

NORTHERN NOTES

August 2022



A letter from one of the District 21 DCMs:

I got introduced to AA in 1972 when I was 22 years old and had been drinking for 8 years. To the best of my recollection I stayed about 9 months. All I remember about that time is that I was busy trying to get my mother sober instead of working on myself. When she died, as a result of her last drink, I left AA.

I came back to AA in 1981 when I was 29 and got busy working on myself. I was a young mother of a 4 year old and I wanted him to have a better life than I had. My first year of sobriety during that time is pretty much a blur – I was a hot mess. During that first year I got a sponsor who took me through the steps and suggested I be of service. I got sober in a group where we had 3 – 5 meetings a day, 7 days a week. My service life began by making coffee, cleaning ashtrays, cleaning the kitchen and the bathrooms.

As I stayed sober I chaired meetings, went into the prison and youth camps to carry the message of what it used to be like, what happened and what it was like now. I was really scared going into the men's prison, however, I found out it was no different than going to a meeting at my homegroup. It was great to see some of the guys when they got out. One friend I made there is still sober, married with grandchildren and has a great life.

After I had been sober awhile my homegroup trusted me enough to elect me as Treasurer of that large group. It was a great responsibility and I was honored to be of service. I also answered phones and was of service at our local Central Office. I was involved on the Intergroup Committee too.

At a month short of 24 years I made a decision to leave AA. I stayed dry for 9 years and then I found my excuse to drink again and did so for 2 ½ years. I returned to AA in 2017. I got a sponsor the 1st day I was back, started working the steps, led meetings and went to 4 meetings a day the first 4 months.

Then I moved to Colorado. I met my current Sponsor shortly after moving here. Since coming here I have lead meetings, been a GSR for a homegroup, served as the Treasurer for Intergroup, Records Coordinator for the District and I sponsor several women. Currently I am the Deputy Treasurer for my homegroup and I am serving as the CoDCM for District 21. I go to Area Assemblies and I love the business of AA and my sober life.

I am profoundly grateful that God saw fit to give me another chance at life.

In Love and Service,

Donna Lee M.

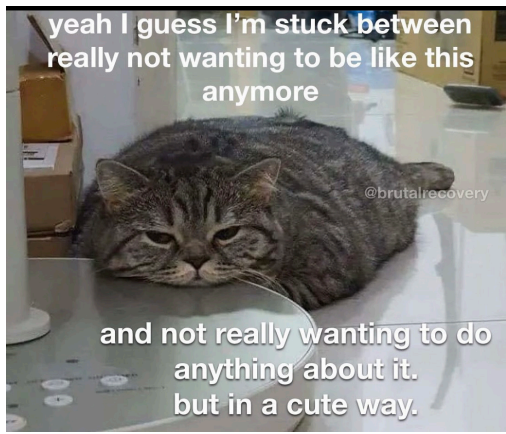
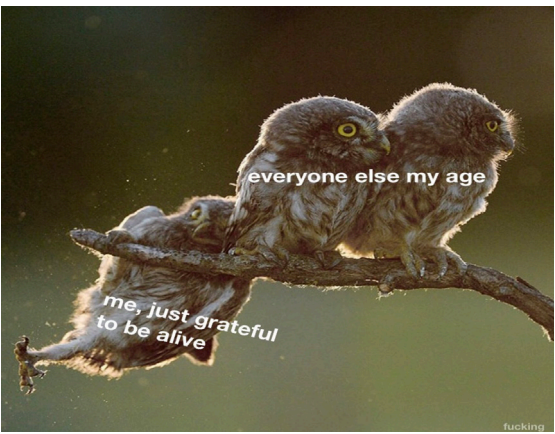
Editor Correction: Last month's letter from Rhonda N. recognizes Eileen S. for her years of service as Office Manager.

8 STEP - Made a list of all persons we had harmed, and became willing to make amends to them all.

TRADITION - Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.

CONCEPT - The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

PRINCIPLES: FORGIVENESS  **SERVICE**  **CONSISTENCY**



UPCOMING THIS MONTH

NCIG Steering Committee:
Monday, August 15th - 5:15 PM

Intergroup Meeting:
Monday, August 15th at 6 PM
155 N College Ave #120 and Zoom
Meeting ID: 826 2737 9047

District 21 Meeting:
Sunday, August 7th at 5:00 PM
301 E Drake, basement room

District 23 Meeting:
Tuesday, August 2nd at 7 PM
35 Carlson Blvd, Johnstown, CO

Visit www.nocoaa.org or email contact@nocoaa.org for latest.

A.A. Quote for August:

"The chief activator of our defects has been self-centered fear--primarily fear that we would lose something we already possessed or would fail to get something we demanded."

-- *Twelve Twelve Steps and Twelve Traditions (Step 7), page 76*

CENTRAL OFFICE STATEMENT OF PURPOSE

The purpose of NCIG's Central Office is to receive, distribute & follow up on 12 step calls, to answer inquiries about A.A., and to cooperate with local public information committees. Central Office also maintains information about local hospitals & recovery facilities for alcoholics. We provide local meeting lists, a newcomer packet, a newsletter, order, sell & distribute A.A. literature, and more.

Options, for sending a 7th tradition contribution:

Venmo: @NCIGAA

PayPal: <https://paypal.me/nocoaa>

Or, send a check to:

Northern Colorado Intergroup
155 N College Ave #120
Fort Collins, CO 80524

BE A FAITHFUL FIVER
or
BIRTHDAY CONTRIBUTOR 

Sign up for a monthly contribution of \$5 (or more), or the number of years you've been sober. Visit our contribute page at <https://www.nocoaa.org/contribute>. 2

August 2022 ANNIVERSARIES

Barb V. - 20 years
Bob F. - 27 years
Cini - 10 years
Deb M. - 1 year
Eddie R. - 23 years
Jan D. - 15 years (July)
Jennifer C. - 6 years
Jimmy C. - 17 years
Joanie B. - 38 years (July)
Katya O. - 9 years
Kevin L. - 27 years
Laura S. - 11 years
Lorraine L. - 25 years
Lou H. - 44 years (July)
Nancy E. - 27 years
Paula B. - 5 years
Tom McD. - 40 years

CONGRATULATIONS!

