

NORTHERN NOTES

February 2024

*A letter from our
Steering Committee
Chair, Rhonda N.:*



Happy February 2024,

February seems to be a full calendar of A.A. events in our Northern Colorado Intergroup. My hope is that you will be able to participate in these events and have fellowship with each other. The events foster unity in Alcoholics Anonymous besides having a good time together at all the levels of service. These events are listed on our website and in the “Northern Notes”, please be sure to subscribe to the newsletter as it contains a lot of

information.

The elections are coming up in March 2024, we need a treasurer, an assistant treasurer, and an assistant secretary to serve on the Steering Committee. If you have an interest and a willingness to serve please consider serving.

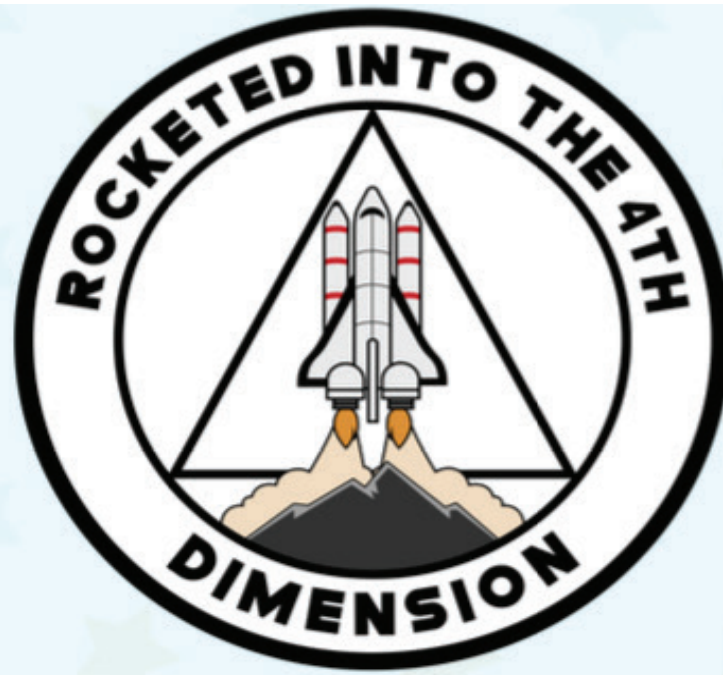
The Steering Committee, as elected trusted servants, has been working together to conduct the business of the Northern Colorado Intergroup / Central Office. We believe the upcoming inventory and survey will be a helpful process to us all. We look forward to seeing you March 2, 2024. Doors will open at 9 AM to make coffee and set up the room.

Please arrive early as we will start promptly at 10 AM. Potluck Lunch to follow at Noon and clean up afterwards.

We will be looking for an Events Chair for upcoming 2024-2025 year events that will include “Evening of Gratitude”, “New Years Eve Speaker/Dance” and the “10th Annual We Are Not a Glum Lot”. These fundraising events help us with our primary purpose to help the still suffering alcoholic and recovering alcoholics by providing information through our local office. If you’d like to be involved please contact the office, 970-224-3552, email contact@nocoaa.org, or let your Intergroup Representative know.

It’s been an honor and privilege to serve you as your Northern Colorado Intergroup, Inc., Steering Committee Chair.

In Service, Rhonda N.



72nd Annual Greeley AA/Alanon Stampede

February 2nd, 3rd, and 4th

Island Grove Park
Conference Center
Greeley, CO

PRE-REGISTRATION \$30

VIP REGISTRATION \$50

GO TO GREELEYAASTAMPEDE.ORG FOR
T-SHIRTS, 2024 STAMPEDE STICKERS,
AND MEAL TICKETS

QUESTIONS: EMAIL
AASTAMPEDEGREELEY@GMAIL.COM

CCYPAA
PRE-REG
EVENT!

RULE 62 YPAA PRESENTS

LANGUAGE OF THE *Heart*



FEB DOORS OPEN AT 6 PM
10 SPEAKER MEETING AT 7:30 PM
DANCE STARTS AT 8:30-10:30 PM

301 E. Drake Fort Collins, Co

\$10 SUGGESTED DONATION OR
FREE WITH REGISTRATION FOR CCYPAA!

SPAGHETTI DINNER WILL BE SERVED,
DESSERT WILL BE POTLUCK-STYLE.

PRE-REGISTER HERE:
OR AT CCYPAA.COM



2024

FELLOWSHIP ROUNDUP

Hosted by Berthoud Groups

When:

February 24, 2024 • (doors open at: 2:00)

Where:

Brookside Gardens Event Center
619 E. County Rd. 8, Berthoud, CO 80513

Cost:

Come for fellowship, AA and Al-Anon guest speakers, food & fun, for only \$30.00!

Multiple raffles throughout the evening; bring cash to buy a "full arm's length!"

Schedule:

2:30 PM: Fellowship

3:30 PM: Al-Anon Speaker: *To Be Announced*

5:00 PM: Dinner

6:30 PM: AA Speaker: *To Be Announced*

7:45 PM: Desserts and Closing
(doors close at: 8:45)

Theme:

H.O.P.E. (Happy Our Programs Exist)

Donations Appreciated!

Questions?

Call Brandon O: 970.699.2697

**We're looking forward to an enjoyable night of
Fellowship, Speakers and Dinner!**

*Alcoholics Anonymous
Your Life Group &
Release With Love
(Al-Anon) Presents:*

2024 ANNUAL ROUND ROBIN

Together We Can Make It!



WHEN: *Sunday, February 25, 2024*

WHERE: *Brush Fairgrounds, 4-H Building
720 Ellsworth St., Brush, CO 80723*

DOORS OPEN @ 10:30 am

Hors D'oeuvres @ 11am

LUNCH @ 1pm

POTLUCK ~ Please bring a sidedish or dessert

AA SPEAKER: *Denny W., Fort Morgan, CO*

AL-ANON SPEAKER: *TBA*

Any questions please call Adrienne F. 719-644-0791

WWW.NOCOAA.ORG

Central Office

OPEN Mondays - Fridays, 9 AM - 5 PM

155 N College Ave #120

Fort Collins, CO 80524

970-224-3552 • 24/7/365

Central Office serves the meeting groups and the next alcoholic.

We have a **Lending Library** with conference-approved literature and books of all types along with speaker cassette tapes & CDs. We also have extra issues of Grapevine, the "meeting in print", to check out. Office closed Jan 15th.

Does your group need an Intergroup Representative?

We service over 75 groups in Northern Colorado. Talk to your homegroup in your town. Be an IGR, and help to continue to make Central Office thrive and fulfill its primary purpose for the Northern Colorado area.

District 21 (Larimer County):

DCMs - Marcus and Mike R.

ARCHIVES - Meets 3rd Wednesday of the month 4:45pm at 213 Jefferson St (Millenium Tattoo), Fort Collins. They also host the Longtimers' Tales speaker meeting on the first Wednesday of the month at 7 PM, 1 Aspen Dr in Loveland.

BRIDGING THE GAP - This A.A.-wide program helps people leaving a correctional or treatment facility become acquainted with A.A. and attend A.A. meetings in their home town, after they are released. Contact D21 BTG at bridgethegapnoco@gmail.com or fill out the BTG form on nocoaa.org if this service is of interest to you.

CORRECTIONS - Contact Jerry at jerrythedad1@gmail.com.

CPC/PI - Individuals wishing to connect with people who wind up in the hospital (Medical Center of the Rockies, Poudre Valley, North Colorado Medical Center Greeley, Banner Medical Center, and McKee Medical Center), there is an active **Peer Support Hospital Visitation Program**.

The AA Hospital Dispatcher role is for receiving calls from participating Fort Collins, Loveland, and Greeley Hospitals for patients who request a visit or call from AA. They manage calls and ensure that the proper AA response team is in place to respond to the calls/visits. Meetings are the 3rd Wednesday of the month at 5:30 pm-- Harmony Pres Church, 400 E Boardwalk, Fort Collins.

The AA Hospital Program offers volunteer training/education sessions. Please contact the dispatcher Larissa at 970-691-1073 if you have any questions regarding the service or on becoming a volunteer for the AA Hospital Program. Education/training session can be on Zoom and Larissa can provide more information.

TREATMENT - Join the D21 Treatment Committee and share your experience, strength, and hope with men and women in our local rehabilitation centers. Please help us carry the message of hope to these individuals who are about to re-enter the real world. Remember, you can only keep what you have by giving it away. Contact nocotreatment@gmail.com.

For **District 23 (Weld County)** information, contact their DCM, Sean W. at walker.sean42@gmail.com.

Rescheduled

Northern Colorado Intergroup Inventory



March 2, 2024

10 AM—2 PM

Facilitator: Jeff O (past delegate)

Groups are encouraged to send IGRs and other interested members for a discussion and input to our Northern Colorado Intergroup/Central Office and Steering Committee direction and functions.



9:00 am — Doors open

PROMPT START 10:00 am — Noon: NOCO Intergroup/Central Office Inventory

Noon —12:30 pm: Potluck lunch (coffee, utensils provided)

12:30 pm — 1 pm: Cleanup

Westminster Presbyterian
1709 W Elizabeth
Fort Collins,

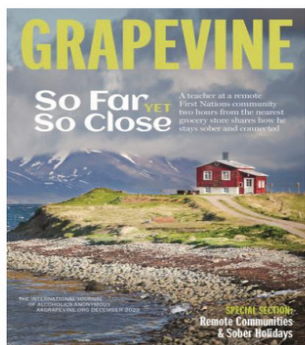
For information, contact:
Rhonda N, 970-217-5273

Hosted by NCIG Steering Committee

CENTRAL OFFICE

STATEMENT OF PURPOSE

The purpose of NCIG / Central Office is to support meeting groups in the area and to assist in helping to carry the message to the next alcoholic by receiving, distributing & following up on 12 step calls, answering inquiries about A.A., and cooperating with Area public information committees. Central Office also maintains information about Northern Colorado meetings and events. We provide 24-hour phone service, a centralized website, a place to go to get newcomer packets, meeting lists, and literature.



Grapevine: Current Issue Spotlight:

This month's feature section is **"Remote Communities and Sober Holiday Stories."** Members share hopeful stories about alcoholics having trouble reaching AA and the people who do Remote Community service. Plus some wonderful sober holiday stories!

Submit Your Story! Upcoming Topics...

1. Happy Birthday Grapevine! — In June, Grapevine turns the big 80! Help us celebrate by sharing your very best memories with Grapevine. Why do you love Grapevine? Was there a story that once helped you? How did being a GV Rep help your sobriety? What did you learn? Share your best Grapevine memories! (stories due Dec. 15, 2023)

2. Annual Prison Issue — Looking for stories of hope about AA in prisons and jails by incarcerated members and by those who bring meetings to them. Did you find AA in prison? What is sobriety like inside? Are you involved in correspondence service or prison sponsorship? (stories due Jan 15, 2023)

More upcoming topics: Dating & Relationships...CPC Service!

Important: We're looking for stories of experience with each Step and each Tradition! (Pick a particular Step or Tradition and share your experience!) We also need your jokes!



The Half-Hour Variety Hour
AA Grapevine's Podcast

What is Intergroup???

Intergroup has been formed so that each group may elect a representative from their group to participate in monthly business meetings with other group representatives. Each month they share their group's experience in carrying the A.A. message, lets all the members of Intergroup know how their home group is doing: numbers of attendance, when and where they meet. The Intergroup representative keeps their group informed about what Central Office is doing, as well as the other groups. Make sure your group has a vote and a voice! Intergroup helps the next alcoholic and the Central Office.

All actions of the Northern Colorado Intergroup shall be guided by the Twelve Traditions, Twelve Concepts, and the A.A. Service Manual.

Governed by the By-Laws and Amendment documents.



**Join the Northern
Colorado
Intergroup**

STEERING COMITTEE

What positions are open?

We are currently looking for AA members to fill 3 roles:

- Treasurer
- Assistant Treasurer
- Assistant Secretary

Learn more about each via this QR code



Who are we?

Learn more about how Intergroup encourages mutual support and cooperation among A.A. groups in our Bylaws and Procedure Guide OR explore what it means to participate in NCIG in our IGR packet, found at: nocoaa.org/resources/

Got questions?

Learn more about how Intergroup works in our Bylaws and Procedure Guide, found at nocoaa.org/resources/ncig-bylaws/

Nominate yourself or a peer

Learn more & express interest at <https://forms.gle/bDldXkpIGQjpgPAX9> or scan the QR code





STEP - Came to believe that a Power greater than ourselves could restore us to sanity.

TRADITION - For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

CONCEPT - The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs.

PRINCIPLES:

HOPE

GROUP CONSCIENCE

RELIANCE

A.A. Quote for February:

“Showing others who suffer how we were given help is the very thing which makes life seem so worth while to us now. Cling to the thought that, in God's hands, the dark past is the greatest possession you have—the key to life and happiness for others. With it you can avert death and misery for them.”

— *Alcoholics Anonymous* [Big Book], pp. 124

Are there any changes to your meeting or do you have a suggestion for Central Office?

Send it to officemanager@nocoaa.org

What do you want to see under Resources on the Intergroup website?

Send it to us at officemanager@nocoaa.org

Want write an article for Northern Notes?

Send it to us at officemanager@nocoaa.org

Do you have a story, image or joke for Northern Notes?

You know what to do.

How to send an Intergroup / Central Office 7th tradition contribution:

Venmo: @NCIGAA

PayPal: <https://paypal.me/nocoaa>

Web: <https://nocoaa.org/contribute>

Send a check or drop off cash at:

Northern Colorado Intergroup

155 N College Ave #120

Fort Collins, CO 80524

BE A FAITHFUL FIVER

or

**BIRTHDAY
CONTRIBUTOR**

**5ER
support**

Sign up for a monthly contribution of \$5 (or more), or the number of years you've been sober. Visit us at <https://www.nocoaa.org/contribute>.

February 2024

ANNIVERSARIES

CONGRATULATIONS!
CONGRATULATIONS!
CONGRATULATIONS!

- Dana B. - 3 years
- Deb H. - 12 years
- DeDe VK. - 39 years
- Jeffrey O. - 9 years
- Kolby - 12 years
- Larry M. - 19 years
- Michael R. - 19 years
- Natasha W. - 18 years
- Nicole P. - 3 years
- Rory R. - 5 years
- Sandy K. - 11 years

Please email
contact@nocoaa.org if
you don't see your anniversary.

Things We Cannot Change

This column acknowledges the passing of our A.A. friends and family within the Northern Colorado community.

This month we acknowledge the following member for his service within the fellowship, his friendship and the many ways in which he deeply touched our lives and our hearts. May he never be forgotten...

Greg D. - January 2024



If someone close to you in the fellowship has passed away, you can **contact us at NCIG Central Office - officemanager@nocoaa.org** - for a mention in Northern Notes to let other members know. Please send their name, the month they passed, and any other information which can be shared here.

New @ Central Office

- 2023 Member Survey Pamphlet
- 2024 Grapevine Calendars
- Voices of Our Co-Founders CD
- Black and Gold Anniversary Chips



Please help us spread the word that the **Grapevine and La Viña Apps are here!**

2024 CALENDAR

February 2nd - 4th

Greeley A.A. Stampede @ Island Grove Park

Sunday, February 4th, 5 PM

District 21 Meeting

@ 301 E Drake (downstairs), Fort Collins

Tuesday, February 6th, 7 PM

District 23 Meeting

@ 35 Carlson Blvd, Johnstown

Saturday, February 10th, 7 PM

Language of the Heart Dinner Dance & Speaker (Rule 62 YPAA)

301 E Drake in Fort Collins

Monday, February 19th, 6 PM

Intergroup Meeting

Zoom # 826 2737 9047

Saturday, February 24th, 2:30 PM

2024 Fellowship Roundup @ 619 E County Rd 8, Berthoud

Sunday, February 25th, 10:30 AM

Annual Round Robin @ Brush Fairgrounds 4-H, 720 Ellsworth in Brush

Saturday, March 2nd, 10 AM

Northern Colorado Intergroup Inventory

@ 1709 W Elizabeth St, Fort Collins

Sunday, March 3rd, 5 PM

District 21 Meeting

@ 301 E Drake (downstairs), Fort Collins

Tuesday, March 5th, 7 PM

District 23 Meeting

@ 35 Carlson Blvd, Johnstown

Saturday, March 16th, 7:30 PM

We Aren't a Glum Lot Comedy Night @ the Rialto Theater, Loveland

Monday, February 19th, 6 PM

Intergroup Meeting on Zoom # 826 2737 9047

March 22nd - 24th

Spring 2024 Assembly in Grand Junction

District 21 Archives
Presents



Longtimers Tales

Longtimers speakers.

Jan. Joe E.

Feb. Susan A.

Mar. Jeff N.

Apr. Erin P.



Experience,
strength and hope
freely dispensed
the 1st
Wednesday of the
month.

SOBER 20+ YEARS

7PM ONLINE &

IN PERSON

1 ASPEN DR. LOVELAND, CO

ID 860 9176 1168

PSWD drbob

669-900-6833

you're invited to the ninth annual
WE AREN'T A GLUM LOT
COMEDY NIGHT

TO BENEFIT NORTHERN
COLORADO INTERGROUP
/ CENTRAL OFFICE

SATURDAY

March 16, 2024

7:30 PM

Doors open at 6:30 PM

at the

RIALTO THEATER

228 E. Fourth St

in Loveland

PERFORMERS:

From *The Tonight Show*,
Phil Palisoul

With **Nora Lynch**

Chris Muñoz

and your host ,
George McClure

NO TICKETS NECESSARY; \$20/SEAT SUGGESTED DONATION.

WE ENCOURAGE YOU TO CONTRIBUTE IN ADVANCE AT [NOCOAA.ORG/CONTRIBUTE](https://nocoaa.org/contribute)
(PLEASE NOTE "COMEDY" ON YOUR DONATION) OR
BRING CASH THE NIGHT OF THE SHOW — CARDS AND VENMO ACCEPTED TOO.
CALL 720-280-7038 WITH ANY QUESTIONS.

Northern Colorado Intergroup Committees

Fundraising & Events Committee

Join this committee if you are interested in planning community events. You do not need to be an IGR. We are starting to plan workshops for 2024.

A.A. Outreach Committee

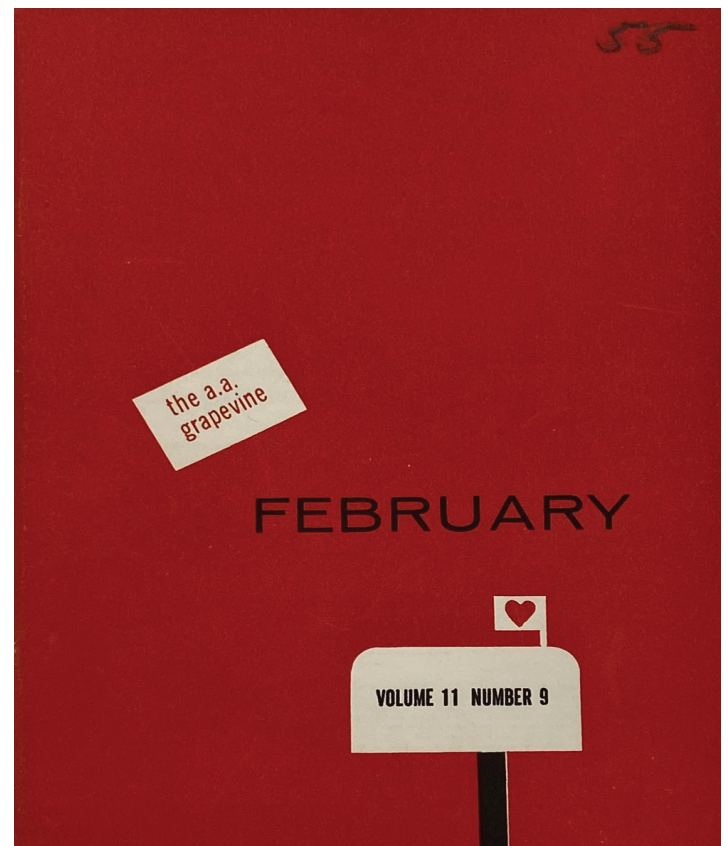
You are welcome to join us. You do not need to be an IGR to be on any of the service lists outlined below. We provide 3 services:

12 Step Calls: People who are experiencing symptoms of alcoholism call in to the Central Office. Central Office keeps a list of volunteers who are willing to call the person back and share on the phone. There is also another list of persons we want to enlarge of those who are willing to make a 12th-step visit with another member of AA - same gender, to the next suffering alcoholic. *We never go alone and there are a series of guidelines and suggestions set down by GSO and the longtime sober AA's who have gone before us.

Kitchen Table AA: This is a list of AA members who, when available, take a meeting to people who are temporarily shut in or homebound for a variety of reasons: Recent surgery, transportation limitations, living at a facility or unable to leave the home for any reason.

Road Trip AA Outreach: This service consists of a number of volunteers willing to come together and "road trip" to an outlying area meeting. The group will decide on a meeting, meet at a central location and carpool to the meeting together.

CONTACT: To volunteer to do service on either or both of these committee options, please email officemanager@nocoaa.org.



MEETING CHANGES

GROUP/MEETING	UPDATE
A Way Home	New Meeting on Wednesdays at 6:30 PM 1709 W Elizabeth St in Fort Collins
Fall River Group	Now "AA Fall River Group" Estes Park Meeting - New schedule: Sunday, Noon - 453 Elkhorn & online Zoom: 999 829 166 (Hybrid) Monday, Noon - 453 Elkhorn (in-person) & Monday, 7 pm - Hybrid Tuesday, Noon - Online Zoom: 999 829 166 Wednesday, Noon & Wednesday, 7 pm - both Hybrid Thursday, Noon - Online Zoom: 999 829 166 Friday, Noon - Online Zoom: 999 829 166 Saturday, Noon - 453 Elkhorn & Zoom - Hybrid
Honor and Integrity Through Sobriety	New meeting on Fridays at 7 PM South Club, 2608 7th Ave in Greeley/Garden City
One Day at a Time	New meeting on Tuesdays and Thursdays at Noon: 1700 Brodie Ave in Estes Park
Rule 62 Frederick	No longer meeting
Steps of Courage	New meeting on Wednesdays at 6 PM: 118 Main St in Sterling
Windsor Rule 62	New meeting on Wednesdays at 7:30 PM: 311 6th St in Windsor
Women of F.A.I.T.H.	Location Change: Council Tree Covenant Church, 4825 S Lemay Ave, Fort Collins
You Are Not Alone	New Meeting on Saturdays at Noon 1159 Main St, Foundations Church in Windsor

I am Responsible . . .



*When anyone, anywhere,
reaches out for help,
I want the hand of AA
always to be there.*

And for that: I am responsible.

February 09

How often do we sit in AA meetings and hear the speaker declare, "But I haven't yet got the spiritual angle." Prior to this statement, he had described a miracle of transformation which had occurred in him—not only his release from alcohol, but a complete change in his whole attitude toward life and the living of it. It is apparent to nearly everyone else present that he has received a great gift; ". . . except that he doesn't seem to know it yet!" We well know that this questioning individual will tell us six months or a year hence that he has found faith in God.

THE LANGUAGE OF THE HEART, p. 275

A spiritual experience can be the realization that a life which once seemed empty and devoid of meaning is now joyous and full. In my life today, daily prayer and meditation, coupled with living the Twelve Steps, has brought about an inner peace and feeling of belonging which was missing when I was drinking.

**SERVICE OPPORTUNITY:
BE A CENTRAL OFFICE
WATCH VOLUNTEER**



Six months of sobriety required. Answer phones, give out information, speak with another alcoholic and families/friends, etc.

Available shifts for one person or a (meeting) group:

PHONE (forwarded):

- 1st Saturday of the month, 8 AM - 8 PM
- 5th Saturday of the month, 8 PM - 8 AM

You can also be a substitute and/or be a 12th step caller on our [help-the-next-alcoholic](#) list.

Contact Beth at officemanager@nocoaa.org

**CENTRAL OFFICE
DAY WATCH PHONE STATS**

	JAN 2024
A.A. Information	38
Al-Anon	3
Bridging the Gap	1
Detox/Treatment	0
12th Step	0
Other Calls*	20
Visitors	69
Voicemails**	4
TOTAL CALLS	66

* Usually local members requesting anything from a meeting change to a special order, but also includes hang-ups.

** Voicemails are from night watch missed calls & are returned.

NIGHT WATCH PHONE STATS

	JAN 2024*
A.A. Information	8
Al-Anon	0
Bridging the Gap	0
Detox/Treatment	0
12th Step	1
Other Calls	1
TOTAL CALLS	10**

* Incomplete, missing several uncompleted volunteer entries.

WEBSITE & GOOGLE SEARCH STATS for January 2024:

FROM WEBSITE	FROM GOOGLE SEARCH	WEBSITE	PHONE
WORD PRESS INSIGHTS	PROFILE ---->	CLICKS	CALLS
6,052 USERS*	1,857 VIEWS	530	29

*Distinct single user visits to nocoaa.org

Fellowship At The Foot Of The Flattop

Area 10 Spring Assembly 2024 - Grand Junction



FREE Parking

Lunch Buffet | Saturday \$19

Fellowship and Ice Cream | Saturday night \$12

Coffee | By Donation (\$10 suggested donation for the weekend)

Please pay onsite with cash or check

Open Saturday Speaker Meetings. Join Us!

