

NORTHERN NOTES

Northern Colorado Intergroup/
Central Office of Alcoholics Anonymous

September 2023

A letter from our new Member-At- Large Tina P.~



Hello, my name is Tina, and I am an alcoholic. By God's grace I have had the gift of sobriety one day at a time since August 2, 1993.

and believe that our program of recovery is active. I have been taught to put my

gratitude into action so I serve and contribute to our fellowship in as many ways as I can. Before moving to Colorado two years ago, I had the honor and privilege of serving in many different capacities in the Northeast Texas Area 65 at the group, district, and area levels. I currently have been blessed with the responsibility of

serving on the Northern Colorado Intergroup/Central Office Steering Committee as one of two Members at Large, and what an interesting journey it has been thus far!

I have always felt that there was a "grass roots" component to our intergroup and central service offices from the very beginning of their development since 1940. Those in need called these local and vital service arms of Alcoholics Anonymous first, to learn about hospitalization or 12th Step attention. Today, the incoming phone calls have decreased over the years because of the Internet and availability of information from other sources and websites. Meeting times and locations can easily be found on our website or the Meeting Guide app. CPC/PI information is available in podcasts, videos and other formats as well. Our literature can be printed and distributed by outside sources, a cost saving measure for many. These examples are just a few.

I have been extremely brief with how our intergroup/central service offices have developed over the years, but despite reaching more people in need, I think we have sacrificed much for convenience. The personal one-on-one exchanging of the "language of the heart" is what I am referring to. The same sharing of experiences between Bill and Bob that got this whole deal started in the first place!

I believe in buying my literature locally to support my local intergroup office and Alcoholics Anonymous as a whole, not from outside sources. Additionally, I believe in financially supporting them through the Anniversary (Birthday Plan) and Faithful Fivers programs. Attending our many workshops, banquets, and other events is a great way to meet old and new friends in our fellowship. Intergroups/central service offices serve our local groups and count on ongoing unity and cooperation through communication. So serving as your home group's IGR is an excellent way to assist in this endeavor.

I'll close with something from Dr Bob's last talk in 1950 at the International Convention in Cleveland: "None of us would be here today if somebody hadn't taken the time to explain things to us, to give us a little pat on the back, to take us to a meeting or two, to do numerous little kind and thoughtful acts in our behalf. So let us never get such a degree of smug complacency that we're not willing to extend, or attempt to extend to our less fortunate brothers, that help which has been so beneficial to us."

I look forward to meeting y'all in the near future as we "trudge the road to happy destiny" together.

Warm Regards,
Tina P

W W W . N O C O A A . O R G

Central Office

OPEN Mondays - Fridays, 9 AM - 5 PM

155 N College Ave #120

Fort Collins, CO 80524

970-224-3552 • 24/7/365

Central Office serves the meeting groups and the next alcoholic.

We have a **Lending Library** with conference-approved literature and books of all types along with speaker cassette tapes & CDs. We also have extra issues of Grapevine, the "meeting in print", to check out.

Does your group need an Intergroup Representative?

We service over 75 groups in Northern Colorado. Talk to your homegroup in your town. Be an IGR, and help to continue to make Central Office thrive and fulfill its primary purpose for the Northern Colorado area.

District 21 (Larimer County):

DCMs - Marcus and Steve

ARCHIVES - Meets 3rd Wednesday of the month 4:45pm at 213 Jefferson St (Millenium Tattoo), Fort Collins. They also host the Longtimers' Tales speaker meeting on the first Wednesday of the month at 7 PM, 1 Aspen Dr in Loveland.

BRIDGING THE GAP - This A.A.-wide program helps people leaving a correctional or treatment facility become acquainted with A.A. and attend A.A. meetings in their home town, after they are released. Contact D21 BTG at bridgethegapnoco@gmail.com or fill out the BTG form on nocoaa.org if this service is of interest to you.

CORRECTIONS - Contact Jerry at jerrythedad1@gmail.com.

CPC/PI - Individuals wishing to connect with people who wind up in the hospital (Medical Center of the Rockies, Poudre Valley, North Colorado Medical Center Greeley, Banner Medical Center, and McKee Medical Center), there is an active **Peer Support Hospital Visitation Program**.

The AA Hospital Dispatcher role is for receiving calls from participating Fort Collins, Loveland, and Greeley Hospitals for patients who request a visit or call from AA. They manage calls and ensure that the proper AA response team is in place to respond to the calls/visits. Meetings are the 3rd Wednesday of the month at 5:30 pm-- Harmony Pres Church, 400 E Boardwalk, Fort Collins.

The AA Hospital Program offers volunteer training/education sessions. Please contact the dispatcher Larissa at 970-691-1073 if you have any questions regarding the service or on becoming a volunteer for the AA Hospital Program. Education/training session can be on Zoom and Larissa can provide more information.

TREATMENT - Join the D21 Treatment Committee and share your experience, strength, and hope with men and women in our local rehabilitation centers. Please help us carry the message of hope to these individuals who are about to re-enter the real world. Remember, you can only keep what you have by giving it away. Contact nocotreatment@gmail.com.

For **District 23 (Weld County)** information, contact their DCM, Sean W. at walker.sean42@gmail.com.

AREA 10
2023 COLORADO STATE CONVENTION



ISLAND GROVE EVENT CENTER
421 N. 15TH AVENUE
GREELEY, COLORADO

"HOW IT WORKS: Half measures availed us nothing. We stood at **The Turning Point**. We asked His protection and care with complete abandon. Here are the steps we took, which are suggested as a program of recovery."

~ Alcoholics Anonymous, page 59

HAPPENINGS/WHERE TO BE

REGISTRATION - MAIN LOBBY

Friday, 3pm to 10pm
Saturday, 7am to 8pm

CONTINUOUS AA MEETINGS - PAWNEE BUTTES ROOM

See Separate Schedule

AA WORKSHOPS - CONFERENCE ROOMS B/C

See Separate Schedule

AL-ANON/ALATEEN MEETINGS & WORKSHOPS - CONFERENCE ROOM A & GREAT HALL SECTION B

See Separate Schedule

SOLUTIONS - MAIN LOBBY

HOSPITALITY/COFFEE - CONCESSION LOBBY

Coffee:

Friday, 3pm to 10pm
Saturday, 7am to 10pm
Sunday, 7am to 11am

Hospitality:

Friday, 4pm to 7pm
Saturday, 7am to 7pm
Sunday, 7am to 11am

FRIDAY NIGHT ICE CREAM SOCIAL - GREAT HALL SECTION B

SATURDAY AL-ANON LUNCHEON - GREAT HALL SECTION B

SATURDAY BANQUET DINNER - GREAT HALL SECTION B

MAIN AA & AL-ANON SPEAKER MEETINGS - GREAT HALL SECTION A

AA ARCHIVES DISPLAY: NORTHERN COLORADO FOCAL POINT - EAST LOBBY

NORTHERN COLORADO INTERGROUP - BETWEEN MAIN LOBBY & CONCESSION LOBBY, IN FRONT OF PAWNEE BUTTES ROOM

REGISTRATION FOR THE 2024 STATE CONVENTION - MAIN LOBBY

Opens Saturday Night, Immediately Following the Speaker Meeting
Sunday, 8am to Close of the Convention