ARE YOU OR A SPONSEE CELEBRATING? LET US KNOW.



Things We Cannot Change

This column acknowledges the passing of our A.A. friends and family within the Northern Colorado community.

A memorial Service for our dear friend **Don Burow** will be held at 11:00 am on **Saturday August 6, 2022** at Mountain View Presbyterian Church, 2500 N Garfield Avenue in Loveland.



If someone close to you in the fellowship has passed away, **you can contact us at NCIG Central Office - officemanager@nocoaa.org - for a mention in Northern Notes to let others know.** Please give us their name, city where they lived, home group name and the month of the year they passed, which can be shared here.

Happy Destiny Group

Summer Picnic 2022

When: August 5th, 5:30-8pm

Where: Edora Park Pavillion

1420 E Stuart St

meeting at 5:30 & grilling after



New @ Central Office

- * Magnets, Cards, and Stickers
- * Special Inspiration Chips

Up and Coming: AREA 10

2022 State Convention

August 26-28, 2022
Pueblo Convention Center
320 Central Main St in Pueblo
convention.coloradoaa.org

SWRAASA 2022

October 7-9, 2022
Renaissance Convention
Center
6808 S 107th East Ave
Tulsa, OK

2022 Winter Assembly

November 4-6, 2022
Doubletree by Hilton,
Greenwood Village, CO

Go to coloradoaa.org for more
Area 10 information.

AS THERE!

Are there any changes to
your meeting or do you
have a suggestion?

Send it to us at
officemanager@nocoaa.org

What do you want to see
under Resources on the
Intergroup website?

Send it to us at
officemanager@nocoaa.org

Wanna propose a theme
or write an article for
Northern Notes?

Send it to us at
officemanager@nocoaa.org

Do you have a
story, image or joke for
Northern Notes?

You know.

W W W . N O C O A A . O R G

24/7/365 • 970-224-3552

Central Office

OPEN Mondays - Fridays 9:00 AM - 5:00 PM

BOOKS

CHIPS

155 N College Ave #120
Fort Collins, Colorado 80524

Central Office has a **Lending Library**. There are books of all types and speaker cassette tapes & CDs. We also have extra Grapevines, a meeting in print, to take home.

Does your group need an Intergroup Rep?

We service over 73 groups in Northern Colorado. Talk to your homegroup in your city. *Be an IGR, and we will shower you with appreciation.*

District 21 (Larimer County):

CPC/PI - Individuals wishing to connect with people who wind up in the hospital (Medical Center of the Rockies, Poudre Valley, North Colorado Medical Center Greeley, Banner Medical Center, and McKee Medical Center), there is an active **Peer Support Hospital Visitation Program**.

The AA Hospital Dispatcher role is for receiving calls from participating Fort Collins, Loveland, and Greeley Hospitals for patients who request a visit or call from AA. They manage calls and ensure that the proper AA response team is in place to respond to the calls/visits. Meetings are the 4th Monday of the month at 6 pm-- Harmony Pres Church, 400 E Boardwalk, Fort Collins.

The AA Hospital Program offers volunteer training/education sessions. Please contact Diane B. at 814-934-9074 if you have any questions regarding the service or on becoming a volunteer for the AA Hospital Program. Education/training session can be on Zoom and Diane can provide more information to you.

BRIDGE THE GAP - This A.A.-wide program helps people leaving a correctional or treatment facility become acquainted with A.A. and attend A.A. meetings in their home town, after they are released. Contact D21 BTG at bridgethegapnoco@gmail.com or fill out the BTG form on nocoaa.org if this service is of interest to you.

TREATMENT - Join the D21 Treatment Committee and share your experience, strength, and hope with men and women in our local rehabilitation centers. Please help us carry the message of hope to these individuals who are about to re-enter the real world. Remember, you can only keep what you have by giving it away. Contact nocotreatment@gmail.com.

For **District 23** (Weld County) information, contact Alfredo at jr.nevarez@gmail.com.

SAVE THE DATE



2022
GRATITUDE
BANQUET



a fundraiser for
Northern Colorado Intergroup

Sunday, November 13, 2022
4:00 PM

Northside Aztlan Center, Fort Collins

Learn more or sign up to volunteer at
www.nocooa.org/gratitudebanquet

Questions? Contact:

Jamie H: 970-821-6587

Nancy K: 970-290-3336

gratitudebanquet@nocooa.org



TICKETS ON SALE SEPTEMBER 1, 2022

A.A. PAMPHLET OF THE MONTH: "The A.A. Group"



This is a new addition where we highlight a pamphlet and also provide any useful info that we have.

Does your homegroup want a group bank account?

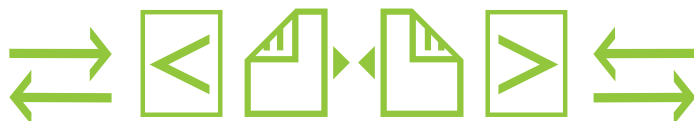
Getting an EIN of your very own is quick and easy. Go to the following link:

<https://www.irs.gov/businesses/small-businesses-self-employed/apply-for-an-employer-identification-number-ein-online>
Click the Online Application, select the "View Additional Types" and select "Community or Volunteer Group."