Al-Anon Speaker at 7:00 PM

AA Speaker at 8:00 PM

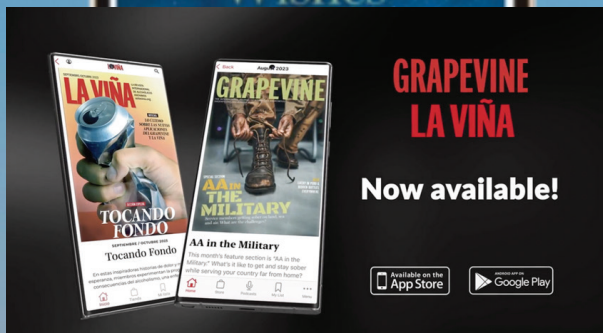
**March 22-24, 2024
DoubleTree Hotel
743 Horizon Drive
Grand Junction, CO
1-970-241-8888**

**Make hotel reservations by
March 2, 2024 for discount
rate (\$119 per night)**

call the number above

**Hosted by District 2 | Service Appointments Available
Contact Dena M at deeniemartini21@gmail.com**

Tell us what you think...

















In the Top 40 on the App Store!

 **31** AA Grapevine
International Journal of AA [Open](#)



Grapevine and La Viña Apps

Imagine having all of this at your fingertips:

-  Scroll through monthly magazine
-  Archives of every magazine since 1944
-  Search tool
-  Audio playlist of every current article
-  Popup day count
-  Input your meeting schedule
-  Create a Daily Spiritual Maintenance Checklist
-  Podcast link
-  Daily Quote
-  Meeting Guide
-  Sobriety Calculator
-  Build a library of favorite articles
-  Grapevine Store
-  Link to YouTube channel

Mark Your Calendars and Make Plans to Attend the 2025 A.A. International Convention

Vancouver, British Columbia, Canada

July 3-6, 2025

Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of our Fellowship's founding.

Please check the Convention webpage at www.aa.org/international-convention for more information, the latest news, and FAQs. As the Convention approaches, the page will be updated with registration information.

Taking place once every five years, the A.A. International Convention marks the anniversary of Bill W.'s first meeting with Dr. Bob and the birth of Alcoholics Anonymous in 1935. At the Convention, members and their families and friends from around the world attend meetings, workshops, dances, and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide.

**Let's celebrate sobriety together in
Vancouver in 2025!**

Scenic Estes Park, Colorado

YMCA of The Rockies

32nd Annual Fellowship Of The Spirit Conference

Save The Date!

July 25-28, 2024

Room reservations available now
Registration Opens March 1st 2024



More information: www.fots.com
registration_chair@fots.com

LOVE OPENS VALUES THAT EXIST

AREA 10 CORRECTIONS CONFERENCE

8AM-4PM

Saturday April 20th

SMOKY HILL UNITED METHODIST CHURCH

19491 E Smoky Hill Rd,
Centennial, CO 80015

HOSTED BY
DISTRICT 10



SAVE THE DATE

OCTOBER 11-13, 2024

Renaissance Dallas Richardson Hotel
900 E Lookout Drive
Richardson, TX 75082

Registration and Hotel Booking
Information Available
October 7, 2022

swraasa2024.org



<https://www.aa.org/meeting-guide-app>

Tradition 2 Checklist

1. Do I criticize or do I trust and support my group officers, AA committees and office workers? Newcomers? Old-timers?
2. Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsibilities?
3. Do I look for credit in my AA jobs, praise for my AA ideas?
4. Do I often feel the need to “save face” in group discussions, or can I yield in good spirit to the group conscience and work along with it?
5. Although I have been sober a few years, am I still willing to serve my turn with AA chores?
6. Do I complain about the decisions that my group makes, even though I do not attend the business meetings where these decisions are made?

Tradition Two: For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

Reprinted from Grapevine, GSO/AAWS

Young People's Video Project is ongoing and there is not a deadline for submissions! Please send in your new content videos.

YOUNG PEOPLE'S VIDEO PROJECT



Scan me!

We want video submissions from A.A. members. WHY? To carry A.A.'s message to young people in high school and college settings.

SHARE YOUR EXPERIENCE!

Submissions should be 2-3 minutes in length and reflect and adhere to the Twelve Traditions of Alcoholics Anonymous, especially A.A.'s anonymity traditions. When filming A.A. members make sure no one is identifiable.

Focus on the experience of getting sober young and reflect the diversity of the Fellowship. Use members stories to help alcoholics identify.

Share experiences that would relate to the "young" alcoholic who has yet to come to A.A.

BE CREATIVE AND HAVE FUN!

Individuals submitting videos must be at least 18 years of age and must reside within the boundaries of the U.S. and Canada A.A. General Service Structure. Submissions should be in English, Spanish or French.

For more information, contact the Public Information Coordinator at publicinfo@aa.org.



www.aa.org

SELF-SUPPORT

The Seventh Tradition states that Alcoholics Anonymous is self-supporting through our own contributions. The contributions help to cover the group's expenses. But the Seventh Tradition is more than simply paying for rent and other group expenses. It is both a privilege and a responsibility of individual groups and members to ensure that our organization, at every level, remains forever self-supporting and free of outside influences that might divert us from our primary purpose.

