

NORTHERN NOTES

Northern Colorado Intergroup/
Central Office of Alcoholics Anonymous

June 2023

*A letter from our new
Steering Committee
Chair Rhonda N. ~*



Greetings friends,

I was asked again to share my experience with you for our Northern Notes. As of late, I have been interested in our local A. A. history for our Central Office and Northern Colorado Intergroup.

I just had the most amazing weekend at the “37th Gathering of Eagles” Conference in Dallas, Texas. There was over 8,000 years of sobriety in attendance.

They had an amazing archives display not only from the North East Texas Area, along with several private collections. It was just over the top, artifacts from the Mayflower Hotel and books and pictures all under display under glass along with tech display video of pictures of items. Many times our history is lost, so much of it at times is oral history and we don't always take time to make a written record of the past. Much like the stories in our book *Alcoholics Anonymous, Dr. Bob and the Good Oldtimers, A.A. Comes of Age*, I am grateful for the written word of our history.

Let me take you back in my memory bank, much of what I will share is what I can remember. Disclaimer: I may be wrong. Others may have other recollections too, that will add to this history and I am open to corrections.

I moved to Fort Collins in 1986 and we had an Intergroup, it was called F.I.G. (Fort Collins Intergroup). The meeting list was probably one page and it seemed like we knew everyone. Intergroup met in several places, the one I recall was 633 Remington. It was a house that had a treatment center, called Alcohol Recovery. We had an answering service for our 12 Step calls and lugged around literature.

When we formed the “central office” we had our office in the same location for a time it was in the basement and then upstairs. The up and down could have been the other way around. Fred T, was the
continues on next page...

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chair and we have had quite a few central office secretaries, aka managers, here's my memory list to the best of my recall:

Trudy G. then "H" I believe was first, Carol A. "C.J.", Karl K., Ray B., Ralph S., Marlene S., the previous order may be incorrect. Newsletters may provide us with more details. Then, Nina M., Eileen S. November 2011- March, 2020. Beth S. our current Office Manager, as of March 2020; along with countless volunteers to answer the phones in the office and the night watch and weekend program for answering our 12th calls and information calls.

Mike D. negotiated the office space at the American Building right around the time Ray B. served, I believe. It was upstairs 155 N. College Ave #221. I am not sure if when we moved downstairs, I recall the ceiling leaked a lot. Maybe through past newsletter minutes we can add dates.

Many of the office secretaries,"managers" did not get paid and some only a stipend, in the beginning. We worried if we could pay our rent, so we trusted God and the fellowship.

Fred T. had the vision and as I recall we had several heated discussions about our name. I thank Fred T. for that vision and he came up with Northern Colorado Intergroup. (I could be wrong about all this.)

Our newsletter was originally The F.I.G. Leaf and for many years, but a member of the fellowship was concerned we could have a copyright infringement on a local business of that name. So through submissions and votes came the current newsletter, "Northern Notes."

As we approach another "Founders' Day" in our Fellowship, may we pause and reflect that our message of recovery and primary purpose is to help the still suffering alcoholic.

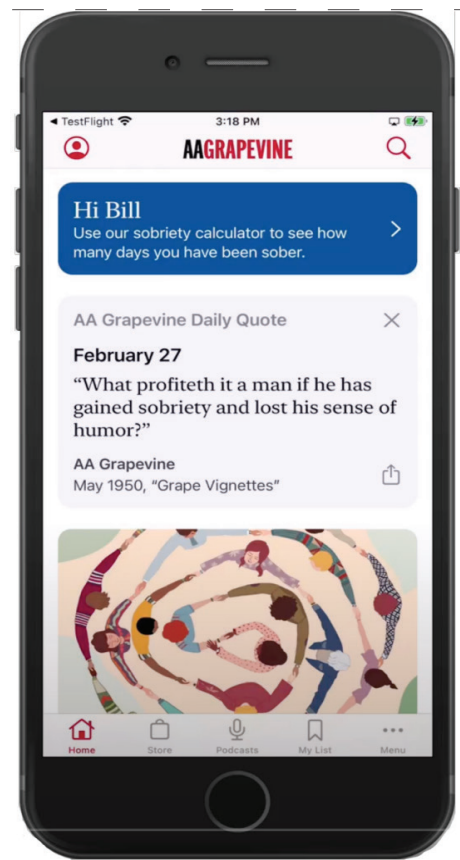
In closing, our Northern Colorado Intergroup, Inc. helps the still suffering alcoholic find us and our meetings along with serving the groups, and plays a vital role in helping the groups carry the message to suffering alcoholics.

In Service,

Rhonda N.