SCHEDULE OF EVENTS

FRIDAY, SEPTEMBER 1, 2023

- AA Workshop: Spiritual Awakenings – What Was Yours? – 5pm to 6:15pm – Conference Room B
- **AA Speaker Meeting: Paul M., Galveston, Texas – 7pm to 8:30pm – Great Hall Section A**
- **Ice Cream Social: Directly Following the Speaker Meeting in Great Hall Section B (ticket required)**

SATURDAY, SEPTEMBER 2, 2023

- AA Workshop: Archives - Northern Colorado Presentation – 8:30am to 9:45am – Conference Room C
- AA Workshop: Step 1/Tradition 1/Concept 1 – 8:30am to 9:45am – Conference Room B
- AA Workshop: How Do We Agree to Disagree? – 10:00am to 11:15am – Conference Room C
- AA Workshop: The Turning Point – Step 9 – 10:00am to 11:15am – Conference Room B
- **AI-Anon Speaker Luncheon: Monica H., Highlands Ranch, Colorado – 11:30 to 12:20pm – Great Hall Section B (ticket required)**
- AA Workshop: How The 12 Steps Work – Spanish – 1:00pm to 2:15pm – Conference Room C
- AA Workshop: Character Defects – Steps 6 & 7 – 1:00pm to 2:15pm – Conference Room B
- AA Workshop: Good Orderly Direction – A Daily Look at Steps 10, 11 & 12 – 2:30pm to 3:45pm – Conference Room B
- **Banquet Dinner – 5pm to 6:30pm – Great Hall Section B (ticket required)**
- **AI-Anon Speaker Meeting: Kari O., Boulder, Colorado – 7pm to 8pm – Great Hall Section A**
- **Sobriety Countdown – 8:15pm – Great Hall Section A**
- **AA Speaker Meeting: Devin C., Brooklyn, New York – Immediately Following the Sobriety Countdown in Great Hall Section A**
- **Dance: Directly Following the AA Speaker Meeting in Great Hall Section B – Music by Boogie on Down Productions (ticket required)**
- Register Now for the Area 10 2024 State Convention in the Main Lobby!

SUNDAY, SEPTEMBER 3, 2023

- AA Workshop: Sponsorship – Shoulder to Shoulder – 8:30 to 9:45am – Conference Room B
- AA Workshop: HOW: Honesty, Open Mindedness, Willingness – 8:30 to 9:45am – Conference Room C
- **AA Speaker Meeting: Ashlee M., Colorado Springs, Colorado – 10am to 11:30am – Great Hall Section A**
- Register Now for the Area 10 2024 Colorado State Convention!

AA WORKSHOPS

DAY	TIME	WORKSHOP	LOCATION
Friday	5:00pm - 6:15pm	Spiritual Awakenings - What Was Yours?	CR-B
Saturday	8:30am - 9:45am	Archives - Northern Colorado Presentation	CR-C
	8:30am - 9:45am	Step 1/Tradition 1/Concept 1	CR-B
	10:00am - 11:15am	How Do We Agree to Disagree?	CR-C
	10:00am - 11:15am	The Turning Point - Step 9	CR-B
	1:00pm - 2:15pm	How The 12 Steps Work - Spanish	CR-C
	1:00pm - 2:15pm	Character Defects - Steps 6 & 7	CR-B
	2:30pm - 3:45pm	Good Orderly Direction - A Daily Look at Steps 10, 11, & 12	CR-B
Sunday	8:30am - 9:45am	Sponsorship - Shoulder to Shoulder	CR-B
	8:30am - 9:45am	HOW: Honesty, Open Mindedness, Willingness	CR-C

AL-ANON/ALATEEN MEETINGS & WORKSHOPS

DAY	TIME	ACTIVITY	LOCATION
Friday	6:00pm	Al-Anon Welcome	CR-A
	6:10pm - 7:00pm	Dysfunctional Dating Game	CR-A
	9:00pm - 10:00pm	Night Owl Meeting	CR-A
Saturday	6:45am - 7:50am	Early Bird Meeting	CR-A
	8:00am - 8:40am	Workshop: Meditation	CR-A
	8:45am - 10:00am	Workshop: Good Orderly Direction-A Daily Look at Steps 10,11,12	CR-A
	10:10am - 11:25am	Workshop: Forgiveness	CR-A
	11:30am - 12:20pm	Al-Anon Luncheon	Great Hall B
	1:00pm - 2:15pm	Workshop: New Daily Reader	CR-A
	2:00pm - 3:00pm	Alateen Meeting	Great Hall B
	2:30pm - 3:45pm	Workshop: I Want to Know What Love Is	CR-A
	4:00pm - 5:00pm	Fun and Games (We're All Adults Here)	CR-A
	7:00pm - 8:00pm	Al-Anon Speaker	Great Hall A
	10:00pm - 11:00pm	Night Owl Meeting	CR-A
Sunday	7:00am - 8:00am	Early Bird Meeting	CR-A
	8:10am - 8:50am	Meditation	CR-A
	9:00am - 9:50am	Workshop: Three Sides of Al-Anon, Recovery, Unity & Service	CR-A
	9:50am - 10:00am	In Gratitude	CR-A

- CR-A → Conference Room A
- CR-B → Conference Room B
- CR-C → Conference Room C

CONTINUOUS AA MEETINGS

DAY	TIME	GROUP	DISTRICT
Friday	5:00pm	Beginners	D10
	6:00pm	It's Come To This	D30
	9:00pm	Open	
	10:00pm	Open	
Saturday	6:00am	Open	
	7:00am	Open	
	8:00am	Last House On The Block	D21
	9:00am	Spanish Speaking	D25
	10:00am	It's In The Book	D11
	11:00am	The Primary Purpose	D1
	12:00pm	Foundation of Willingness	D12
	1:00pm	Silt Wild Bunch	D14
	2:00pm	The Little Log Cabin	D7
	3:00pm	Steamboat Women's Group	D1
	4:00pm	Vie-tality	D32
	5:00pm	Good Old Boys	D7
	6:00pm	Open	
10:00pm	Open		
Sunday	6:00am	Open	
	7:00am	Open	
	8:00am	Happy Destiny	D21
	9:00am	Spanish Speaking	D26



The Half-Hour Variety Hour
AA Grapevine's Podcast

What is Intergroup???

Intergroup has been formed so that each group may elect a representative from their group to participate in monthly business meetings with other group representatives. Each month they share their group's experience in carrying the A.A. message, lets all the members of Intergroup know how their home group is doing: numbers of attendance, when and where they meet. The Intergroup representative keeps their group informed about what Central Office is doing, as well as the other groups. Make sure your group has a vote and a voice! Intergroup helps the next alcoholic and the Central Office.

All actions of the Northern Colorado Intergroup shall be guided by the Twelve Traditions, Twelve Concepts, and the A.A. Service Manual.

Governed by the By-Laws and Amendment documents.

9 STEP - Made direct amends to such people wherever possible, except when to do so would injure them or others.

TRADITION - A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

CONCEPT - Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

PRINCIPLES: **JUSTICE/DISCIPLINE** △ **SIMPLICITY** △ **VISION**

A.A. Quote for September:

“Our Society then entered a fearsome and exciting adolescent period. The test that it faced was this: Could these large numbers of erstwhile erratic alcoholics successfully meet and work together? Would there be quarrels over membership, leadership and money? Would there be strivings for power and prestige? Would there be schisms which would split A.A. apart? Soon A.A. was beset by these very problems on every side and in every group. But out of this frightening and at first disrupting experience the conviction grew that A.A.'s had to hang together or die separately. We had to unify our Fellowship or pass off the scene.

As we discovered the principles by which the individual alcoholic could live, so we had to evolve principles by which the A.A. groups and A.A. as a whole could survive and function effectively. It was thought that no alcoholic man or woman could be excluded from our Society; that our leaders might serve but not govern; that each group was to be autonomous and there was to be no professional class of therapy. There were to be no fees or dues; our expenses were to be met by our own voluntary contributions. There was to be the least possible organization, even in our service centers. Our public relations were to be based upon attraction rather than promotion. It was decided that all members ought to be anonymous at the level of press, radio, TV and films. And in no circumstances should we give endorsements, make alliances, or enter public controversies.”

— *Alcoholics Anonymous* [Big Book], Forward to 2nd Edition, p. xix

How to send an Intergroup / Central Office 7th tradition contribution:

Venmo: @NCIGAA

PayPal: <https://paypal.me/nocooa>

Web: <https://nocooa.org/contribute>

Send a check or drop off cash at:

Northern Colorado Intergroup

155 N College Ave #120

Fort Collins, CO 80524

BE A FAITHFUL FIVER
or
BIRTHDAY
CONTRIBUTOR
5ER
support

Sign up for a monthly contribution of \$5 (or more), or the number of years you've been sober. Visit us at <https://www.nocooa.org/contribute>.

September 2023

ANNIVERSARIES

CONGRATULATIONS!

Barb S. ~ 17 years
Brian G. ~ 3 years
Chuck S. ~ 35 years
Fred & Leslie F. ~ 63 years
Jon M. ~ 7 years
Julie B. ~ 34 years
Karen K. ~ 13 years
Lance W. ~ 21 years
Marie S. ~ 5 years
Marlene B. ~ 10 years
Meg C. ~ 10 years
Nell C. ~ 4 years
Steve C. ~ 36 years
Tamra ~ 27 years
Travis B. ~ 5 years

CONGRATULATIONS!

Please email
contact@nocoaa.org if
you don't see your anniversary.

New @ Central Office

- Most AAWS literature and pamphlets are back in stock
- Pocket Wisdom Booklet, Meeting in a Pocket Booklet, Greeting Cards, and NCIG bookmarks.

AAWS is temporarily out-of-stock of the "A.A. Service Manual / Twelve Concepts for World Service 2021-2023", Braille Big Book and 12 +12, the Set of 3 Placards, Display Rack Extensions, Window Shades, and several pamphlets.

We have all of these still in stock, except the rack extension.

Things We Cannot Change

This column acknowledges the passing of our A.A. friends and family within the Northern Colorado community.

This month we acknowledge the following members for their service within the fellowship, their friendship and the many ways in which they deeply touched our lives and our hearts. May they never be forgotten...



Mark M., August 2023

Service at Viegut Funeral Home in Loveland on Sept 7th at 5pm.

If someone close to you in the fellowship has passed away, you can **contact us at NCIG Central Office - officemanager@nocoaa.org** - for a mention in Northern Notes to let others know. Please send their name, town where they lived, and the month of the

CENTRAL OFFICE

STATEMENT OF PURPOSE

The purpose of NCIG / Central Office is to support meeting groups in the area and to assist in helping and carrying the message to the next alcoholic by receiving, distributing & following up on 12 step calls, answering inquiries about A.A., and cooperating with Area public information committees. Central Office also maintains information about Northern Colorado meetings and events. We provide 24-hour phone service, a centralized website and office, newcomer packets, workshops, a newsletter. We also order, sell & distribute A.A. literature and more.

COLORDAZE

Register online
at
www.ColorDaze.com



September
22-24, 2023

Hand in Hand 37th Annual Color Daze

New Venue!!

An AA event in cooperation with Al-Anon Family Groups at
Crossroads United Methodist Church
599 30 Rd, Grand Junction, CO 81504

Workshops - Old Timers meeting - AA and Alanon Speakers -
Live & Silent Auction - Marathon Meetings - Ice Cream Social –
Create Your Own God Can (Hosted by Al-Anon) - Hospitality
Room and Fellowship!!!

Mention Colordaze
at the Clarion Inn
and receive a
discount

Friday Night Speakers-Al-Anon Gai WG AA- Ken W
Saturday Night Speakers-Al-Anon Kelli W AA- Bud N
Sunday Morning- AA -Yvonne R

Join us for the Annual
Fundraiser for AA Central Office
of Western Colorado!

- CALENDAR -

September 1-3, 2023

2023 Colorado State Convention
Island Grove Regional Park
501 N 14th Avenue, Greeley, CO

Tuesday, September 5th, 7 PM

District 23 Meeting
@ 35 Carlson Blvd, Johnstown

Sunday, September 10th, 5 PM

District 21 Meeting
@ 301 E Drake (downstairs), Fort Collins

Sunday, September 17, 2023, 6 PM

Tradition 9 Workshop
2000 Stover St, Fort Collins

Monday, September 18, 6 PM

NoCo Intergroup Meeting
Zoom ID: 826 2737 9047

Sept 29 - October 1, 2023

Southwest Regional Forum
Radisson Airport Hotel, El Paso, TX

Sunday, November 12th, 6:30 PM

An Evening of Gratitude
Doors open at 5:15 PM
Club Tico, Fort Collins (more info to follow)
Speaker, Coffee, and Dessert Potluck

November 17 - 19, 2023

Winter 2023 Assembly
DoubleTree Denver Tech
Greenwood Village, CO

Northern Colorado Intergroup Committees

Fundraising & Events Committee

Join this committee if you are interested in planning community events. You do not need be an IGR.

A.A. Outreach Committee

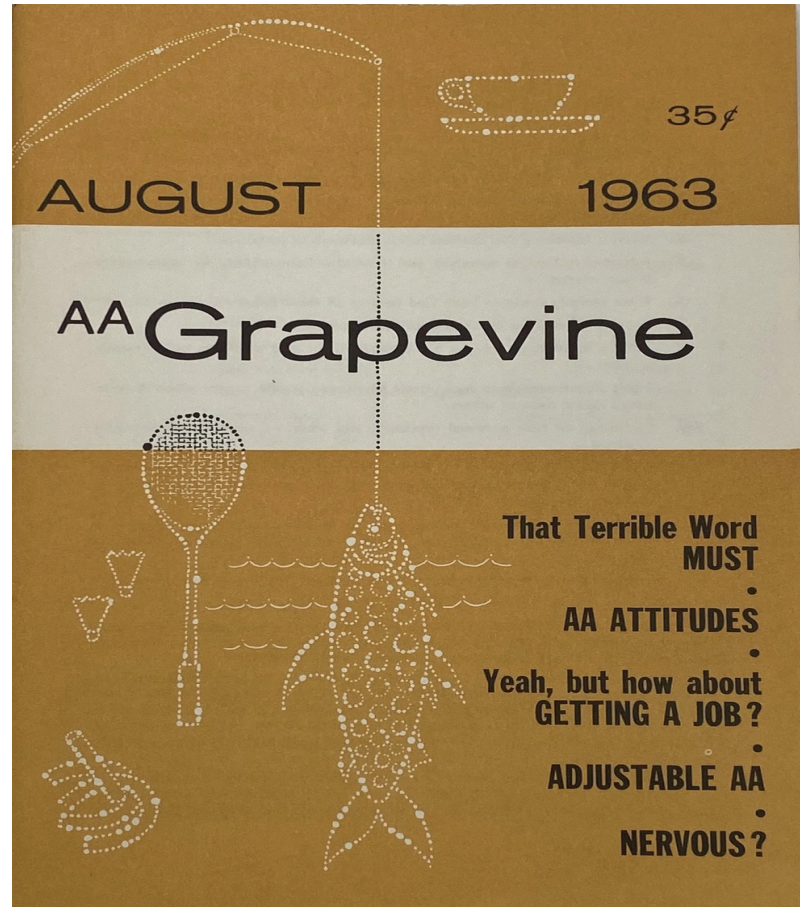
You are welcome to join us. You do not need to be an IGR to be on any of the service lists outlined below. We provide 3 services:

12 Step Calls: People who are experiencing symptoms of alcoholism call in to the Central Office. Central Office keeps a list of volunteers who are willing to call the person back and share on the phone. There is also another list of persons we want to enlarge of those who are willing to make a 12th-step visit with another member of AA - same gender, to the next suffering alcoholic. *We never go alone and there are a series of guidelines and suggestions set down by GSO and the longtime sober AA's who have gone before us.

Kitchen Table AA: This is a list of AA members who, when available, take a meeting to people who are temporarily shut in or homebound for a variety of reasons: Recent surgery, transportation limitations, living at a facility or unable to leave the home for any reason.

Road Trip AA Outreach: This service consists of a number of volunteers willing to come together and "road trip" to an outlying area meeting. The group will decide on a meeting, meet at a central location and carpool to the meeting together.

CONTACT: To volunteer to do service on any or all of these committee options, please email officemanager@nocoaa.org.



-- The A.A. Bridge --

General Structural Description of

FRAMEWORK: Of Divine Steel of truest temper, welded at each joint with Faith.
FILLING: A concrete composition of time-tested material, the strongest known to man, called "Fellowship." Strongly laminated to the framework and foundation by a supreme desire for a better life and the will to win.

DISTRICT 11 PRESENTS

*What is Was Like...
Workshop*

AA WORKSHOP AND FELLOWSHIP ✦
HAPPY - JOYOUS - FREE

SPECIAL GUEST SPEAKERS

DAVID H.
PAST DELEGATE - AREA 10 ARCHIVES PROJECT MANAGER
AA HISTORY IN COLORADO

ED P.
PAST DELEGATE
**WHAT IT WAS LIKE - 1975 INTERNATIONAL
CONVENTION IN DENVER**

CHRIST LUTHERAN CHURCH **SEPT 23, 2023**
2695 FRANKLIN ST **11 AM-1 PM**
DENVER, CO. 80210

LUNCH WILL BE SERVED

I am Responsible . . .



*When anyone, anywhere,
reaches out for help,
I want the hand of AA
always to be there.
And for that: I am responsible.*

MEETING CHANGES

GROUP/MEETING	UPDATE
Early Worms Women's Meeting	New Meeting in Estes Park - Mondays 12 pm
Fall River Group	Estes Park Meeting - New schedule: Sunday, Noon - online Zoom: 999 829 166 Monday, Noon - 453 Elkhorn & Monday 7 pm - Hybrid Tuesday, Noon - Online Zoom Wednesday, Noon & Wednesday, 7 pm - both Hybrid Thursday, Noon - Online Zoom Friday, Noon - Online Zoom Saturday, Noon - Hybrid
Happy Destiny (all meetings)	Moved to 2000 Stover St, St Lukes Church
It's 5 O'Clock Somewhere	No longer meeting
Milliken Miracles	Name Change from Primary Purpose - Tuesdays at 6 pm only
NCIG Steering Committee Meeting	Changed Day & Time: 2nd Wednesdays at 6 pm, new online Zoom info: 832 3789 2431
One Day at a Time	New meeting at 5420 N Taft Ave in Loveland
Twelve Traditions Workshop - Tradition 9 - Sept 17th at 6 pm	Moved to 2000 Stover St, St Lukes Church in Fort Collins
Windsor Women Unite	New Schedule: Tuesdays, Thursdays, and Saturdays at 8:30 AM
Women Stepping Up	Moved to 1709 W Elizabeth St Westminster Presbyterian Church
You Are Not Alone	New Meeting starting on September 23, 2023 1159 Main St, Foundations Church in Windsor

SOUTHWEST

REGIONAL FORUM

September 29-October 1, 2023

Radisson El Paso Airport Hotel, El Paso, TX

You are invited to the Southwest Regional Forum!

PURPOSE OF REGIONAL FORUMS

- ▶ Regional Forums are hosted by the A.A. General Service Board and “open” to all A.A. members or to anyone interested in A.A.
- ▶ Regional Forums are designed to enhance communication and participation between A.A. members, the General Service Board, and staff and directors from the General Service Office and AA Grapevine.

PROGRAM

- ▶ Your Southwest Regional Trustee will moderate the event. You will also hear from General Service Office Staff Members, the General Manager, General Service Board Trustees, AA Grapevine Inc. Publisher and Staff, A.A. World Services, Inc. Director, your region’s Delegates, and past trustees.
- ▶ There will be presentations, workshops, panels, and more. There will also be sharing sessions that will allow you to comment and ask questions of the board and staff. A sample program is posted on aa.org under the Regional Forums tab.
- ▶ The event will take place on Friday from 6 p.m. – 10 p.m., Saturday from 9 a.m. – 9 p.m., and Sunday from 9 a.m. – 12 p.m.

REGISTRATION INFORMATION

- ▶ Registration is **FREE** and will open online at www.aa.org on June 30, 2023.
- ▶ All registration information is confidential and will not be used for anything except communicating about the event and sending the digital Final Report.

HOTEL INFORMATION

Radisson El Paso Airport Hotel
1770 Airway Blvd, El Paso, TX, 79925
Phone: (800) 333-3333

- ▶ Hotel reservations: <https://WWW.RADISSONHOTELSAMERICAS.COM/EN-US/HOTELS/RADISSON-EL-PASO-AIRPORT>

Last day to book September 8th

- ▶ Rate: Double Occupancy, \$105 per night US or Canadian
 - To receive the group rate, reference the event.

We look forward to seeing you in El Paso!

**For more information, please contact, Regional Forums Staff Coordinator,
at regionalforums@aa.org or call (212) 870-3120**

Registration Link: <https://na.eventscloud.com/ereg/index.php?eventid=757214#>



Service: Vital To Our Growth

Hosted by Northeast Texas, Area 65 October 11th, 12th, 13th \$20 Registration

Visit us at:

www.swraasa2024.org

For Questions: Registration@swraasa2024.org

REGISTER HERE



SCAN ME

RICHARDSON, TEXAS

Renaissance Dallas Richardson Hotel
900 E Lookout Drive
Richardson, TX 75082
(972) 367.2000
Hotel block opens November 2023

Registration Cut Off Date: 09/27/2024

Mail to: PO Box 863582, Plano, TX 75086

Print Neatly

Name: _____

Address: _____

City, State, Zip: _____

E-mail: _____ Phone: _____

Scholarship Contribution: _____

Make Checks Payable To: Northeast TX Area SWRAASA 2024

WILLINGNESS TO GROW

September 01

If more gifts are to be received, our awakening has to go on.

AS BILL SEES IT, p. 8

Sobriety fills the painful "hole in the soul" that my alcoholism created. Often I feel so physically well that I believe my work is done. However, joy is not just the absence of pain; it is the gift of continued spiritual awakening. Joy comes from ongoing and active study, as well as application of the principles of recovery in my everyday life, and from sharing that experience with others. My Higher Power presents many opportunities for deeper spiritual awakening. I need only to bring into my recovery the willingness to grow. Today I am ready to grow.

DAILY Reflections

I Drank So Much My Blood Type is AA



CENTRAL OFFICE DAY WATCH PHONE STATS

	AUGUST 2023
A.A. Information	41
Al-Anon	2
Bridging the Gap	0
Detox/Treatment	1
12th Step	1
Other Calls*	19
Visitors	67
Voicemails**	1
TOTAL CALLS	65

* Usually local members requesting anything from a meeting change to a special order, but also includes hang-ups.

** Voicemails are from night.watch missed calls & are returned.

STAY TUNED FOR NIGHT WATCH STATS

SERVICE OPPORTUNITY: BE A CENTRAL OFFICE WATCH VOLUNTEER



Six months of sobriety required. Answer phones, give out information, speak with another alcoholic and families/friends, etc.

Available shift for one person or a (meeting) group:

PHONE:

- 4th Friday of the month, 5 PM - 8 AM

You can also be a substitute and/or be a 12th step caller on our **help-the-next-alcoholic** list.

Contact Julie or Beth at contact@nocoaa.org

WEBSITE & GOOGLE SEARCH STATS for AUGUST 2023:

FROM WEBSITE WORD PRESS INSIGHTS	FROM GOOGLE SEARCH PROFILE ---->	WEBSITE CLICKS	PHONE CALLS
2,245 USERS*	2,028 VIEWS	462	35

*Distinct single user visits to nocoaa.org

Tell us what you think...



Grapevine is developing a smartphone app for both Grapevine and La Viña magazines.

The app will be a hand-held control center for all things Grapevine and La Viña. Take a look at our list of features and ideas on the right –we want your input and ideas too. Let us know your thoughts.

Email us at social@agrapevine.org
Put **"App Ideas"** in the subject line.

Grapevine and La Viña Apps

Imagine having all of this at your fingertips:



Scroll through monthly magazine



Archives of every magazine since 1944



Search tool



Audio playlist of every current article



Popup day count



Input your meeting schedule



Create a Daily Spiritual Maintenance Checklist



Podcast link



Daily Quote



Meeting Guide



Sobriety Calculator



Build a library of favorite articles



Grapevine Store



Link to YouTube channel

We show the July minutes in this issue of NN because the Intergroup Reps have not approved the August 2023 minutes yet, not until September's meeting on 9/18/2023.

**Northern Colorado Intergroup / Central Office
Intergroup Meeting- Minutes
July 17, 2023 - NCIG Virtual Platform**

Call to order: 6:01 PM

1. Serenity prayer + welcome

2. (Quorum > 7 IGRs)

- a. Paula (IGR FoCo Group), Rhonda (Chair), Marilyn N. (Member at Large), Beth (Office Manager), Kent B (Alt-IGR BBB), Amy D (IGR Happy Destiny), Amy S (IGR Women Step Up), Chris D (IGR Westside), Cindy B (District 21), George McC IGR Spring Creek; Vice Chair), Tina P (Member at Large), Zoe (IGR Rule 62), Kaitlyn (IGR HJF), Stephanie (IGR Wed Wom Recovery), Chris D. (Westside), Molly (IGR Women of Faith), Davey (IGR LHOTB), Lori M IGR (Basic Text), Phillip A. (Alt IGR Shoulder to Shoulder), Kimberly Alt IGR (Daily Noon Zoom), Julie McD (Volunteer Coord), Andrew (IGR Awakenings), Kathy W (IGR Loveland group), Heather (IGR Union Colony), Karen (IGR Step Sisters; Treasurer), Lisa (IGR LaPorte 287), William P. (Local Member)

3. Group Updates/Announcements –

- a. Amy D: Friday 8/18 Happy D. picnic. Edora park, Beth has a flier posted on NOCOAA.org. Fellowship is encouraged, members asked to bring family and lawn games. Happy D will provide burgers and hot dogs, attendees are asked to bring a side to share. Happy Destiny meetings will be moving to St. Luke's Episcopal Church (2000 Stover St, Fort Collins, CO) on Wed 8/2/23.
- b. Molly W: Women of Faith, purchased OWL, will help with hybrid approach to meetings; Sat, Genesis Project. Fellowship hospitality in Greeley 9-11
- c. Tina P: State convention, Friday (9/1/23) – Sunday (9/3/23). Link on nocooa.org to volunteer for service in the hospitality room.
- d. Marilyn: Women's Step ABC has moved to the Westminster Presbyterian Church (3990 W 74th Ave, Westminster, CO) and are already holding meetings there now.
- e. *Approval of June 2023 NCIG Meeting Minutes~ George C, motion, Kent B second, (31-0-0)*

4. Reports:

- a. Chairperson - Rhonda N
- b. Treasurer- Karen K – Report, AA world services higher, due to backorders and suddenly came due. *Molly motions to approve the June 2023 Treasurer Report; Lisa seconds (31-0-0). Report approved.*

TOTAL JUNE INCOME	\$3,604.60
Total Cost of Goods Sold (COGS)	\$1,615.19
TOTAL GROSS INCOME	\$1,989.41
TOTAL EXPENSES	\$3,363.91

asked to send in items to add to the agenda to before the next occurring NCIG regular meeting (northcoloradoii@gmail.com or amyj4nocoaa@gmail.com)

- c. Enclosed the proposed budget for ICOAA Seminar. NCIG Office Manager would benefit from attending. Rhonda describes Beth's involvement in the ICOAA meeting. Deadline for registration is 9/1. IGRs are asked to take information back to their groups for approval on the expense. *NOCOIG vote for approval of expense at next regular meeting.*
- d. Colorado State Convention – NOCOIG was asked to supply and man a literature table on Friday – Sunday (9/1 - 9/3). IGRs are asked to take this announcement back to their groups and request for volunteers. *If any volunteers are found, please send their information to the Central Office.*
- e. Announcement from Volunteer Coordinator (Julie McD) – All spots are filled now, days and nights. *Still need fresh volunteers, more people for substitutes need it.* Volunteers will be trained in office procedures and night watch telephone lines.

7th Tradition - **Venmo @NCIGAA other ways to donate:** www.nocoaa.org/contribute

Northern Colorado Intergroup Volunteer to read **Tradition 8** next month: Marilyn N.

Motion to **Adjourn:** _____ **George C.** _____ (no 2nd required)

In Closing: Responsibility Statement, "I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

Time Adjourned: 7:03 PM

Next Meeting: August 21 ,2023

Northern Colorado Intergroup

NCIG / CENTRAL OFFICE FINANCE REPORT - JULY 2023

Income

Income Source	Amount	Comments	QB # Category
7th Tradition Contributions	\$ 2,474.76	Individuals & Groups	5000
Faithful Fiver Contributions	\$ 240.84	Individuals	5020
Birthday Club Contribution	\$ 42.00	Individuals	5015
Central Office	\$ 1,318.20	July 2023 Sales Total	
Literature Sales	\$ 831.55		5200
Chip Sales	\$ 391.40		5205
Recovery Item Sales	\$ 45.75		5210
NCIG Sales	\$ 49.50	Includes Newcomer Packets and Meeting Lists	7100
Volunteer Contributions	\$ 12.00	For snacks	5000
Tradition 7 Workshop	\$ 25.00	7th Tradition	5400
TOTAL JULY INCOME	\$ 4,112.80		

Cost of Goods Sold (COGS)

Expense	Amount	Notes	QB # Category
Cost of Literature	\$ 483.52	A.A.W.S. conference-approved Literature & Pamphlets. Hazelden and Amazon (incl special orders) - AAWS BACKORDERS	6000
A.A. World Services	\$ 436.97	Breakdown of the Cost of Literature	
Hazelden	\$ 17.72		
Amazon	\$ 28.83		
Cost of Chips and Recovery Items	\$ 667.35	From Recovery Shop 90% chips	6025
Cost of Printing (Ink Works)	\$ 28.23	NCIG items sold tax-free	6200
Total Cost of Goods Sold (COGS)	\$ 1,179.10		
TOTAL GROSS INCOME	\$ 2,933.70		

Administrative & Operating Expenses

Expense	Amount	Notes	QB # Category
Comcast	\$ 183.41	Monthly: Cable Internet + Phone Service	7124
State Farm Insurance	\$ 37.66	Monthly	7150
El Dorado Artesian Springs	\$ 6.45	Monthly: water & dispenser rental	7213
Zoom Software Subscription	\$ 17.20	Monthly	7234
Quickbooks Software Subscription	\$ 88.27	Monthly	7235
Office Supplies & Expenses	\$ 102.55	Occasional - k-pods, coffee maker for workshops, display shelf, volunteer candy	7300
Central Office Rent	\$ 735.00	Monthly	7500
Website: Cloudflare	\$ 25.00	Monthly	7754
MailChimp Automated Email Platform	\$ 27.52	Monthly - mailing list and subscription svcs	7751
Area 10 Convention Registration	\$ 30.00	One-time, we will have a table	7270

Northern Colorado Intergroup

Federal Payroll Liabilities & Taxes	\$ 2,035.92	Quarterly - Q2 (FICA and Withholding)	7472
FAMLI - Colorado Initiative	\$ 36.23	Quarterly - Q2 (started in Jan 2023)	7332
Sales Tax (City)	\$ 171.32	Quarterly - Q2	7911
Sales Tax (State)	\$ 157.01	Quarterly - Q2	7912
Payroll Processing Fee	\$ 1.75	Monthly - Quickbooks Direct Deposit Fee	3300
Office Manager Net Payroll	\$ 2,096.50	Monthly - actual paid	7600
TOTAL EXPENSES	\$ 5,751.79		
NET JULY INCOME	\$ (2,818.09)		

July Actuals (Profit & Loss)

Income	\$ 4,112.80
Expenses (COGS & Operating Expenses)	\$ 6,930.89
Net July Income	\$ (2,818.09)

2023 Year to Date (YTD) Actuals (Profit & Loss)

Income	\$ 41,597.10
Expenses (COGS & Operating Expense)	\$ 43,791.18
Net YTD Income	\$ (2,194.08)

Bank Statements - Canvas Credit Union

Checking Account - Ending Balance 7/31/23	\$ 2,476.88
Savings Account/Prudent Reserve 7/31/23	\$ 8,517.65
Current Checking Account Balance 8/7/23	\$ 2,447.19

Monthly Payroll Breakdown

July Gross Payroll Salary	\$ 2,683.89	
July Payroll Taxes (Employer FICA)	\$ 205.31	paid to the IRS in Q3 (10/2023)
July Payroll Liabilities (Employee)	\$ (587.39)	FICA, FAMLI, and State and Fed Withholding
July Net Payroll Salary	\$ 2,096.50	Office Manager's net July 2023 pay
Payroll Processing Fee (Quickbooks)	\$ 1.75	Charged to NCIG & taken out before above is deposited
Total taken out of NCIG's bank account on 7/28/2023	\$ 2,098.25	
Hours	121.33	28 hours/week

NOTES

Northern Colorado Intergroup

7th Tradition Contributions by Group

Group Name	July Amount	YTD Amount
539		\$551.64
7am Freedom		\$68.00
AA Recovery Group of Windsor	\$284.01	\$768.68
Acceptance		\$232.81
Awakenings	\$153.16	\$1,341.10
Basic Text		\$80.72
Berthoud Group		\$50.00
Berthoud Hump Day		
Big Book Enthusiasts		
Big Book of Loveland	\$100.00	\$400.00
Breakfast with Bill and Bob		\$2,339.51
Broad Highway of Recovery (AI-Anon)		\$200.00
Burlington AA Group		
Campus Group 2		\$87.10
Daily Noon Zoom	\$174.02	\$1,746.47
Early Worms	\$150.00	\$150.00
Eaton Crow Group		
Fort Collins Group	\$202.00	\$202.00
Friends of Bill W.		\$93.60
Friends of Bill W. 7 AM	\$2.00	\$144.98
Great Fact Group		
Greeley Group 2	\$20.00	\$140.00
Greeley High Noon		
Greeley Westside Group		\$107.00
GYST Harmony		\$368.50
Happy Destiny	\$60.85	\$587.79
High Noon FoCo		
Johnstown Primary Purpose		\$520.06
Keep It Simple Group	\$150.00	\$2,243.00
Kitchen Table A.A.		\$38.00
Laporte 287 AA Group	\$100.00	\$272.00
Last House on the Block		\$2,218.06
Let Them Eat Cake		
Loveland AA Group	\$87.07	\$763.56
New Beginnings		
New Hope		
NOCO Pathfinders		\$150.00
Rule 62 YPAA	\$9.20	\$117.62
RUS	\$36.45	\$101.07
Shoulder to Shoulder		\$364.80
Spring Creek		\$150.00
Step Sisters	\$20.00	\$140.00
Sterling AA Group		
Union Colony Group		\$477.19
Windsor Triangle	\$303.50	\$880.12
Windsor Women Unite AA		\$410.33
Women in Recovery	\$87.50	\$287.50
Women of F.A.I.T.H.	\$324.00	\$712.00
Women's Recovery Through the Steps	\$108.00	\$228.00
Women Steppin Up	\$30.00	\$105.00
Women Seeking Sobriety		
YAGBT	\$25.00	\$50.00
Your Life Group		\$60.00
TOTAL JULY GROUP CONTRIBUTIONS	\$2,426.76	\$19,948.21

