

NORTHERN SE NOTES

September 2022

*A letter
from the
Treasurer
of the 2022
Gratitude
Banquet:*



"Pray."

"What?"

"Pray."

"What do you mean, pray?"

"Talk to God. Listen. It doesn't have to be some big, formal thing."

"I don't know how to pray. I'm not sure I even believe in anything."

"That's cool..."

(Phew! I think I just got off the hook)

"Do it anyway."

(Dang it!)

Perhaps that early conversation with my sponsor foreshadowed similar internal dialogs when presented with opportunities for service in AA.

- ~ I'm too new myself to have anything useful to say to a Newcomer.
- ~ I've never made coffee in an urn that big.
- ~ I don't want to pick up a chip.
- ~ Chairing a meeting scares me.
- ~ Definitely not ready to sponsor.
- ~ I can't tell my story in front of a room full of people! What if I cry?

Lucky for us, Alcoholics Anonymous is a program of action. When my brain moves to jam me up with overthinking and negative Nellyness, I can remember my sponsor's matter of fact shrug and her suggestion to "do it anyway."

I recently heard a phrase in a meeting: "Think with your feet."

So I started with only a few days (then weeks) myself by saying hello to newcomers even more raw than I felt. Some of these have since become close friends; all have strengthened my sense of connection with a higher power present right here right now on earth in church basements all over the place. If you are new and wonder why everyone keeps giving you phone numbers, we have found a solution and are doing what works to keep us sober. Try it! It works!

A commitment to open the door and make the coffee at my home group one night a week came next. I reached milestones and showed up on birthday nights to share what has become possible for me through this program. I chair meetings, both online and in-person. I sponsor. I am here to be a sponsee for my sponsor. I tell my story (yes, sometimes I cry). As treasurer, I count the 7th tradition contributions, make deposits at the bank and issue payments for my home group's expenses.

My newest service commitment has been to agree to be the treasurer for the Gratitude Banquet coming up this fall. It seems like a big job and I feel nervous. Your participation just might help me rise to the challenge.

Bring on the dough for Central Office!

Please be sure to buy your Gratitude Banquet tickets to enjoy a speaker and a meal, participate in the fellowship connections and fundraising efforts that help to keep us all sober. You matter.

Love,

Jennifer C.

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STEP - Made direct amends to such people wherever possible, except when to do so would injure them or others.

TRADITION - A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

CONCEPT - Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

PRINCIPLES: JUSTICE & DISCIPLINE ✨ SPIRITUAL SIMPLICITY ✨ VISION

UPCOMING THIS MONTH

NCIG Steering Committee:

Monday, September 19th at 5:15 PM

Intergroup Meeting:

Monday, September 19th at 6 PM

155 N College Ave #120 and Zoom

Meeting ID: 826 2737 9047

District 21 Meeting:

Sunday, September 11th at 5:00 PM

301 E Drake, basement room

District 23 Meeting:

Tuesday, September 6th at 7 PM

35 Carlson Blvd, Johnstown, CO

Visit www.nocoaa.org or email contact@nocoaa.org for latest.



CENTRAL OFFICE STATEMENT OF PURPOSE

The purpose of NCIG's Central Office is to receive, distribute & follow up on 12 step calls, to answer inquiries about A.A., and to cooperate with local public information committees. Central Office also maintains information about local hospitals & recovery facilities for alcoholics. We provide local meeting lists, a newcomer packet, a newsletter, order, sell & distribute A.A. literature, and more.

A.A. Quote for September:

All changes made over the years in the Big Book (A.A. members' fond nickname for this volume) have had the same purpose: to represent the current membership of Alcoholics Anonymous more accurately, and thereby to reach more alcoholics. If you have a drinking problem, we hope that you may pause in reading one of the forty-two personal stories and think: "Yes, that happened to me"; or, more important, "Yes, I've felt like that"; or, most important, "Yes, I believe this program can work for me too."

-- Preface to the 4th edition of *Alcoholics Anonymous* (Big Book)

Options, for sending a 7th tradition contribution:

Venmo: @NCIGAA

PayPal: <https://paypal.me/nocoaa>

Web: <https://noco-intergroup.square.site>

Send a check or drop off cash at:

Northern Colorado Intergroup

155 N College Ave #120

Fort Collins, CO 80524

BE A FAITHFUL FIVER
or
BIRTHDAY
CONTRIBUTOR
5ER
support

Sign up for a monthly contribution of \$5 (or more),
or the number of years you've been sober. Visit our
contribute page at <https://www.nocoaa.org/contribute>. 2

September 2022 ANNIVERSARIES

Barb S. - 16 years
Brian G. - 2 years
Chuck S. - 34 years
Fred & Leslie F. - 62 years
Jon M. - 6 years
Julie B. - 33 years
Karen K. - 12 years
Lance W. - 20 years
Marie S. - 4 years
Marlene B. - 9 years
Meg C. - 9 years
Nell C. - 3 years
Steve C. - 35 years
Tamra - 26 years
Travis B. - 4 years

CONGRATULATIONS!

ARE YOU OR A SPONSEE CELEBRATING? LET US KNOW.

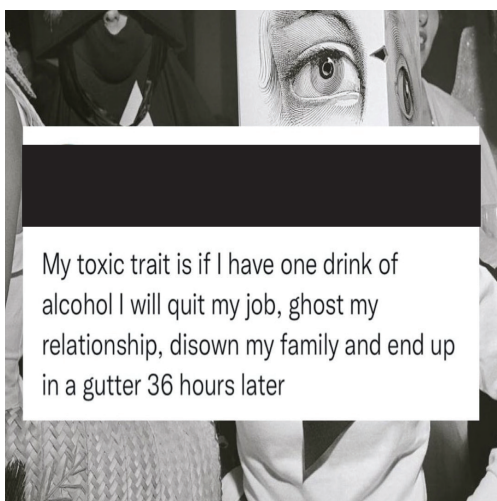
Email us for upcoming months
contact@nocoaa.org

Things We Cannot Change

This column acknowledges the passing of our A.A. friends and family within the Northern Colorado community.