Starting a new meeting group?

Be a part of the service structure and register with GSO and Area 10 by visiting the following link:

<https://nocoaa.org/resources/how-to-start-a-new-meeting/>



As it says in Concept 1:

The final responsibility and the ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

The A.A. Group – the Final Voice of the Fellowship

"Alcoholics Anonymous has been called an upside-down organization because "the ultimate responsibility and final authority for world services resides with the groups – rather than with the trustees, the General Service Board or the General Service Office in New York."
–"Twelve Concepts For World Service Illustrated"

The entire structure of A.A. depends upon the participation and conscience of the individual groups, and how each of these groups conducts its affairs has a ripple effect on A.A. everywhere. Thus, we are ever individually conscious of our responsibility for our own sobriety and, as a group, for carrying the A.A. message to the suffering alcoholic who reaches out to us for help.

A.A. has no central authority, minimal organization, and a handful of Traditions instead of laws. As co-founder Bill W. noted in 1960, "We obey [the Twelve Traditions] willingly because we ought to and because we want to. Perhaps the secret of their power lies in the fact that these life-giving communications spring out of living experience and are rooted in love."

A.A. is shaped by the collective voice of its local groups and their representatives to the General Service Conference, which works toward unanimity on matters vital to the Fellowship. Each group functions independently, except in matters affecting other groups or A.A. as a whole.

A.A.'s essential group work is done by alcoholics who are themselves recovering in the Fellowship, and each of us is entitled to do our A.A. service in the way we think best within the spirit of the Traditions. This means that we function as a democracy, with all plans for group action approved by the majority voice. No single individual is appointed to act for the group or for Alcoholics Anonymous as a whole.

Each group is as unique as a thumbprint, and approaches to carrying the message of sobriety vary not just from group to group but from region to region. Acting autonomously, each group charts its own course. The better informed the members, the stronger and more cohesive the group – and the greater the assurance that when a newcomer reaches out for help, the hand of A.A. always will be there.

Most of us cannot recover unless there is a group. As Bill said, "Realization dawns on each member that he is but a small part of a great whole. ... He learns that the clamor of desires and ambitions within him must be silenced whenever these could damage the group. It becomes plain that the group must survive or the individual will not."

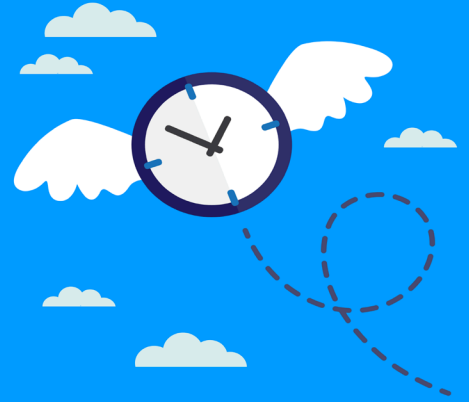
From "The A.A. Group" pamphlet

Continues on page 20

District 23 Presents

A DAY IN AA HISTORY

August 6th, 2022



Join us for speakers, food and a movie!



The History of Colorado AA 75th Anniversary Edition

Join us for our first ever Day In AA History.

A day filled with speakers, food and a movie!

Open to the public!

Where:



**7781 Mountain View Dr
Frederick, CO 80530**



District 23 will provide the main dish.
Sides are welcome!

- 12:00 PM Doors Open
Snacks & Socializing
- 12:30 PM Speakers
- 1:45 PM Historical Episodes In AA
- 2:30 PM Potluck
- 3:30 PM Archives Presentation
- 4:30 PM Movie:
The History of Colorado AA
75th Anniversary Edition



Speakers: Chris D. (43 Years) & Jim Brown (22 Years)

For More information visit: tinyurl.com/adaa23



Create the Fellowship We Crave

**Area 10 – Colorado
State Convention
August 26–28, 2022
Now in Pueblo!**

We Hope You'll Join Us!

The convention runs from
3 PM Fri. to 12 PM Sun.

Questions:

Eric H. 720-940-3060
a10convention@hotmail.com

Register online:

with a credit card at
convention.coloradoaa.org or
by check with the mail in
registration form below.

Location: Pueblo Convention Center, 320 Central Main St
Pueblo CO 81003 • 719-542-1100

Lodging: Please see convention.coloradoaa.org

Parking: Free garage parking across Convention Center

Speakers & Events:

Fri. Night.....Ashlee M, Denver, CO

Fri. Night.....Ice Cream Social

Sat. Luncheon.....Al-Anon: Alice G. Arvada, CO

Sat. Night.....Banquet Dinner

Sat. Night.....Al-Anon: Fr. Tom W. Oakland, CA.

Sat. Night.....AA: Bob D. Las Vegas, NV

Sun. Morning.....Jennifer H-K. Plano, TX

Mail in registration form - One per person
Must be postmarked by 8/19/2022
Checks payable to: Area 10 Convention – Do not send cash

Detach & mail to: 2022 State Convention
P.O. Box 346
Longmont, CO 80502

Full Name: _____

Name on badge: _____

Home Group: _____ **Street:** _____

Phone: _____ **City:** _____

Email: _____ **State:** _____ **Zip:** _____

- Scholarship \$ _____
- I'd like to volunteer!
- Registration \$35
- Bottomless Coffee Mug \$20
- Ice Cream Social \$10
- Saturday Luncheon \$30
- Saturday Banquet \$40
- Dance \$5
- Package \$120 (includes registration)
- Total \$ _____



For special needs consideration, please email: a10convention@hotmail.com



Listen to Grapevine's New Weekly **PODCAST!**

AA Grapevine's half-hour variety podcast features...

