



March 2025

Welcome Daylight Savings time! I know I'm ready for longer days and shorter nights! Spring is a mere 6 days away. The spring assembly is coming up, NCIG will have a table there make sure to stop by and say "Hi". We also have the PLBB(Plain Language Big Book) in stock along with the 2024-2026 service manuals.

Please don't hesitate to reach out if I can be of service or if you have suggestions for how we can better serve the AA community of Northern Colorado. You can reach me via [email](#), or by using the [form](#) on the website, or by calling the office at 970-224-3552.

-Sarah B



[Steering Committee Elections, March 17, 2025 Fort Collins](#)
[Spring Assembly, March 21-23, 2025 Fort Collins](#)
[Panhandle AA Jamboree, April 11-13, 2025 Scottsbluff, NE](#)
[Area 10 Corrections Conference, April 12, 2025 Steamboat Springs](#)
[CPC Committee Meeting, 2nd Thursday of each month, Fort Collins](#)
[Longtimers Tales Speaker Meeting, 1st Wednesday of each month, Loveland](#)
[FCSYPAA 2025 Annual Camp Out, June 20-22, 2025 New Mexico](#)

What positions are open?

Join the Northern Colorado Intergroup

STEERING COMMITTEE

We are currently looking for AA members to fill 5 roles:

- Chair
- Vice Chair
- Secretary
- Assistant Secretary
- Member at Large

Learn more about each position at <https://nocoaa.org/2025-steering-committee-elections/>



Who are we?

Learn more about how Intergroup encourages mutual support and cooperation among A.A. groups in our Bylaws and Procedure Guide OR explore what it means to participate in NCIG in our IGR packet, found at nocoaa.org/resources/

Got questions?

Learn more about how Intergroup works in our Bylaws and Procedure Guide, found at nocoaa.org/resources/ncig-bylaws/

Nominate yourself or a peer

Learn more & express interest at <https://bit.ly/NCIGSteeringForm2025> or scan the QR code
**NO LATER THAN 5pm
Fri, Feb 28, 2025**



Area 10 Colorado AA

SPRING ASSEMBLY 2025

March 21-23, 2025

**FORT
COLLINS**

Hilton Hotel
425 W Prospect Rd
Fort Collins, CO 80526
(970) 482-2626



*Hotel rooms with a Friday arrival
are available at the block rate of
\$129 per night.
Book your room at*

*[https://www.hilton.com/en/attend-my-
event/2025-colorado-aa-area-assembly/](https://www.hilton.com/en/attend-my-event/2025-colorado-aa-area-assembly/)
Or call 800-768-0605 and ask for the*

*2025 Colorado AA Area Assembly
with the booking code **90J**. Parking
is free for hotel guests. Non-guests
pay a \$15.00 parking fee*

Open Meetings:

Friday night 9pm

Saturday Morning 7am

Sunday Morning 7am

Saturday Evening Speakers

AI-Anon Speaker at 7pm

AA Speaker at 8pm

Lunch Taco Bar
Ice Cream Social

Saturday Noon \$25
Saturday Night \$15

Coffee will be available for purchase
Cash and Venmo payments will be accepted on site



LXX: Live Xtraordinary Xperiences

Panhandle AA Jamboree **April 11-13, 2025**
 Where: Hampton Inn, 301 West Highway 26, Scottsbluff, NE (308-635-5200)

<u>2025 AA Speakers</u>	<u>2025 Al-Anon Speakers</u>
Ken H: Belle Vista, AR	Joyce J: Buffalo, WY
Joy H: Kansas City, MO	Terry R: Wichita, KS
Darin H: Kansas City, MO	Jerry S: Denver, CO
Doris B: Midvale, UT	

For Info: Terry L (308)249-6526 or panhandlejamboree@gmail.com
 Make checks payable to and mail to **Panhandle Jamboree Committee**
PO Box 256
Scottsbluff, NE 69363

...Re...gis...ter b...y 3/...14/... 202...5 fo...r fre...e m...ug ...and... con...tact... the... hot.e...

Your Name(s):				
Description	Price	Quantity	Total	
Pre-Registration for the weekend	\$30			AA? Al-Anon?
Registration at the door	\$35			
Saturday Night Banquet Must purchase by 3/14/2025	\$30			
T-shirt Pre-order Purchase by 3/14/2025	\$18			Circle Size Circle Size S M L XL S M L XL XXL XXL
Scholarship Donation				
Amount Enclosed				



APRIL 12, 2025 AREA 10 ANNUAL CORRECTIONS CONFERENCE

THE PURPOSE OF THE AREA 10 CORRECTIONS CONFERENCE IS TO SERVE BOTH AS AN EDUCATIONAL TOOL AND AS AN EXCHANGE OF INFORMATION, BETWEEN A.A. MEMBERS AND CORRECTIONS RELATED PROFESSIONALS, AS WELL AS THOSE INTERESTED IN BECOMING INVOLVED IN THIS REWARDING AREA OF SERVICE WORK.



**HOSTED BY
DISTRICT 1**

**PROGRAM &
SPEAKER
INFORMATION TBD**

**BREAKFAST MEAL
PROVIDED & CHILI
POTLUCK LUNCH**

**\$12 REGISTRATION
AT THE DOOR. CASH
& VENMO ACCEPTED**

**STEAMBOAT SPRINGS
COMMUNITY CENTER**

1605 LINCOLN AVE.
STEAMBOAT SPRINGS, CO

RYAN M. 970-875-4349

8AM - 4PM

District 21 Archives
Presents



Longtimers Tales



**Longtimers speakers;
February. Lisa M.
March. Dan F.
April. George M.
May. Brent K.**

Experience,
strength and hope
freely dispensed
the 1st
Wednesday of the
month.

SOBER 20+ YEARS

7PM ONLINE &

IN PERSON

1 ASPEN DR. LOVELAND, CO

ID 860 9176 1168

PSWD drbob

669-900-6833



AA OUTREACH!

Cooperation with the Professional Community Committee (CPC)

**53% of AA members were referred to AA
By a professional, were you?**

Help carry the message of recovery

In AA to professionals in our community

Your local CPC Committee meets

The 2nd Thursday of each month

5:30 pm, 301 E. Drake, Ft. Collins

**Questions? Contact Nancy K.
nancyekuehl@gmail.com**



**FOUR CORNERS
SUMMIT OF YOUNG
PEOPLES AA
FELLOWSHIP
CAMPOUT**



**FRIDAY, JUNE 20TH
THROUGH
SUNDAY, JUNE 22ND**

HOSTED BY DURANGO YOUNG PEOPLES



**BREAKFAST, LUNCH, AND
DINNER INCLUDED WITH
TICKETS!
MEETINGS, YOGA,
SWIMMING, ARTS AND
CRAFTS, AND MORE!**

**NAVAJO LAKE STATE PARK,
NEW MEXICO**

**SIMS MESA CAMPGROUND:
SITES M6 - M10 AND M12**

*** TENT CAMPING ONLY *
RV SITES CAN BE PURCHASED
SEPARATELY, CONTACT US
FOR RECOMENDATIONS**

**PRE-REGISTRATION: \$35
"AT THE DOOR:" \$40
TICKETS AND RV SPOTS:**

**" SPACE IS LIMITED!
REGISTER NOW! "**



SCAN QR CODE TO GET IN CONTACT WITH US AND JOIN THE FACEBOOK GROUP



Step 3

Made a decision to turn our will and our lives over to the care of God as we understood Him.

Tradition 3

The only requirement for A.A. membership is a desire to stop drinking.



March

- Amy J. - 5 years
- Ashley M. - 10 years
- Carley R. - 9 years
- De De V. - 40 years
- Deb H. - 14 years
- Don E. - 22 years
- Dondi - 6 years
- Joe E. - 44 years
- Judy B. - 55 years
- Kim G. - 37 years
- Kris C. - 8 years
- KT - 44 years
- Missy - 14 years
- Rhonda G. - 1 year
- Shona B. - 12 years

If you would like to have your Birthday in the newsletter, please email us



Meeting of the Month

Every month I would like to highlight a meeting that could use OUR support, whether it be a new meeting just getting started or an older meeting struggling to stay alive. It may even be a meeting that you love and just want to share with others.

This Month I would like to recognize Fort Collins Group. This meeting used to be known as the hospital meeting and was held in Poudre Valley Hospital. It is the oldest meeting in Fort Collins. It's a great blend of newcomers and long-term sobriety. The meeting is open and discussion based with its birthday meeting the last Sunday of the month, if there is an extra week in the month the 4th Sunday is a speaker meeting. You can find more info [HERE](#)

If you would like to nominate a meeting, you can [email](#) me. Please include any helpful info about the meeting.



Volunteer Opportunities

Contact us if you would like to get involved or find a way to be in service.

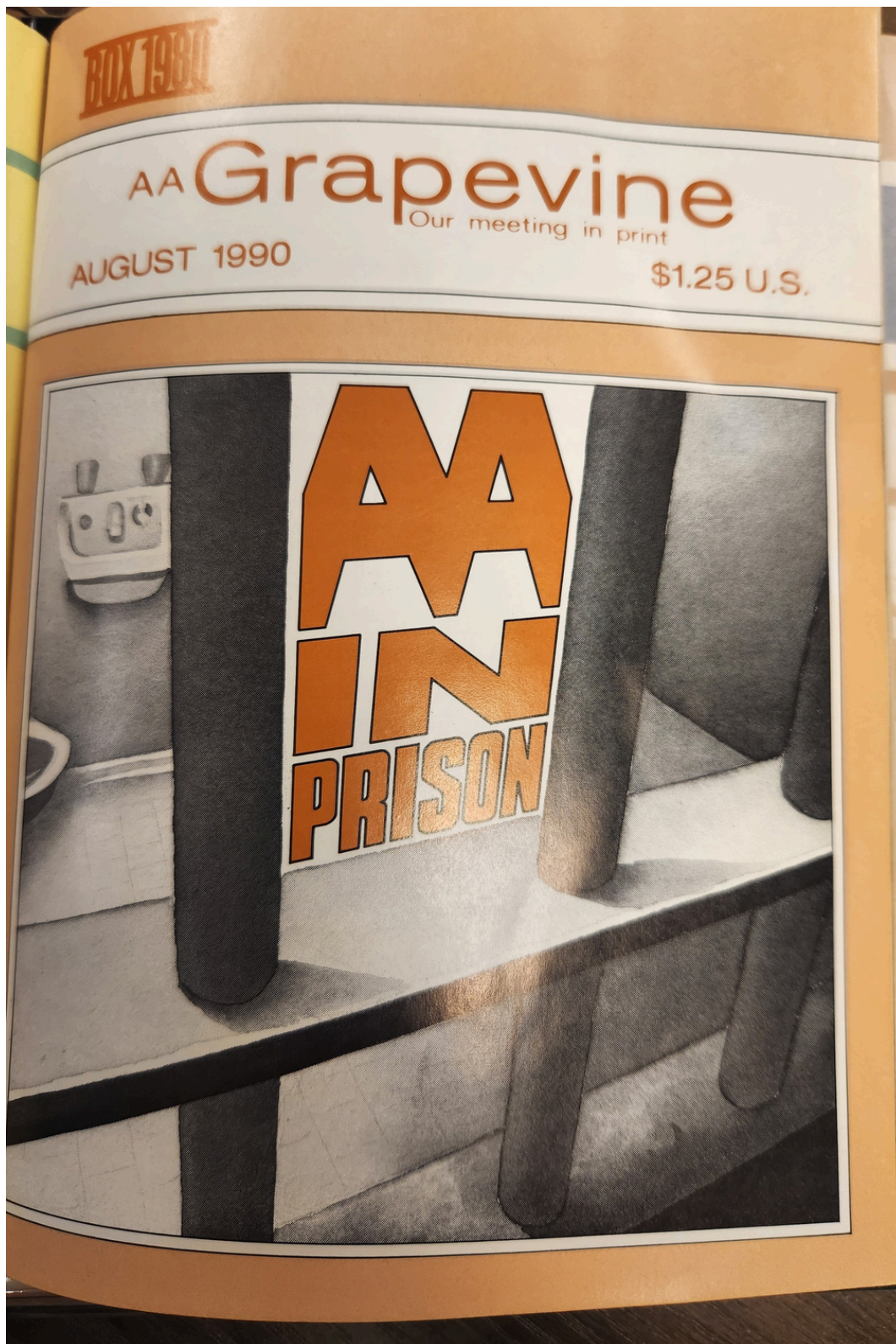
call us at (970) 224-3552

[Email](#)

or you can fill out this [form](#)

12 Step Volunteers

If you are a 12-step volunteer and wish to continue being available for these crucial phone calls, please reach out to the office so we can update our list.



The Lucky Ones

It was five in the morning when the patient arrived. She was badly mangled with many broken bones and a collapsed lung. Her face and body were covered with cuts and bruises and she would need a machine to assist her breathing. This was not an unusual scene for me, but as I carried out my duties as a trauma intensive care nurse, a sudden chill ran through me. It was different for this patient. If and when she survived, someone would have to tell her that her car had struck and killed three people.

The patient was a twenty-seven-year-old female who had been driving drunk when she hit another car. In the other car were a man and his two children out delivering morning newspapers. All three were dead now. But this patient was alive.