If someone close to you in the fellowship has passed away, **you can contact us at NCIG Central Office - officemanager@nocoaa.org - for a mention in Northern Notes to let others know.** Please give us their name, city where they lived, home group name and the month of the year they passed, which can be shared here.



Sobriety is not about giving something up. It's about taking everything back.

New @ Central Office

MAGNETS & STICKERS

LOTS OF BIG BOOKS

A BOOK ABOUT EBBY, BILL W.'S SPONSOR

W W W . N O C O A A . O R G

24/7/365 • 970-224-3552

Up and Coming: AREA 10 & Beyond

SWRAASA 2022

October 7-9, 2022

Renaissance Convention
Center

6808 S 107th East Ave
Tulsa, OK

2022 Winter Assembly

November 4-6, 2022

Doubletree by Hilton,
Greenwood Village, CO

Spring 2023 Assembly

March 24-26, 2023

Hosted by District 23
Island Grove Regional Park,
Greeley, CO

Go to coloradoaa.org for more
Area 10 information.

Central Office

OPEN Mondays - Fridays 9:00 AM - 5:00 PM

BOOKS

155 N College Ave #120 **CHIPS**
Fort Collins, Colorado 80524

Central Office has a **Lending Library**. There are books of all types and speaker cassette tapes & CDs. We also have extra Grapevines, a meeting in print, to take home.

Does your group need an Intergroup Rep?

We service over 73 groups in Northern Colorado. Talk to your homegroup in your city. *Be an IGR, and we will shower you with appreciation.*

District 21 (Larimer County):

CPC/PI - Individuals wishing to connect with people who wind up in the hospital (Medical Center of the Rockies, Poudre Valley, North Colorado Medical Center Greeley, Banner Medical Center, and McKee Medical Center), there is an active **Peer Support Hospital Visitation Program**.

The AA Hospital Dispatcher role is for receiving calls from participating Fort Collins, Loveland, and Greeley Hospitals for patients who request a visit or call from AA. They manage calls and ensure that the proper AA response team is in place to respond to the calls/visits. Meetings are the 4th Monday of the month at 6 pm--Harmony Pres Church, 400 E Boardwalk, Fort Collins.

The AA Hospital Program offers volunteer training/education sessions. Please contact Diane B. at 814-934-9074 if you have any questions regarding the service or on becoming a volunteer for the AA Hospital Program. Education/training session can be on Zoom and Diane can provide more information to you.

BRIDGE THE GAP - This A.A.-wide program helps people leaving a correctional or treatment facility become acquainted with A.A. and attend A.A. meetings in their home town, after they are released. Contact D21 BTG at bridgethegapnoco@gmail.com or fill out the BTG form on nocoaa.org if this service is of interest to you.

TREATMENT - Join the D21 Treatment Committee and share your experience, strength, and hope with men and women in our local rehabilitation centers. Please help us carry the message of hope to these individuals who are about to re-enter the real world. Remember, you can only keep what you have by giving it away. Contact nocotreatment@gmail.com.

For **District 23** (Weld County) information, contact Alfredo at jr.nevarez@gmail.com.

AS THERE!

Are there any changes to
your meeting or do you
have a suggestion?

Send it to us at

officemanager@nocoaa.org

What do you want to see
under Resources on the
Intergroup website?

Send it to us at

officemanager@nocoaa.org

Wanna propose a theme
or write an article for
Northern Notes?

Send it to us at

officemanager@nocoaa.org

Do you have a
story, image or joke for
Northern Notes?

You know.

2022

Gratitude Banquet

a FUNdraiser for
Northern Colorado Intergroup



Sunday, November 13
4:00 PM

Speaker:

MARTHA M.
Erie, CO

**"THE UNITY OF ALCOHOLICS ANONYMOUS IS THE
MOST CHERISHED QUALITY OUR SOCIETY HAS."**

-BILL W.

Reprinted from 12 Steps and 12 Traditions, page 129, with permission
of AA World Services, Inc.

**Northside Aztlan
Community Center**

112 E Willow St, Fort Collins

Doors open at 3:15 PM

Dinner Served at 4:00 PM

Sobriety Countdown at 5:15 PM

Speaker at 6:00PM

**Please bring a side
dish or dessert dish
to share at your
table!*



Parking:

Parking can be found behind
the Aztlan Center, some nearby
businesses, Street Parking, and
Old Town Parking Structures.
Parking in Old Town Fort Collins
is limited.

Information:

Questions? Contact:
Jamie H. 970-821-6587
Nancy K. 970-290-3336
gratitudebanquet@nocoaa.org

Tickets Available Now

**\$20 through 11/1
\$25 on and after 11/2**

****Space is limited****

**Buy tickets in person at Central
Office or at:
nocoaa.org/gratitudebanquet**

**Scan
for
tickets:**



TICKETS ON SALE NOW

A.A. PAMPHLET OF THE MONTH: "Q & A on Sponsorship"

Central Office includes this pamphlet in their Newcomer Packet.

What's your home group's approach to sponsorship?

How does sponsorship help a group?

The primary purpose of an A.A. group is to carry the message of the recovery program to alcoholics who want and ask for help. Group meetings are one way of doing this. Sponsorship is another.

In some groups, the idea of sponsorship is broadened to include working with alcoholics in nearby institutions and, through correspondence, with isolated Lone Members, Internationalists (seagoing A.A.s) and Homers.

Active sponsorship programs within a group remind all members of the group's primary purpose. They serve to unite a group, keep it mindful of *First Things First*.

What procedures can a group set up to sponsor new members?

Carefully planned sponsorship activity within a group is often likely to produce better results than sponsorship left to chance.