- powerful interviews with AA members on getting sober, meetings, service, Steps, sponsorship and more!
- current information about AA and AA Grapevine
- jokes, fun AA banter and surprise guests!

Each week, longtime AA members Don and Sam will interview sober alcoholics, writers of current Grapevine stories, general service reps and more about their experience, strength and hope in a casual "meeting after the meeting" manner. **A new episode will be available in English each Monday at 9:00 a.m. EST.**

To listen to new or past episodes, visit:

aagrapevine.org/podcast (or wherever you get your podcasts)

"sober dating allows me to bring my best self to a relationship"

what I'm bringing to a relationship:



me saying goodnight to all my fears and resentments



When you stop drinking alcohol but switch to coffee instead...



ALCOHOL IS THE ONLY DRUG WE HAVE TO EXPLAIN NOT USING

MEETING SPOTLIGHT

RED FEATHER LAKES

Steps on the Mountain

Chapel in the Pines

23947 W County Road 74E

wednesdays & saturdays at 2 PM

FORT COLLINS

The Basic Text

4825 S Lemay

tuesdays at 6 PM

SEE WWW.NOCAA.ORG/MEETINGS OR THE MEETING GUIDE APP FROM A.A.W.S

NORTHERN COLORADO INTERGROUP / CENTRAL OFFICE IS HOSTING

12 STEP WORKSHOPS FOR 2022

- A NOCO A.A. COMMUNITY EVENT -

12 STEPS WORKSHOPS

TWELVE STEPS OVER 2022 ON THE LAST SUNDAY OF EACH MONTH AT 6 PM EXCEPT DECEMBER

DATES

Step 1	JAN 30
Step 2	FEB 27
Step 3	MAR 27
Step 4	APR 24
Step 5	MAY 29
Step 6	JUN 26
Step 7	JUL 31
Step 8	AUG 28
Step 9	SEP 25
Step 10	OCT 30
Step 11	NOV 27
Step 12	DEC 18

EVERY STEP WORKSHOP IS ONE HOUR & HAS A DIFFERENT 3 SPEAKER PANEL WITH A Q & A

at the American Baptist Church
600 S Shields St (downstairs)
 in Fort Collins
 COFFEE, TEA, & GOODIES

12 STEPS

YOUR SUPPORT IS GREATLY APPRECIATED

VOLUNTEER TO CHAIR OR QUESTIONS?
 EMAIL contact@nocoaa.org
www.nocoaa.org



CENTRAL OFFICE DAY WATCH STATS

	JULY 2022
Voicemails	2
A.A. Information	41
Al-Anon	2
Detox/Treatment	0
12th Step	2
Other Calls*	20
Visitors	46
TOTAL CALLS	67

* Usually local members requesting anything from a meeting change to a special order.

STAY TUNED FOR NIGHT WATCH STATS

BE A CENTRAL OFFICE WATCH VOLUNTEER

Six months of sobriety required. Answer phones, give out information, speak with alcoholics and/or families/friends/businesses, etc.

We are currently all filled.

We also need to add more substitutes and 12th step callers to our list.



Contact Julie or Beth at contact@nocoaa.org



ALCOHOL KILLS MORE PEOPLE THAN ALL THE OTHER DRUGS COMBINED. And it appears zero fucks are given

WEBSITE & GOOGLE SEARCH STATS FOR JULY 2022:

WEBSITE VISITS	GOOGLE SEARCH PROFILE --->	WEBSITE VISIT	PHONE CALL
5,679	4,283 INTERACTIONS	612	60

Northern Colorado Intergroup - Meeting

Northern Colorado Intergroup Meeting - June 20, 2022

Call to order: 6:06 PM

1. Serenity prayer + welcome
2. Tradition 6: *"An AA Group ought never endorse, finance, or lend the AA name to any related facility, or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose."* (Rory)
3. Introductions of Steering Committee and IGRs with Group Updates/Announcements
 - a. IGR Packet: <https://nocoaa.org/resources/igr-packet/>
4. Quorum (> 7 IGRs)
 - a. Lindsey - Chair, IGR - Let them Eat Cake
 - b. Karen - IGR Step sisters
 - c. Julie M - Treasurer
 - d. Beth - Office Manager
 - e. Julie F - IGR Breakfast with Bill and Bob
 - f. Rory - IGR Shoulder to shoulder men's, Monday nights. Trying to organize a speaker meeting.
 - g. Dave - IGR - Greeley West Side Group, Wed 6-7p
 - h. Amy S - IGR Happy Destiny, Monday could use support. Picnic August 5th Meeting 5:30-6:30, potluck, then 6:30-8:30 picnic continues.
 - i. Marc - IGR - Basic Text, Tue 6p, Big book study
 - j. Jamie - IGR Women of Faith, zoom meeting on Wed, meeting on Saturdays, now have a stable consistent babysitter, scheduling group inventory
 - k. Laurel - IGR Step Sisters - multiple types of meetings, hybrid.
 - l. Jessica - IGR Women Seeking Sobriety, If you haven't been getting emails, check Junk/Spam folder
 - m. Carolyn - Loveland Group, trying to put hybrid meetings together
 - n. Chelsey - IGR Spring Creek - meeting outside Tue and Fri
5. Motion to accept the meeting minutes from last month? Carolyn motion - Laurel 2nd
6. Active reports
 - a. Chairperson - Still have two vacancies, asst chair (12 months sobriety) and asst secretary (6 months sobriety), fairly easy positions, bring up at IG meeting. Volunteers needed Fri 1-3p

*Change is never painful.
Only the resistance to change is painful.*

- b. Treasurer - May: Income 5,045.85, Expenses - 4,023.17, Net Income - 1,022.68 - motion to approve - Rory, 2nd Jamie.
- c. Central Office - Worked on tech for Step workshop. 73 phone calls. Watch volunteers needed Fridays 1-3pm. Went to first Gratitude banquet meeting. Thinking about doing a business card size information card, Jessica suggested a bookmark).
- d. District 21 - Carolyn - no update
- e. District 23 - Jessica - Stampede meeting - had first meeting, need co-chair and secretary. The next meeting is July 21st at 6:30pm at 2608 7th Ave, Greeley.