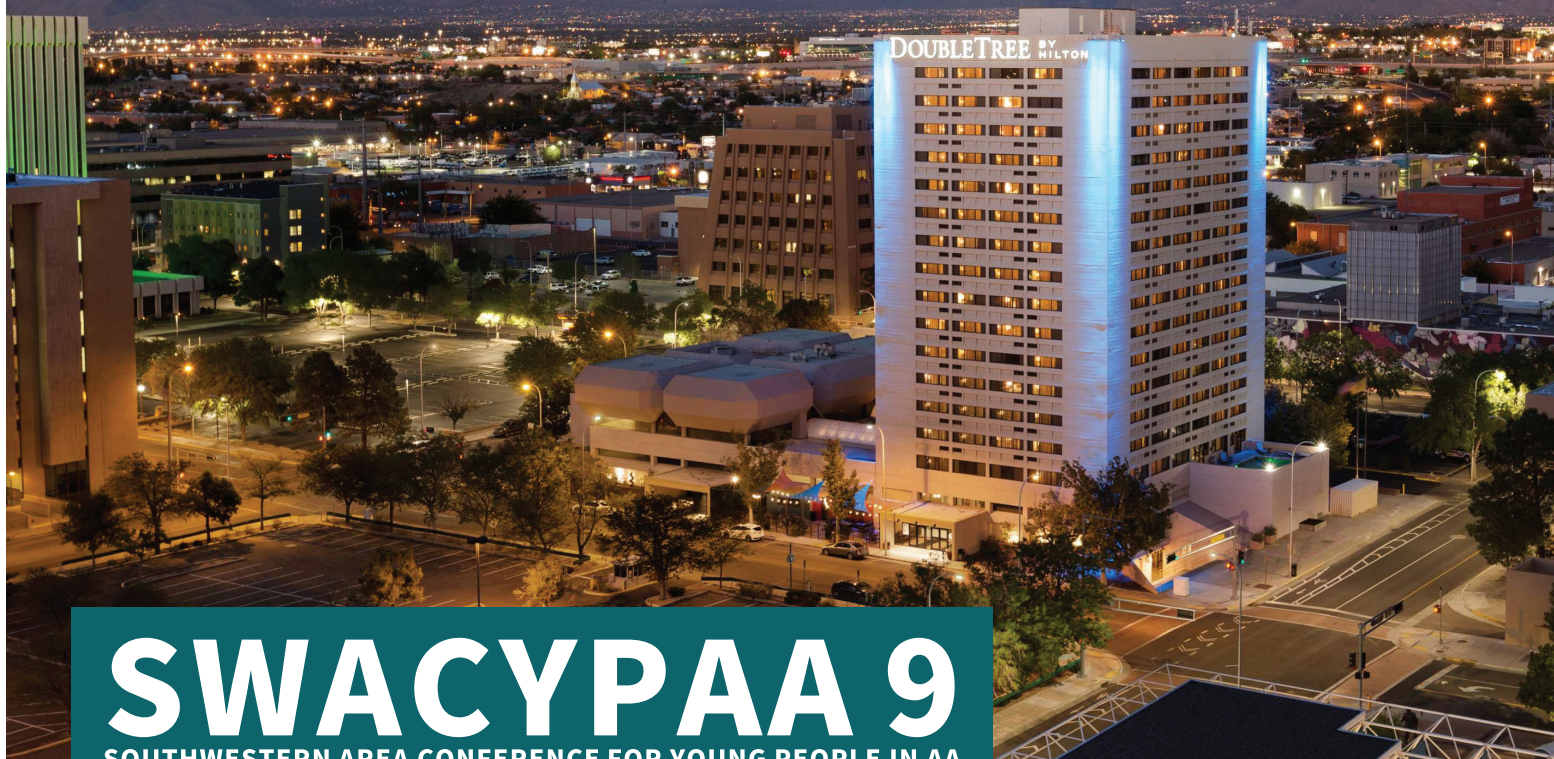
Chair, Northern Colorado Intergroup, Inc.

PLEASE SAVE THE DATE TO: attend A.A. 101, presented by Martha and our Area Delegate Sarah will give her report from G.S.O June 4, 2023, at 301 E. Drake, at 3 PM. Following A.A. 101 and our District 21 Meeting at 5 PM. See flier on page 11.



Coming
September 2023
The New Grapevine
and La Viña Apps!

AGE OF MIRACLES



SWACYPAA 9

SOUTHWESTERN AREA CONFERENCE FOR YOUNG PEOPLE IN AA

AUGUST 17 - 20 ALBUQUERQUE, NM

Double Tree Hilton & Convention Center

Room Rate: \$135 Per Night - Room Rate Cutoff Date: July 25th

Join Us for an Experience You Must Not Miss!

Pre-Register Now for \$25 Before Price Increases!!!



@SWACYPAA-CORP



SWACYPAA9@GMAIL.COM



Book Room Online Now!
<< Scan the QR Code
Or Call 800.584.7058 and
Use Reference Code: SWA

Pre-Register Now!
Scan the QR Code >>
Or Register Online at
www.swacypaa9.org



6

STEP - Were entirely ready to have God remove all these defects of character.

TRADITION - An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

CONCEPT - The Conference recognizes that the chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

PRINCIPLES: PATIENCE △ SINGLENESSE OF PURPOSE △ ACCOUNTABILITY

A.A. Quote for June:

"There had been no more power in him than there was in me at that minute; and this was none at all. [...] Here was something at work in a human heart which had done the impossible. My ideas about miracles were drastically revised right then. Never mind the musty past; here sat a miracle directly across the kitchen table. He shouted great tidings."

— BIG BOOK OF ALCOHOLICS ANONYMOUS, p. 11

Are there any changes to your meeting or do you have a suggestion for Central Office?
Send it to officemanager@nocoaa.org

What do you want to see under Resources on the Intergroup website?
Send it to us at officemanager@nocoaa.org

Want write an article for Northern Notes?
Send it to us at officemanager@nocoaa.org

Do you have a story, image or joke for Northern Notes?
You know what to do.

- CALENDAR -

Sunday, June 4th

3 PM AA 101 with Area delegates

5 PM District 21 Meeting

@ 301 E Drake, basement (see flier on p. 11)

Tuesday, June 6th, 7 PM

District 23 Meeting:

35 Carlson Blvd, Johnstown

Sunday, June 19th, 6 PM

Intergroup Meeting:

Zoom ID: 826 2737 9047

June 9-10, 2023

Area 10 Service Workshop

Grand Junction, CO (see flier on p. 10)

July 21-23, 2023

Summer 2023 Assembly, Hosted by District 30

DoubleTree Denver Tech Greenwood Village, CO

September 1-3, 2023

2023 Colorado State Convention

Island Grove Regional Park

501 North 14th Avenue, Greeley, CO

Sept 29 - October 1, 2023

Southwest Regional Forum

Radisson Airport Hotel, El Paso, TX

November 17-19, 2023

Winter 2023 Assembly

DoubleTree Denver Tech Greenwood Village, CO

How to send an Intergroup / Central Office 7th tradition contribution:

Venmo: @NCIGAA

PayPal: <https://paypal.me/nocoaa>

Web: <https://nocoaa.org/contribute>

Send a check or drop off cash at:

Northern Colorado Intergroup

155 N College Ave #120

Fort Collins, CO 80524

BE A FAITHFUL FIVER

or

BIRTHDAY

CONTRIBUTOR

5ER
support

Sign up for a monthly contribution of \$5 (or more), or the number of years you've been sober. Visit us at <https://www.nocoaa.org/contribute>.