A typical pattern of planned sponsorship within a local group might include the following:

- A regular committee on sponsorship or a Twelfth Step committee, with members rotating frequently. If there is an intergroup or central office that keeps a list of local groups and the members available for Twelfth Step calls, such a committee may check to see whether the group has enough of its members on the office list to fulfill its responsibility.
- Regular beginners meetings (also called newcomers meetings) — particularly in larger communities where there are many newcomers. A Guide for Leading Beginners Meetings may be ordered from G.S.O.
- Regular assignment of members to greet newcomers at meetings and introduce them around. In large groups, people on a hospitality committee may wear badges for the benefit of the newcomer. In smaller groups, the secretary may, during the announcements, simply ask newcomers to come up and make themselves known after the meeting, so they may be introduced to other members.
- Another suggested announcement. "If any person here does not have a sponsor and wants one, please see the secretary, who will arrange a temporary sponsor." Where this practice is followed at each meeting, members say, it reminds the group of the value of sponsoring and being sponsored.
- Closed-meeting discussions of sponsorship problems and opportunities. Some groups schedule meetings especially for this purpose.
- Table display of Conference-approved A.A. literature on recovery (including this pamphlet).
- Study of Chapter 7 in the Big Book ("Working With Others").
- Regular procedure (carried out by the secretary or the sponsorship committee) for welcoming newcomers who have just left institutions, treatment centers, or halfway houses. For instance, the secretary may receive word from the secretary of a prison group that a newly released person is about to attend a meeting, and the "outside" group is then alerted to the arrival of this newcomer.

From the "Q & A on Sponsorship" pamphlet from A.A.W.S.



2022 WINTER ASSEMBLY

NOVEMBER 4-6, 2022

Hosted by District 24

Double Tree by Hilton – Greenwood Village
7801 E Orchard Rd, Greenwood Village, CO 80111

[Online booking link](#)

ROOM RATE \$99
BOOK BY 10/16/22

**BOOK ONLINE AT THE
LINK BELOW OR BY
CALLING
303-779-6161**

**LUNCH BUFFET
\$20/PERSON**

**ICE CREAM
SOCIAL
\$14/PERSON**

**CONTACT PERSON
JESSICA K.
404-519-2927**

Ham, Turkey Donations 2022

Gratitude Banquet Sunday. November

13th 4pm Aztlan Community Center

112 Willow Street Ft. Collins 80524

TURKEY(S)_____ HAM(S)_____

Home Group _____

Contact person _____

Phone # _____

Email address _____

Return this form by Oct. 15th to Central Office, District

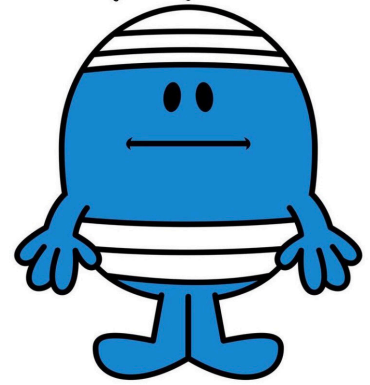
21 Meeting or contact: Kelsey B. or Lindsey M. at:

970-219-9125 kbuderus@hotmail.com

636-219-8314 lindsey.mccosker@gmail.com

***Please bring your COOKED hams and turkeys to the
Aztlan Community Center BY 1:30pm on Nov. 13th***

MR. HOW AM I STILL ALIVE?



Me taking one last look at the AA meeting before I leave without putting away one single chair



me to me: "being sober is so fetch"



[applies lip gloss with attitude]



Listen to Grapevine's New Weekly **PODCAST!**

AA Grapevine's half-hour variety podcast features...

- powerful interviews with AA members on getting sober, meetings, service, Steps, sponsorship and more!
- current information about AA and AA Grapevine
- jokes, fun AA banter and surprise guests!

Each week, longtime AA members Don and Sam will interview sober alcoholics, writers of current Grapevine stories, general service reps and more about their experience, strength and hope in a casual "meeting after the meeting" manner. **A new episode will be available in English each Monday at 9:00 a.m. EST.**

To listen to new or past episodes, visit:

aagrapevine.org/podcast (or wherever you get your podcasts)

MEETING SPOTLIGHT

ERIE

No Reservations

Niwot United Methodist Church

7405 Lookout Rd

wednesdays 6:30 PM

ESTES PARK

Early Worms

800 MacGregor Ave

Mon – Sat at 7 AM

SEE WWW.NOCOAA.ORG/MEETINGS -OR- THE MEETING GUIDE APP FROM A.A.W.S

NORTHERN COLORADO
INTERGROUP /
CENTRAL OFFICE
IS HOSTING

12 STEP WORKSHOPS FOR 2022



- A NOCO A.A. COMMUNITY EVENT -

12 STEPS WORKSHOPS

TWELVE STEPS OVER 2022
ON THE LAST SUNDAY
OF EACH MONTH
AT 6 PM
EXCEPT DECEMBER

EVERY STEP WORKSHOP
IS ONE HOUR & HAS
A DIFFERENT
3 SPEAKER PANEL
WITH A Q & A

DATES

- Step 1 **JAN 30**
- Step 2 **FEB 27**
- Step 3 **MAR 27**
- Step 4 **APR 24**
- Step 5 **MAY 29**
- Step 6 **JUN 26**
- Step 7 **JUL 31**
- Step 8 **AUG 28**
- Step 9 **SEP 25**
- Step 10 **OCT 30**
- Step 11 **Nov 27**
- Step 12 **DEC 18**

at the
American Baptist Church
600 S Shields St (downstairs)
in Fort Collins
COFFEE, TEA, & GOODIES

12 STEPS

YOUR SUPPORT IS
GREATLY APPRECIATED

VOLUNTEER TO CHAIR OR QUESTIONS?
EMAIL contact@nocoaa.org
www.nocoaa.org

CENTRAL OFFICE DAY WATCH STATS

	AUG 2022
Voicemails	3
A.A. Information	57
Al-Anon	1
Detox/Treatment	1
12th Step	2
Other Calls*	35
Visitors	62
TOTAL CALLS	99

* Usually local members requesting anything
from a meeting change to a special order.