7. Old Business

- a. Gratitude Banquet
 - i. Update -2nd Sunday of the month at 11am Dazbog, Old Towne, Cherry & Mason for meetings.
- b. Founder's Day - District 21
 - i. Update - Beth says it was a success, had a table, made \$90 for intergroup
- c. Fundraising & Events Committee
 - i. 12 Step Workshops - Sunday, June 26, 2022 at 6 PM (Step 6) Carolyn M leading
 - 1. Hybrid Meeting: 600 S Shields

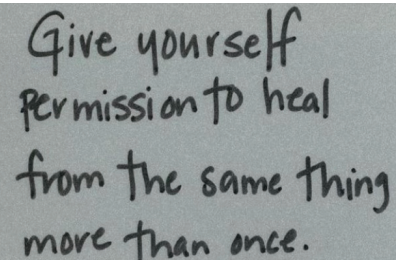
8. New Business

- a. 2022 ICOAA Seminar - Beth would like to go and see if we can fund her trip: September 3-5, 2022, Location: Doubletree Hotel by Hilton, 7801 E. Orchard Road, Greenwood Village, CO. Nightly Room Rate: \$119. Your registration fee of \$75 includes your Saturday lunch. Total: \$194 (one night). Laurel motioned to pay for her trip, 2nded by Jamie, voted in.
9. Announcement: August 26-28 in Pueblo - Area 10 Convention needs group meetings to sign up. Jessica will add form and website in email.
10. 7th Tradition - **Venmo @NCIGAA**
11. Volunteer to read the 7th tradition and share a little about it next month? Laurel

Close 6:48 PM

In Closing, "I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

Next Meeting: July 18, 2022



Give yourself
permission to heal
from the same thing
more than once.

NCIG FINANCE REPORT - June 2022

June 2022 Actuals		
Income	\$	2,774.78
Expenses (COGS & Operating Expense)	\$	6,263.29
Net Income	\$	(3,488.51)

Income for June		
Income Type	Amount	Comments
7th Tradition	\$ 1,030.63	Individuals & Groups
Faithful Fiver	\$ 308.95	June 2022 Total
Central Office	\$ 1,425.20	June 2022 Sales Total
Step 6 Workshop	\$ 9.00	6/26/2022 event
Savings Interest	\$ 1.00	Q2
TOTAL GROSS INCOME \$ 2,774.78		

Bank Statements		
Canvas CU Checking Ending Balance 6/30/22	\$	4,191.28
Canvas CU Savings Prudent Reserve 6/30/22	\$	4,011.68
Current Canvas CU Checking Acct Balance 7/17/22	\$	8,178.37

2022 Year to Date (YTD) Actuals		
Income	\$	36,808.53
Expenses (COGS & Operating Expense)	\$	38,044.22
Net Income	\$	(1,235.69)

Note: See page 2, YTD chart

June 2022 Expenses		
Expense	Amount	Notes
Ink Works	\$ 76.65	Meeting Lists
A.A. World Services	\$ 1,052.30	A.A. conference-approved Literature & Pamphlets (incl special orders)
Recovery Shop	\$ 532.98	Medallions (chips), stickers, recovery items & literature that AAWS did not have in stock (incl special orders)
Hazelden	\$ 683.88	Literature, special orders, medallions, mostly literature that AAWS did not have in stock.
Amazon	\$ 51.62	Literature, special order
Etsy/Miracles12s	\$ 50.43	Special Medallion Orders, recovery item
Anonymous Press	\$ 59.20	Requested Literature
Grapevine	\$ 413.10	Literature and renewed subscription (3 issues for 2 years)
Literature & Recovery Goods (COGS) \$ 2,920.16		

Expenses		
Expense	Amount	Notes
Central Office Rent	\$ 700.00	Monthly, for March
State Farm Insurance	\$ 39.58	Monthly
El Dorado Artesian Springs	\$ 5.34	Monthly fee
Mail Chimp Software Subscription	\$ 11.42	Monthly, email marketing software
Comcast	\$ 162.20	Monthly, Cable Internet + Phone
Zoom Software Subscription	\$ 16.12	Monthly
Office Expenses, Supplies and Postage	\$ 15.44	Barcode Labels
Cloudflare	\$ 20.00	Monthly - Web Server Space
Quickbooks Subscription	\$ 83.08	Monthly
ICOOA	\$ 77.63	Annual Conference Registration Fee
Cache Accounting	\$ 128.00	Quarterly
Office Manager Monthly Salary	\$ 2,084.32	Monthly - actual paid at end of month
Total Operating Expense \$ 3,343.13		
TOTAL JUNE EXPENSES \$6,263.29		

