Northern Colorado Intergroup/ Central Office of Alcoholics Anonymous

December 2023

A letter from Don T., a fellow member who organizes fundraising events for our area of Northern Colorado:



In thinking about service I can certainly agree with Dr Bob on his reasons for passing on what was freely given to me:

- 1. A sense of duty
- 2. It's a pleasure
- 3. In doing so I'm repaying my debt to the one who the person who took the time to pass this on to me
- 4. Every time I do I'm taking out a little more insurance for myself against a possible slip

To me, it has been an absolute joy to make connections with others through service and experience the rewards of a spiritual way of life. Seeing the growth in others and myself as I practice the AA principles in my life has given me a deep sense of purpose. I was taught early on that AA is a program of action and

a natural response to my gratitude for this precious gift of being of service to others, especially the newcomer. I love the fact that this program offers us countless ways of being of service; sponsorship, chairing meetings, contributing financially are just a few simple ways I can express my gratitude for this precious gift. We all have an opportunity to ensure the survival of AA for future generations. This world is full of "still suffering alcoholics." I encourage you not to miss out on the joy and fulfillment selfless service can bring.

Don T. (Come to the New Year's Eve event at 301 E Drake St in Fort Collins!)

# **Ring in 2024**





7:00 pm — MIDNIGHT

301 E Drake

Fort Collins, CO

Speakers: Tina P & Colin Q

# **DJ** and Dancing

East Coast New Year: 10:00 pm

Rocky Mountain New Year: MIDNIGHT

Co-Hosted by Don T and Rule 62

Bring snacks to share Coffee, soda, and water provided

Donations at the door for rent and 7th Tradition in support of Northern Colorado Intergroup

Service opportunity: Cleanup at 9:00 am Jan 1, 2024

#### WWW.NOCOAA.ORG

# Central Office

OPEN Mondays - Fridays, 9 AM - 5 PM

155 N College Ave #120 Fort Collins, CO 80524 970-224-3552 • 24/7/365

#### Central Office serves the meeting groups and the next alcoholic.

We have a **Lending Library** with conference-approved literature and books of all types along with speaker cassette tapes & CDs. We also have extra issues of Grapevine, the "meeting in print", to check out.

#### Does your group need an Intergroup Representative?

We service over 75 groups in Northern Colorado. Talk to your homegroup in your town. Be an IGR, and help to continue to make Central Office thrive and fulfill its primary purpose for the Northern Colorado area.

#### **District 21 (Larimer County):**

**DCMs** - Marcus and Steve

**ARCHIVES** - Meets 3rd Wednesday of the month 4:45pm at 213 Jefferson St (Millenium Tattoo), Fort Collins. They also host the Longtimers' Tales speaker meeting on the first Wednesday of the month at 7 PM, 1 Aspen Dr in Loveland.

**BRIDGING THE GAP** - This A.A.-wide program helps people leaving a correctional or treatment facility become aquainted with A.A. and attend A.A. meetings in their home town, after they are released. Contact D21 BTG at bridgethegapnoco@gmail.com or fill out the BTG form on nocoaa.org if this service is of interest to you.

**CORRECTIONS** - Contact Jerry at jerrythedad1@gmail.com.

**CPC/PI** - Individuals wishing to connect with people who wind up in the hospital (Medical Center of the Rockies, Poudre Valley, North Colorado Medical Center Greeley, Banner Medical Center, and McKee Medical Center), there is an active **Peer Support Hospital Visitation Program**.

The AA Hospital Dispatcher role is for receiving calls from participating Fort Collins, Loveland, and Greeley Hospitals for patients who request a visit or call from AA. They manage calls and ensure that the proper AA response team is in place to respond to the calls/visits. Meetings are the 3rd Wednesday of the month at 5:30 pm-Harmony Pres Church, 400 E Boardwalk, Fort Collins.

The AA Hospital Program offers volunteer training/education sessions. Please contact the dispatcher Larissa at 970-691-1073 if you have any questions regarding the service or on becoming a volunteer for the AA Hospital Program. Education/training session can be on Zoom and Larissa can provide more information.

**TREATMENT** - Join the D21 Treatment Committee and share your experience, strength, and hope with men and women in our local rehabilitation centers. Please help us carry the message of hope to these individuals who are about to re-enter the real world. Remember, you can only keep what you have by giving it away. Contact nocotreatment@gmail.com.

For **District 23** (Weld County) information, contact their DCM, Sean W. at walker.sean42@gmail.com.

# Northern Colorado Intergroup Inventory



January 13, 2024

10 AM-2 PM

Facilitator: Jeff O (past delegate)

Groups are encouraged to send IGRs and other interested members for a discussion and input to our Northern Colorado Intergroup/Central Office and Steering Committee direction and functions. Please bring questions and input from your group.