June 2023 ANNIVERSARIES

CONGRATULATIONS!

Adam R. ~ 9 years
Barb A. ~ 15 years
Becca A. ~ 11 years
Debra S. ~ 11 years
Eileen S. ~ 23 years
Kathy C. ~ 34 years
Lisa Z. ~ 25 years
Lori G. ~ 29 years
Marilyn G. ~ 28 years
Marilyn L. ~ 39 years
Mary M. ~ 7 years
Megan J. ~ 36 years
Peg V. ~ 35 years
Renee F. ~ 17 years
Skip W. ~ 37 years

CENTRAL OFFICE

STATEMENT OF PURPOSE

The purpose of NCIG / Central Office is to support meeting groups in the area and to assist in helping and carrying the message to the next alcoholic by receiving, distributing & following up on 12 step calls, answering inquiries about A.A., and cooperating with Area public information committees. Central Office also maintains information about Northern Colorado meetings and events. We provide 24-hour phone service, a centralized website and office, newcomer packets, workshops, a newsletter. We also order, sell & distribute A.A. literature and more.

Things We Cannot Change

This column acknowledges the passing of our A.A. friends and family within the Northern Colorado community.

This month we acknowledge the following member for their incredible service within the fellowship, their friendship, and the many ways in which they deeply touched our lives and our hearts. May she never be forgotten...

Toni D.

of Fort Collins

If someone close to you in the fellowship has passed away, you can **contact us at NCIG Central Office - officemanager@nocoaa.org** - for a mention in Northern Notes to let others know. Please send their name, town where they lived, and the month of the year they passed, which can be shared here.

New @ Central Office

- Key Chains
- Stickers

AAWS is temporarily out-of-stock of the Pocket (small 164) Big Books, Softcover 12 & 12s, Gift hardcover pocket 12 & 12s, 'Pass It On', Braille Big Book, the medium-size version of *Came to Believe*, and numerous pamphlets.

We have most of these still in stock, so far. And, there are new covers for the new printings.

W W W . N O C O A A . O R G

Central Office

OPEN Mondays - Fridays, 9 AM - 5 PM

155 N College Ave #120

Fort Collins, CO 80524

970-224-3552 • 24/7/365

Central Office serves the meeting groups and the next alcoholic.

We have a **Lending Library** with conference-approved literature and books of all types along with speaker cassette tapes & CDs. We also have extra Grapevines, the meeting in print, to take home.

Does your group need an Intergroup Representative?

We service over 75 groups in Northern Colorado. Talk to your homegroup in your town. Be an IGR, and we will shower you with appreciation.

District 21 (Larimer County):

DCMs - Marcus and Steve

ARCHIVES - Meets 3rd Wednesday of the month 4:45pm at 213 Jefferson St (Millenium Tattoo), Fort Collins. They also host the Longtimers' Tales speaker meeting on the first Wednesday of the month at 7 PM, 1 Aspen Dr in Loveland.

BRIDGING THE GAP - This A.A.-wide program helps people leaving a correctional or treatment facility become acquainted with A.A. and attend A.A. meetings in their home town, after they are released. Contact D21 BTG at bridgethegapnoco@gmail.com or fill out the BTG form on nocoaa.org if this service is of interest to you.

CORRECTIONS - Contact Jerry at jerrythedad1@gmail.com.

CPC/PI - Individuals wishing to connect with people who wind up in the hospital (Medical Center of the Rockies, Poudre Valley, North Colorado Medical Center Greeley, Banner Medical Center, and McKee Medical Center), there is an active **Peer Support Hospital Visitation Program**.

The AA Hospital Dispatcher role is for receiving calls from participating Fort Collins, Loveland, and Greeley Hospitals for patients who request a visit or call from AA. They manage calls and ensure that the proper AA response team is in place to respond to the calls/visits. Meetings are the 3rd Wednesday of the month at 5:30 pm-- Harmony Pres Church, 400 E Boardwalk, Fort Collins.

The AA Hospital Program offers volunteer training/education sessions. Please contact the dispatcher Larissa at 970-691-1073 if you have any questions regarding the service or on becoming a volunteer for the AA Hospital Program. Education/training session can be on Zoom and Larissa can provide more information.

TREATMENT - Join the D21 Treatment Committee and share your experience, strength, and hope with men and women in our local rehabilitation centers. Please help us carry the message of hope to these individuals who are about to re-enter the real world. Remember, you can only keep what you have by giving it away. Contact nocotreatment@gmail.com.

For **District 23 (Weld County)** information, contact their DCM Sean W. at walker.sean42@gmail.com.

Northern Colorado Intergroup Committees

Fundraising & Events Committee

Join the committee to plan community events. Currently, we need 2 co-chairs to help organize with other volunteers for the 2023 Gratitude Banquet. Thinking about a fun New Year's Eve dance too.

CONTACT: Call Central Office 970-224-3552, email officemanager@nocoaa.org, contact a committee member, or come to an Intergroup meeting. Volunteers needed for this committee.

A.A. Outreach Committee

You are welcome to join us. We provide 3 services:

12 Step Calls: People who are experiencing symptoms of alcoholism call in to the Central Office. At times they ask if someone can come to share information (experience, strength and hope) with them. Central Office keeps a list of volunteers who are willing to call the person back and share on the phone. There is also a list of persons willing to make a visit with another member of AA - same gender, to the suffering alcoholic. *We never go alone and there are a series of guidelines and suggestions set down by GSO and the longtime sober AA's who have gone before us. Volunteers needed for this committee.

Kitchen Table AA: This is a list of AA members who volunteer when available to take a meeting to people who are temporarily shut in or homebound for a variety of reasons: Recent surgery, transportation limitations, living at a facility or unable to leave the home for any reason. Volunteers needed for this committee.

Road Trip AA Outreach: This service consists of a number of volunteers willing to come together and "road trip" to an outlying area meeting. The group will decide on a meeting, meet at a central location and carpool to the meeting together. Volunteers needed for this committee. Volunteers needed for this committee.