STAY TUNED FOR NIGHT WATCH STATS

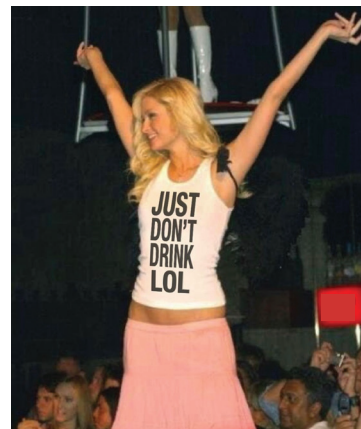
SERVICE OPPORTUNITY: BE A CENTRAL OFFICE WATCH VOLUNTEER

Six months of sobriety required. Answer
phones, give out information, speak with
another alcoholic and families/friends,
etc. We need a group or individual to do
service for the following:

**1st Friday of the month 5pm - 8am,
phone night watch**

We also need to add more substitutes to help
out and 12th step callers to be on our list.

Contact Julie or Beth at
contact@nocoaa.org



WEBSITE & GOOGLE SEARCH STATS FOR AUGUST 2022:

WEBSITE VISITS	GOOGLE SEARCH PROFILE ---->	WEBSITE VISITS	PHONE CALLS
N/A - MOVED SERVER	4,513 INTERACTIONS	819	55

Northern Colorado Intergroup

Northern Colorado Intergroup Meeting - July 18, 2022

Call to order: 6:00 PM

1. Serenity prayer + welcome
2. Tradition 7 (long form): *"Every A.A. group ought to be fully self-supporting, declining outside contributions."* (Laurel)
3. Introductions of Steering Committee and IGRs with Group Updates/Announcements
 - a. IGR Packet: <https://nocoaa.org/resources/igr-packet/>
4. Quorum (> 7 IGRs)
 - a. Laurel - IGR Step Sisters, meeting hybrid, Member of Steering Committee
 - b. Julie M - Treasurer
 - c. Karen - Asst Treasurer
 - d. Cathy - IGR Loveland Group - Closed meeting will have an announcement, noon meetings will be canceled, not enough people, except the Saturday noon women's meeting, that will continue. Christina Mis retiring from GSR position and Kasey M is retiring from Literature position, both are looking for replacements.
 - e. Julie F - IGR - Breakfast with Bill and Bob
 - f. Bill G - Alternate
 - g. Marcus M - IGR Basic Text
 - h. Cody K - IGR Friends of Bill Sunday night
 - i. Beth - Office Mgr
 - j. Mike B - IGR 539 group
 - k. Carolyn M - District 21 rep
 - l. Jessica J - IGR Women Seeking Sobriety, Secretary
 - m. Chelsey - IGR, Committee member
 - n. Lindsey M - IGR Let them Eat Cake, Chair
 - o. Lindsay K - IGR ABC Group - Sunday Night 8pm, Now meets at 7:30 PM (Hybrid) - It is NO longer called FOCO First Step Workshop. It is now the "ABC Group" with focus on Steps 1,2,3. It is still a speaker/ sharing meeting. Also rep from It's 5:00 Somewhere at 5pm on Sundays. Hybrid too.
5. Motion to accept the meeting minutes from last month? Motion - Laurel, Julie 2nd

6. Active reports

- a. Chairperson - Lindsey - announcing open positions at meetings. Lindsay is also on the ticket committee for the Gratitude Banquet.
- b. Treasurer - Julie - Income - 2,774.78, Expenses - 6,263.29, Net income - (3,488.51), YTD - (1,235.69) - 7th Tradition was the lowest it's been - 2,920.16. We ordered books through world, and had to wait for them to get sent when there was a literature shortage, so books were ordered elsewhere, so we basically double-ordered books on accident. Well stocked now, shouldn't have to order many books for a while. Carolyn motioned to approve report, Julie F 2nd.
- c. Central Office - Beth - Need people to run the 10, 11, and 12 step workshops. Phone Stats - 77calls and 57 visitors for June. No volunteers currently needed. Google search - 4,068 profile view, and 5,586 visitors from Wordpress. Started working on a calendar plug in that will look nice on mobile phone. Working on online tickets for gratitude banquet. There is a Night Watch form, will be trying to ask people to use it to track phone calls. A couple of groups have asked for liability insurance certificate, we have provided them for two groups, there are only two spots for additional interests before we are charged more, if we have more requests we can address it then, Beth has asked the Denver intergroup how they handle these requests. Jessica and Beth will look into liability coverage before last meeting.
- d. District 21 - Carolyn - GSO presentation had a slide show, and there is access to it if anyone wants to see it.
- e. District 23 - Jessica - AA Stampede meets on the 3rd Thursday at 6:30pm, July 21st this month at 2608 7th Ave Greeley, need volunteers for chair positions. A Day of AA is in Frederick, Aug 6th 2-8pm. Jessica will be using a new email to hopefully avoid the spam folder.

7. Old Business

- a. Gratitude Banquet
 - i. Update - Need AV help, chair positions are covered, tickets will begin to be sold Sept 1st, \$20 until Nov 2nd will go to \$25
- b. Fundraising & Events Committee
 - i. 12 Step Workshops - Sunday, July 31, 2022 at 6 PM (Step 7)
 1. No more Hybrid - only in-person? at 600 S Shields - Motion Laurel to drop online part of workshop for the rest of the year, Julie 2nd, motion passes
- c. Open Positions on the Steering Committee
 - i. Asst Secretary - Cody Nominated in by Julie M, voted in
 - ii. Asst Chair and

Northern Colorado Intergroup

- a. 2022 ICOAA Seminar - Paid registration fee, made a reservation for hotel, not paid yet
- b. Central Office & 7th Tradition income down
 - i. A.A.W.S. and out-of-stock books (expenses)
9. Announcement: Area 10 Convention still needs group meetings to sign up; and, Meeting Guide App seeking feedback.
10. 7th Tradition - **Venmo @NCIGAA** www.nocoaa.org/contribute
11. Volunteer to read the 7th tradition next month?

Close 7:00 PM

In Closing, "I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible." Julie F

Next Meeting: August 15, 2022

www.nocoaa.org



July 2022 Actuals		
Income	\$	6,104.08
Expenses (COGS & Operating Expense)	\$	7,509.09
Net Income	\$	(1,405.01)

Income for July		
Income Type	Amount	Comments
7th Tradition	\$2,585.08	Individuals & Groups
Faithful Fiver	\$ 355.73	July 2022 Total
Central Office	\$2,603.27	July 2022 Sales Total
Step 6 Workshop	\$ 9.00	7/31/2022 event
Colorado Dept of Revenue	\$ 551.00	Tax Credit - Return
TOTAL GROSS INCOME \$6,104.08		

2022 Year to Date (YTD) Actuals		
Income	\$	42,912.61
Expenses (COGS & Operating Expense)	\$	45,553.31
NET INCOME as of July 2022	\$	(2,640.70)

YTD Numbers Breakdown					
2022	Income	Expenses	Monthly Net Income	YTD Income	YTD Expenses
January	\$7,796.49	\$7,866.42	-\$69.93	\$7,796.49	\$7,866.42
February	\$5,943.25	\$5,887.66	\$55.59	\$13,739.74	\$13,754.08
March	\$3,917.71	\$4,749.04	-\$831.33	\$17,657.45	\$18,503.12
April	\$11,330.45	\$9,254.64	\$2,075.81	\$28,987.90	\$27,757.76
May	\$5,045.85	\$4,023.17	\$1,022.68	\$34,033.75	\$31,780.93
June	\$2,774.78	\$6,263.29	-\$3,488.51	\$36,808.53	\$38,044.22
July	\$6,104.08	\$7,509.09	-\$1,405.01	\$42,912.61	\$45,553.31
August			\$0.00	\$42,912.61	\$45,553.31
September			\$0.00	\$42,912.61	\$45,553.31
October			\$0.00	\$42,912.61	\$45,553.31
November			\$0.00	\$42,912.61	\$45,553.31
December			\$0.00	\$42,912.61	\$45,553.31
Total YTD	\$42,912.61	\$45,553.31	-\$2,640.70		

7th Tradition by Group

Group Name (continued)	July Amount	YTD Amount
Windsor Women Unite AA		\$305.91
Women in Recovery		\$100.00
Women of Faith		\$339.95
Women's Recovery Through the Steps		\$112.60
YAGBT		\$25.00
Your Life Group		\$80.00
TOTAL GROUP CONTRIBUTIONS	\$2,318.80	\$18,660.63
	June: \$959.72	
	May: \$2,477.29	

Projected August 2022 Expenses Budget

Expense	Amount	Notes
Ink Works	\$ 60.00	Meeting lists, postcards
A.A. World Services	\$ 600.00	A.A. literature re-stock
Recovery Shop	\$ 200.00	Medallions (chips), Cards, Stickers
Cleveland Central Office	\$ 35.00	Literature, Cards
Amazon	\$ 25.00	Literature, special order
Grapevine	\$ 75.00	Literature
Hazelden	\$ 40.00	Literature
Literature & Recovery Goods (COGS)	\$ 1,035.00	
Expense	Amount	Notes
Central Office Rent	\$ 700.00	Monthly
State Farm Insurance	\$ 39.58	Monthly
EI Dorado Artesian Springs	\$ 5.37	Monthly (water), varies
Mail Chimp Software Subscription	\$ 11.42	Monthly - email marketing software
Comcast	\$ 162.20	Monthly, Cable Internet + Phone
Zoom Software Subscription	\$ 16.12	Monthly
Quickbooks Software Subscription	\$ 83.08	Monthly (July), bookkeeping
Office Supplies and Postage	\$ 25.00	Monthly (as needed)
Cache Accounting	\$ 339.60	Quarterly/Annual - Sales & Payroll Taxes and Income Tax Return (half)
Cloudflare	\$ 40.00	Annual Domain Renewal plus Monthly Website Boost & Backup
Office Manager Monthly Salary	\$ 2,084.32	Monthly - approx. amount
Total Operating Expense	\$ 3,506.69	
TOTAL PROJECTED BUDGET	\$ 4,541.69	
	paid	

Group Name	July Amount	YTD Amount
AA Recovery Group of Windsor	\$143.29	\$641.07
Acceptance		\$644.12
Awakenings	\$159.00	\$1,220.51
Berthoud Hump Day		\$25.00
Big Book Enthusiasts		\$38.72
Big Book of Loveland	\$100.00	\$300.00
Booze Busters		\$262.72
Breakfast with Bill and Bob		\$1,490.13
Broad Highway of Recovery (Al-Anon)	\$50.00	\$50.00
Burlington AA Group		\$110.00
Campus Group		\$10.00
Campus Group 2		\$20.00
Daily Noon Zoom		\$904.69
District 21		\$1,588.53
Early Worms		\$150.00
Eaton Crow Group		\$47.00
Fort Collins Group	\$92.44	\$558.54
Friends of Bill W.		\$203.22
Friends of Bill W. 7 AM	\$24.71	\$114.42
Great Fact Group		\$50.00
Greeley Group 2	\$10.00	\$70.00
Greeley High Noon		\$75.00
Greeley Westside Group	\$80.00	\$198.00
Happy Destiny		\$517.85
Johnstown Primary Purpose	\$284.73	\$960.87
Keep It Simple Group	\$234.00	\$2,286.00
Laporte 287 AA Group	\$120.00	\$519.00
Last House on the Block	\$645.82	\$1,730.70
Let Them Eat Cake		\$115.48
Loveland AA Group	\$58.00	\$827.75
New Hope		\$353.32
NOCO Pathfinders	\$97.52	\$97.52
Rule 62 YPAA		\$41.35
RUS	\$58.36	\$175.29
Step Sisters	\$20.00	\$140.00
Sterling AA Group		\$200.00
The Basic Text Group		\$220.00
TNT Group		\$69.00
Union Colony Group		\$257.77
Windsor Triangle	\$140.93	\$413.60

Please direct all
communications to:

P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

2025 International Convention, Alcoholics Anonymous

Frequently Asked Questions About the 2025 International Convention & Travel to Canada *Updated July 12, 2022*

1. *When and where will the 2025 International Convention take place?*

The 90th anniversary of Alcoholics Anonymous will be celebrated at the 2025 International Convention in Vancouver, BC, Canada, July 3 – 6, 2025.

2. *What is the theme of the 2025 International Convention?*

The theme of the 2025 International Convention is “90 Years – Language of the Heart.”

3. *Have A.A. International Conventions been held in Canada before?*

Yes. There have been International Conventions in Toronto (1965), Montreal (1985), and Toronto (2005). As you may know, the Responsibility Statement was adopted at the 1965 International Convention in Toronto.

4. *Are there any restrictions or regulations affecting travel to Canada in 2025?*

Yes. The U.S. and Canada each have restrictions and regulations that apply to citizens and visitors who travel from one country to the other. Border crossing into Canada has significantly changed, particularly in the last two years. (For more information: access links to Canada Border Services Agency website (CBSA) provided below question #6)

5. *Who will have to process forms and applications to gain admission to Canada?*

It is suggested that those who believe they have some past legal incident, such as a DUI or felony that could inhibit their attendance at the 2025 International Convention, seek assistance/information by accessing the CBSA links provided below question #6.

6. *What Canadian travel information is currently available?*

The International Convention assignment at G.S.O. is not yet up-and-running. However, below is a resource to aid members in making plans to attend the 2025 International Convention (most questions can be answered by connecting to the links below). Also, a good travel book on Canada will provide valuable information on needed documents and border crossing requirements, as well as vacation tips.

Information for those who may have entry issues due to past criminal history:

<https://www.canada.ca/en/immigration-refugees-citizenship/services/immigrate-canada/inadmissibility/overcome-criminal-convictions.html>

<https://www.canada.ca/en/immigration-refugees-citizenship/corporate/contact-ircc/offices/international-visa-offices.html>

For general information members may also access <https://www.cbsa-asfc.gc.ca/menu-eng.html> or contact the Border Information Service (BIS) at CBSA by calling:

Within Canada

Toll-free

1-800-461-9999

TTY (for those with hearing or speech impairments)

1-866-335-3237

Outside Canada

Long distance charges apply

1-204-983-3500

1-506-636-5064

Press "0" to speak to an officer during regular business hours – Monday to Friday 8 a.m. to 4 p.m. (local time) excluding holidays.

7. When will registration and hotel information be available?

General registration and housing information will be available on the International Convention webpage in early 2024. Actual registration site links, forms, and hotel booking links will be communicated to the Fellowship in August/September 2024.

8. If travel to Canada is difficult for some U.S. members, why are we holding an International Convention in Vancouver?

The Fellowship of the United States and Canada makes up the General Service Structure of Alcoholics Anonymous in North America, and functions as one entity in spirit and in service to the Fellowship. As this event rotates through the regions of A.A., there will be times when it takes place in the U.S., and other times when it is held in Canada.

Laws and other circumstances may impede some members from traveling from one country to the other. For instance, some Canadians could not attend the 2000 International Convention in Minneapolis because of the difference in value of the Canadian dollar and U.S. dollar. Rotation of International Conventions provides accessibility for all members. The Metro Vancouver Convention & Visitors Bureau has assured A.A. that Canada will do whatever is possible to welcome and cooperate with members for the 2025 International Convention in Vancouver.





59TH INTERNATIONAL WOMEN'S CONFERENCE

DALLAS, TEXAS



FEBRUARY 16-19, 2023

RENAISSANCE HOTEL ADDISON/DALLAS
InternationalWomensConference.org

TO JOIN THE VOLUNTEERS OR PROVIDE SILENT AUCTION OR SCHOLARSHIP CONTRIBUTIONS, CONTACT:

VOLUNTEERS

✉ VOLUNTEERS59IWCDALLAS@GMAIL.COM

FUNDRAISING

✉ FUNDRAISING59IWCDALLAS@GMAIL.COM

GET OUR NEWSLETTER



CHAIR, TERRI O: CHAIR59IWCDALLAS@GMAIL.COM

BUILDING A NEW LIFE

September 03

We feel a man is unthinking when he says sobriety is enough.

ALCOHOLICS ANONYMOUS, p. 82

When I reflect on Step Nine, I see that physical sobriety must be enough for me. I need to remember the hopelessness I felt before I found sobriety, and how I was willing to go to any lengths for it. Physical sobriety is not enough for those around me, however, since I must see that God's gift is used to build a new life for my family and loved ones. Just as importantly, I must be available to help others who want the A.A. way of life.

I ask God to help me share the gift of sobriety so that its benefits may be shown to those I know and love.



"Pardon me, is this where I get the message?"

when you get sober to just not feel like poop every day and now you have to deal with all the things you thought you wouldn't have to worry about because you'd either be dead or institutionalised



What is Intergroup???

Intergroup has been formed so that each group may elect a representative from their group, who participates in the monthly business meetings with other group representatives. Each month they share their groups experience in carrying the A.A. message, lets all the members of Intergroup know how their home group is doing, numbers of attendance, when and where they meet. The Intergroup representative keeps the group informed about what Central Office is doing, as well as the other groups. Make sure your group has a vote and a voice!

All actions of the Northern Colorado Intergroup shall be guided by the Twelve Traditions, Twelve Concepts, and the A.A. Service Manual.

Governed by the By-Laws and Amendment documents.

