

April 2025

Spring is here!! I want to give a huge shout out to the outgoing members of the Steering Committee! Thank you, Rhonda N., Dan S., Amy J., and Marilyn N. for all that you've done. Next Month we will be hearing from our newly elected steering committee members.

We have the new A.A. Service Manuals in stock at the office, A.A. World Services will be raising prices on them in May so be sure to take advantage of the lower price. Hope everyone has a Hoppy Easter!

You'll find a printable version of the newsletter [here](#).

Please don't hesitate to reach out if I can be of service or if you have suggestions for how we can better serve the AA community of Northern Colorado. You can reach me via [email](#), or by using the [form](#) on the website, or by calling the office at 970-224-3552.

-Sarah B



- Panhandle AA Jamboree, April 11-13, 2025 Scottsbluff, NE
- Area 10 Corrections Conference, April 12, 2025 Steamboat Springs
- 2nd Annual Unity Dinner, April 26, 2025 Greeley, CO
- CCYPAA (Colorado conference of Young People in AA) May 2nd-4th, Denver, CO
- FCSYPAA 2025 Annual Camp Out, June 20-22, 2025 New Mexico
- Fellowship Of The Spirit Conference, July 24th - 27th, Estes Park, CO
- Colorado State Convention, August 29th - 31st, Loveland, CO
- 2025 Bridging The Gap Weekend Workshop, September 5th-7th, Los Angeles, CA
- CPC Committee Meeting, 2nd Thursday of each month, Fort Collins
- Longtimers Tales Speaker Meeting, 1st Wednesday of each month, Loveland



LXX: Live Xtraordinary Xperiences

Panhandle AA Jamboree **April 11-13, 2025**
 Where: Hampton Inn, 301 West Highway 26, Scottsbluff, NE (308-635-5200)

<u>2025 AA Speakers</u>	<u>2025 Al-Anon Speakers</u>
Ken H: Belle Vista, AR	Joyce J: Buffalo, WY
Joy H: Kansas City, MO	Terry R: Wichita, KS
Darin H: Kansas City, MO	Jerry S: Denver, CO
Doris B: Midvale, UT	

For Info: Terry L (308)249-6526 or panhandlejamboree@gmail.com
 Make checks payable to and mail to **Panhandle Jamboree Committee**
PO Box 256
Scottsbluff, NE 69363

...Re...gis...ter b...y 3/...14/... 202...5 fo...r fre...e m...ug ...and... con...tact... the... hot.e...

Your Name(s):				
Description	Price	Quantity	Total	
Pre-Registration for the weekend	\$30			AA? Al-Anon?
Registration at the door	\$35			
Saturday Night Banquet Must purchase by 3/14/2025	\$30			
T-shirt Pre-order Purchase by 3/14/2025	\$18			Circle Size Circle Size S M L XL S M L XL XXL XXL
Scholarship Donation				
Amount Enclosed				



APRIL 12, 2025 AREA 10 ANNUAL CORRECTIONS CONFERENCE

THE PURPOSE OF THE AREA 10 CORRECTIONS CONFERENCE IS TO SERVE BOTH AS AN EDUCATIONAL TOOL AND AS AN EXCHANGE OF INFORMATION, BETWEEN A.A. MEMBERS AND CORRECTIONS RELATED PROFESSIONALS, AS WELL AS THOSE INTERESTED IN BECOMING INVOLVED IN THIS REWARDING AREA OF SERVICE WORK.



**HOSTED BY
DISTRICT 1**

**PROGRAM &
SPEAKER
INFORMATION TBD**

**BREAKFAST MEAL
PROVIDED & CHILI
POTLUCK LUNCH**

**\$12 REGISTRATION
AT THE DOOR. CASH
& VENMO ACCEPTED**

**STEAMBOAT SPRINGS
COMMUNITY CENTER**

1605 LINCOLN AVE.
STEAMBOAT SPRINGS, CO

RYAN M. 970-875-4349

8AM - 4PM

2ND ANNUAL
UNITY DINNER
HOSTED BY DISTRICT 23



Saturday, April 26, 2025

5:00 PM: Doors Open

5:30 PM: Dinner

7:00 PM: Speaker

First United Methodist Church

917 10th Ave

Greeley, CO 80631



Fried Chicken Provided

Please bring a side dish based on your AA birthday:

Jan-Mar: potato salad; macaroni salad; your favorite dish

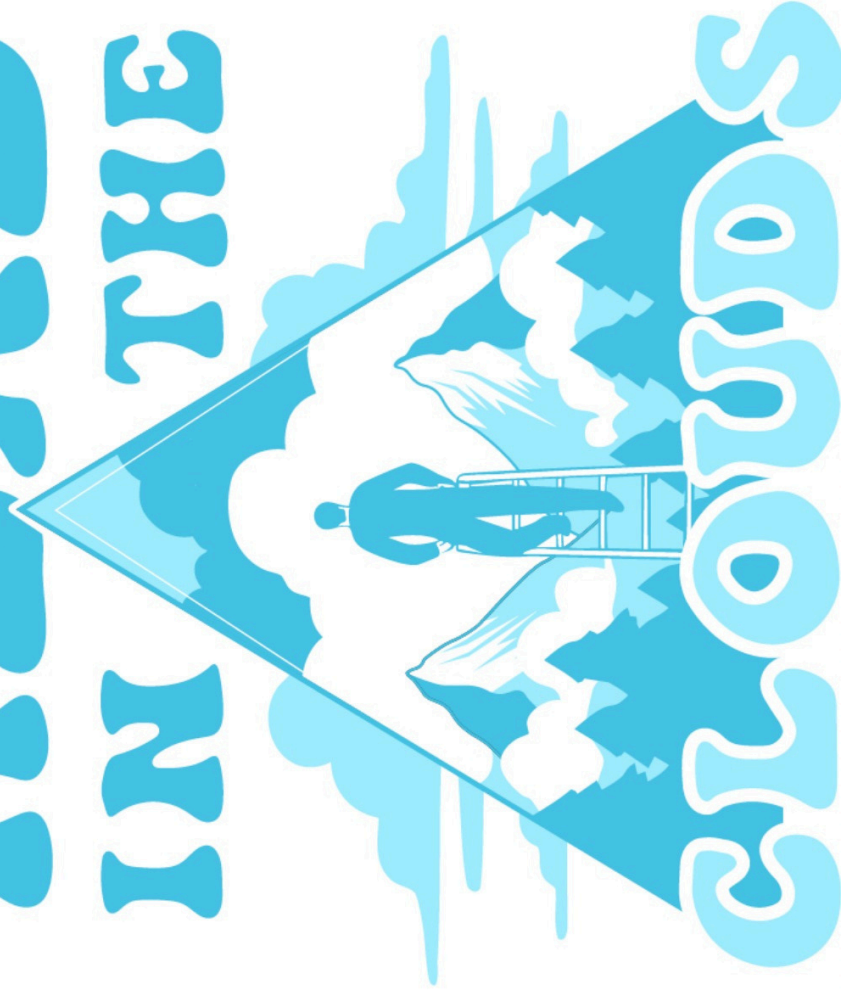
April-Jun: pasta salad; green salad

July-Sept: vegetable side; chips; snacks

Oct-Dec: dessert; fruit; drinks

CCYPAA 2025 • DENVER, CO • MAY 2-4, 2025

HEAD IN THE CLOUDS



More
Information
visit
CCYPAA.org



**FOUR CORNERS
SUMMIT OF YOUNG
PEOPLES AA
FELLOWSHIP
CAMPOUT**



**FRIDAY, JUNE 20TH
THROUGH
SUNDAY, JUNE 22ND**

HOSTED BY DURANGO YOUNG PEOPLES



**BREAKFAST, LUNCH, AND
DINNER INCLUDED WITH
TICKETS!
MEETINGS, YOGA,
SWIMMING, ARTS AND
CRAFTS, AND MORE!**

**NAVAJO LAKE STATE PARK,
NEW MEXICO**

**SIMS MESA CAMPGROUND:
SITES M6 - M10 AND M12**

*** TENT CAMPING ONLY *
RV SITES CAN BE PURCHASED
SEPARATELY, CONTACT US
FOR RECOMENDATIONS**

**PRE-REGISTRATION: \$35
"AT THE DOOR:" \$40**
TICKETS AND RV SPOTS:

**SPACE IS LIMITED!
REGISTER NOW!**



SCAN QR CODE TO GET IN CONTACT WITH US AND JOIN THE FACEBOOK GROUP



Fellowship of the Spirit Conference

At the Estes Park YMCA

July 24th - 27th, 2025

**This is a Big Book conference
for members of:**

- Alcoholics Anonymous
- Al-Anon
- Or any 12-step program

**Scan the QR to register for the
conference and book lodging now**



August 29th - 31st
Loveland

Register
Now



- Meetings
- Speakers
- Food
- Workshops
- Fellowship
- Dancing

3 DAYS of FUN!

Scan Me



ALCOHOLICS ANONYMOUS
2025 BRIDGING
THE

Workshop
Weekend

GAP

TEMPORARY CONTACTS

September 5th – 7th

Hosted by Area 5

The Greater Los Angeles Area

Sheraton Ontario Airport Hotel

429 N Vineyard Ave Ontario, CA 91764 (909) 337-8000

The Annual Bridging the Gap Workshop Weekend consists of presentations, discussions, shared experiences and breakout sessions.

PLEASE PRINT CLEARLY

I would like to volunteer to help

Email _____ Service Position _____ Area _____
Name _____ Phone _____
Address _____ City _____ State _____ Zip _____

breakout session topics you would like

Registration

Before July 1st \$50 EarlyBird In-Person Weekend Registration \$50

After July 1st \$60 In-Person Weekend Registration \$60

Saturday Only Day Pass \$40

Saturday Nite Banquet \$50

Online Attendance \$60

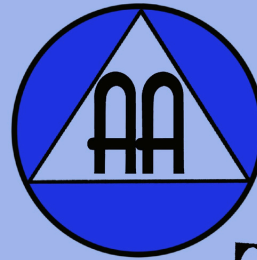
Vegetarian

Total Person One \$ _____

Register Online at BTGWW.org or Mail this form to and a check to:

BTGWW 10001 E Evans Ave #62D Aurora, CO 80247

District 21 Archives
Presents



Longtimers Tales



**Longtimers speakers;
February. Lisa M.
March. Dan F.