CONTACT: To volunteer a small amount of time to do service on any or all of these committee options or to share ideas and suggestions, please call Central Office 970-224-3552, email officemanager@nocoaa.org or contact a committee member, or come to an Intergroup meeting.



MEETING SPOTLIGHT

SEE www.nocoaa.org/meetings

-OR-

the meeting guide app from A.A.W.S

LAPORTE/FOCO

Laporte 287 Group
Mon-Sat at 8 PM
3820 W County Rd 54G

FORT MORGAN

Your Life Group
M W F at 12 PM
T Th F at 7 PM
Saturday at 9 AM
117 E Bijou Ave

2023 Colorado State Convention

Presented by Area 10 Alcoholics Anonymous in cooperation with
Area 5 Al-Anon Family Groups

Island Grove Regional Park, Greeley, Colorado - September 1st, 2nd, and 3rd, 2023



Speakers & Events:

Friday Evening AA Speaker: Paul M (Galveston, TX)
Friday Evening: Ice Cream Social
Saturday Al-Anon Luncheon: Monica H (Highlands Ranch, CO)
Saturday Evening: Banquet Dinner
Saturday Evening Al-Anon Speaker: Kari O (Boulder, CO)
Saturday Evening AA Speaker: Devin C (Brooklyn, NY)
Sunday Morning AA Speaker: Ashlee M (CO Springs, CO)

Workshops, Continuous Meetings, and Videos in
English & Spanish

PLEASE JOIN US!

The convention runs from 3 p.m. Friday to 12 p.m. Sunday

For Preliminary Program and Updated Information

Go Online: https://www.coloradoaa.org/convention_info/

Or

Email Registration Chair at 23Convention@gmail.com



Island Grove Regional Park
421 N. 15th Ave., Greeley, CO 80631
Enter on Southwest side of facility

Lodging: TBA

Questions: Gina M. (970)215-2260 – 23Convention@gmail.com

Register online at <https://www.convention.coloradoaa.org>,

or complete the form below and MAKE CHECKS PAYABLE TO: 2023 State Convention

Mail To: 2023 Colorado Convention, 2519 Shields St., Suite 1K #172 Fort Collins, CO 80526. *One person per form, please.*

- ☐ AA ☐ Al-Anon/Alateen ☐ Other
- ☐ Registration \$30.00 After 8/18/23 \$35.00
☐ Friday Evening Ice Cream Social \$10.00
☐ Saturday Al-Anon Luncheon \$25.00
☐ Saturday Evening Banquet Dinner \$40.00
☐ Dance \$5.00
☐ Bottomless Coffee Mug \$15.00
☐ Discounted Package Price \$115.00 (Total Savings of \$10.00 for Registration postmarked by 8/18/23)
☐ Contributions \$ _____
Total Enclosed \$ _____

Member Registration Information:

Name on _____

Badge _____

Home Group _____

Name _____

Address _____

City _____

State _____

Zip Code _____

Phone (____) _____

Email _____

☐ I'd like to volunteer!

For "Special Needs" consideration, please e-mail Gina M.
at 23Convention@gmail.com

(every effort will be made to accommodate special requests).

On-site registration will be open from 3 p.m.—9 p.m. Friday, September 1, 2023, and at 8 a.m., Saturday, September 2, 2023

I am Responsible . . .



*When anyone, anywhere,
reaches out for help,
I want the hand of AA
always to be there.
And for that: I am responsible.*



The Half-Hour Variety Hour
AA Grapevine's Podcast

Loyal Temperance Legion.

I promise, God helping me, to abstain from all Intoxicating Drinks, and try to induce others to do the same.
MOTTO: "Abstain from every form of evil."—R V., 1. Thes. v., 22.

(Signed)

Date..... 193..... Superintendent

13757 H.

Bill W. references a similar pledge like the one above on page 10 in the Big Book -- "...there was that proffered temperance pledge I never signed."

AREA 10 SERVICE WORKSHOP 2023

in Western Slope A.A.

June 9th and June 10th

Welcome to all AA members!

Friday June 9th Alano Club Grand Junction 4-6pm

404 Glenwood Ave, Grand Junction, CO 81501

Food and Drinks!!!

Saturday June 10th Christian Church Alamosa 1-4pm

Corner of State Ave and 1st St. Alamosa, CO Potluck starts at 1pm. Meeting at 2pm

Area representatives will be sharing their experience, strength and hope regarding their service in multiple levels of the AA service structure including;

Patrick M. Area 10 Chair

AA Service Structure

Jan B

Corporation with the Professional Community

Jennifer S

Hi Country News

Kate H

Public Information

Brad S

Treatment/Accessibilities

Bruce B

Corrections

These workshops will focus on the rewards of general service and the expansion of individual recovery through service. Speakers will also discuss the various avenues of their respective journeys into general service.



District 21 is Hosting

AA 101

**Presented by Martha M
Area 10 Alt Delegate**

2023 General Service Conference Report

**Presented by Sarah M
Area 10 Delegate**

**Sunday June 4th 3:00pm
301 East Drake
Fort Collins**

Please bring a snack to share

Call Steve at 970-286-4146 for information

A CHANGED OUTLOOK

June 01

Our whole attitude and outlook upon life will change.

ALCOHOLICS ANONYMOUS, p. 84

When I was drinking, my attitude was totally selfish, totally self-centered; my pleasure and my comfort came first. Now that I am sober, self-seeking has started to slip away. My whole attitude toward life and other people is changing. For me, the first "A" in our name stands for *attitude*. My attitude is changed by the second "A" in our name, which stands for *action*. By working the Steps, attending meetings, and carrying the message, I can be restored to sanity. Action is the magic word! With a positive, helpful attitude and regular A.A. action, I can stay sober and help others to achieve sobriety. My attitude now is that I am willing to go to any length to stay sober!

SERVICE OPPORTUNITY: BE A CENTRAL OFFICE WATCH VOLUNTEER



Six months of sobriety required. Answer phones, give out information, speak with another alcoholic and families/friends, etc.

Available phone shift for one person or a (meeting) group:

- 3rd Saturday of the month, 8 AM - 8 PM
- 4th Friday of the month, 5 PM - 8 AM

You can also be a substitute and/or 12th step caller on our **help-the-next-alcoholic** list.

Contact Julie or Beth at
contact@nocoaa.org

DAILY Reflections

What is Intergroup???

Intergroup has been formed so that each group may elect a representative from their group to participate in monthly business meetings with other group representatives. Each month they share their group's experience in carrying the A.A. message, lets all the members of Intergroup know how their home group is doing: numbers of attendance, when and where they meet. The Intergroup representative keeps their group informed about what Central Office is doing, as well as the other groups. Make sure your group has a vote and a voice! Intergroup helps the next alcoholic and the Central Office.

All actions of the Northern Colorado Intergroup shall be guided by the Twelve Traditions, Twelve Concepts, and the A.A. Service Manual.

Governed by the By-Laws and Amendment documents.

CENTRAL OFFICE DAY WATCH PHONE STATS

	MAY 2023
A.A. Information	50
Al-Anon	0
Bridging the Gap	0
Detox/Treatment	2
12th Step	1
Other Calls*	11
Visitors	76
Voicemails*	1
TOTAL CALLS	65

* Usually local members requesting anything from a meeting change to a special order, but also includes hang-ups. Voicemails are from night.watch missed calls.

STAY TUNED FOR NIGHT WATCH STATS in JULY 2023

WEBSITE & GOOGLE SEARCH STATS for MAY 2023:

FROM WEBSITE WORD PRESS SOFTWARE	FROM GOOGLE SEARCH PROFILE ---->	WEBSITE CLICKS	PHONE CALLS
2,312 USERS*	1,710 VIEWS	407	38

*Distinct single user visits to nocoaa.org

Northern Colorado Intergroup / Central Office

Intergroup Meeting- MINUTES

April 17, 2023 - NCIG Virtual Platform

Call to order: 6:00 PM

1. Serenity prayer + welcome

2. **Tradition 4** long form - Cindy B.

"Each Group should be autonomous except in matters affecting other groups or A.A. as a whole."

3. Meeting Format; Safety, "reactions" and "chat" features and functions and purpose for the meeting read and placed in the "Chat" by the Host/Chair (Laurel)

4. Introductions

a. Steering Committee and IGRs with Group Updates/Announcements

Quorum (> 7 IGRs) *attendance was verbally confirmed by IGRs and eligible voting members

Beth-Central Office manager; Amy D-IGR Happy D; Amy S-IGR Women Stepping Up; Andrew H; IGR Awakenings; Carlos S-IGR Berthoud; Christine A; Alt IGR Women of Faith; Cindy B-District 21 Rep; Dan C-Alt IGR Awakenings; Dan M-IGR Greely West Side; David H-IGR LHOTB; George C-IGR R.U.S. Group; Chelsey H-IGR Spring Creek; Jessica J-IGR Women SS; Jimmy C-IGR Shoulder to Shoulder; Kathy W-IGR Loveland Group; Kent B-Alt IGR B with BB; Laurel T-Alt IGR DNZ/Asst Sec; Lori M- IGR Basic Text; Marilyn G-IGR DNZ; Mike B-IGR 539 Group; Molly W-IGR Women of Faith; Nancy K- Nom Com; Paula B-IGR Frot Collins Group; Susan A-IGR Friends of Bill; Tom McD-IGR Independance Group; Zoe A IGR Rule 62; Karen K. IGR Step Sisters-Treasurer; Rex-GSR Last House; Heather-IGR Union Colony; Stephanie-IGR Women's Rec TTS; George McC-C; Rhonda N-C; Marilyn N-C; Tina P-C; Peter K-C; Amy J-C; William P-member

5. Approval of March Meeting Minutes- Jessica motions to approve the Meeting Minutes from 3/20/23; Marilyn G seconds; no abstentions; motion carries.

6. ***Active Reports: to be given during tally of votes/see below**

7. **Old Business**

Northern Colorado Intergroup

- a. **Elections**-Laurel turns the meeting over to Molly to continue. Molly shares the election process and introduces each nominee. Each candidate is given two minutes to share. Molly describes the process and then puts up the ballot for the officers.

The link to vote the ballot is put into the “Chat” feature. Eligible members follow the prompts, complete the form and cast their vote.

While the nominating committee members tally the votes electronically, Laurel returned to chair.

6.*REPORTS:

- Chairperson - vacant; no report
- Treasurer- Karen K; Beth shares report on screen. After the report read, Laurel calls for a motion to accept. Marilyn G motions to approve the March finance report; George C seconds; 3 abstentions; no questions or discussion. Motion carries.
- District 21 - Cindy B-Archives will host the Founder's Day event at Edora park on June 10; details TBA. Longtimer's Tales on the 1st Wed. of the month at 7:00 pm (hybrid); Ch 9 news Health Fair 4/15 and 4/22- Corrections has begun Jail meetings; next Dist 21 mtg 5/7/23 5pm; Summer Assembly July 24-26 Denver; 2023 State Convention held in Greeley Sept.1-3 contact Nancy K at nancyekuel@gmail.com for more information; the Big Book is being “translated” to plain and simple language. This is not a new (5th) edition of the BB. More discussion to follow. Cindy will bring back any new information in May.

Molly returns to the meeting and announces the Officers for the 2023 Steering Committee Board and adds the link for the Member-At-Large ballot to the chat. She asks voting members to choose two candidates.

The chair recognizes Mike B-IGR 539; some discussion about payroll tax items and Gross vs Net. The chair thanks him for his input and apologizes for interrupting and redirects the

Northern Colorado Intergroup

meeting back to the election and agenda at hand in order to be mindful of the time and due to the fact that the finance report has already been read and approved.

ELECTION RESULTS:

The 2023 Steering Committee Board Members are announced by Molly and the electronic “pie chart” with election results is shared on screen.

The 2023 Board members are:

Rhonda N. Chair; George McC. Vice Chair; Zoe A. Assistant Treasurer; Laurel T. Secretary; Amy J. Assistant Secretary; Marilyn N. M.A.L; Tina P. M.A.L.

Congratulations to the new board members and many thanks to the nominating committee (Molly, Lori, and Nancy K) and all the candidates who participated in the process.

8. New Business

- a. Special Committee formation: 2023 Gratitude Banquet-Chair calls for anyone interested in volunteering at this time. No one comes forth; Item tabled.
- b. Newly elected Steering Committee members: Possible meeting dates to discuss the Officer positions, Central Office Review, and ByLaws Review/Committee formation and 2023 Gratitude Banquet expectations and committee.

7th Tradition - **Venmo @NCIGAA** www.nocoaa.org/contribute

Marilyn G volunteers to read **Tradition 5** at the May 15th meeting.

In Closing, all state: “I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible.”

Adjourned: 7:07 pm

Next Meeting: May 15, 2023

NCIG / CENTRAL OFFICE FINANCE REPORT - APRIL 2023

Income

Income Source	Amount	Comments	QB # Category
7th Tradition Contributions	\$ 1,888.54	Individuals & Groups	5000
Faithful Fiver Contributions	\$ 287.90	Individuals	5020
Central Office	\$ 1,486.15	April 2023 Sales Total	
Literature Sales	\$ 1,013.50		5200
Chip Sales	\$ 358.40		5205
Recovery Item Sales	\$ 46.50		5210
NCIG Sales	\$ 65.75	Includes Newcomer Packets and Meeting Lists	7100
Shipping	\$ 2.00	New Hope Group Order	5300
Rialto Theater Return Credit	\$ 41.00	From We Aren't A Glum Lot	5400
TOTAL APRIL INCOME	\$ 3,703.59		

Cost of Goods Sold (COGS)

Expense	Amount	Notes	QB # Category
Cost of Literature	\$ 800.61	A.A.W.S. conference-approved Literature & Pamphlets. Literature from Hazelden and Amazon (incl special orders)	6000
A.A. World Services	\$ 601.46	Breakdown of the Cost of Literature	
Hazelden	\$ 147.42		
Amazon	\$ 51.73		
Cost of Chips and Recovery Junk	\$ 330.94	From Recovery Shop & Token Shop, 90% chips	6025
Cost of Printing (Ink Works)	\$ 74.32	NCIG items sold tax-free	6200
Shipping	\$ 2.94	Order sent to New Hope Group in Frederick	6200
Total Cost of Goods Sold (COGS)	\$ 1,208.81		
TOTAL GROSS INCOME	\$ 2,494.78		

Operating Expenses

Expense	Amount	Notes	QB # Category
Comcast	\$ 183.51	Monthly: Cable Internet + Phone Service	7124
State Farm Insurance	\$ 37.66	Monthly	7150
El Dorado Artesian Springs	\$ 6.45	Monthly: water & dispenser rental	7213
Zoom Software Subscription	\$ 17.20	Monthly	7234
Quickbooks Software Subscription	\$ 88.27	Monthly	7235
Office Supplies	\$ 88.03	Occasional - envelopes, folder, hanging file folders, pens, tape	7300
Payroll Processing Fee	\$ 1.75	Monthly - A Quickbooks Fee passed on from Cache Accounting	3300
Office Manager Net Payroll	\$ 2,096.49	Monthly - actual paid at end of month with above processing fee.	7600
Cache Accounting	\$ 270.00	Monthly (differs), payroll, all the questions	7472
Central Office Rent	\$ 735.00	Monthly, February paid end of month	7500

Northern Colorado Intergroup

Website: Cloudflare	\$ 20.00	Monthly: backup web server, speed boost	7754
MailChimp Automated Email Platform	\$ 27.52	Monthly - our mailing list and subscription mechanism	7751
Payroll Taxes (Employer FICA)	\$ 615.95	Quarterly - Q1	7400
Payroll Liabilities (Employee)	\$ 1,419.95	Quarterly - Q1 (FICA and Withholding)	3200
Payroll Liabilities (State)	\$ 306.00	Quarterly - Q1 (Withholding)	3200
FAMLI - Colorado Initiative	\$ 36.23	Quarterly - Q1 (started in Jan 2023)	7332
Sales Tax (City)	\$ 183.49	Quarterly - Q1	7911
Sales Tax (State)	\$ 168.16	Quarterly - Q1	7912
TOTAL EXPENSES \$ 6,301.66			
NET APRIL INCOME \$ (3,806.88)			

April Actuals (Profit & Loss)

Income	\$ 3,703.59
Expenses (COGS & Operating Expenses)	\$ 7,510.47
Net April Income	\$ (3,806.88)

2023 Year to Date (YTD) Actuals (Profit & Loss)

Income	\$ 28,269.66
Expenses (COGS & Operating Expense)	\$ 27,550.13
Net YTD Income	\$ 719.53

Bank Statements - Canvas Credit Union

Checking Account - Ending Balance 4/30/23	\$ 4,473.02
Savings Account/Prudent Reserve 4/30/23	\$ 8,515.52
Current Checking Account Balance 5/9/23	\$ 5,501.08

Monthly Payroll Breakdown

		NOTES
April Gross Payroll Salary	\$ 2,683.89	
Payroll Taxes (Employer FICA)	\$ (205.32)	paid to the IRS in Q2 (7/2023)
Payroll Liabilities (Employee)	\$ (587.40)	
April Net Payroll Salary	\$ 2,096.49	Office Manager's net April 2023 pay
Payroll Processing Fee (Quickbooks)	\$ 1.75	Charged to NCIG & taken out before above is deposited
Total taken out of NCIG's bank account on 4/27/2023	\$ 2,098.24	
Hours	121.33	28 hours/week