YTD Numbers Breakdown

2022	Income	Expenses	Monthly Net Income	YTD Income	YTD Expenses	YTD Net Income
January	\$7,796.49	\$7,866.42	-\$69.93	\$7,796.49	\$7,866.42	-\$69.93
February	\$5,943.25	\$5,887.66	\$55.59	\$13,739.74	\$13,754.08	-\$14.34
March	\$3,917.71	\$4,749.04	-\$831.33	\$17,657.45	\$18,503.12	-\$845.67
April	\$11,330.45	\$9,254.64	\$2,075.81	\$28,987.90	\$27,757.76	\$1,230.14
May	\$5,045.85	\$4,023.17	\$1,022.68	\$34,033.75	\$31,780.93	\$2,252.82
June	\$2,774.78	\$6,263.29	-\$3,488.51	\$36,808.53	\$38,044.22	-\$1,235.69
July			\$0.00	\$36,808.53	\$38,044.22	-\$1,235.69
August			\$0.00	\$36,808.53	\$38,044.22	-\$1,235.69
September			\$0.00	\$36,808.53	\$38,044.22	-\$1,235.69
October			\$0.00	\$36,808.53	\$38,044.22	-\$1,235.69
November			\$0.00	\$36,808.53	\$38,044.22	-\$1,235.69
December			\$0.00	\$36,808.53	\$38,044.22	-\$1,235.69
Total YTD	\$36,808.53	\$38,044.22	-\$1,235.69			

Projected July 2022 Expenses Budget

Expense	Amount	Notes
Ink Works	\$ 60.00	Meeting lists, postcards
A.A. World Services	\$ 600.00	A.A. literature re-stock
Recovery Shop	\$ 200.00	Medallions (chips), Cards, Stickers
Cleveland Central Office	\$ 35.00	Literature, Cards
Amazon	\$ 25.00	Literature, special order
Grapevine	\$ 75.00	Literature
Hazelden	\$ 50.00	Literature
Literature & Recovery Goods (COGS)	\$ 1,045.00	
Expense	Amount	Notes
Central Office Rent	\$ 700.00	Monthly
State Farm Insurance	\$ 39.58	Monthly
EI Dorado Artesian Springs	\$ 21.51	Monthly (water), varies
Mail Chimp Software Subscription	\$ 11.42	Monthly - email marketing software
Comcast	\$ 162.20	Monthly, Cable Internet + Phone
Zoom Software Subscription	\$ 16.12	Monthly
Quickbooks Software Subscription	\$ 83.08	Monthly (July), bookkeeping
Office Expenses, Supplies and Postage	\$ 20.00	Monthly (as needed)
Payroll Taxes (state and federal)	\$ 2,419.92	Quarterly, approx. amount
State Sales Tax	\$ 280.00	Quarterly, approx. amount
City Sales Tax	\$ 160.73	Quarterly
Plumbing Bill (1/3)	\$ 316.67	One-time, check
Cloudflare	\$ 20.00	Monthly - Domain/Boost & Backup
Office Manager Monthly Salary	\$ 2,084.32	Monthly - approx. amount
Total Operating Expense	\$ 6,335.55	
TOTAL PROJECTED BUDGET	\$ 7,380.55	

paid

7th Tradition by Group

Group Name	June Amount	YTD Amount
AA Recovery Group of Windsor		\$497.78
Acceptance		\$644.12
Awakenings	\$187.00	\$1,061.51
Berthoud Hump Day		\$25.00
Big Book Enthusiasts		\$38.72
Big Book of Loveland		\$200.00
Booze Busters		\$262.72
Breakfast with Bill and Bob		\$1,490.13
Burlington AA Group		\$110.00
Campus Group		\$10.00
Campus Group 2		\$20.00
Daily Noon Zoom	\$109.50	\$904.69
District 21		\$1,588.53
Early Worms		\$150.00
Eaton Crow Group		\$47.00
Fort Collins Group	\$116.10	\$466.10
Friends of Bill W.	\$20.00	\$203.22
Friends of Bill W. 7 AM	\$9.71	\$89.71
Great Fact Group		\$50.00
Greeley Group 2	\$10.00	\$60.00
Greeley High Noon		\$75.00
Greeley Westside Group		\$118.00
Happy Destiny	\$58.32	\$517.85
Johnstown Primary Purpose		\$676.14
Keep It Simple Group		\$2,052.00
Laporte 287 AA Group		\$399.00
Last House on the Block		\$1,084.88
Let Them Eat Cake		\$115.48
Loveland AA Group	\$238.47	\$769.75
New Hope	\$53.32	\$353.32
Rule 62 YPAA		\$41.35
RUS		\$116.93
Step Sisters	\$20.00	\$120.00
Sterling AA Group		\$200.00
The Basic Text Group		\$220.00
TNT Group		\$69.00
Union Colony Group	\$87.30	\$257.77
Windsor Triangle		\$413.60
Windsor Women Unite AA		\$164.98
Women in Recovery		\$100.00
Women of Faith		\$339.95
Women's Recovery Through the Steps		\$112.60
YAGBT		\$25.00
Your Life Group		\$80.00
TOTAL GROUP CONTRIBUTIONS	\$909.72	\$16,341.83

May: \$2,477.29
April: \$3,300.73

Please direct all
communications to:
P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

2025 International Convention, Alcoholics Anonymous

Frequently Asked Questions About the 2025 International Convention & Travel to Canada *Updated July 12, 2022*

1. *When and where will the 2025 International Convention take place?*

The 90th anniversary of Alcoholics Anonymous will be celebrated at the 2025 International Convention in Vancouver, BC, Canada, July 3 – 6, 2025.

2. *What is the theme of the 2025 International Convention?*

The theme of the 2025 International Convention is “90 Years – Language of the Heart.”

3. *Have A.A. International Conventions been held in Canada before?*

Yes. There have been International Conventions in Toronto (1965), Montreal (1985), and Toronto (2005). As you may know, the Responsibility Statement was adopted at the 1965 International Convention in Toronto.

4. *Are there any restrictions or regulations affecting travel to Canada in 2025?*

Yes. The U.S. and Canada each have restrictions and regulations that apply to citizens and visitors who travel from one country to the other. Border crossing into Canada has significantly changed, particularly in the last two years. (For more information: access links to Canada Border Services Agency website (CBSA) provided below question #6)

5. *Who will have to process forms and applications to gain admission to Canada?*

It is suggested that those who believe they have some past legal incident, such as a DUI or felony that could inhibit their attendance at the 2025 International Convention, seek assistance/information by accessing the CBSA links provided below question #6.