The monetary amount of each contribution is secondary to the spiritual connection that joins us in unity with A.A. groups around the world.

Service Material from the General Service Office

@NCIGAA



venmo

Please note: We show the December minutes in this February issue of NN because the Intergroup Representatives (IGRs) have not approved the January 2024 minutes yet, not until February's meeting on 2/19/2024. Also, the December finance report should be in the next issue due to accountant changes. Thank you for your patience.

Northern Colorado Intergroup / Central Office
Intergroup Meeting- Minutes
December 18th, 2023 - NCIG Virtual Platform

Call to order: 6:01 PM

1. Serenity prayer + welcome
2. (Quorum > 7 IGRs)

Alice B.	District 23 Rep	Julie McD.	Central Office Volunteer Coordinator
Amy D	Happy Destiny IGR	Kaitlyn B	Happy Joyous Free IGR
Amy J	SC Secretary	Marilyn G	Daily Noon Zoom IGR
Beth S	Central Office Manager	Marilyn N	SC Member at Large
Bill G	Breakfast w/ Bill and Bob IGR	Paula B	Fort Collins Group IGR
Chelsea B	Women Stepping Up IGR	Rhonda N	NCIG SC Chair
Christine A	Women of Faith Alt-IGR	Tina P.	SC Member at Large
George McC	SC Vice Chair & Spring Creek IGR	William P	539 Group IGR
Zoe A	SC Treasurer; IGR Rule 62	Nancy K.	LHOTB Alt-IGR

3. Group Updates/Announcements –
 - a. Breakfast with Bill and Bob: Group is okay with suggested amendments to by-laws and procedure guide. They are still planning on having a group inventory, and need to select a date.
 - b. Women of Faith: Group is okay with suggested amendments to by-laws and procedure guide. Meeting will now be held at Council Tree Church (4825 S Lemay Ave, Fort Collins). Childcare will be available.
 - c. 539 Group: A potluck will be held on Christmas day after the regular noon meeting.
 - d. Loveland Group: Will be having an Alcolthon on Christmas Day at the Park View Gardens Clubhouse (1 Aspen Drive, Loveland)
 - e. Recovery Group of Windsor: On Christmas day; Regular noon meeting at Bethel Church (328 Walnut St.) and hosting Christmas day potluck dinner at 2pm at Foundations (1159 Main St, Windsor)
4. Approval of November 2023 NCIG Meeting Minutes with amendment that: *William P. made a motion for NCIG meeting minutes to be sent out in a timely manner, within 5 days after the meeting (no second) – Nancy K. motion, Chelsea B. second, (14-0-0)*
 - a. *Secretary confirms that meeting minutes will be circulated within five days after regular NCIG meetings in the future.*
5. Reports:
 - a. Chairperson - Rhonda N: No report tonight, thanks IGRs for continued support.
 - b. Treasurer- Zoe A:

October 2023 financial statement:
 TOTAL OCTOBER INCOME \$ 7168.78

Total Cost of Goods Sold (COGS) \$ 1254.78

TOTAL GROSS INCOME \$ 5914.00

TOTAL EXPENSES \$ 5870.99

NET OCTOBER INCOME \$ 43.01

i. October (amended) report: Note in financial report states that amount changed from \$4,400 to \$4,440 to reflect actual amount taken out of prudent reserve.

ii. *Approval of October 2023 Central Financial Report – Nancy K motion, Chelsea B. second (14-0-0)*

c. November 2023 financial statement:

TOTAL NOVEMBER INCOME \$ 6098.49

Total Cost of Goods Sold (COGS) \$ 858.40

TOTAL GROSS INCOME \$ 5240.09

TOTAL EXPENSES \$ 1824.79

NET NOVEMBER INCOME \$ 3415.30

i. November report: November payroll wasn't cleared until December, which means that there will be two December payrolls.

ii. Treasurer agrees to review bank statements when creating monthly financial reports

iii. *Approval of November 2023 Central Office financial report – Tina P. motion, Marilyn G. second (14-0-0)*

d. District 21 - Cindy B: Not present

e. District 23 - Alice B: Group inventory will take place on 1/27/24 and will be facilitated by Tina P.

6. Old Business:

a. Update on Accounting services for Central Office

i. One firm recommended by multiple people, still fielding other

b. Formation of a nominating committee for the NCIG Steering Committee elections

i. Nancy volunteers to be on the committee. Please take back to groups and ask if anyone would like to be on the committee.

c. Allocation of funds collected during 2023 Gratitude Event

i. *Approval to leave \$50 in Gratitude Banquet checking account, the remaining 80% of profits moved to the Central Office checking account and 20% moved to Prudent Reserve - George McC. motion, Amy D. second (14-0-0)*

d. NYE Event hosted by Don T. and Rule 62: Flyers at Central Office, Bring Your Own Beverage

e. Group Inventory

i. Will have format and questions out for IGRs to take back to group, Amy will email out and we will post on the NoCoAA.org website

ii. A lot of questions are coming from AA Group pamphlet

iii. The last NCIG survey taken in 2012 will also be sent out

7. New Business:

- a. Not a Glum Lot approval for funds/2024 budget
 - i. *Approval to use Central Office funds to reserve the Rialto Theater for Not A Glum Lot fundraising event - Tina P. motion, Marilyn N. second (14-0-0)*
- b. Review ability to sustain our expenses for the year 2024, including review of the 2024 budget, Office Manager duties, and salary hours.
 - i. SC will look at budget for 2024 at next months meeting and will bring to IGRs in January
- c. *Motion to adjourn meeting at 7pm scheduled meeting end –William P. motion, no second*
- d. *Motion to continue meeting past 7pm scheduled meeting end – Amy J. motion, Nancy K. second (13-0-1)*
- e. Announcements from NCIG Volunteer Coordinator
 - i. Monday 11-1 starting middle of January, 2 hour shift at the Central Office
 - ii. Sign up for volunteer shifts can be made at NoCoAA.org
- f. Review feedback for proposed updates and amendments to By-Laws and Procedure Guide
 - i. George McC reads a statement provided by William P and the 539 group
- g. Vote on implementation of By-laws and Procedure Guides
 - i. *Effective immediately, Northern Colorado Intergroup Inc rescinds the 2020 Bylaws and Operating Procedures, and will be governed by the Original Bylaws and Procedure Guide that were filed with the IRS in 1993, and recently proposed amendments - Amy J. motion, Marilyn G. second (10-0-1)*
 - ii. *Motion to have the Steering Committee serve 2 year terms effective immediately - Paula B. motion, no second. Table until January*

7th Tradition - Venmo @NCIGAA other ways to donate: www.nocoaa.org/contribute Northern Colorado Intergroup Volunteer to read Tradition 12 next month: Christine Motion to Adjourn: _____ Alice B _____ (no 2nd required)

In Closing: Responsibility Statement, "I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

Time Adjourned: 7:16 PM

Next Meeting: January 17th,2023



HELP CARRY THE MESSAGE TO ALCOHOLICS IN TREATMENT FACILITIES - Calling ALL

Bridgers, Group Committee Members & Facility Presenters

**Please join District 21 Bridging The Gap Training Workshop
(for current and new Volunteers)**

Sunday 4/28/2024 12:30 - 2pm

Zoom information:

[https://us02web.zoom.us/j/8458463994?
pwd=bURTUy83TDRnUVJndm5WWmRnOHITQT09&omn=85048413679](https://us02web.zoom.us/j/8458463994?pwd=bURTUy83TDRnUVJndm5WWmRnOHITQT09&omn=85048413679)

Meeting ID: 845 846 3994

Passcode: 121212

**Christ United Methodist 301 E Drake Rd Fort Collins 80525
*(downstairs last room on the right)***

**Carry the message of hope and recovery in Alcoholics Anonymous by helping
with this vital 12 step work.**

**Bridging the Gap is a Temporary Contact Program which helps to Bridge The
Gap between a Treatment Facility to an Alcoholics Anonymous meeting.**

Consider signing up to be a Bridger at:

www.nocoaa.org/bridging-the-gap/

**One year of sobriety is encouraged and be able to answer some basic
questions about AA. Hope to see you there!**

Questions? Text: Marlene B. at 970-889-5557

Colorado State Convention 2024

Presented by Area 10 Alcoholics Anonymous in cooperation with
Area 5 Al-Anon Family Groups

320 Central Main St, Pueblo, CO 81003- August 16th - 18th, 2024

For Preliminary Program and Updated Information

Go Online: https://www.coloradoaa.org/convention_info/

Or

Email Registration Chair at conventioneven@coloradoaa.org

speakers & Events:

Friday Evening AA Speaker: TBD

Friday Evening: Ice Cream Social

Saturday Al-Anon Luncheon: TBD

Saturday Evening: Banquet Dinner

Saturday Evening Al-Anon Speaker: TBD

Saturday Evening AA Speaker: TBD

Sunday Morning AA Speaker: TBD

Workshops, Continuous Meetings, and Videos in

English & Spanish

PLEASE JOIN US!

The convention runs from 3 p.m. Friday to 12 p.m. Sunday.

Lodging: Courtyard by Marriott Pueblo Downtown

Address: 110. W. 1st Street, W City Center Dr, Pueblo, CO 81003

Phone:

(719) 542-3200

<https://www.marriott.com/events/start.mi?id=1690831546618&key=GRP>

Register online at <https://www.convention.coloradoaa.org>,

or complete the form below and MAKE CHECKS PAYABLE TO: 2024 State Convention



AA Al-Anon/Alateen.

Registration \$35.00 After 7/12/24 \$40.00

Friday Evening Ice Cream Social \$12.00

Saturday Al-Anon Luncheon \$35.00

Saturday Evening Banquet Dinner \$42.00

Dance \$5.00

Bottomless Coffee Mug \$20.00

Package Price \$149.00

Contributions \$ _____

Total Enclosed \$ _____

Member Registration Information:

Name on _____

Badge _____

Home Group _____

Name _____

Address _____

City _____ State _____

Zip Code _____ Phone (____) _____

Email _____

I'd like to volunteer!

For "Special Needs" consideration, please e-mail us at conventioneven@coloradoaa.org (every effort will be made to accommodate special requests). On-site registration will be open from 3 p.m.—9 p.m. Friday, August 16th, and at 8 a.m., Saturday, August 17th, 2024