April. George M.
May. Brent K.**

Experience,
strength and hope
freely dispensed
the 1st
Wednesday of the
month.

SOBER 20+ YEARS

7PM ONLINE &

IN PERSON

1 ASPEN DR. LOVELAND, CO

ID 860 9176 1168

PSWD drbob

669-900-6833



AA OUTREACH!

Cooperation with the Professional Community Committee (CPC)

**53% of AA members were referred to AA
By a professional, were you?**

Help carry the message of recovery

In AA to professionals in our community

Your local CPC Committee meets

The 2nd Thursday of each month

5:30 pm, 301 E. Drake, Ft. Collins

**Questions? Contact Nancy K.
nancyekuehl@gmail.com**



Step 4

Made a fearless and searching moral inventory of ourselves.

Tradition 4

Each group should be autonomous except in matters affecting other groups or A.A. as a whole



April

- Beth P. - 14 years
- Beth S. - 13 years
- Brenda - 36 years
- Denise C. - 17 years
- Duane S. - 37 years
- Geena R. - 10 years
- George M. - 32 years
- Jean T. - 25 years
- Jim S. - 47 years
- Joni B. - 39 years
- Kirt B. - 37 years
- Kristin - 14 years
- Leslie W. - 18 years
- Sarah K. - 13 years
- Terry - 41 years
- Wendy W. - 16 years
- Wes P. - 32 years

If you would like to have your Birthday in the newsletter, please [email](#) us



Meeting of the Month

Every month I would like to highlight a meeting that could use OUR support, whether it be a new meeting just getting started or an older meeting struggling to stay alive. It may even be a meeting that you love and just want to share with others.

This Month I would like to recognize Step Sisters. It's a womans meeting held at 400 E. Boardwalk. The meeting is an open format, The 1st Wednesday focusses on Step study, the 2nd on the tradition of the month, 3rd is a speaker meeting and the 4th is a birthday/ fellowship meeting. You can find more info [HERE](#).

If you would like to nominate a meeting, you can [email](#) me. Please include any helpful info about the meeting.



Volunteer Opportunities

We currently have an open shift on Tuesday from 11am-1pm

Contact us if you would like to get involved or find a way to be in service.

call us at (970) 224-3552

[Email](#)

or you can fill out this [form](#)

12 Step Volunteers

If you are a 12-step volunteer and wish to continue being available for these crucial phone calls, please reach out to the office so we can update our list.



My story is about finding comfort in sugar, which for me is alcohol and other sugar species.