6. *What Canadian travel information is currently available?*

The International Convention assignment at G.S.O. is not yet up-and-running. However, below is a resource to aid members in making plans to attend the 2025 International Convention (most questions can be answered by connecting to the links below). Also, a good travel book on Canada will provide valuable information on needed documents and border crossing requirements, as well as vacation tips.

Information for those who may have entry issues due to past criminal history:

<https://www.canada.ca/en/immigration-refugees-citizenship/services/immigrate-canada/inadmissibility/overcome-criminal-convictions.html>

<https://www.canada.ca/en/immigration-refugees-citizenship/corporate/contact-ircc/offices/international-visa-offices.html>

For general information members may also access <https://www.cbsa-asfc.gc.ca/menu-eng.html> or contact the Border Information Service (BIS) at CBSA by calling:

Within Canada

Toll-free

1-800-461-9999

TTY (for those with hearing or speech impairments)

1-866-335-3237

Outside Canada

Long distance charges apply

1-204-983-3500

1-506-636-5064

Press "0" to speak to an officer during regular business hours – Monday to Friday 8 a.m. to 4 p.m. (local time) excluding holidays.

7. *When will registration and hotel information be available?*

General registration and housing information will be available on the International Convention webpage in early 2024. Actual registration site links, forms, and hotel booking links will be communicated to the Fellowship in August/September 2024.

8. *If travel to Canada is difficult for some U.S. members, why are we holding an International Convention in Vancouver?*

The Fellowship of the United States and Canada makes up the General Service Structure of Alcoholics Anonymous in North America, and functions as one entity in spirit and in service to the Fellowship. As this event rotates through the regions of A.A., there will be times when it takes place in the U.S., and other times when it is held in Canada.

Laws and other circumstances may impede some members from traveling from one country to the other. For instance, some Canadians could not attend the 2000 International Convention in Minneapolis because of the difference in value of the Canadian dollar and U.S. dollar. Rotation of International Conventions provides accessibility for all members. The Metro Vancouver Convention & Visitors Bureau has assured A.A. that Canada will do whatever is possible to welcome and cooperate with members for the 2025 International Convention in Vancouver.

Sobriety is not a health trend; it is a terrifying, enlightening and rebellious act in a world that puts drinking on a pedestal.

Daily Reflections

LIVING IT

August 01

The spiritual life is not a theory. We have to live it.

ALCOHOLICS ANONYMOUS, p. 83

THE LONG-TERM BENEFITS OF NOT DRINKING ALCOHOL FAR OUTWEIGH THE SHORT-TERM PLEASURES OF DRINKING ALCOHOL

What is Intergroup ???

Intergroup has been formed so that each group may elect a representative from their group, who participates in the monthly business meetings with other group representatives. Each month they share their groups experience in carrying the A.A. message, lets all the members of Intergroup know how their home group is doing, numbers of attendance, when and where they meet. The Intergroup representative keeps the group informed about what Central Office is doing, as well as the other groups. Make sure your group has a vote and a voice!

All actions of the Intergroup shall be guided by the Twelve Traditions, the Twelve Concepts, and the A.A. Service Manual.

Governed by By-Laws and Policy & Procedures documents.



SORRY...



I will only be attending meetings that incorporate hammock circles from now on. Do not invite me to any other meetings. I will decline.

me in 2030 downloading the Big Book onto a microchip in my brain



Let July be July.
Let August be August
And let yourself just be even in the uncertainty. You don't have to fix everything. You don't have solve everything. And you can still find peace and grow in the wild of changing things.

MR. RECOVERED FROM A HOPELESS STATE



Blowing my life savings on booze

Paying \$1.90 extra for guac





<https://www.aa.org/meeting-guide-app>

Alcoholics Anonymous World Services is seeking participants to evaluate the usability of some proposed new features for Meeting Guide, the A.A. meeting finder mobile app.

Sessions will run for 60 minutes and are scheduled to take place on June 21 or 22, 2022. There are limited slots for participation - if you are interested please respond early. If you are selected for the study you will receive a follow-up call or email with more details.

If you are interested in participating, please complete the brief survey application here:

<https://www.surveymonkey.com/r/QG3TXHK>



2022 GRATITUDE BANQUET

SERVICE POSITIONS AVAILABLE

Chairs &
Committee Members for:
Secretary/Historian
Servers
Food Coordination
Food Preparation
Coffee
Decorations
Set up
Clean up
Box Office/Ticketing
Runners
Bussers

MEETINGS EVERY 2nd SUNDAY
OF THE MONTH @ 11 AM

Dazbog Coffee (Basement)
401 Mason Ct #105, Fort Collins, CO 80524

Sign up to volunteer at
www.nocooa.org/gratitudebanquet

MOOD FOR AUGUST:

I am uninterested in surrounding myself with people who do not want to see me grow. If you want to stay stuck in cycles that don't serve you, you'll have to do that alone. I'm choosing growth. I'm excited about flourishing. I am thrilled about changing for the better.

More on the A.A. PAMPHLET OF THE MONTH: "The A.A. Group"

What Is an A.A. Group?

As the long form of Tradition Three clearly states, "Our membership ought to include all who suffer from alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation."

Further clarification of an A.A. group may be found in the Twelve Concepts for World Service, Concept Twelve, Warranty Six:

- no penalties to be inflicted for nonconformity to A.A. principles;
- no fees or dues to be levied — voluntary contributions only;
- no member to be expelled from A.A. — membership always to be the choice of the individual;
- each A.A. group to conduct its internal affairs as it wishes — it being merely requested to abstain from acts that might injure A.A. as a whole; and finally
- that any group of alcoholics gathered together for sobriety may call themselves an A.A. group provided that, as a group, they have no other purpose or affiliation.