As I worked to save her, my heart went out to the wife and mother who would now be alone. But I also felt something for this patient and her predicament. I am twenty-eight years old and an alcoholic. So as I worked, I reflected on my five months of sobriety in AA and how it came to be.

One summer night, I had gone out partying as usual. Only this time it had ended differently. Sometime after midnight I must have decided to drive home against the advice of my friends. (Did you ever try to persuade an alcoholic who was drunk not to do something?) I came out of a black out in an awful jail where people were ordering me around and not too politely. I was a nurse and a respected person and who did they think they were, treating me like this? I soon found out what had happened and why they were so mad at me. In my black out I had hit a parked police car and smashed it up pretty bad. No one had been in it, thank God. I was arrested for driving under the influence of alcohol and that's why I was there. but that was not all. Apparently, during the arrest, I told this officer that I was an ICU nurse, thinking that I could get out of it. I had been pulled over for drinking and driving once or twice before and had gotten out of it by telling them I was a nurse. This time it didn't work. I was drunk and I'd smashed up his car and he didn't care who I was.

The next morning, after being released from jail, I was sitting in my living room feeling sorry for myself when I received a phone call. The call was from my boss and she informed me that my director of nursing had just received a call from the police department. They told her what had happened, adding that I had threatened the police officer by telling him that I hoped no cops would ever be patients in the unit where I worked because I would get revenge. Can you imagine my surprise? I was sick at the thought. Could I have possibly said something like that? I loved my job and tried to treat all patients with kindness and respect. But how could I deny it when my memory of the whole thing was a blur? It seemed it was their word against mine. Fortunately, I didn't lose my job although I was suspended for two days and called in for counseling. Somehow I managed to convince them (I think) that I did not have a drinking problem. I never drank before or during work - only after- so how could I have a drinking problem? And before now, I never thought my drinking would affect my job.

After two days and much pain and humiliation, I returned to work and somehow thought things would return to normal. But drinking would never be the same for me. The fears and guilt I'd felt before were now greatly magnified and I was terrified of what might happen on my next blackout. I knew there would be more of them.

Shortly after that I stated attending AA meetings on the recommendation of the court: they said, "if you want your driver's license back you will go." For about six weeks, I attended meetings and started reading the Big Book, but I was still unwilling to give up the alcohol. Finally, after thirty or forty meetings, I quit fighting the denial and let go. I admitted I was an alcoholic, accepted it, and picked up my white chip- the surrender chip. I had decided to ask for help to try and stop drinking one day at a time. I asked a God I had long since forgotten about to please help me. A wonderful lady with eleven years of sobriety was put into my life and she became my sponsor. And all of these things I thought about as I took care of this twenty-seven-year-old patient.

I am one of the lucky ones. Today I have sixteen months of continuous sobriety in the Fellowship of AA. I have had the love and support from many wonderful recovering alcoholics. I have a loving sponsor who I think of as my guardian angel. God was directing my life before I even asked him to. He had plans for me that I didn't know about. I had a chance after one year of sobriety to make amends to my boss. I told her about my new life and her eyes filled with tears as she hugged me. I have had a wonderful work evaluation and have advanced my career. I have finally wrapped up the last of the consequences of the DWI (money, driver's license, etc.)

Today I am trying to live as an example of what AA and sobriety can do. My life was a mess when I came to AA and I didn't even know it. No one could have convinced me when I was drinking that a life without alcohol could be anything but dull. I had to find out for myself how good it could be. Today I have many AA friends my own age, I have been to young people's conferences and met many new people. I love my work and occasionally get the opportunity to help another alcoholic who wants it. I love life today and I look forward to each new day.

As for my patient, she recovered fully from her injuries after three months in our ICU. I don't know what ever became of her or how she is doing, but I pray for her sometimes and think about her often. You see, we are the lucky ones. I thank you all for giving me this second chance at life.

**Kim D., Ormond Beach, FL
Grapevine August 1990**



We're Grateful For All Your Group Donations!

Thank you to all of the groups who donated to help keep the Central Office going so that we can keep serving all of you and continue to be here when a newcomer reaches out.

[Learn more about donating here](#)



We're Grateful For You, Too!

Thank you to all of our Faithful Fivers – we appreciate all of you more than we can say. We'd love to recognize you all individually here but you know... that darn anonymity!

So, we'll just say a big giant, THANK YOU to each and every one of you. Please know we appreciate you!

Learn more about becoming a Faithful Fiver [here](#).