**what I was like
what happened
what I am like now**

BEFORE

bitter, angry, hopeless, full of fear, anxious, constantly hyper vigilant. Vultures circled my bed every morning.

WHAT HAPPENED

Over twenty -one years ago, I found Alcoholics Anonymous.

back story

Preemie baby in the 1950s, put into an incubator and not touch except by rubber gloves for first 40+ days of life. No human contact.

My mother never bonded with me. Outside the family circle. Multiple stories of her inability to show me any love. I no longer keep that resentment.

Age 6 riding on my rocking horse, I knew I would never marry and the only person who would take care of me was me.

My mission was survival. Find comfort. My Dad had alcohol daily, or he was an ass, and my mother had an eating disorder, a typical Irish Catholic household.

My first confession involved fabricated sins because of the anxiety; the next week, I confessed to my initial dishonesty.

First communion in my chubby girl outfit, I moved over to make room for Jesus to be with me. First spiritual experience.

**As a nurse anesthesiologist, I knew my problem. Not the behaviors of drinking every night in my dark basement, afraid walking up the stairs I would fall and break my neck. Not the phone call to find out if all cases were done, so I could drink. Because the rule is all alcoholics lie about amounts and providers can have one less drink than an alcoholic?? HUH?
Therefore, not living under a bridge and employed NOT ALCOHOLIC.**

The blackouts in anesthesia training (I didn't know what a blackout was, I just wondered how I got home the next morning) did not mean early alcohol dependency.

What happened, got pulled over for speeding. The cop went to check whatever they check. Pleaded with God for help. I would go to AA. If this is alcohol related, I lose my license to practice nursing. The next day in 2014. Went to a new town for a meeting (so no one recognizes me, small town).

**Great fog of cigarette smoke, big, tattooed bikers, and me with my coach bag for defense. I didn't belong. This was miserable. While complaining, the shares of these men were exactly the thoughts rolling around in MY brain? The woman who spoke was my boss at a previous job. She was cute. All the doctors loved her. I was the grumpy one, knowing I was smarter than anyone else. Now she is in front of a group of people declaring she is an alcoholic!!
After the meeting, I asked her "HOW DO YOU STOP DRINKING??"
Her reply, "Pray". Great advice, I thought sarcastically. I prayed many novenas for my problems, yet they remained unanswered.**

**Alright lady, the next morning, got out of bed and said in a disbelieving manner. "God, help me not to drink today."
Ok so fluke, I didn't drink that day. Won't happen again, surely.**

Next day, "God, help me not to drink today." I didn't drink this day. Coincidence.

Next day, "God help me not to drink today." This worked for the next 5 years. Also, finding a sponsor who could explain the Big Book, cause with my degrees, it made little sense. To be taught humility, this sponsor had no degrees except in alcoholism. Her teaching made sense.

Followed her and worked through the steps.

5 years later, now couldn't face a date with another wrong man.

I had a martini. Because stopping drinking was so easy, I am not an alcoholic. I had another martini. I was sloppy, couldn't walk in high heels drunk. The miracle happened. I wanted more booze. I realized the craving would always be there if I feed my self this substance. Gratefully, I did not have another drink, I wanted desperately. I ended the relationship with the wrong man. Went back to a meeting the next day. New sponsor and retook the steps. Continuing my relationship with my Higher Power.

**I am hopeful, have tools, I make mistakes
the life I now live is the one I have dreamed of over 60 years
and God has delivered it to me.**

I have the love of my life who is a true partner. New financial security. Most days sane and, when not, have tools to change it. A spiritual life. I am a better mother, friend, lover, partner, writer, citizen, member of 2-12-step programs.

Because of my desperation, I blindly followed instructions that initially appeared foolish. Transformed physically, emotionally, and spiritually. ALL because of asking for help, surrender and acceptance.

Michelle M.



We're Grateful For All Your Group Donations!

Thank you to all of the groups who donated to help keep the Central Office going so that we can keep serving all of you and continue to be here when a newcomer reaches out.

[Learn more about donating here](#)



We're Grateful For You, Too!

Thank you to all of our Faithful Fivers – we appreciate all of you more than we can say. We'd love to recognize you all individually here but you know... that darn anonymity!

So, we'll just say a big giant, THANK YOU to each and every one of you. Please know we appreciate you!

Learn more about becoming a Faithful Fiver [here](#).