



February 2025

We are well on our way into the winter months! Spring is just around the corner, 33 days to be exact! I want to give a huge shout out to everyone that helped with the office make over! I also appreciate everyone's patience with my healing journey. If you would like a printable version click [HERE](#)

Please don't hesitate to reach out if I can be of service or if you have suggestions for how we can better serve the AA community of Northern Colorado. You can reach me via [email](#), or by using the [form](#) on the website, or by calling the office at 970-224-3552.

We've got a lot of changes planned in the coming months at the Central office. Stay tuned for big news!

-Sarah B



- [Steering Committee Elections 2025](#), Applications are due February 28th
- [2025 Tri-Town Unity Dinner](#), Feb 15th, Frederick, CO
- [Into Action Workshop](#), Feb 16th, Fort Collins, CO
- [13th Annual Burlington Carousel of Recovery](#), Feb 22, Burlington, CO
- [Berthoud Round Up](#), Feb 22, Berthoud, CO
- [Rule 62 YPAA Language of the Heart Dance](#), Feb 22, Fort Collins, CO
- [2025 Annual Round Robin](#), Feb 23rd, Brush, CO
- [We Aren't A Glum Lot](#), March 1 Loveland, CO
- [Spring Assembly](#), March 21-23, 2025 Fort Collins, CO
- [Longtimers Tales](#), 1st Wednesday of the month, Loveland, CO
- [CPC Meeting](#), 2nd Thursday of the month, Fort Collins, CO
- [FCSYPAA 2025 Annual Camp Out](#), June 20-22, 2025 Navajo State Park, New Mexico

* Tenth Annual *

We Aren't A Glum Lot

Headliner:

Nancy Norton

MARCH

1st

**7:30
PM**

Feature Act:

Marty Quinn

Hosted by:

**George
Benefiting
McClure
Northern
Colorado
Intergroup**

*Doors open
6:30*



\$25
SUGGESTED
DONATION*

*Purchase
at
NoCoAA.org

COMEDY NIGHT AT THE RIALTO THEATER

228 E 4TH ST, LOVELAND, CO

"We have been dealing with alcohol in its worst aspect. But we aren't a glum lot. If newcomers could see no joy or fun in our existence, they wouldn't want it. We absolutely insist on enjoying life..."

What positions are open?

Join the Northern Colorado Intergroup

STEERING COMMITTEE

We are currently looking for AA members to fill 5 roles:

- Chair
- Vice Chair
- Secretary
- Assistant Secretary
- Member at Large

Learn more about each position at <https://nocoaa.org/2025-steering-committee-elections/>



Who are we?

Learn more about how Intergroup encourages mutual support and cooperation among A.A. groups in our Bylaws and Procedure Guide OR explore what it means to participate in NCIG in our IGR packet, found at nocoaa.org/resources/

Got questions?

Learn more about how Intergroup works in our Bylaws and Procedure Guide, found at nocoaa.org/resources/ncig-bylaws/

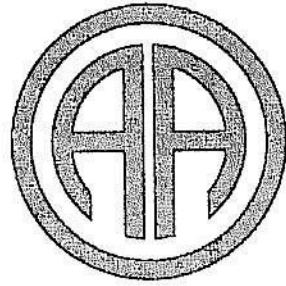
Nominate yourself or a peer

Learn more & express interest at <https://bit.ly/NCIGSteeringForm2025> or scan the QR code
**NO LATER THAN 5pm
Fri, Feb 28, 2025**



2025 Tri-Town

Unity Dinner



Saturday | Feb 15th | 5pm

Food & Fellowship • All Are Welcome!

Join us for this upcoming speaker meeting and dinner in the town of Frederick! This event is organized by the **Alcoholics Anonymous** groups in the Tri-Town Area and Primary Purpose of Johnstown.

Your presence would make the event even more special.

We look forward to seeing you there!