Some A.A.s come together as specialized A.A. groups — for men, women, young people, doctors, gays and others. If the members are all alcoholics, and if they open the door to all alcoholics who seek help, regardless of profession, gender or other distinction, and meet all the other aspects defining an A.A. group, they may call themselves an A.A. group.

Is There a Difference Between a Meeting and a Group?

Most A.A. members meet in A.A. groups as defined by the long form of our Third Tradition. However, some A.A. members hold A.A. meetings that differ from the common understanding of a group. These members simply gather at a set time and place for a meeting, perhaps for convenience or other special situations. The main difference between meetings and groups is that A.A. groups generally continue to exist outside the prescribed meeting hours, ready to provide Twelfth Step help when needed.

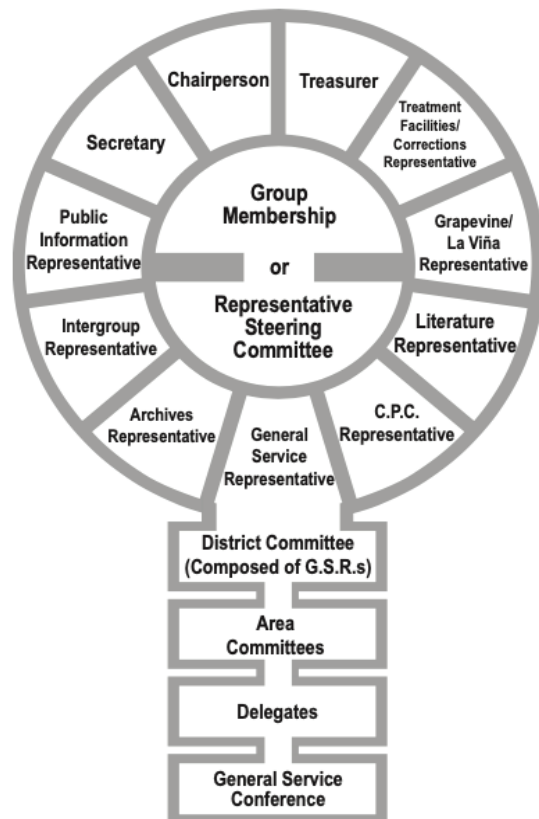
A.A. groups are encouraged to get listed with G.S.O., as well as with their local offices: area, district, intergroup or central office. A.A. meetings can be listed in local meeting lists.

What is an Informed A.A. Group Conscience?

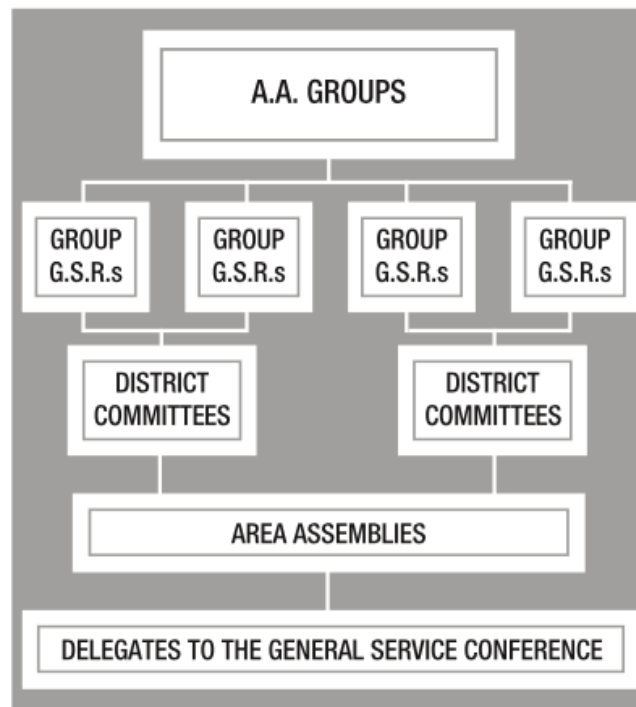
The group conscience is the collective conscience of the group membership and thus represents substantial unanimity on an issue before definitive action is taken. This is achieved by the group members through the sharing of full information, individual points of view, and the practice of A.A. principles. To be fully informed requires a willingness to listen to minority opinions with an open mind.

On sensitive issues, the group works slowly — discouraging formal motions until a clear sense of its collective view emerges. Placing principles before personalities, the membership is wary of dominant opinions. Its voice is heard when a well-informed group arrives at a decision. The result rests on more than a "yes" or "no" count —

SERVICE STRUCTURE INSIDE THE A.A. GROUP



HOW THE A.A. GROUP FITS INTO THE STRUCTURE OF THE FELLOWSHIP (United States & Canada)



precisely because it is the spiritual expression of the group conscience. The term "informed group conscience" implies that pertinent information has been studied and all views have been heard before the group votes.

Southwest Regional Alcoholics Anonymous Service Assembly

SWRAASA 2022

Hosted by Area 57

Oct 7 8 9

Tulsa OK

Renaissance Hotel

6808 S 107th E Ave, Tulsa, OK 74133

\$124 per night 1-800-264-0165 for reservations

Free Airport Shuttles Available



Visit us at

www.SWRAASA2022.org



In the Heartland of Service



\$15 REGISTRATION

Do you have any questions?

SWRAASA2022@GMAIL.COM



Mail to: SWRAASA 2022 PO Box 702641 Tulsa OK 74170

Name:

Address:

City, State, Zip:

Email:
