

NORTHERN NOTES

March 2024

*A letter from our
Steering Committee
Vice Chair,
George M.:*



A Brief History of “We Aren’t a Glum Lot”

Back in the summer of 2013 I was talking with my friend Duane S., who was then the treasurer for Northern Colorado Intergroup. He was worried about the group’s finances, as for years they had put on three or four fundraising events annually and that had dwindled to one or two.

Having been involved in a comedy night fundraiser known as Yukaholics when I lived in Los Angeles in the nineties, I suggested that we try something similar. Luckily for us, Duane’s wife Jan was at the time the manager of the Rialto Theater in Loveland, so we were able to procure the venue at the charitable organization rate and we booked a Saturday night in April, 2014.

My friends Nancy N. and Heather S. joined me on that first show, and we had a crowd of around 375 people. We’ve done the event every year since (except during the pandemic in 2020 and 2021). Over the years our attendance has fluctuated between 350 and 410 or so, and, like all recovery audiences, they are always extremely enthusiastic. We’ve had an amazing lineup of comedians, most of whom have numerous TV credits on their resumes. For example, this year’s headliner, Phil Palisoul, has appeared on The Tonight Show, written for several sitcoms and is a featured performer for Royal Caribbean Cruise Lines.

I know many people who have dinner in Loveland before the show and make a night of it, and the whole vibe in the theater makes it one of my favorite AA events I’ve ever been involved with. But here’s the best part: I was at a meeting a few years ago and a young man came up to me and said, “I was about two months sober and kind of thought I was never going to have fun again. Some people invited me to my first ‘Glum Lot,’ and sitting in that theater laughing with all those other sober people, I thought, ‘Maybe I can do this thing after all.’”

Hope to see you this year, March 16th, at the Rialto Theater,

George M.

you're invited to the ninth annual

WE AREN'T A GLUM LOT

COMEDY

NIGHT

TO BENEFIT NORTHERN
COLORADO INTERGROUP
/ CENTRAL OFFICE

SATURDAY

March 16, 2024

7:30 PM

Doors open at 6:30 PM

at the

RIALTO THEATER

228 E. Fourth St

in Loveland

PERFORMERS:

From *The Tonight Show*,
Phil Palisoul

With **Nora Lynch**

Chris Muñoz

and your host ,
George McClure

NO TICKETS NECESSARY; \$20/SEAT SUGGESTED DONATION.

WE ENCOURAGE YOU TO CONTRIBUTE IN ADVANCE AT [NOCOAA.ORG/CONTRIBUTE](https://nocoaa.org/contribute)
(PLEASE NOTE "COMEDY" ON YOUR DONATION) OR
BRING CASH THE NIGHT OF THE SHOW — CARDS AND VENMO ACCEPTED TOO.
CALL 720-280-7038 WITH ANY QUESTIONS.

Rescheduled

Northern Colorado Intergroup Inventory



March 2, 2024

10 AM—2 PM

Facilitator: Jeff O (past delegate)

Groups are encouraged to send IGRs and other interested members for a discussion and input to our Northern Colorado Intergroup/Central Office and Steering Committee direction and functions.



9:00 am — Doors open

PROMPT START 10:00 am — Noon: NOCO Intergroup/Central Office Inventory

Noon —12:30 pm: Potluck lunch (coffee, utensils provided)

12:30 pm — 1 pm: Cleanup

Westminster Presbyterian
1709 W Elizabeth
Fort Collins,

For information, contact:
Rhonda N, 970-217-5273

Hosted by NCIG Steering Committee

WWW.NOCOAA.ORG

Central Office

OPEN Mondays - Fridays, 9 AM - 5 PM

155 N College Ave #120
Fort Collins, CO 80524

970-224-3552 • 24/7/365

Central Office serves the meeting groups and the next alcoholic.

We have a **Lending Library** with conference-approved literature and books of all types along with speaker cassette tapes & CDs. We also have extra issues of Grapevine, the "meeting in print", to check out. Office closed Jan 15th.

Does your group need an Intergroup Representative?

We service over 75 groups in Northern Colorado. Talk to your homegroup in your town. Be an IGR, and help to continue to make Central Office thrive and fulfill its primary purpose for the Northern Colorado area.

District 21 (Larimer County):

DCMs - Marcus and Mike R.

ARCHIVES - Meets 3rd Wednesday of the month 4:45pm at 213 Jefferson St (Millenium Tattoo), Fort Collins. They also host the Longtimers' Tales speaker meeting on the first Wednesday of the month at 7 PM, 1 Aspen Dr in Loveland.

BRIDGING THE GAP - This A.A.-wide program helps people leaving a correctional or treatment facility become acquainted with A.A. and attend A.A. meetings in their home town, after they are released. Contact D21 BTG at bridgethegapnoco@gmail.com or fill out the BTG form on nocoaa.org if this service is of interest to you.

CORRECTIONS - Contact Jerry at jerrythedad1@gmail.com.

CPC/PI - Individuals wishing to connect with people who wind up in the hospital (Medical Center of the Rockies, Poudre Valley, North Colorado Medical Center Greeley, Banner Medical Center, and McKee Medical Center), there is an active **Peer Support Hospital Visitation Program**.

The AA Hospital Dispatcher role is for receiving calls from participating Fort Collins, Loveland, and Greeley Hospitals for patients who request a visit or call from AA. They manage calls and ensure that the proper AA response team is in place to respond to the calls/visits. Meetings are the 3rd Wednesday of the month at 5:30 pm--Harmony Pres Church, 400 E Boardwalk, Fort Collins. Please contact the dispatcher Larissa at 970-691-1073 if you have any questions regarding the service or on becoming a volunteer for the AA Hospital Program. Education/training session can be on Zoom and Larissa can provide more information.