Speakers:

Rob S. 12 Years

Russell B. 15 Years

**7781 Mountain View Drive.
Frederick, CO 80530**



SERVICE IN ACTION

WORKSHOP ON AA'S 12 CONCEPTS FOR WORLD SERVICE

Learn about the 12 Concepts with Area 10 Delegate, Martha M.
Discover local service opportunities from District 21 Committees

Coffee, Tea, & Light Refreshments Provided
Feel free to bring snacks to share!

Sunday, Feb 16, 2025

2 - 4:30 pm

Council Tree Covenant Church

4825 S Lemay Ave | Fort Collins, CO 80525

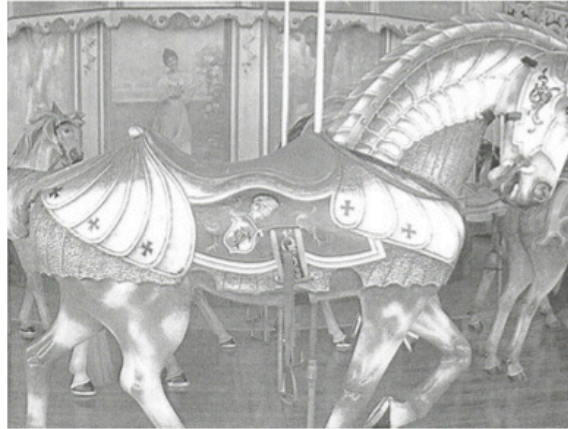
OR

Join via Zoom at <http://bit.ly/4eXCZXU>

For questions, email District21Lauren@gmail.com



13TH Annual Burlington Carousel of Recovery



Saturday Feb 22, 2025

Come join us for a day of Recovery, Speakers and great Fellowship... and of course... delicious Chili!

Location: Burlington Community Building- 340 S. 14th Street Burlington, CO 80807.

Friday night: We usually have a "meet the speakers" supper followed by an open AA/Alanon meeting. Contact for more information.

Saturday: Registration begins at 9:00 am MST followed by AA and Alanon speakers, raffle, silent auction, sobriety countdown, and the Annual Chili Contest with prizes awarded for the best chili and the best table presentation.

Scheduled Speakers: AA speakers: Sara M - Limon, CO and Patrick M - Ft Collins

Alanon speaker: Sharon B - Norton, KS

Please bring your best chili or a side dish / dessert to share along with auction and raffle items.

For more information contact: Mark E : 719-342-0436 or Tiffany C : 719-342-9984

BERTHOUD - 2025 - ROUNDUP

February 22, 2025
(doors open at: 2:00)

BROOKSIDE GARDENS
619 E. County Rd. 8, Berthoud, CO 80513

COST

Come for fellowship, AA and Al-Anon guest speakers, food & fun, for only \$30.00!

SCHEDULE

2:30 PM: Fellowship

3:30 PM: Al-Anon Speaker: Jennifer C. (Denver)

5:00 PM: Gourmet Dinner (see website for full menu)

6:30 PM: AA Speaker: Eddie D., Chicago, IL

7:45 PM: Desserts and Closing
(doors close at: 8:45)

SILENT AUCTION AND MULTIPLE DRAWINGS

Bring cash to buy tickets for a "full 12-Step Length!"

Visit our website or scan QR below for details (Cash or Checks Only)

Checks can be made payable to Berthoud Roundup
and mailed to 617 5th St, Berthoud CO 80513

Please send your phone number with your check so your tickets can be texted to you.

SEATING IS LIMITED; Purchase your tickets NOW!

www.BerthoudRoundup.com



Questions?

Call Vicki S: 720.333.5007

We're looking forward to another enjoyable night
of Fellowship, Speakers, Music and Dinner!

RULE 62 YPAA

SATURDAY, FEBRUARY 22

♥ RULE 62 YPAA IS HOSTING A
REGISTRATION DRIVE TO SUPPORT THE
COLORADO CONFERENCE FOR YOUNG
PEOPLE IN AA! ♥



APPETIZER & DESSERT POTLUCK - SPEAKER - DANCE



301 E DRAKE RD. FORT COLLINS, CO

Admission is a suggested donation of \$10 or
FREE if you pre-register for CCYPAA!

Register for
CCYPAA here!



FOR QUESTIONS, CONTACT ISABEL S. AT 505-417-8124



ALCOHOLICS ANONYMOUS-Your Life Group

AL-ANON-Release With Love

2025 ROUND ROBIN

SUNDAY, FEBRUARY 23RD, 2025

Doors Open-10:00am

Appetizers-10:30am

First Speaker-12:00pm

Lunch Served-1:00pm

Entrée, Coffee, and drinks will be provided.

Please bring side dish or dessert.

SPEAKERS-RAFFLES-FOOD-SILENT AUCTION

SPEAKERS-Joe G.-AA (Yuma) **Joe N.-AA (Yuma)

Ross H. AA (Simla)**Marcia S.-AlAnon (Denver)

Brush Fairgrounds 4-H Bldg.-750 Ellsworth Street Brush, CO

Contact-Jeremy-303-241-4885 or Sharon-970-391-8925

Area 10 Colorado AA

SPRING ASSEMBLY 2025

March 21-23, 2025

**FORT
COLLINS**

Hilton Hotel
425 W Prospect Rd
Fort Collins, CO 80526
(970) 482-2626



*Hotel rooms with a Friday arrival
are available at the block rate of
\$129 per night.
Book your room at*

*[https://www.hilton.com/en/attend-my-
event/2025-colorado-aa-area-assembly/](https://www.hilton.com/en/attend-my-event/2025-colorado-aa-area-assembly/)*
Or call 800-768-0605 and ask for the

*2025 Colorado AA Area Assembly
with the booking code **90J**. Parking
is free for hotel guests. Non-guests
pay a \$15.00 parking fee*

Open Meetings:

Friday night 9pm

Saturday Morning 7am

Sunday Morning 7am

Saturday Evening Speakers

AI-Anon Speaker at 7pm

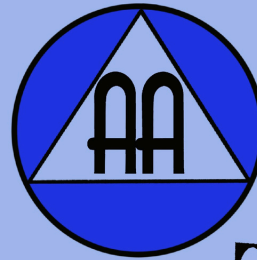
AA Speaker at 8pm

Lunch Taco Bar
Ice Cream Social

Saturday Noon \$25
Saturday Night \$15

Coffee will be available for purchase
Cash and Venmo payments will be accepted on site

District 21 Archives
Presents



Longtimers Tales



**Longtimers speakers;
February. Lisa M.
March. Dan F.
April. George M.
May. Brent K.**

Experience,
strength and hope
freely dispensed
the 1st
Wednesday of the
month.

SOBER 20+ YEARS

7PM ONLINE &

IN PERSON

1 ASPEN DR. LOVELAND, CO

ID 860 9176 1168

PSWD drbob

669-900-6833



AA OUTREACH!

Cooperation with the Professional Community Committee (CPC)

**53% of AA members were referred to AA
By a professional, were you?**

Help carry the message of recovery

In AA to professionals in our community

Your local CPC Committee meets

The 2nd Thursday of each month

5:30 pm, 301 E. Drake, Ft. Collins

**Questions? Contact Nancy K.
nancyekuehl@gmail.com**





**FOUR CORNERS
SUMMIT OF YOUNG
PEOPLES AA
FELLOWSHIP
CAMPOUT**



**FRIDAY, JUNE 20TH
THROUGH
SUNDAY, JUNE 22ND**

HOSTED BY DURANGO YOUNG PEOPLES



**BREAKFAST, LUNCH, AND
DINNER INCLUDED WITH
TICKETS!
MEETINGS, YOGA,
SWIMMING, ARTS AND
CRAFTS, AND MORE!**

**NAVAJO LAKE STATE PARK,
NEW MEXICO**

**SIMS MESA CAMPGROUND:
SITES M6 - M10 AND M12**

*** TENT CAMPING ONLY *
RV SITES CAN BE PURCHASED
SEPARATELY, CONTACT US
FOR RECOMENDATIONS**

**PRE-REGISTRATION: \$35
"AT THE DOOR:" \$40**
TICKETS AND RV SPOTS:

**SPACE IS LIMITED!
REGISTER NOW!**



SCAN QR CODE TO GET IN CONTACT WITH US AND JOIN THE FACEBOOK GROUP



Step 2

Came to believe that a power greater than ourselves could restore us to sanity.

