



May 2025

Warmer days are finally here and everything is in full bloom! As many of you know we have new Steering Committee Members. Their new term started in March. I have asked each of them to write a little something for this months newsletter so you can get to know your newly elected officials.

You'll find a printable version of the newsletter [here](#).

Please don't hesitate to reach out if I can be of service or if you have suggestions for how we can better serve the AA community of Northern Colorado. You can reach me via [email](#), or by using the [form](#) on the website, or by calling the office at 970-224-3552.

-Sarah B

Meet The Newest Members of the Steering Committee

Patrick M. Chair -

Hello Northern Colorado and All of AA

First, I would like to thank you all for this opportunity to be of service to Northern Colorado as the Inner Group/Steering Committee Chair.

My sobriety date is March 24, 2008 and my home group is 7am Freedom in Fort Collins.

I have been in service starting with my home group since October 2008 and have held multiple positions at the Group level, the District Level, and have recently rotated out from my service position at Area 10.

I do love service and it keeps me in touch with the whole of AA and being able to fellowship with members all over the state. I have been fortunate to meet many members throughout the Southwest Region of AA.

When I attend AA events outside of the Fort Collins area, I try to go a day early to visit the area whether that be in Durango, Grand Junction, Colorado Springs, or in Steamboat. I like to do those tourist things and visit the sites. It is also a lot of fun to attend events out of state and meet the local AAer's in those other states.

I enjoy hiking here in Rocky Mountain Park or at Horsetooth or in Leadville. I have enjoyed fellowshiping with others in the program while playing a round of golf. One of the nicest things is sitting down with a member over a cup of coffee or breaking bread.

When at home with my wife we enjoy watching TV and relaxing or playing with our 2 little pups. It is also of great joy when working in the yard and taking that time to talk to God.

Thank you all for your service,

Patrick Mitchell

970-817-3397

mcpatrk@aol.com

Paul M. Vice Chair -

"Because Alcoholics Anonymous has had a profound impact in every aspect of my life I believe I have a responsibility to be of meaningful service to other alcoholics. Consequently, I am excited and grateful to be the new vice chair for the NCIG Steering Committee.

I am a retired Los Angeles Police Officer and lived in Los Angeles all of my life. Four years ago I moved to Fort Collins and was immediately welcomed by AA. I have been in AA and sober for 24 years.

Being Vice Chair is a unique opportunity for me to expand my service to other alcoholics. I have been a volunteer at the Central Office for four years. Over the years have held service positions in many of the meetings I attended. I have sponsored many people over the years."

Chrstine A. Secretary -

I am from the East Coast originally but have been in Northern Colorado since 2016.

I enjoy walking/hiking with my partner and my pup, playing retro video games, and gardening.

When I'm not working, in meetings, doing recovery work, or in service to those around me, you'll most likely find me on a trail or caring for my home, plants and pets. I am a veteran and a lifelong learner, who has gotten to weave recovery concepts into all that I learn and teaches.

Paula B. Member At Large -

Hello Everyone! Paula B. here, sharing how my life has changed since coming into AA.

My sobriety date is August 1, 2017. I first walked into the rooms of AA in the fall of 1989. It's been a long journey but worth every step I've taken. I'm free from the bondage of alcohol and of being a work alcoholic! I moved from Illinois to Fort Collins the summer of 1990 to be close to family.

The reunion with my family has been filled with joy, tears and laughter. I have two daughters who have brought five grandchildren into my life which has sweetened my life beyond measure. I'm retired from the federal government as of December 2022. With my retirement I've had the privilege to be of service to AA in my home group, answering the phone at the Central Office, and most recently becoming a member at large with the steering committee! My life is full! Thank you for the privilege of sharing it with you!



New Meeting! Stepping Into Recovery, Tuesday at 7PM, Fort Collins
Founders Day Annual Picnic, June 8th, Fort Collins
FCSYPAA 2025 Annual Camp Out, June 20-22, 2025 New Mexico
Area 10 Summer Assembly, July 18-20, Grand Junction, CO
Fellowship Of The Spirit Conference, July 24th - 27th, Estes Park, CO
Unity Club's Pig Roast Potluck, July 27th, Loveland, CO
Colorado State Convention, August 29th - 31st, Loveland, CO
Bridging The Gap Weekend Workshop, September 5th-7th, Los Angeles, CA
12-Step Intensive weekend Workshop, October 10-12, Johnstown, CO
Southwest Regional Forum, November 14 - 16, Albuquerque, NM
CPC Committee Meeting, 2nd Thursday of each month, Fort Collins
Longtimers Tales Speaker Meeting, 1st Wednesday of each month, Loveland
FCSYPAA 2025 Annual Camp Out, June 20-22, 2025 New Mexico

**Stepping into
recovery**

When: Tuesday @ 7:00 p.m.