Trad's Checklist

Tradition Nine: A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.

1. Do I still try to boss things in AA?
2. Do I resist formal aspects of AA because I fear them as authoritative?
3. Am I mature enough to understand and use all elements of the AA program—even if no one makes me do so—with a sense of personal responsibility?
4. Do I exercise patience and humility in any AA job I take?
5. Am I aware of all those to whom I am responsible in any AA job?
6. Why doesn't every AA group need a constitution and bylaws?
7. Have I learned to step out of an AA job gracefully-and profit thereby-when the time comes?
8. What has rotation to do with anonymity? With humility?

Every night I thought I could "moderate" my drinking



Oh boy. This isn't going how I thought it would

What happened, happened.
Be at peace in your mind and let it go. Choose yourself and the new direction you are headed. There are greater blessings waiting for you.



<https://www.aa.org/meeting-guide-app>

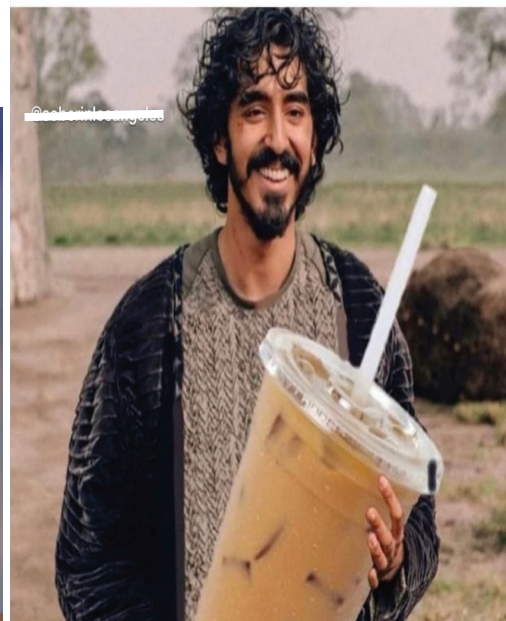
when the heat wave's so bad that you feel like you're detoxing all over again



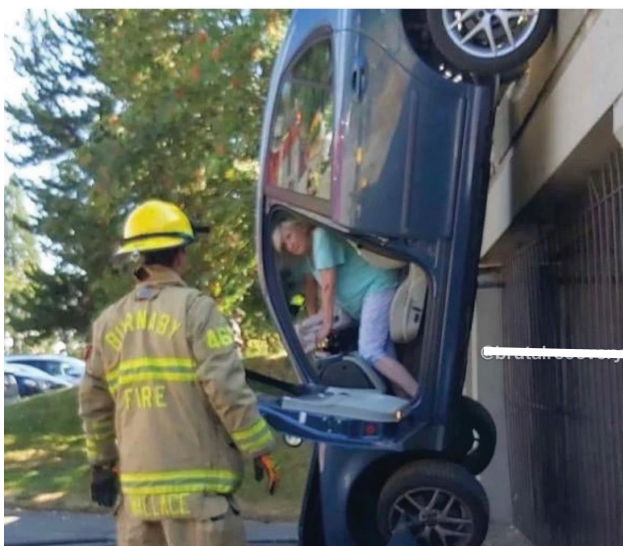
A. A.



treating myself for another sober Saturday like

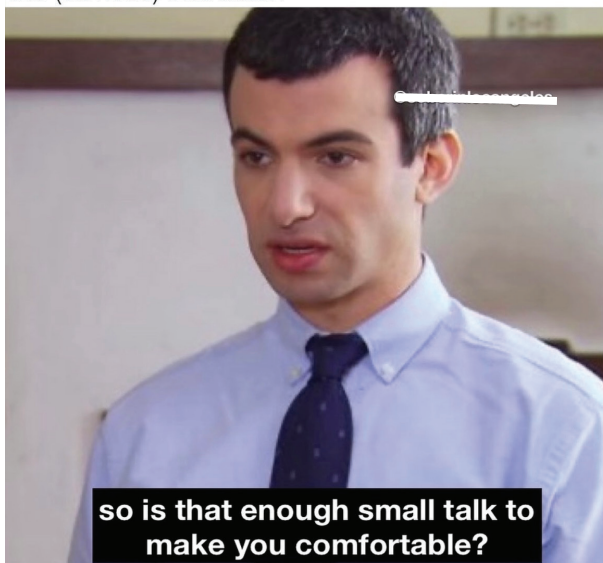


me deciding to try drinking "in moderation" again because it "makes me more fun at parties"



the plan? teach people how to interact with each other without using alcohol as social lubricant

the (obvious) instructor:



2022 GRATITUDE BANQUET

SERVICE POSITIONS AVAILABLE

Chairs &
Committee Members for:
Secretary/Historian
Servers
Food Coordination
Food Preparation
Coffee
Decorations
Set up
Clean up
Box Office/Ticketing
Runners
Bussers

MEETINGS EVERY 2nd SUNDAY
OF THE MONTH @ 11 AM

Dazbog Coffee (Basement)
401 Mason Ct #105, Fort Collins, CO 80524

Sign up to volunteer at
www.nocooa.org/gratitudebanquet

finding new hobbies in sobriety like:



finding new hobbies in sobriety like:



COLORDAZE

September 23-25, 2022

36th Annual ColorDaze



www.ColorDaze.org

Grand Junction, CO

**An AA event in cooperation with Al-Anon Family Groups at
New Venue!**

Grand Valley Event Center

2400 Consistory Court, Grand Junction, CO 81501

**Workshops: Promises of 12 steps, Young People, Service – Speakers -
Potluck – Live & Silent Auction – AA & Al-Anon & Young Peoples
Marathon Meetings - Ice Cream Social – Hospitality Room**

**Join us for the Annual Fundraiser for AA Central Office
of Western Colorado!**

Southwest Regional Alcoholics Anonymous Service Assembly

SWRAASA 2022

Hosted by Area 57

Oct 7 8 9

Tulsa OK

Renaissance Hotel

6808 S 107th E Ave, Tulsa, OK 74133

\$124 per night 1-800-264-0165 for reservations

Free Airport Shuttles Available



Visit us at

www.SWRAASA2022.org



\$15 REGISTRATION

Do you have any questions?