Tradition 2

For our group purpose there is but one ultimate authority- a loving God as He May express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.



February

- Cherri B. - 28 years
- Dana B. - 4 years
- Deb H. - 14 years
- DeDe VK. - 40 years
- Jeffrey O. - 10 years
- Karen B. - 32 years
- Kolby - 13 years
- Larry M. - 20 years
- Michael R. - 20 years
- Missy M. - 14 years
- Natasha W. - 19 years
- Nicole P. - 4 years
- Rory R. - 6 years
- Sandy K. - 12 years



Meeting of the Month

Every month I would like to highlight a meeting that could use OUR support, whether it be a new meeting just getting started or an older meeting struggling to stay alive. It may even be a meeting that you love and just want to share with others.

This Month I would like to recognize The Lunch Bunch. This is a new meeting on the CSU campus. It is open to everyone not just students. It meets on Fridays at Noon and is a book study meeting, using The Twelve Steps and Twelve Traditions. Parking is FREE! All service positions are waiting to be filled! You can find more info [HERE](#)

If you would like to nominate a meeting, you can [email](#) me. Please include any helpful info about the meeting.



Volunteer Opportunities

Contact us if you would like to get involved or find a way to be in service.

call us at (970) 224-3552

[Email](#)

or you can fill out this [form](#)

12 Step Volunteers

If you are a 12-step volunteer and wish to continue being available for these crucial phone calls, please reach out to the office so we can update our list.



Embracing Self-Love and the Twelve Steps of A.A.

February, often associated with love due to Valentine's Day, offers a timely reminder of the importance of self-love and compassion. While the month is filled with expressions of affection for others, it is equally, if not more important, to show ourselves enough love to grant ourselves grace. Being kinder and gentler to ourselves, allowing room for mistakes, and fostering growth from those mistakes, can be transformative. This journey aligns harmoniously with the principles of the Twelve Steps of A.A., providing a structured path to self-improvement and healing. The Twelve Steps provides a supportive framework to guide us through this journey.

Self-love is a foundational element of mental and emotional well-being. It involves recognizing our worth and treating ourselves with the same kindness and respect that we would offer to a dear friend. This practice enables us to navigate life's challenges with resilience and grace. Granting ourselves grace means forgiving ourselves for our imperfections and understanding that making mistakes is a natural part of the human experience. It involves letting go of harsh self-criticism and embracing a more compassionate inner dialogue.

By doing so, we create a safe space for personal growth and development. Being kind to ourselves involves more than just positive affirmations. It includes setting healthy boundaries, prioritizing self-care, and acknowledging our achievements, no matter how small. This kindness fosters a positive self-image and enhances our overall quality of life. Surrounding ourselves with supportive individuals who understand and respect our journey is crucial. This community can be found within A.A. Acknowledging that perfection is unattainable allows us to embrace our flaws and cultivate a mindset of continuous improvement. Every mistake is an opportunity for growth and learning. Remember Progress Not Perfection!

Sarah B.



We're Grateful For All Your Group Donations!

Thank you to all of the groups who donated to help keep the Central Office going so that we can keep serving all of you and continue to be here when a newcomer reaches out.

Learn more about donating [here](#)



We're Grateful For You, Too!

Thank you to all of our Faithful Fivers – we appreciate all of you more than we can say. We'd love to recognize you all individually here but you know... that darn anonymity!

So, we'll just say a big giant, THANK YOU to each and every one of you. Please know we appreciate you!

Learn more about becoming a Faithful Fiver [here](#).