**Where: The Fort Recovery
Located at 1317 Webster Ave. Fort
Collins CO**

**Join us for an open meeting with recovery
being the focus**

District 21 Archives
Presents

Founders day Let's Celebrate 90 Years of AA

June 8, 2025

Bring your favorite recipe, chips, drinks, dips or whatever to share. Archives will provide burgers, dogs, buns, condiments & utensils, plates, napkins, coffee and water.

4-5 PM Food

5-6 PM AA History

Carolyn W Class B Trustee

6 PM Sobriety countdown

6:30 PM SPKR Carolyn W

Donations and
volunteers needed. Ask
an archive member.

Pavilion Edora Park
1420 E Stuart Fort Collins

Founders Day AA NoCo

@Founders_Day_NoCo



venmo

CHECKPAYABLE TO:
Founders Day AA NoCo
MAIL TO:
District 21 AA,
PO Box 270944
Ft. Collins, CO 80527

THANK YOU FOR YOUR CONTRIBUTION!



**FOUR CORNERS
SUMMIT OF YOUNG
PEOPLES AA
FELLOWSHIP
CAMPOUT**



**FRIDAY, JUNE 20TH
THROUGH
SUNDAY, JUNE 22ND**

HOSTED BY DURANGO YOUNG PEOPLES



**BREAKFAST, LUNCH, AND
DINNER INCLUDED WITH
TICKETS!
MEETINGS, YOGA,
SWIMMING, ARTS AND
CRAFTS, AND MORE!**

**NAVAJO LAKE STATE PARK,
NEW MEXICO**

**SIMS MESA CAMPGROUND:
SITES M6 - M10 AND M12**

*** TENT CAMPING ONLY *
RV SITES CAN BE PURCHASED
SEPARATELY, CONTACT US
FOR RECOMENDATIONS**

**PRE-REGISTRATION: \$35
"AT THE DOOR:" \$40
TICKETS AND RV SPOTS:**



**SPACE IS LIMITED!
REGISTER NOW!**

SCAN QR CODE TO GET IN CONTACT WITH US AND JOIN THE FACEBOOK GROUP

AREA 10 SUMMER Assembly

JULY 18 - JULY 20

GRAND JUNCTION

CO-HOSTED BY DISTRICT 14 & DISTRICT 2

* Double Tree By Hilton
743 Horizon Drive
Grand Junction, CO 81506



PRICING

Rooms: \$129 (Scan QR code)

Lunch buffet: \$20

Ice Cream Social: \$13

Coffee: Suggested Donation

JULY 19th

OPEN SPEAKER MEETINGS!

Al-Anon @ 7:00pm

AA @ 8:00pm

Questions? Contact Ma
ma kinsel@gmail.com

AA OPEN MEETINGS *

JULY 18th @ 9:00pm

JULY 19th @ 7:00am & 9:30pm

JULY 20th @ 7:00am

*English & Spanish with Al-Anon Participation



Fellowship of the Spirit Conference

At the Estes Park YMCA

July 24th - 27th, 2025

**This is a Big Book conference
for members of:**

- Alcoholics Anonymous
- Al-Anon
- Or any 12-step program

**Scan the QR to register for the
conference and book lodging now**



☆ UNITY CLUB'S ☆
39TH ANNUAL

Pig Roast Potluck!



SUN 27 JULY

10 @ 4

Cenntinial Ballfields
1st & Taft in Loveland



Unity Clubs ONLY *Fund Raiser*. Come Celebrate with
roasted pork, side dishes & desserts, volleyball &

~~coffee~~

RAFFLE

Tickets are \$10

Scholarships Available



August 29th - 31st
Loveland

Register
Now



- Meetings
- Speakers
- Food
- Workshops
- Fellowship
- Dancing

3 DAYS of FUN!

Scan Me



ALCOHOLICS ANONYMOUS
2025 BRIDGING
THE

Workshop
Weekend

GAP

TEMPORARY CONTACTS

September 5th – 7th

Hosted by Area 5

The Greater Los Angeles Area

Sheraton Ontario Airport Hotel

Room Rates \$155/tax, CA Room Code BTG-8000
429 N Vineyard Ave - Ontario, CA 91764 (909) 337-8000

The Annual Bridging the Gap Workshop Weekend consists of presentations, discussions, shared experiences and breakout sessions.

PLEASE PRINT CLEARLY

I would like to volunteer to help

Email _____ Service Position _____ Area _____
Name _____ Phone _____
Address _____ City _____ State _____ Zip _____

breakout session topics you would like

Registration

Before July 1st \$50 EarlyBird In-Person Weekend Registration \$50

After July 1st \$60 In-Person Weekend Registration \$60

Saturday Only Day Pass \$40

Saturday Nite Banquet \$50

Online Attendance \$60

Vegetarian

Total Person One \$ _____

Register Online at BTGWW.org or Mail this form to and a check to:

BTGWW 10001 E Evans Ave #62D Aurora, CO 80247

ALCOHOLICS ANONYMOUS

12-STEP INTENSIVE WEEKEND WORKSHOP

"Our chief responsibility to the newcomer is an adequate presentation of the program." Bill W., 1942
October 10-12, 2025

*Johnstown Senior Center 101 Charlotte St,
Johnstown, CO 80534*

What: We use only the Big Book (the basic text of Alcoholics Anonymous). We start together, we stay together, and we complete all twelve steps, together. This is a safe place for women and men to do the work together.

How this started: Years ago, it was decided to condense the six-month AA workshop into this Intensive weekend, because several new members said they couldn't stay sober through the six-month process. They needed help now!

Who: Alcoholics and those who have a desire to not drink. The workshop is open, not closed.

Why: The crux of the problem in AA today is that being sober has replaced being recovered. To be recovered from alcoholism (recovered means we no longer suffer from the symptoms of the disease). We do our best to replicate what the AA founders did, with the same sense of urgency.

- **Workshop is 5 p.m. - 9 p.m. Friday and 9 a.m. - 6 p.m. Saturday - Sunday**
- **Coffee and water will be provided**
- **Worksheets will be provided for step work**

Laurie C. (facilitator)

970-371-2746, littleblue@live.com

Cody L. (facilitator)

719-602-9119, cody.m.lanning@gmail.com

Russell B. (registration support)

806-570-1316, brownrusse@gmail.com

Tyler R. (co-facilitator/website support)

970-590-7500, tyler@richmarkcompanies.com

**SPACE IS
LIMITED!
REGISTER
TODAY**

Registration: \$10/person
Sign up online at
bigbookrecovered.org or
scan the QR code below.

Scholarships available,
contact Tyler R.:
970-590-7500 or
tyler@richmarkcompanies.com

Items to bring:

- New Hardback Big Book

(Limited number available
at the workshop for sale)

**PLEASE DO NOT
REGISTER IF YOU
CANNOT ATTEND THE
ENTIRE WORKSHOP**



2025

SOUTHWEST REGIONAL

FORUM

November 14th-16th, 2025

ALBUQUERQUE, NEW MEXICO

Marriott Uptown

2101 Louisiana Blvd. N.E.,
Albuquerque, NM 87110

[Marriott Reservations](#) \$149 Rate through 10.16.25
Reference "2025 SW Regional Forum AA"

How to Make a Contribution

[PayPal website](#) or App
Search NM Area 46 AA
or @ area46

Write Checks to Area 46
NM AREA 46
PO BOX 13583
Las Cruces, NM 88013
Please note in memo
Contribution is for the SW
Regional Forum



Registration

FREE Opens 9.12.25
on AA.ORG
[AA Regional Forums](#)
[page](#)

Get Involved

Scan QR code to get
involved, learn
more, And stay up to date



District 21 Archives
Presents



Longtimers Tales



**Longtimers speakers;
February. Lisa M.
March. Dan F.
April. George M.
May. Brent K.**

Experience,
strength and hope
freely dispensed
the 1st
Wednesday of the
month.

SOBER 20+ YEARS

7PM ONLINE &

IN PERSON

1 ASPEN DR. LOVELAND, CO

ID 860 9176 1168

PSWD drbob

669-900-6833



AA OUTREACH!