TREATMENT - Join the D21 Treatment Committee and share your experience, strength, and hope with men and women in our local rehabilitation centers. Please help us carry the message of hope to these individuals who are about to re-enter the real world. Remember, you can only keep what you have by giving it away. Contact nocotreatment@gmail.com.

For **District 22 (Morgan, Logan, & Washington Counties)** information, their DCM is Jeremy.

For **District 23 (Weld County)** information, contact their DCM, Sean W. at walker.sean42@gmail.com.



UNITY DINNER

SATURDAY, MARCH 9TH

917 10th ave, Greeley, First United Methodist Church

Please bring items based on first letter of your first name

A-F: Appetizers

G-L: Sides

M-R: Salads

S-Z: Desserts

If unable to bring anything please bring yourself. We'll be supplying the main dish!

Doors open at 5:00 PM, Dinner at 5:30 PM, Speaker at 6:30

End by 8:00 PM

Any questions please call Cody L. 719-602-9119



**Join the Northern
Colorado
Intergroup**

STEERING COMITTEE

What positions are open?

We are currently looking for AA members to fill 3 roles:

- Treasurer
- Assistant Treasurer
- Assistant Secretary

Learn more about each via this QR code



Who are we?

Learn more about how Intergroup encourages mutual support and cooperation among A.A. groups in our Bylaws and Procedure Guide OR explore what it means to participate in NCIG in our IGR packet, found at: nocoaa.org/resources/

Got questions?

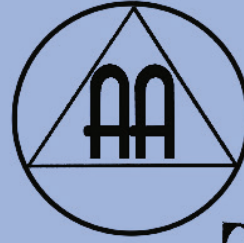
Learn more about how Intergroup works in our Bylaws and Procedure Guide, found at nocoaa.org/resources/ncig-bylaws/

Nominate yourself or a peer

Learn more & express interest at <https://forms.gle/bD1dXkp1GQjpgPAx9> or scan the QR code



District 21 Archives
Presents



Longtimers Tales

Longtimers speakers.

Jan. Joe E.

Feb. Susan A.

Mar. Jeff N.

Apr. Erin P.



Experience,
strength and hope
freely dispensed
the 1st
Wednesday of the
month.

SOBER 20+ YEARS

7PM ONLINE &

IN PERSON

1 ASPEN DR. LOVELAND, CO

ID 860 9176 1168 PSWD drbob

669-900-6833

NO
MEETING
IN JULY
2024



STEP - Made a decision to turn our will and our lives over to the care of God *as we understood Him*.

TRADITION - The only requirement for A.A. membership is a desire to stop drinking.

CONCEPT - To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional “Right of Decision.”

PRINCIPLES:

FAITH

RECOVERY

TRUST

Are there any changes to your meeting or do you have a suggestion for Central Office?
Send it to officemanager@nocoaa.org

What do you want to see under Resources on the Intergroup website?
Send it to us at officemanager@nocoaa.org

Want write an article for Northern Notes?
Send it to us at officemanager@nocoaa.org

Do you have a story, image or joke for Northern Notes?
You know what to do.

A.A. Quote for March:

“Outline the program of action, explaining how you made a self-appraisal, how you straightened out your past and why you are now endeavoring to be helpful to him. It is important for him to realize that your attempt to pass this on to him plays a vital part in your own recovery. Actually, he may be helping you more than you are helping him. Make it plain he is under no obligation to you, that you hope only that he will try to help other alcoholics when he escapes his own difficulties. Suggest how important it is that he place the welfare of other people ahead of his own.”

— *Alcoholics Anonymous* [Big Book], pp. 94

How to send an Intergroup / Central Office 7th tradition contribution:

Venmo: @NCIGAA
PayPal: <https://paypal.me/nocoaa>
Web: <https://nocoaa.org/contribute>
Send a check or drop off cash at:
Northern Colorado Intergroup
155 N College Ave #120
Fort Collins, CO 80524

BE A FAITHFUL FIVER
or
BIRTHDAY
CONTRIBUTOR
5ER
support

Sign up for a monthly contribution of \$5 (or more), or the number of years you've been sober. Visit us at <https://www.nocoaa.org/contribute>.

CONGRATULATIONS!

March 2024

ANNIVERSARIES

- Ashley M. - 9 years
- Carley R. - 8 years
- De De V. - 39 years
- Deb H. - 13 years
- Don E. - 21 years
- Dondi - 5 years
- Joe E. - 43 years
- Judy B. - 54 years
- Kim G. - 36 years
- Kris C. - 7 years
- KT - 43 years
- Missy - 13 years

Please email contact@nocoaa.org if you don't see your anniversary.

CENTRAL OFFICE

STATEMENT OF PURPOSE

The purpose of NCIG / Central Office is to support meeting groups in the area and to assist in helping to carry the message to the next alcoholic by receiving, distributing & following up on 12 step calls, answering inquiries about A.A., and cooperating with Area public information committees. Central Office also maintains information about Northern Colorado meetings and events. We provide 24-hour phone service, a centralized website, a place to go to get newcomer packets, meeting lists, and literature.

New @ Central Office

- Greeting Cards
- Stickers
- The little "Acceptance" booklet
- NCIG Bookmarks!

Things We Cannot Change

This column acknowledges the passing of our A.A. friends and family within the Northern Colorado community.

This month we acknowledge the following member for his service within the fellowship, his friendship and the many ways in which he deeply touched our lives and our hearts. May he never be forgotten...

Greg D.

Estes Park - December 2023



If someone close to you in the fellowship has passed away, you can **contact us at NCIG Central Office - officemanager@nocoaa.org** - for a mention in Northern Notes to let other members know. Please send their name, the month they passed, and any other information which can be shared here.

I am Responsible . . .



*When anyone, anywhere,
reaches out for help,*

I want the hand of AA

always to be there.

And for that: I am responsible.



2024 CALENDAR



Saturday, March 2nd, 10 AM

Northern Colorado Intergroup Inventory
@ 1709 W Elizabeth St, Fort Collins



Sunday, March 3rd, 5 PM

District 21 Meeting
@ 301 E Drake (downstairs), Fort Collins



Tuesday, March 5th, 7 PM

District 23 Meeting
@ 35 Carlson Blvd, Johnstown



Saturday, March 9th, 5:30 PM

Unity Dinner @ 917 10th Ave in Greeley



Saturday, March 16th, 7:30 PM

We Aren't a Glum Lot Comedy Night @ the Rialto Theater, Loveland

Monday, March 19th, 6 PM

Intergroup Meeting on Zoom # 826 2737 9047



Tuesday, March 20th, 5 PM

Spring into Sobriety Hike, Horsetooth Mountain, 3550 W County Rd 38



March 22nd - 24th

Spring 2024 Assembly in Grand Junction

Sunday, April 2nd, 5 PM

District 23 Meeting
@ 35 Carlson Blvd, Johnstown



Tuesday, April 7th, 7 PM

District 21 Meeting
@ 301 E Drake (downstairs), Fort Collins



Monday, April 15th, 6 PM

Intergroup Meeting on Zoom # 826 2737 9047



April 19-21st

CCYPAA in Glenwood Springs @ Hotel Colorado

Saturday, April 20th, 8 AM – 4 PM

Corrections Conference in Centennial @ 19491 E Smoky Hills Rd



Sunday, April 28th, 2:30 PM

District 21 Bridging the Gap Training Workshop on Zoom &
@ 301 E Drake, Fort Collins





HELP CARRY THE MESSAGE TO ALCOHOLICS IN TREATMENT FACILITIES - Calling ALL

Bridgers, Group Committee Members & Facility Presenters

**Please join District 21 Bridging The Gap Training Workshop
*(for current and new Volunteers)***

Sunday 4/28/2024 12:30 - 2pm

Zoom information:

[https://us02web.zoom.us/j/8458463994?
pwd=bURUy83TDRnUVJndm5WWmRnOHITQT09&omn=85048413679](https://us02web.zoom.us/j/8458463994?pwd=bURUy83TDRnUVJndm5WWmRnOHITQT09&omn=85048413679)

Meeting ID: 845 846 3994

Passcode: 121212

**Christ United Methodist 301 E Drake Rd Fort Collins 80525
*(downstairs last room on the right)***

**Carry the message of hope and recovery in Alcoholics Anonymous by helping
with this vital 12 step work.**

**Bridging the Gap is a Temporary Contact Program which helps to Bridge The
Gap between a Treatment Facility to an Alcoholics Anonymous meeting.**

Consider signing up to be a Bridger at:

www.nocooa.org/bridging-the-gap/

**One year of sobriety is encouraged and be able to answer some basic
questions about AA. Hope to see you there!**

Questions? Text: Marlene B. at 970-889-5557

Fellowship At The Foot Of The Flattop

Area 10 Spring Assembly 2024 - Grand Junction



March 22-24, 2024
DoubleTree Hotel
743 Horizon Drive
Grand Junction, CO
1-970-241-8888

Make hotel reservations by
March 2, 2024 for discount
rate (\$119 per night)

call the number above

FREE Parking

Lunch Buffet | Saturday \$19

Fellowship and Ice Cream | Saturday night \$12

Coffee | By Donation (\$10 suggested donation for the weekend)

Please pay onsite with cash or check

Open Saturday Speaker Meetings. Join Us!

Al-Anon Speaker at 7:00 PM

AA Speaker at 8:00 PM

Hosted by District 2 | Service Appointments Available

Contact Dena M at deeniemartini21@gmail.com

Northern Colorado Intergroup Committees

Fundraising & Events Committee

Join this committee if you are interested in planning community events. You do not need to be an IGR. We are starting to plan workshops for 2024.

A.A. Outreach Committee

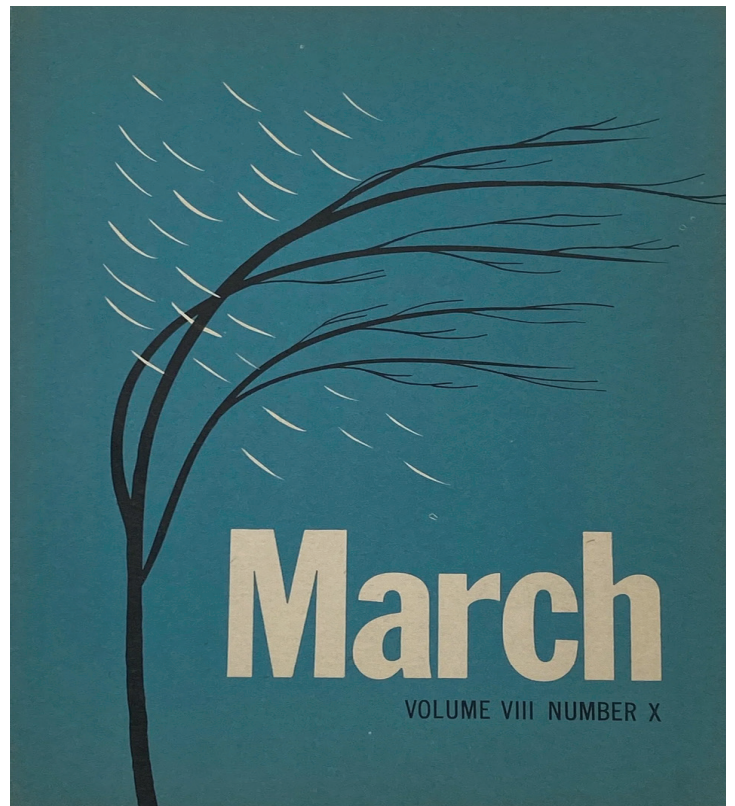
You are welcome to join us. You do not need to be an IGR to be on any of the service lists outlined below. We provide 3 services:

12 Step Calls: People who are experiencing symptoms of alcoholism call in to the Central Office. Central Office keeps a list of volunteers who are willing to call the person back and share on the phone. There is also another list of persons we want to enlarge of those who are willing to make a 12th-step visit with another member of AA - same gender, to the next suffering alcoholic. *We never go alone and there are a series of guidelines and suggestions set down by GSO and the longtime sober AA's who have gone before us.

Kitchen Table AA: This is a list of AA members who, when available, take a meeting to people who are temporarily shut in or homebound for a variety of reasons: Recent surgery, transportation limitations, living at a facility or unable to leave the home for any reason.

Road Trip AA Outreach: This service consists of a number of volunteers willing to come together and "road trip" to an outlying area meeting. The group will decide on a meeting, meet at a central location and carpool to the meeting together.

CONTACT: To volunteer to do service on either or both of these committee options, please email officemanager@nocoaa.org.



MEETING CHANGES

GROUP/MEETING	UPDATE
A Way Home	New Meeting on Wednesdays at 6:30 PM 1709 W Elizabeth St in Fort Collins
Fall River Group	Now "AA Fall River Group" Estes Park Meeting - New schedule: Sunday, Noon - 453 Elkhorn & online Zoom: 999 829 166 - Hybrid Monday, Noon - 453 Elkhorn (in-person) & Monday, 7 pm - Hybrid Tuesday, Noon - Online Zoom: 999 829 166 Wednesday, Noon & Wednesday, 7 pm - both Hybrid Thursday, Noon - Online Zoom: 999 829 166 Friday, Noon - 453 Elkhorn & online Zoom: 999 829 166- Hybrid Saturday, Noon - 453 Elkhorn & Zoom - Hybrid
Greeley Group 2	New Meeting on Thursdays at 7 PM (Big Book) 801 A 20th Ave in Greeley
Honor and Integrity Through Sobriety	New meeting on Fridays at 7 PM South Club, 2608 7th Ave in Greeley/Garden City
One Day at a Time	New meeting on Tuesdays and Thursdays at Noon: 1700 Brodie Ave in Estes Park
Rule 62 Frederick	No longer meeting
Steps of Courage	New meeting on Wednesdays at 6 PM: 118 Main St in Sterling
Windsor Rule 62	New meeting on Wednesdays at 7:30 PM: 311 6th St in Windsor
Women of F.A.I.T.H.	Location Change: Council Tree Covenant Church, 4825 S Lemay Ave, Fort Collins
Women's Roundtable	Meeting closed in Estes Park May reopen at a different time/location. Stay tuned.
You Are Not Alone	New Meeting on Saturdays at Noon 1159 Main St, Foundations Church in Windsor

ONE A.A. MIRACLE

February 29

Save for a few brief moments of temptation the thought of drink has never returned; and at such times a great revulsion has risen up in him. Seemingly he could not drink even if he would. God had restored his sanity.

ALCOHOLICS ANONYMOUS, p. 57

The word "God" was frightening to me when I first saw it associated with A.A.'s Twelve Steps. Having tried all the means I could to stop drinking, I found that it was not possible for me to sustain that desire over a period of time. Yet, how could I believe in a "God" that had allowed me to sink to the deep despair that engulfed me – whether drinking or dry?

The answer was in finally admitting that it *might* be possible for me to know the mercy of a Power greater than myself who could grant me sobriety contingent on my willingness to "come to believe." By finally admitting that I was one among many, and by following the example of my sponsor and other A.A. members in practicing faith I did not have, my life has been given meaning, direction and purpose.

SERVICE OPPORTUNITY: BE A CENTRAL OFFICE WATCH VOLUNTEER



Six months of sobriety required. Answer phones, give out information, speak with another alcoholic and families/friends, etc.

Available shifts for one person or a (meeting) group:

PHONE (forwarded):

- 1st Saturday of the month, 8 AM - 8 PM

You can also be a substitute and/or be a 12th step caller on our [help-the-next-alcoholic](#) list.

Contact Beth at officemanager@nocoaa.org

DAILY Reflections

CENTRAL OFFICE DAY WATCH PHONE STATS

	FEB 2024
A.A. Information	44
Al-Anon	5
Bridging the Gap	0
Detox/Treatment	0
12th Step	0
Other Calls*	22
Visitors	79
Voicemails**	1
TOTAL CALLS	72

* Usually local members requesting anything from a meeting change to a special order, but also includes hang-ups.

** Voicemails are from night watch missed calls & are returned.

NIGHT WATCH PHONE STATS

	FEB 2024*
A.A. Information	8
Al-Anon	1
Bridging the Gap	0
Detox/Treatment	0
12th Step	1
Other Calls	0
TOTAL CALLS	10**

* Incomplete, missing several uncompleted volunteer entries.

WEBSITE & GOOGLE SEARCH STATS for February 2024:

FROM WEBSITE	FROM GOOGLE SEARCH	WEBSITE	PHONE
WORD PRESS INSIGHTS	PROFILE ---->	CLICKS	CALLS
5,858 USERS*	1,786 VIEWS	448	22

* Distinct single user visits/sessions to nocoaa.org

Spring Into Sobriety Hike at Horsetooth Mountain Open Space



Interested in getting out and meeting active sober people in your community?

Upcoming Hikes

When: March 20th 5:00pm

Where: Horsetooth Mountain Open Space 6550 W County Rd 38 E, Fort Collins, CO 80526 (Meet at the Trail Map Kiosk)

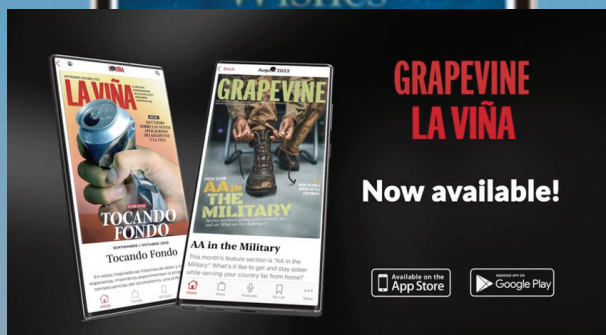
Stats: We'll plan to go 4.0 miles and climb 700 feet in elevation gain

If you're interested in being on the distribution list please email Garrison at edgeofthemtn@gmail.com to RSVP or check out Rocky Mountain Serene and Sober on meetup at

<https://www.meetup.com/rockymountain-soberserene-activities-meetup-group/>



Tell us what you think...



In the Top 40 on the App Store!

 **31** AA Grapevine
International Journal of AA [Open](#)

Grapevine and La Viña Apps

Imagine having all of this at your fingertips:



Scroll through monthly magazine



Archives of every magazine since 1944



Search tool



Audio playlist of every current article



Popup day count



Input your meeting schedule



Create a Daily Spiritual Maintenance Checklist



Podcast link



Daily Quote



Meeting Guide



Sobriety Calculator



Build a library of favorite articles



Grapevine Store



Link to YouTube channel



HOSTED BY
DISTRICT
10

2024 AREA 10 CORRECTIONS CONFERENCE

The Purpose of the Area 10 Corrections Conference is to serve, both as an educational tool, and as an exchange of information, between A.A. members and corrections related-professionals, as well as those interested in becoming involved in this rewarding area of service work.”

BREAKFAST BURRITOS & CHILI POTLUCK LUNCH

Want to contribute chili, Contact Bruce 303-550-6559

20 | April 2024
8 Am - 4 Pm

19491 E Smoky Hill Rd, Centennial 80015

Chairperson Angelica R. 303-828-6179

CCYPAA 2024

April 19-21, 2024

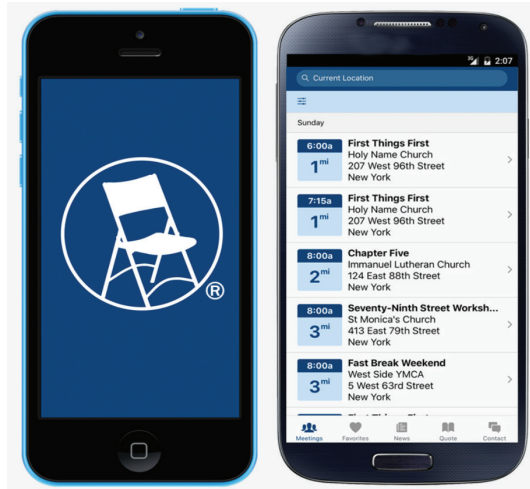


An Experience You Must Not Miss



Glenwood Springs, CO

ccypaa.com



<https://www.aa.org/meeting-guide-app>

Tradition 3 Checklist

1. In my mind, do I prejudge some new AA members as those who likely will not make it?
2. Is there some kind of alcoholic whom I privately or publicly do not want in my AA group?
3. Do I set myself up as a judge of whether a newcomer is sincere or not?
4. Do I let language, religion (or lack of it), race, education, age, sexual identity or other such things interfere with my carrying the message?
5. Am I overimpressed by a celebrity, a doctor, a clergyman, an ex-convict? Or can I just treat this new member simply and naturally as one more sick human, like the rest of us?
6. When someone turns up at AA needing information or help (even if he can't ask for it aloud), does it really matter to me what they do for a living? Where they live? What their domestic arrangements are? Whether they have been to AA before? What their other problems are?

Tradition Three: The only requirement for AA membership is a desire to stop drinking.

Reprinted from Grapevine, GSO/AAWS

Young People's Video Project is ongoing and there is not a deadline for submissions! Please send in your new content videos.

YOUNG PEOPLE'S VIDEO PROJECT



Scan me!

We want video submissions from A.A. members. WHY? To carry A.A.'s message to young people in high school and college settings.

SHARE YOUR EXPERIENCE!

Submissions should be 2-3 minutes in length and reflect and adhere to the Twelve Traditions of Alcoholics Anonymous, especially A.A.'s anonymity traditions. When filming A.A. members make sure no one is identifiable.

Focus on the experience of getting sober young and reflect the diversity of the Fellowship. Use members stories to help alcoholics identify.

Share experiences that would relate to the "young" alcoholic who has yet to come to A.A.

BE CREATIVE AND HAVE FUN!

Individuals submitting videos must be at least 18 years of age and must reside within the boundaries of the U.S. and Canada A.A. General Service Structure. Submissions should be in English, Spanish or French.

For more information, contact the Public Information Coordinator at publicinfo@aa.org.



www.aa.org

What is Intergroup???

Intergroup has been formed so that each group may elect a representative from their group to participate in monthly business meetings with other group representatives. Each month they share their group's experience in carrying the A.A. message, lets all the members of Intergroup know how their home group is doing: numbers of attendance, when and where they meet. The Intergroup representative keeps their group informed about what Central Office is doing, as well as the other groups. Make sure your group has a vote and a voice! Intergroup helps the next alcoholic and the Central Office.

All actions of the Northern Colorado Intergroup shall be guided by the Twelve Traditions, Twelve Concepts, and the A.A. Service Manual.

Governed by the By-Laws and Amendment documents.

SELF-SUPPORT

The Seventh Tradition states that Alcoholics Anonymous is self-supporting through our own contributions. The contributions help to cover the group's expenses. But the Seventh Tradition is more than simply paying for rent and other group expenses. It is both a privilege and a responsibility of individual groups and members to ensure that our organization, at every level, remains forever self-supporting and free of outside influences that might divert us from our primary purpose.

The monetary amount of each contribution is secondary to the spiritual connection that joins us in unity with A.A. groups around the world.

Service Material from the General Service Office



venmo

Please note: We show the January 2024 minutes in this March issue of NN because the Intergroup Representatives (IGRs) have not approved the February 2024 minutes yet, not until March's meeting on 3/18/2024. Thank you for your patience.

**Northern Colorado Intergroup / Central Office
Intergroup Meeting- Minutes
January 15th, 2023 - NCIG Virtual Platform**

Call to order: PM

1. Serenity prayer + welcome
2. (Quorum > 7 IGRs)

Amy D	Happy Destiny	Lori M	The Basic Text
Amy J	Secretary	Marilyn N	SC Member at Large
Beth S	Central Office Manager	Paula B	Fort Collins Group
Bill G	Breakfast with Bill and Bob	Randy K	Last House on the Block
Chelsea B	Women Stepping Up	Rhonda N	NCIG SC Chair
Christine A	Women of Faith	Tina P.	SC Member at Large
Cindy B	District 21 Rep	William P	539 Group
George C	R.U.S. Group (Loveland)	Zoe A	NCIG Assistant Treasurer; IGR Rule 62
George McC	SC Assistant Chair & Spring Creek	Cherri B	Windsor Women Unite
Isabel N	Acceptance	Pete N.	Group 2 (Greeley)
Julie McD.	Central Office Volunteer Coordinator	Jay S.	7AM Freedom Group
Diane B.	Loveland Group	Laurel T	Daily Noon Zoom
Lisa Z	LaPorte 287 Group		

3. Group Updates/Announcements –
 - a. Breakfast with Bill & Bob – Have not completed Group Inventory yet, postponed until February
 - b. Acceptance – Going to host an event in June, more details to come!
4. *Approval of December 2023 NCIG Meeting Minutes –Lori M. motion, Randy K. second, (24-0-0)*
5. Reports:
 - a. Chairperson - Rhonda N – Report emailed with minutes; IGRs please take back to your home group. Group Inventory was postponed due to weather, Chair report has more details on format of the Group Inventory.
 - b. Vice Chair – George McC. – Meeting duration: 6pm – 7:30pm as listed on the NoCo AA website. Offering a New IGR orientation in February before and after regular monthly Intergroup meeting, recommend having it on Zoom. Approximately half hour in length.
 - c. Treasurer- Zoe A – No report this month, please view ‘Update on Accounting’ in Old Business.
 - d. District 21 - Cindy B. – 2024 budget approved; Summit Stone treatment center would like more AA members at their facility. District 21 report attached with minutes.
 - e. District 23 – Alice B. - absent
6. Old Business:
 - a. Update on Accounting services for Central Office

- i. New accounting firm will be taking over the books. Central Office manager will no longer be responsible for maintaining financial books, hours will be reduced from 28 hours to 22 hours per week.
 - ii. SC recommends going with RLR accounting firm.
 - Monthly bookkeeping - \$200
 - Monthly payroll and sales tax - \$110
 - Annual federal taxes – Approximately \$500 (based on form)
 - iii. Current Secretary (Zoe A.) works for RLR, so she will step down as Treasurer to avoid conflict of interest. Zoe A. will be the Accountant at RLR responsible for NCIG financial records. RLR will be drafting Conflict of Interest documents for Steering Committee and Zoe A. to sign.
 - iv. *Motion for Steering Committee to approve signing contract with RLR to do payroll, sales taxes, monthly bookkeeping, and the 990 Federal tax return by George McC., Marilyn N. (5-0-1). Motion passes*
- b. NCIG Group Inventory: March 2nd, reschedule date.
 - c. NCIG Steering Committee nominations
 - i. Nancy K volunteered to lead the Nominating Committee but is ineligible. The committee must be comprised of three IGRs.
 - ii. Open Steering Committee seats: Treasurer, Assistant Treasurer, Assistant Secretary, Volunteer Coordinator
 - iii. Christine A. will lead the Nominating Committee and assist with tech needed for voting over Zoom.
7. New Business:
- a. 4th Quarter Taxes, Sales Tax, Payroll Taxes due dates approaching: Will be completed by RLR once engagement letter is signed
 - b. Office Manager review: Scheduled and will be conducted by Tina P and Marilyn N
 - c. Greeley Stampede: NCIG will have a literature table on Saturday. 8:30am – 4:30pm, Beth could use two volunteers
 - d. Announcements from NCIG Volunteer Coordinator: Two open phone line 1st Saturday 8pm – 8am and 5th Saturday 8am – 8pm
 - e. NCIG hybrid meetings: Consensus is to keep NCIG monthly meeting on Zoom
 - f. Feedback on handling of disruptive members: Table till next meeting

7th Tradition - Venmo @NCIGAA other ways to donate: www.nocoaa.org/contribute

Northern Colorado Intergroup Volunteer to read Tradition 2 next month: Zoe A.

Motion to Adjourn: ___Amy J._____

In Closing: Responsibility Statement, "I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

Time Adjourned: 7:18 PM

Next Meeting: February 19th ,2023

NCIG
Statement of Activity
October 2023

	TOTAL
Revenue	
5000 7th Tradition Income	2,434.01
5020 Faithful Fivers	344.97
5200 Literature Sales Income	1,137.85
5205 Medallion Sales Income	459.95
5210 Recovery Sales Income	53.25
5300 Shipping Income	6.00
5400 Special Events Income	2,659.00
7100 Sales of CO Lit Income	87.50
Total Revenue	\$7,182.53
Cost of Goods Sold	
6000 Cost of Literature - COGS	866.07
6015 Cost of Printing - COGS	33.88
6025 Cost of Medallions - COGS	354.83
Total Cost of Goods Sold	\$1,254.78
GROSS PROFIT	\$5,927.75
Expenditures	
7124 Cable and Phone Services	183.91
7150 Insurance	37.66
7213 Water Services	17.82
7234 Zoom Subscription	17.20
7235 Quickbooks Subscription	90.02
7250 Licenses & Fees	10.00
7300 Office Supplies	40.40
7370 Payroll Expenses	
7400 Payroll taxes	205.32
7600 Salaries	2,683.90
Total 7370 Payroll Expenses	2,889.22
7500 Rent	735.00
7750 Website	
7751 Mailchimp	27.52
7754 Web Server Space	25.00
Total 7750 Website	52.52
PayPal Fees	8.05
Square Fees	136.08
Total Expenditures	\$4,217.88
NET OPERATING REVENUE	\$1,709.87
NET REVENUE	\$1,709.87

NCIG
Statement of Activity
November 2023

	TOTAL
Revenue	
5000 7th Tradition Income	2,974.82
5020 Faithful Fivers	244.33
5200 Literature Sales Income	847.03
5205 Medallion Sales Income	326.95
5210 Recovery Sales Income	58.00
5400 Special Events Income	2,297.00
7100 Sales of CO Lit Income	64.50
Total Revenue	\$6,812.63
Cost of Goods Sold	
6000 Cost of Literature - COGS	564.51
6015 Cost of Printing - COGS	33.88
6025 Cost of Medallions - COGS	227.05
6050 Cost of Drunk Junk - COGS	32.96
Total Cost of Goods Sold	\$858.40
GROSS PROFIT	\$5,954.23
Expenditures	
7124 Cable and Phone Services	184.20
7150 Insurance	37.66
7213 Water Services	6.45
7234 Zoom Subscription	17.20
7235 Quickbooks Subscription	93.47
7300 Office Supplies	17.11
7370 Payroll Expenses	
7400 Payroll taxes	205.32
7600 Salaries	2,683.90
Total 7370 Payroll Expenses	2,889.22
7470 Professional fees	
7472 ACCOUNTANT SERVICES	264.00
Total 7470 Professional fees	264.00
7500 Rent	735.00
7750 Website	
7751 Mailchimp	27.52
7754 Web Server Space	25.00
Total 7750 Website	52.52
PayPal Fees	20.66
Square Fees	109.66
Total Expenditures	\$4,427.15
NET OPERATING REVENUE	\$1,527.08
NET REVENUE	\$1,527.08

NCIG
Statement of Activity
December 2023

	TOTAL
Revenue	
5000 7th Tradition Income	6,546.60
5020 Faithful Fivers	331.11
5200 Literature Sales Income	1,257.24
5205 Medallion Sales Income	-348.17
5210 Recovery Sales Income	25.74
7100 Sales of CO Lit Income	101.25
Sales of Product Income	0.00
Total Revenue	\$7,913.77
Cost of Goods Sold	
6000 Cost of Literature - COGS	953.37
6015 Cost of Printing - COGS	28.23
6025 Cost of Medallions - COGS	307.49
Total Cost of Goods Sold	\$1,289.09
GROSS PROFIT	\$6,624.68
Expenditures	
7124 Cable and Phone Services	199.65
7150 Insurance	37.66
7213 Water Services	24.94
7234 Zoom Subscription	17.20
7235 Quickbooks Subscription	93.47
7250 Licenses & Fees	8.00
7300 Office Supplies	37.23
7370 Payroll Expenses	
7400 Payroll taxes	205.36
7600 Salaries	2,683.85
Total 7370 Payroll Expenses	2,889.21
7500 Rent	772.00
7750 Website	
7751 Mailchimp	27.52
7754 Web Server Space	25.00
Total 7750 Website	52.52
8000 Special Events Expense	456.41
PayPal Fees	25.13
Square Fees	68.30
Total Expenditures	\$4,681.72
NET OPERATING REVENUE	\$1,942.96
Other Revenue	
9000 Interest Income	1.06
Total Other Revenue	\$1.06
NET OTHER REVENUE	\$1.06
NET REVENUE	\$1,944.02

Scenic Estes Park, Colorado

YMCA of The Rockies

32nd Annual Fellowship of The Spirit Conference

Save The Date!

July 25-28, 2024

Room reservations available now

Registration Opens March 1st 2024



More Information : www.fots.com
registration_chair@fots.com



When: April 26-28, 2024
Where: Hampton Inn & Suites
301 West Hiway 26
Scottsbluff, NE 69361
Phone: 308-635-5200

What: **Panhandle AA Jamboree**

Why: **Fun and Fellowship**

Speakers Banquet Fellowship Raffle Al-Anon Ice Cream Social AA Workshops

For info: Abbey J (308) 672-9292 or panhandlejamboree@gmail.com

From the Archive:

GENERAL SERVICE BOARD OF ALCOHOLICS ANONYMOUS, INC.

468 PARK AVENUE SOUTH, NEW YORK, NY 10016 (212) 686-1100

(Between 31st and 32nd Streets)

GENERAL SERVICE OFFICE

Please direct all communications to:

P.O. BOX 459
GRAND CENTRAL STATION
NEW YORK, NY 10163
CABLES: ALNONYMOUS, NEWYORK
TELEX: 126822

December 28, 1987

[REDACTED]
Fort Collins, CO 80525

[REDACTED]

Thank you for your letter of December 15th. My name is John Grant and I am an alcoholic, currently responding to Curtis Monahan's mail who happens to be your area Staff person.

Let me try to answer your letter by first quoting the Advisory Actions from the 22nd General Service Conference of Alcoholics Anonymous.

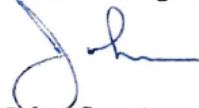
Alcoholics Anonymous, feels that G.S.O. should not be asked to intervene or otherwise involve itself in local disputes or misunderstandings.

The reason this was done, was to preserve autonomy. Each group's Central Office or other function within A.A. is autonomous. The Staff here at G.S.O. only shares historical Fellowship experience. We also furnish guidelines which have been approved by the General Service Conference. With nearly 40,000 A.A. group in the Unites States and Canada it would be very difficult to have guidelines that totally fix every situation. Therefore, it is suggested that you try to iron out these problems in your district by collective group conscience of all the groups in the area. We all have the same ultimate goal, which is to carry the message of A.A.

We are enclosing background material on actions taken by the past General Service Conferences, and Guidelines on "Central or Intergroup Offices", "A.A. Answering Services" and "Relationship between A.A. and Al-Anon". We hope this will help you to resolve your problem.

[REDACTED] it is dedicated members like you who are the very backbone of A.A. It warms our hearts here at G.S.O. to know the message is being carried by such a wonderful group of people. We send you wishes for a Happy and Sober Holiday Season.

Warmest regards,



John Grant
General Service Staff

JG:dgs
Encs.

Mark Your Calendars and Make Plans to Attend the 2025 A.A. International Convention

Vancouver, British Columbia, Canada

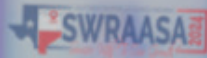
July 3-6, 2025

Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of our Fellowship's founding.

Please check the Convention webpage at www.aa.org/international-convention for more information, the latest news, and FAQs. As the Convention approaches, the page will be updated with registration information.

Taking place once every five years, the A.A. International Convention marks the anniversary of Bill W.'s first meeting with Dr. Bob and the birth of Alcoholics Anonymous in 1935. At the Convention, members and their families and friends from around the world attend meetings, workshops, dances, and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide.

**Let's celebrate sobriety together in
Vancouver in 2025!**



SAVE THE DATE

OCTOBER 11-13, 2024

Renaissance Dallas Richardson Hotel
900 E Lookout Drive
Richardson, TX 75082

**Registration and Hotel Booking
Information Available
October 7, 2022**

swraasa2024.org

Colorado State Convention 2024

Presented by Area 10 Alcoholics Anonymous in cooperation with
Area 5 Al-Anon Family Groups

320 Central Main St, Pueblo, CO 81003- August 16th - 18th, 2024

For Preliminary Program and Updated Information

Go Online: https://www.coloradoaa.org/convention_info/

Or

Email Registration Chair at conventioneven@coloradoaa.org

speakers & Events:

Friday Evening AA Speaker: TBD

Friday Evening: Ice Cream Social

Saturday Al-Anon Luncheon: TBD

Saturday Evening: Banquet Dinner

Saturday Evening Al-Anon Speaker: TBD

Saturday Evening AA Speaker: TBD

Sunday Morning AA Speaker: TBD

Workshops, Continuous Meetings, and Videos in

English & Spanish

PLEASE JOIN US!

The convention runs from 3 p.m. Friday to 12 p.m. Sunday.

Lodging: Courtyard by Marriott Pueblo Downtown

Address: 110. W. 1st Street, W City Center Dr, Pueblo, CO 81003

Phone:

(719) 542-3200

<https://www.marriott.com/events/start.mi?id=1690831546618&key=GRP>

Register online at <https://www.convention.coloradoaa.org>,

or complete the form below and MAKE CHECKS PAYABLE TO: 2024 State Convention



AA Al-Anon/Alateen.

Registration \$35.00 After 7/12/24 \$40.00

Friday Evening Ice Cream Social \$12.00

Saturday Al-Anon Luncheon \$35.00

Saturday Evening Banquet Dinner \$42.00

Dance \$5.00

Bottomless Coffee Mug \$20.00

Package Price \$149.00

Contributions \$ _____

Total Enclosed \$ _____

Member Registration Information:

Name on _____

Badge _____

Home Group _____

Name _____

Address _____

City _____ State _____

Zip Code _____ Phone (____) _____

Email _____

I'd like to volunteer!

For "Special Needs" consideration, please e-mail us at conventioneven@coloradoaa.org (every effort will be made to accommodate special requests). On-site registration will be open from 3 p.m.—9 p.m. Friday, August 16th, and at 8 a.m., Saturday, August 17th, 2024