Jun-23 \$1,779.04

May-23 \$3,927.47

Projected August 2023 Expenses Budget

Expense	Total Amount	Notes / Detail
Ink Works	\$ 70.00	Meeting lists, newcomer packet
A.A. World Services	\$ 700.00	A.A. literature re-stock
Recovery Shop	\$ 260.00	Medallions (chips), Cards, Stickers, and special orders
Grapevine	\$ 100.00	A.A. literature re-stock
Amazon	\$ 45.00	Literature that sells, special orders
Hazelden	\$ 55.00	Literature, special Orders
Literature & Recovery Goods (COGS)	\$ 1,230.00	
Central Office Rent	\$ 735.00	Monthly
State Farm Insurance	\$ 37.66	Monthly
El Dorado Artesian Springs	\$ 22.00	Monthly (water), varies
Mail Chimp Software Subscription	\$ 27.52	Monthly - email marketing software
Comcast	\$ 183.49	Monthly, Cable Internet + Phone
Zoom Software Subscription	\$ 17.20	Monthly
Quickbooks Software Subscription	\$ 88.27	Monthly, bookkeeping for May
Office Supplies	\$ 60.00	Monthly (as needed)
Cloudflare	\$ 25.00	Monthly Website Boost & Backup
Cache Accounting	\$ 70.00	Payroll and QB-related discussion
Payroll Liabilities (State)	\$ 306.00	Quarterly - Q2 (Withholding)
Convention Expenses	\$ 22.00	Candy
Total Operating Expenses	\$ 1,594.14	
Quickbooks Payroll Processing Fee	\$ 1.75	Payroll Processing Fee
Office Manager Monthly Net Salary	\$ 2,096.49	Monthly - actual paid at end of month
Total Administrative Expenses	\$ 2,098.24	
TOTAL PROJECTED AUGUST BUDGET	\$ 4,922.38	paid bn 8/1 - 8/7 in red*

*Some COGS expenses as well

Payroll Detail - For Reference

The April 2023 finance report includes the 1st Quarter federal payroll and liability taxes for Jan, Feb, March 2023.

The **state withholding** that comes out of the gross pay was paid April 28th, which was **\$306**. Every employer is obligated to remit all payroll liabilities, what comes out of an employee's gross pay, to the IRS & State every quarter.

The Office Manager gross salary is \$32,206.68. The monthly gross is **\$2,683.89**.

Q1 gross salary --> $\$2,683.89 \times 3 = \$8,051.67$

The **employee FICA** is 7.65% of the above amount = **\$615.95** for Q1 (which is a payroll liability NCIG is "obligated to remit" as part of the gross salary) and the employee federal withholding is \$804 -- totaling **\$1,419.95**.

In 2023, the FAMILI Colorado (Initiative) started and is \$12.08 per month of the gross pay.

In Q1, $\$12.08 \times 3 = \36.24 . This is also part of the Payroll Liabilities.

NCIG's (**the employer's**) **FICA** is also 7.65% of the gross pay amount for Q1, \$8,051.67, which is the same as the employee's FICA): $\$205.32 \times 3 = \615.95 for Q1. This is the "Payroll Taxes."

The federal monthly payroll liabilities and taxes are paid to the IRS by our accountant every quarter.

We, the Northern Colorado Intergroup (NCIG) Steering Committee, have handled disruptions and controversies within our AA community. Whether or not the behavior was intended to be helpful or hurtful is irrelevant. The point is: These actions have crossed the line of decency and are distracting us from our primary purpose.

All members of the Northern Colorado AA fellowship have a right to expect that they will be reasonably safe at in-person group meetings, NCIG Zoom meetings, and at the NCIG Central Office. Bullying and harassment are negative and unacceptable forms of discrimination that conflict with the AA Traditions and our way of life in recovery. Any such behavior will be taken seriously by this committee and will be dealt with it as it arises through an informed group conscience. This Steering Committee also understands that our Twelve Traditions, including that of group autonomy, do not place groups or members above the law and that when individuals act injuriously to others, they are held legally accountable. This accountability is generally understood in our First Tradition, which reminds us that all members and groups have a responsibility in respect to the common welfare and protection of the individual members.

As members of Alcoholics Anonymous and Trusted Servants, we must all recognize the power of how our behavior can affect other members of the Fellowship and potential newcomers. Recognizing that we can control our behavior, we have a responsibility to set a good example and thereby protect the overall good name of AA as a respected Fellowship. Moving forward: If any member disrupts the unity of our NCIG fellowship, this Steering Committee will do everything in our power to ensure the matter is handled through personal interactions and discreetly at the Committee level. It is always hoped that the individual member in question will see this difficulty as an opportunity for growth in their recovery. However, if the disruptive behavior continues, the NCIG Steering Committee reserves the right to invoke an informed group conscious and ask the disruptive member to not attend NCIG meetings for a determined amount of time and/or contact the appropriate legal authorities.

.....

@NCIGAA



venmo

Steering Committee responses to concerns brought up by William P. at June 19 IG Meeting

At the last Intergroup meeting William P. brought up some concerns, which we also asked him to email to us. We have answered them below.

Going forward, we would like to get back to the following standard procedure: Anyone who has any issues they would like to be addressed by the Steering Committee can bring them to their IGR or Alternate IGR, who can email them to us at amyj4nocoaa@gmail.com for addition to the agenda of the following meeting. Thank you!

Here are William's concerns and our responses:

1. Concerned about Treasures reports being altered during the gratitude banquet

Accounting for the Gratitude Banquet is always a moving target, as scores of volunteers bring in money for tickets sales and request reimbursements for expenses over a several month period. The Treasurer's Reports are therefore sometimes revised as new data comes in. Also, 2022 was the first year we utilized a separate bank account for the Gratitude Banquet to try to better keep track of everything. There has been a bit of learning curve in doing that and in assigning various expenses to the proper codes in QuickBooks. As always, if anyone has identified any specific numbers that they think are wrong, please bring them to our attention.

2. Concerned about the raise that was given and approve by the SC. And there are no note or minutes of having the groups voting for raise or even being informed about it. I talked with several IGRs and they were also shocked.

See excerpt below from **Northern Colorado Intergroup Meeting Minutes - January 18, 2021:**

4. Quorum (>7 IGRs)
5. Motion to accept the meeting minutes from last month?
 - a. Julie motion, Carolyn second, passes
6. Active reports
 - a. Chairperson
 - i. Molly read the budget narrative**

The text of the budget narrative does not appear in the minutes (because we don't have any courtroom stenographers at our meetings), but it is available in the **February 2021 Northern Notes** as well as in the list of **2021 Finance Reports and Budgets** on nocoaa.org. Here is an excerpt:

*"In 2020, we cut as many expenses as we could and recognize some new expenses. We stopped purchasing anything not essential to our core operations and **decreased our overall operating expenses by 70%**, or approximately \$8800 from 2019 to 2020 much of the decrease in cost were on account of taking the bookkeeping and website maintenance in house, as well as spending freezes on office supplies, food, and printer ink. Additionally, we changed banks and vendors to*

reduce fees. In 2021, we would like to keep our operating expenses, low and look for new ways to run a less expensive operation.

