
 - Alex - Chair
 - Beth - Office
 - Jessica - IGR Women Seeking Sobriety, Stampede Co-Chair
 - Julie - Treasurer
 - Mark - IGR Basic Text
 - Dave - IGR Greeley West Side Group
 - Bob - CPCPI rep for Loveland group, Kelsey W is now chair of CPCPI
 - Carolyn - IGR for Loveland group and the Loveland district
 - Laurel - IGR Step Sisters, on the event committee
 - Chelsey - IGR Spring Creek, Committee Member at Large
 - Amy - IGR Happy Destiny
5. Motion to accept the meeting minutes from last month and November? Laurel motion approve Nov, Carolyn 2nd, motion passes for Nov. Motion to approve Dec mins Carolyn, 2nd Laurel
6. Active reports
 - a. Chairperson - Alex
 - Review 2021 budget, there was a gap in projected vs. actual, covid and few special events hurt that. Aiming to be closer to projected budget in 2022. See 2022 Finance Budget.
 - Having issues getting people excited for service, encouraging everyone to share their experiences. Elections are coming up in March.
 - b. Treasurer - Julie
 - Income \$7,938.83, Expenses \$4,678.12, Net income: \$3,260,71. Net income YTD: \$5,210.26. See finance report December
 - Total COGS says October, should read December. Motion to approve as amended: Dave, 2nd: Jessica; Laurel: Abstain.
 - November Treasurer report Reviewed at December meeting, (no quorum) Mark motion, Amy 2nd.
 - c. Central Office - Beth
 - Will get a refund from Canvas of 42.92. Made flyer for workshops. Mon 1-3p shift is currently open. Many other tasks throughout. Met with

the Fundraising committee, taking volunteers to do a step in the workshops. Website for the workshops:
<https://nocoaa.org/2022/01/12-steps-workshops/>

d. District 21 - Carolyn

- GSR orientation was at the last meeting

e. District 23 - Jessica

- Greeley Stampede is Feb 4-6th. Karaoke, fun, food, and fellowship for AA and Al-Anons. For registration go to <https://nocoaa.org/2021/11/register-for-greeley-stampede/> or greeleyaastampede.org Questions? Email aastampedegreeley@gmail.com

7. Old Business

- Nominations - talk to sponsees and other AA friends about the positions coming up in March, share about service work.
 - Asst Chair position - open
 - Asst Treasurer position - Beth nominated Laurel for the position, politely declined at this time
 - Fundraising & Events Chair position - open

8. New Business / Pending matters

- Greeley Stampede - See above District 23 update
- Fundraising & Events Committee
 - 12 Step Workshops - Sunday, January 30, 2022 at 6 PM (Step 1) - Zoom meeting workshops, each month is correlated to that step, need volunteers to lead some steps, see Beth. Format meeting was on January 4th at 6 PM
- Gratitude Banquet 2022
 - Might see a change in the format because of possible vendor/food issues. Jamie is chair email gratitudebanquet@nocoaa.org with any questions.

9. 7th Tradition - Venmo @NCIGAA

10. Volunteer to read the 2nd tradition and share next month - Julie

Close 7:05 PM

In Closing, "I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

Motion to adjourn: Mark, Carolyn 2nd 7:05

Next Meeting: February 21, 2022 www.nocoaa.org

Northern Colorado Intergroup

NCIG FINANCE REPORT - January 2022

January 2022 Actuals

Income	\$ 7,796.49
Expenses (COGS & Operating Expense)	\$ 7,866.42
Net Income	\$ (69.93)

Income for January

Income Type	Amount	Comments
7th Tradition	\$ 4,866.19	Individuals & Groups
Faithful Fiver	\$ 617.51	Jan 2022 Total
Central Office	\$ 2,273.48	Jan 2022 Sales Total
Step 1 Workshop	\$ 39.31	Jan 30th
TOTAL GROSS INCOME	\$ 7,796.49	

Bank Statements

Canvas Checking Ending Balance 1/31/22	\$ 4,860.30
Canvas Savings Prudent Reserve 1/31/22	\$ 4,009.69
Current Checking Acct Balance 2/13/22	\$ 6,383.39

2022 Year to Date (YTD) Actuals

Income	\$ 7,796.49
Expenses (COGS & Operating Expense)	\$ 7,866.42
Net Income	\$ (69.93)

Note: See page 3 YTD chart

7th Tradition by Group

Group Name	Amount
AA Recovery Group of Windsor	\$ 301.38
Acceptance	\$ 433.50
Awakenings	\$ 52.87
Big Book of Loveland	\$ 25.00
Breakfast with Bill & Bob	\$ 1,490.13
Campus Group	\$ 10.00
Daily Noon Zoom	\$ 273.95
Friends of Bill W.	\$ 10.00
Greeley Group 2	\$ 10.00
Greeley Westside Group	\$ 40.00
Happy Destiny	\$ 43.28
Johnstown Primary Purpose	\$ 446.37
Laporte 287	\$ 133.00
Last House on the Block	\$ 600.52
Let Them Eat Cake	\$ 115.48
Loveland AA Group	\$ 91.67
New Hope	\$ 300.00
RUS	\$ 59.93
Step Sisters	\$ 20.00
TNT Group	\$ 69.00
Union Colony Group	\$ 22.00
Windsor Triangle	\$ 208.00