SWRAASA2022@GMAIL.COM



Mail to: SWRAASA 2022 PO Box 702641 Tulsa OK 74170

Name:

Address:

City, State, Zip:

Email:

Please direct all
communications to:
P.O. Box 459
Grand Central Station
New York, NY 10163
Fax: (212) 870-3003

Update on printing delays and backorders due to supply chain disruptions

August 22, 2022

Dear A.A. Friends,

As we have been updating everyone throughout these unprecedented times, supply chain disruptions throughout the worldwide paper, printing and trucking industries continue to unfavorably impact the manufacture and distribution of A.A.W.S. literature and other items.

Since 2020 we have implemented many measures in efforts to reduce potential backorders — for example, ordering paper and scheduling reprints with our printers of the Big Book, *Alcoholics Anonymous*, and other items more than six months in advance of projected need.

The good news: Demand for the Big Book, *Twelve Steps and Twelve Traditions*, and other items of literature has rebounded from the early days of the Covid-19 pandemic — as folks are returning to in-person meetings.

The not-good news: We are currently low in stock of the English hardcover Big Book (Item B-1) and unable to reprint expeditiously. This is due to a serious supply-chain matter beyond our control regarding a disruption in the necessary paper delivery at our printing plant.

continued on next page

Taking action

We are in communication daily with our printers, and I personally have reached out to their leadership to emphasize how important this book is in carrying A.A.'s message to our Fellowship and beyond.

Mixed-Title pilot test discounts will be honored

Note: Our current "Mixed Title" discount will be honored for all orders of backordered items placed by September 30, 2022. Items will be shipped when available.

Update:

Good news! These items are back in print:

Back in stock

- Big Book hardcover, English (B-1)
- Big Book, French hardcover (FB-1)
- Big Book, Spanish softcover (SB-30)
- Big Book, large print, Abridged English (B-24)
- Big Book large print, English (B-16)
- Big Book, large print, Spanish (SB-16)
- Big Book, large print, Abridged French (FB-24)
- *Twelve Steps and Twelve Traditions*, large print French (FB-14)
- *A.A. in Prison: A Message of Hope* (B-13) [Retitled edition]
- *As Bill Sees It*, Spanish (SB-18)
- *Living Sober*, French (FB-7)
- *Came to Believe*, French (FB-6)
- *Twelve Steps and Twelve Traditions (soft cover)*, French (FB-15)
- *Daily Reflections: A Book of Reflections by A.A. Members for A.A. Members*, English (B-12)
- *Daily Reflections: A Book of Reflections by A.A. Members for A.A. Members (Large Print)*, English (B-19)
- *Daily Reflections: A Book of Reflections by A.A. Members for A.A. Members*, Spanish (SB-12)

Note: A few other formats of the Big Book, as well as other A.A.W.S. book titles, are currently on backorder and in the reprint process at printers and manufacturers.

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Estimated in-stock dates, *subject to change beyond our control*, for these books are as follows:

Backorders

- Big Book, Abridged pocket softcover English (B-35) October
- Big Book, pocket edition Spanish (SB-35) February 2023
- *Twelve Steps and Twelve Traditions*, large print English (B-14) December
- *Twelve Steps and Twelve Traditions*, large print Spanish (SB-14) October
- *As Bill Sees It*, English (B-5) August
- *As Bill Sees It*, large print English (B-27) October
- *Came to Believe*, large print English (B-26) October
- *Living Sober*, large print English (B-25) September
- *'Pass it On'*, hardcover English (B-9) September
- *Dr. Bob and the Good Oldtimers*, hardcover English (B-8) January 2023
- *Twelve Steps and Twelve Traditions (hard cover)*, French FB-2 December
- *Came to Believe*, Spanish (SB-6) November
- *Dr. Bob & The Good Oldtimers*, Spanish (SB-8) February 2023

What we are doing to actively address current and potential intermittent backorders

Our teams across many departments in the office have been working to address these challenges, placing orders for paper and binding supplies nine months in advance, and scheduling press time well in advance for reprints to help reduce backorders caused by these disruptions.

Projected continued out-of-stock periods

It is likely, however, that we will be experiencing intermittent disruptions for the foreseeable future, as all publishers will, based on industry-wide reporting. We will keep everyone informed.

Webstore and Member Services

Our Member Services and A.A.W.S. webstore teams have implemented measures to insure the following:

continued on next page

- 1) Those seeking to purchase items will receive all discounts earned on items that they select – including those items on backorder.
- 2) Individuals ordering can “add to cart” and place orders for these items as they normally would. The items will ship when they are back in stock.
- 3) Purchasers will receive emails informing them of any backorders.
- 4) The product detail pages of the webstore will state when an item is “out of stock,” provide an estimated “back in stock” date, and display related items available for purchase now (the same content in different formats, for example).
- 5) A notice on the detail pages for out-of-stock items will reiterate that purchasers seeking to order our literature may check with their local Intergroups and Central Offices, which may have the items in stock.

As always, we encourage ordering the Big Book and all of our items of literature from local groups, Intergroups and Central Offices, as they play a vital role in funding local Twelfth Step activities.

Working together, we are committed to A.A.’s time-honored tradition of collaboration and resilience within the Fellowship as we carry the message via our literature.
With all best A.A. wishes,



David R.,
Publishing Director
A.A. World Services, Inc.



Malini Singh
Director of Operations
A.A. World Services, Inc.



Friend Who Was Arrogant Drunk Now Arrogant Sober Person



Since quitting drinking 3 weeks ago, longtime lush and loudmouth butthead who ruined every social gathering in past with drunken buffoonery now annoying friends with newfound sense of smug superiority