7th Tradition Contributions by Group

Group Name	April Amount	YTD Amount
539		\$551.64
7am Freedom		\$3.00
AA Recovery Group of Windsor	\$244.17	\$484.67
Acceptance	\$36.23	\$232.81
Awakenings	\$83.38	\$681.79
Basic Text		\$80.72
Berthoud Group		\$50.00
Berthoud Hump Day		
Big Book Enthusiasts		
Big Book of Loveland	\$50.00	\$250.00
Breakfast with Bill and Bob		\$1,291.00
Broad Highway of Recovery (AI-Anon)	\$75.00	\$150.00
Burlington AA Group		
Campus Group		
Campus Group 2		\$60.90
Daily Noon Zoom		\$889.42
Early Worms		
Eaton Crow Group		
Fort Collins Group		
Friends of Bill W.		\$93.60
Friends of Bill W. 7 AM	\$30.00	\$112.98
Great Fact Group		
Greeley Group 2	\$20.00	\$80.00
Greeley High Noon		
Greeley Westside Group	\$67.00	\$107.00
GYST Harmony		\$226.00
Happy Destiny		\$299.30
High Noon FoCo		
Johnstown Primary Purpose	\$400.92	\$400.92
Keep It Simple Group	\$389.00	\$1,345.00
Kitchen Table A.A.		\$38.00
Laporte 287 AA Group		\$172.00
Last House on the Block		\$858.06
Let Them Eat Cake		
Loveland AA Group		\$240.89
New Beginnings		
New Hope		
NOCO Pathfinders		\$150.00
Rule 62 YPAA	\$20.00	\$67.48
RUS	\$39.42	\$64.62
Shoulder to Shoulder		\$364.80
Spring Creek		\$75.00
Step Sisters	\$20.00	\$80.00
Sterling AA Group		
Union Colony Group		\$477.19
Windsor Triangle	\$356.12	\$576.62
Windsor Women Unite AA		\$410.33
Women in Recovery		\$200.00
Women of F.A.I.T.H.		\$388.00
Women's Recovery Through the Steps		\$120.00
Women Steppin Up	\$15.00	\$60.00
Women Seeking Sobriety		
YAGBT		\$25.00
Your Life Group		\$30.00
TOTAL GROUP CONTRIBUTIONS	\$1,846.24	\$11,788.74

Mar-23 \$2,360.63

23-Feb \$2,650.55

Projected May 2023 Expenses Budget

Expense	Total Amount	Notes / Detail
Ink Works	\$ 150.00	Meeting lists, newcomer packet
A.A. World Services	\$ 850.00	A.A. literature re-stock
Recovery Shop	\$ 300.00	Medallions (chips), Cards, Stickers, and special orders
Hazelden	\$ 65.00	Literature
Literature & Recovery Goods (COGS)	\$ 1,365.00	
Expense	Amount	Notes
Central Office Rent	\$ 735.00	Monthly
State Farm Insurance	\$ 37.66	Monthly
El Dorado Artesian Springs	\$ 21.00	Monthly (water), varies
Mail Chimp Software Subscription	\$ 27.52	Monthly - email marketing software
Comcast	\$ 183.51	Monthly, Cable Internet + Phone
Zoom Software Subscription	\$ 16.12	Monthly
Quickbooks Software Subscription	\$ 88.27	Monthly, bookkeeping for May
Office Supplies	\$ 70.00	Monthly (as needed)
Cache Accounting	\$ 66.00	payroll, sales tax, and FAML I report
Cloudflare	\$ 20.00	Monthly Website Boost & Backup
Quickbooks Payroll Processing Fee	\$ 1.75	Payroll Processing Fee
Office Manager Monthly Salary	\$ 2,096.49	Monthly - actual paid at end of month
Total Operating Expense	\$ 3,363.32	
TOTAL PROJECTED MAY BUDGET	\$ 4,728.32	paid bn 5/1 - 5/9 in red*

*Some COGS expenses as well

Payroll Detail - For Reference

The April 2023 finance report includes the 1st Quarter federal payroll and liability taxes for Jan, Feb, March 2023.

The **state withholding** that comes out of the gross pay was paid April 28th, which was **\$306**. Every employer is obligated to remit all payroll liabilities, what comes out of an employee's gross pay, to the IRS & State every quarter.

The Office Manager gross salary is \$32,206.68. The monthly gross is **\$2,683.89**.

Q1 gross salary --> $\$2,683.89 \times 3 = \$8,051.67$

The **employee FICA** is 7.65% of the above amount = **\$615.95** for Q1 (which is a payroll liability NCIG is "obligated to remit" as part of the gross salary) and the employee federal withholding is \$804 -- totaling **\$1,419.95**.

In 2023, the FAML I Colorado (Initiative) started and is \$12.08 per month of the gross pay.

In Q1, $\$12.08 \times 3 = \36.24 . This is also part of the Payroll Liabilities.

NCIG's (the employer's) **FICA** is also 7.65% of the gross pay amount for Q1, \$8,051.67, which is the same as the employee's FICA): $\$205.32 \times 3 = \615.95 for Q1. This is the "Payroll Taxes."

The federal payroll liabilities and taxes are paid together by our accountant every calendar.



SCAVENGER HUNT

still looking
for a 1993
Sober Fest
coffee cup.
Clear glass
with blue
writing.

**Winner gets
a prize!**

Contact
Rhonda N. at
rudalu@msn.
com or call.

~ A NOCO A.A. FELLOWSHIP EVENT ~

Northern Colorado
Intergroup /
Central Office
presents

**Twelve
Traditions
Workshop**



at the
American Baptist Church
600 S Shields St
in Fort Collins

with
COFFEE, TEA, & COOKIES



VOLUNTEER TO CHAIR OR
HAVE QUESTIONS?