TOTAL GROUP CONTRIBUTIONS \$ 4,756.08

January 2022

December 2021 \$ 2,193.19

YTD Numbers Breakdown

2022	Income	Expenses	Monthly Net Income	YTD Income	YTD Expenses	YTD Net Income
January	\$7,796.49	\$7,866.42	-\$69.93			\$0.00
February			\$0.00	\$7,796.49	\$7,866.42	-\$69.93
March			\$0.00	\$7,796.49	\$7,866.42	-\$69.93
April			\$0.00	\$7,796.49	\$7,866.42	-\$69.93
May			\$0.00	\$7,796.49	\$7,866.42	-\$69.93
June			\$0.00	\$7,796.49	\$7,866.42	-\$69.93
July			\$0.00	\$7,796.49	\$7,866.42	-\$69.93
August			\$0.00	\$7,796.49	\$7,866.42	-\$69.93
September			\$0.00	\$7,796.49	\$7,866.42	-\$69.93
October			\$0.00	\$7,796.49	\$7,866.42	-\$69.93
November			\$0.00	\$7,796.49	\$7,866.42	-\$69.93
December			\$0.00	\$7,796.49	\$7,866.42	-\$69.93
Total YTD	\$7,796.49	\$7,866.42	-\$69.93			

NCIG FINANCE REPORT - January 2022

January 2022 Expenses

Expense	Amount	Notes
Ink Works	\$ 25.00	Meeting Lists
A.A. World Services	\$ 1,370.32	A.A. conference-approved Literature & Pamphlets (Incl special orders)
Amazon	\$ 24.00	Recovery literature
Recovery Shop	\$ 90.56	Medallions (chips), stickers, & literature (Incl special orders)
Hazelden	\$ 38.73	Drop the Rock, etc.
Literature & Recovery Goods (COGS)	\$ 1,548.61	
Expense	Amount	Notes
Central Office Rent	\$ 700.00	Monthly, for Feb
State Farm Insurance	\$ 39.58	Monthly
Rialto Theater - NAGL Event	\$ 780.00	One-time (with contract)
El Dorado Artesian Springs	\$ 26.85	Monthly fee and water
Mail Chimp Software Subscription	\$ 10.37	Monthly, email marketing software
Comcast	\$ 159.97	Monthly, Cable Internet + Phone
Zoom Software Subscription	\$ 16.12	Monthly
Quickbooks Software Subscription	\$ 83.08	Monthly, bookkeeping
Office Expenses, Supplies and Postage	\$ 27.17	As Needed - Postage to Frederick (order), Thank you Cards & Notepad
Cloudflare	\$ 20.00	Monthly - Web Server Space
Payroll Taxes	\$ 2,125.90	Quarterly - Federal only
Sales Tax	\$ 244.45	Quarterly - City and State
Office Manager Monthly Salary	\$ 2,084.32	Monthly - actual paid at end of month
Total Operating Expense	\$ 6,317.81	
TOTAL EXPENSES	\$ 7,866.42	

Projected February 2022 Budget

Expense	Amount	Notes
Ink Works	\$ 75.00	Meeting lists & Workshop Postcards
A.A. World Services	\$ 900.00	A.A. conference-approved literature re-stock
Recovery Shop	\$ 300.00	Medallions (chips), Cards, Stickers
Grapevine	\$ 90.00	Literature
Amazon	\$ 30.00	Literature
Hazelden	\$ 45.00	Special Order, Literature
Literature & Recovery Goods (COGS)	\$ 1,440.00	
Expense	Amount	Notes
Central Office Rent	\$ 700.00	Monthly
State Farm Insurance	\$ 39.58	Monthly
El Dorado Artesian Springs	\$ 5.34	Monthly, varies
Mail Chimp Software Subscription	\$ 10.37	Monthly - email marketing software
Comcast	\$ 162.30	Monthly, Cable Internet + Phone
Zoom Software Subscription	\$ 16.12	Monthly
Quickbooks Software Subscription	\$ 83.08	Monthly
Office Expenses, Supplies and Postage	\$ 45.00	Monthly (as needed) - toilet paper, etc
Possibly the Gratitude Banquet Space		Not sure exactly, but in the hundreds
Cloudflare	\$ 20.00	Monthly - Web Server Space
Cache Accounting	\$ 116.80	Quarterly
State Payroll Tax	\$ 321.00	Quarterly - paid 2/22
Office Manager Monthly Salary	\$ 2,075.00	Monthly - approx. amount
Total Operating Expense	\$ 3,594.59	

TOTAL PROJECTED BUDGET \$ 5,034.59

paid



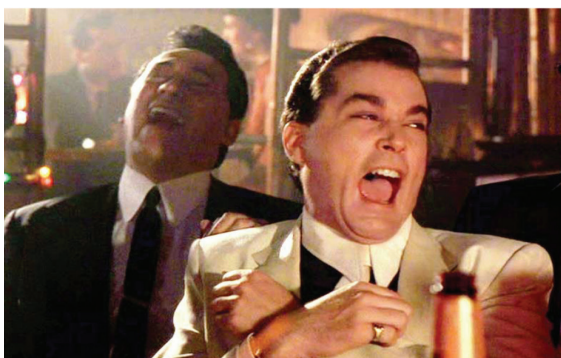
ME WHEN PEOPLE START LEAVING ZOOM WHILE I'M SHARING



When you answer the phone to be of service, but end up listening to someone's verbal diarrhea for a half hour.



when 2 addicts get together and are going to "take care of eachother" to fix all their problems



Y'all better stop being so mad 😡 and enjoy life and appreciate what you have & love on who loves you!!! Tomorrow is not promised!