Cooperation with the Professional Community Committee (CPC)

**53% of AA members were referred to AA
By a professional, were you?**

Help carry the message of recovery

In AA to professionals in our community

Your local CPC Committee meets

The 2nd Thursday of each month

5:30 pm, 301 E. Drake, Ft. Collins

**Questions? Contact Nancy K.
nancyekuehl@gmail.com**



Step 5

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Tradition 5

Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.



Beth P. - 14 years
Barbara H. - 41 years
Betsy C. - 40 years
David C. - 27 years
Ellen F. - 14 years
Henry K. - 51 years
Lucy S. - 10 years
Mary C. - 13 years
Nathon C. - 25 years
Sarah B. - 16 years

If you would like to have your Birthday in the newsletter, please [email](#) us



Meeting of the Month

Every month I would like to highlight a meeting that could use OUR support, whether it be a new meeting just getting started or an older meeting struggling to stay alive. It may even be a meeting that you love and just want to share with others.

This Month I would like to recognize the Laporte Group. This meeting goes back to 1976, one of Fort Collins oldest. There is a meeting here every night except Sunday. Tuesday is a meditation meeting, Saturday is a Grapevine meeting, the last Monday of the month is birthday night, all meetings are open. You can find all the info [HERE](#).

If you would like to nominate a meeting, you can [email](#) me. Please include any helpful info about the meeting.



Volunteer Opportunities

We currently have an open shift on Thursday from 11am-1pm

Contact us if you would like to get involved or find a way to be in service.

call us at (970) 224-3552

[Email](#)

or you can fill out this [form](#)

12 Step Volunteers

If you are a 12-step volunteer and wish to continue being available for these crucial phone calls, please reach out to the office so we can update our list.



Hi Everyone,

My name is Nancy and I am an alcoholic. I love saying that. In the winter months of my life

I wasn't ready to admit that not only did I drink too much, but I was also an honest to God alcoholic.

I had all the ism's that we alcoholics carry around with us. I was perpetually angry. I thought that everything was everyone else's fault, never mine. I was jealous of another's success and wondered why I wasn't getting everything I wanted. I didn't respect other's opinions, only my own. Any other negative attribute you can think of for an alcoholic, I had it. Then one day I decided that I had to do something about my misery. I had

some luck in the past with going on retreat and feeling better, so I decided to do that. I signed up for a weeklong silent retreat at a Jesuit Retreat House in New Jersey where I was living. I told one of the priests at the retreat that I thought I was an alcoholic. He said, "Welcome to the club, honey." Of all the priests at the retreat house, I got the one who was also an alcoholic. He directed me to an AA meeting and my new life began. My first meeting was a women's meeting luckily enough. I was amazed at all those women who looked like me. They all surrounded me with love and support. I couldn't have had a better beginning.

I haven't had the urge to drink since that day. I was lucky that the obsession to drink was lifted right away.

Not everyone is so fortunate. But all who want to can get sober if they keep trying. Nowadays I am in the spring of my life. By working the steps, going to meetings and talking to my sponsor, I have the grace to live a life of light and love. I am a very lucky woman. Three years ago, my husband and I moved to Colorado from the East Coast.

It was the best thing we could have done for ourselves. Our physical ailments are reduced. I have gotten involved in the Northern Colorado AA community by becoming the treasurer for NCIG. I am very grateful to have many sponsees that I met here. I found a church that I like and am a regular attendee at the Spring Creek meeting in Fort Collins. I have gone from being a perpetual grump to a sober woman of dignity and grace. I owe it all to Alcoholics Anonymous. Some of the metamorphous was hard to endure. There were times of sadness and pain. But with God's help I have weathered those difficult times and am now in a space that could only be described as wonderful. Because of the program I know that these good times are transitional too. But I am enjoying them now in the moment with all the gusto I can manage.

Thank you for letting me share my short story. I hope that you notice that all experiences and feelings that we go through are temporary. As long as we stay close to our higher power, we can transition through them, both good and bad, smoothly without losing our sobriety. It's all good.

Nancy L.



We're Grateful For All Your Group Donations!

Thank you to all of the groups who donated to help keep the Central Office going so that we can keep serving all of you and continue to be here when a newcomer reaches out.

[Learn more about donating here](#)



We're Grateful For You, Too!

Thank you to all of our Faithful Fivers – we appreciate all of you more than we can say. We'd love to recognize you all individually here but you know... that darn anonymity!

So, we'll just say a big giant, THANK YOU to each and every one of you. Please know we appreciate you!

Learn more about becoming a Faithful Fiver [here](#).