EMAIL contact@nocoaa.org
www.nocoaa.org



*Every Workshop
is one hour &
has a different
three speaker panel
with a Q & A*

**TWELVE TRADITIONS
WORKSHOPS IN 2023
EVERY 3RD SUNDAY AT 6PM**

workshop dates

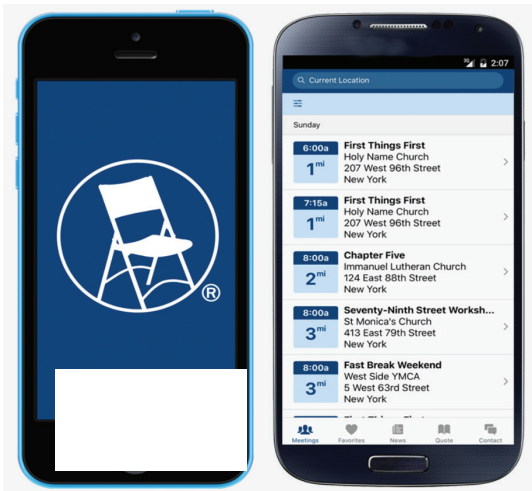
One	JAN 15
Two	FEB 19
Three	MAR 19
Four	APR 16
Five	MAY 21
Six	JUN 18
Seven	JUL 16
Eight	AUG 20
Nine	SEP 17
Ten	OCT 15
Eleven	NOV 19
Twelve	DEC 17

Looking for a meeting space? A representative of St. Lukes Episcopal Church in Fort Collins contacted Central Office to put the word out that they would like to host A.A. meetings. Email officemanager@nocoaa.org

@NCIGAA



venmo



<https://www.aa.org/meeting-guide-app>

Tradition 6 Checklist

1. Why is it important that we not get involved in outside enterprises?
2. Is it ever wise for a group to lease a small building or endorse an outside event?
3. Are all the officers and members of our local clubhouse familiar with "Guidelines on Clubs," which is available free from GSO?
4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?
5. Our group's landlord is raising money to pay for a new roof on the building. Should the group make a contribution? What if the landlord specifically asks the group to make a contribution?

Tradition Six: An AA group ought never endorse, finance or lend the AA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.

SAVE THE DATE!

2023 SOUTHWEST REGIONAL FORUM

SEPTEMBER 29-OCTOBER 1, 2023

RADISSON AIRPORT HOTEL
EL PASO, TEXAS

For information on Regional Forums,
visit www.aa.org



You're Invited!

Happy Destiny's Annual BBQ and Meeting



Come join us for fellowship, food and fun!

We will provide the burgers, hot dogs and drinks.

Please bring a side to share!

When: Friday 8/18/23

Start Time: Meeting starts at 5:30

Feel free to come by early with some lawn games!

Food and fun directly after the meeting at 6:30

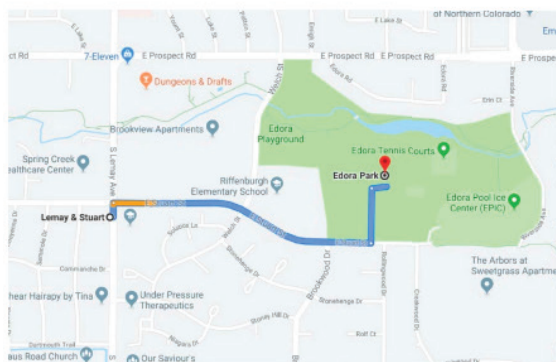
End Time: 8pm

Where: Edora Park

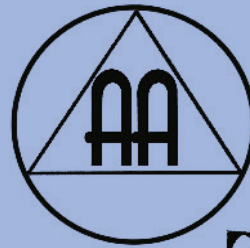
1420 E. Stuart St, Fort Collins 80525

Note: The park does have tables and benches but feel free to bring a lawn chair!

*****This is an open meeting, all are welcome to attend!*****



District 21 Archives
Presents



Longtimers Tales



Experience,
strength and hope
freely dispensed
the 1st
Wednesday of the
month.

SOBER 20+ YEARS

7PM ONLINE &

IN PERSON

1 ASPEN DR. LOVELAND, CO

ID 860 9176 1168

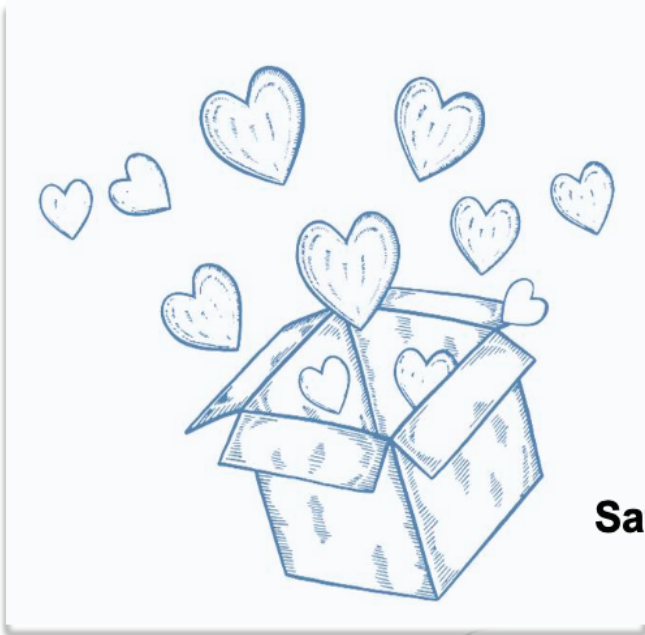
PSWD drbob

669-900-6833

Area 10 Summer Assembly 2023

The Gift of Gratitude

July 7-9, 2023



Doubletree by Hilton
Greenwood Village, CO 80111
Hosted by District 30

Saturday Lunch Buffet: \$22⁰⁰ cash or check
Saturday Speaker Meeting: 7 pm
Ice Cream Social: \$16⁰⁰ cash or check
Saturday following the Speaker Meeting

Parking: Overnight and day parking are charged to each individual guest through a parking company. Guests will see signs upon arrival and will need to scan the QR code on the signs in order to register their vehicles and pay the fee. Overnight guests can also pay the hotel directly via their guest room if preferred. Maximum parking fee is currently \$15; subject to change. ***Special Discount**
Overnight and Day Event Parking is extended to \$5 per day, per vehicle.

Accommodations:

Doubletree by Hilton: \$129 per night

Use Event "Summer 2023 Assembly"

Reserve by June 1, 2023 for discount

Central Reservations: 800-222-8733

Local Reservations: 303-779-6161

Direct Link: [Area 10 Winter 2023 Assembly Room Reservations](#)



Contact: Amy at acn1143@comcast.net