“We do plan to increase our expenses with an increase to our office managers hours worked from 20 to 28. The steering committee unanimously believes that more time is needed in the office to run daily operations. Beth started in March and essentially moved us to a 100% virtual operation while simultaneously on boarding into the role with a completely new steering committee. She was instrumental in keeping our phone services available and meeting list up-to-date when everyone was moving online. She took over the bookkeeping and website, maintenance, both of which used to be outsourced, and take a considerable amount of time. This is also one of the main reasons we saw such a dramatic decrease in expenses in 2020. In 2021, we are projecting a 10% increase in office operations due primarily to a salary increase for our office manager. We believe this is required due to the role taking on additional scope.”

So the Steering Committee’s recommendation to increase the Central Office Manager’s hours and pay was, in fact, shared with Intergroup. It was included in the budget for that year, which was voted on and approved by the Intergroup reps.

3. What is our protocol for the office manager? Is there a time sheet is she working from home etc.

Yes, the Office Manager keeps track of her hours and fills out a time sheet. She works from home on some days, as we feel her work on the website and keeping the books is more efficiently done without the interruptions that occur while in the office.

4. Concerned about spirit of rotation and Julie in the office for 10 years and that we are looking for a new office coordinator.

Yes, we understand the spirit of rotation. Julie has served as the Volunteer Coordinator for so long because she knows a lot of people in our community and is generally able to quickly and efficiently get slots filled. Also, no one else has volunteered to do it, and she has a sense of responsibility for keeping the Central Office staffed and making sure the phones are answered. That’s one of the reasons we propose making the Volunteer Coordinator a voting member of the Steering Committee that will be subject to the nominating process. Our hope is that some new folks will step up. In the meantime, we thank Julie for her years of dedicated service.

5. Concerned minutes being changed from past meeting and the IGR’s not voting on the change.

Not sure when this is alleged to have happened, but going forward we do believe that any changes to the minutes should be approved by the Intergroup reps.

6. Concerned about transparency

Here is information publicly available on nocoaa.org:

1. Agendas and minutes for the Steering Committee and Intergroup meetings
2. Monthly Finance Reports
3. Central Office Reports
4. Last three years of tax returns
5. Date, time and Zoom ID information for every NCIG meeting, so anyone can attend

In addition, we have recently voted to allow any AA member to observe our Steering Committee meetings on Zoom.

7. Concerned about IGR meeting being abruptly stopped and having important information IGR's being shut down.

We want to hear from all who wish to speak, but we reserve the right to try to get through the meeting in a timely fashion. We'd also like to note that in the most recent meeting we gave everyone, including William P., ample opportunity to voice any concerns, we provided the email address to send them to us in writing (*going forward, this address is amyj4nocoaa@gmail.com*), and we are now taking even more time to address them one by one.

8. Concerned about sending messages to the Website and they not being sent to the IGRs.

The contact form and email address (contact@nocoaa.org) is for inquiries about AA and not intended to be a distribution point for IGR correspondence (and we're actually not aware of any messages addressed to the IGRs). The IGRs have the opportunity to interact with each other at the monthly Intergroup meeting; again, if they or anyone else have issues they want to be discussed, they can email them to amyj4nocoaa@gmail.com so they can be added to the agenda for a future meeting.

To sum up:

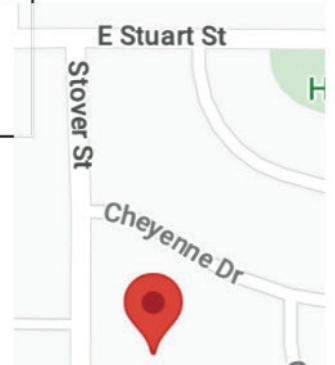
We as a committee take our responsibility of supervision and oversight of the Central Office seriously.

We will be responsive to questions and concerns and will try to promptly correct any mistakes that are brought to our attention – assuming they are brought forth in a respectful manner and with enough specificity to be actionable.

We will not tolerate any personal attacks on the Office Manager or any trusted servants.

Tradition 7 ~ July 16th
Tradition 8 ~ August 20th
Tradition 9 ~ September 17th
Tradition 10 ~ October 15th
Tradition 11 ~ November 19th
Tradition 12 ~ December 17th

NEW LOCATION:
St Luke's Church
2000 Stover St
in Fort Collins



3rd Sundays at 6 PM in 2023

1 hour ~ panel of 2-3 speakers ~ time for sharing and questions
coffee, tea, and cookies

Northern Colorado Intergroup / Central Office • www.nocoaa.org

To curate a panel and/or speak for an upcoming workshop, contact Beth via email at officemanager@nocoaa.org

You Are Not Alone



in
Windsor, CO

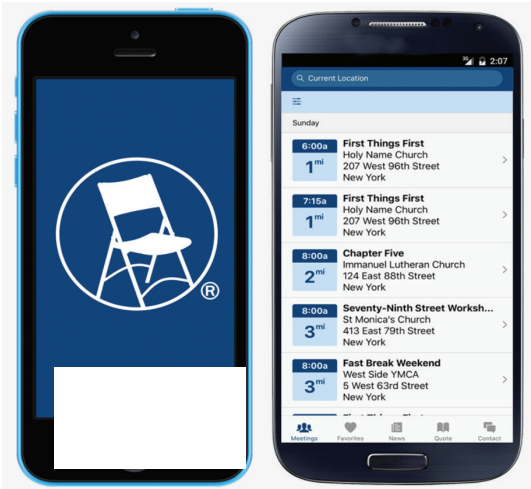
Every Saturday @ Noon
starts
September 23, 2023

Location: 1159 Main Street Windsor, CO
Foundations Church

Directions: From I-25 take exit 262 for CO-392, east toward Windsor.
(Near McDonalds and Wells Fargo off 11th)

Parking in Front (or Back for anonymity)

Check out all meeting times and formats
www.nocooa.org
970-224-3552 (24/7)



<https://www.aa.org/meeting-guide-app>

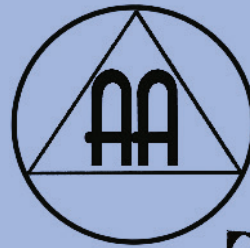
Tradition 9 Checklist

1. Do I try to “boss” things in AA?
2. Do I ever resist formal aspects of AA because I see them as authoritative?
3. Do I try to understand and use all elements of the AA program—even if no one makes me do so—with a sense of personal responsibility?
4. Do I exercise patience and humility in any AA job I take?
5. Am I aware of all those to whom I am responsible in any AA job?
6. Why doesn't every AA group need a constitution and bylaws?
7. Have I learned to step out of an AA job gracefully—and profit thereby—when the time comes?
8. What has rotation to do with anonymity? With humility?

Tradition Nine: AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

Reprinted from Grapevine, GSO/AAWS

District 21 Archives
Presents



Longtimers Tales



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