#### Hosted by NCIG Steering Committee



10 am—Noon: NOCO Intergroup/Central Office Inventory

Noon —12:30 pm: Potluck lunch (coffee,

utensils provided

12:30 pm — 1 pm: Cleanup

Westminster Presbyterian 1709 W Elizabeth Fort Collins, CO

For information, contact: Rhonda N, 970-217-5273

# 2024 FELLOWSHIP ROUNDUP

Hosted by Berthoud Groups

#### When:

February 24, 2024 • (doors open at: 2:00)

#### Where:

Brookside Gardens Event Center 619 E. County Rd. 8, Berthoud, CO 80513

#### Cost:

Come for fellowship, AA and Al-Anon guest speakers, food & fun, for only \$30.00!

Multiple raffles throughout the evening; bring cash to buy a "full arm's length!"

#### Schedule:

2:30 PM: Fellowship

3:30 PM: Al-Anon Speaker: To Be Announced

5:00 PM: Dinner

6:30 PM: AA Speaker: To Be Announced

7:45 PM: Desserts and Closing (doors close at: 8:45)

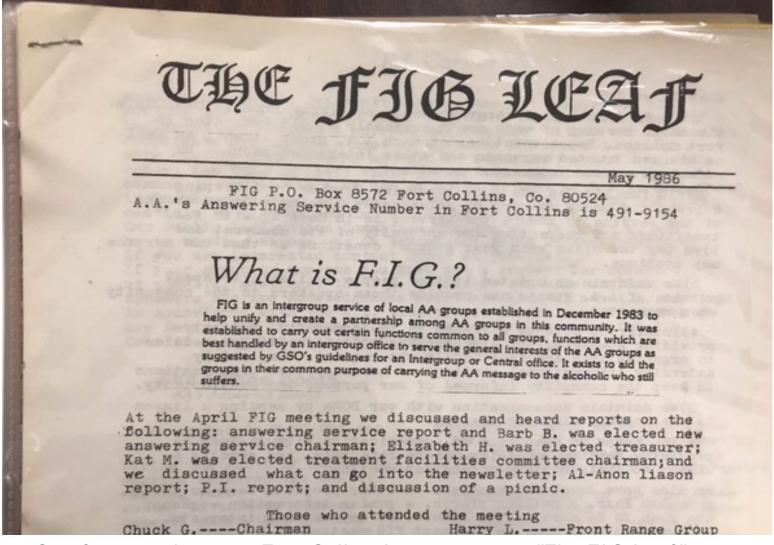
#### Theme:

H.O.P.E. (Happy Our Programs Exist)

**Donations Appreciated!** 

Questions? We're looking forward to an enjoyable night of Call Brandon O: 970.699.2697 Fellowship, Speakers and Dinner!

# This month is Northern Colorado Intergroup / Central Office's 40th Anniversary!



Our first newsletter as Fort Collins Intergroup was "The FIG Leaf." Above is the front page of the first issue from our Archives.

#### CENTRAL OFFICE STATEMENT OF PURPOSE

The purpose of NCIG / Central Office is to support meeting groups in the area and to assist in helping to carry the message to the next alcoholic by receiving, distributing & following up on 12 step calls, answering inquiries about A.A., and cooperating with Area public information committees. Central Office also maintains information about Northern Colorado meetings and events. We provide 24-hour phone service, a centralized website, a place to go to get newcomer packets, meeting lists, and literature.

# well, well, well, if it isn't the consequences of my own actions

Are there any changes to your meeting or do you have a suggestion for Central Office?

Send it to officemanager@nocoaa.org

What do you want to see under Resources on the Intergroup website? Send it to us at officemanager@nocoaa.org

Want write an article for Northern
Notes?

Send it to us at officemanager@nocoaa.org

Do you have a story, image or joke for Northern Notes?

You know what to do.

#### yellow-rumped warbler poem











The Half-Hour Variety Hour AA Grapevine's Podcast

#### What is Intergroup???

Intergroup has been formed so that each group may elect a representative from their group to participate in monthly business meetings with other group representatives. Each month they share their group's experience in carrying the A.A. message, lets all the members of Intergroup know how their home group is doing: numbers of attendance, when and where they meet. The Intergroup representative keeps their group informed about what Central Office is doing, as well as the other groups. Make sure your group has a vote and a voice! Intergroup helps the next alcoholic and the Central Office.

All actions of the Northern Colorado Intergroup shall be guided by the Twelve Traditions, Twelve Concepts, and the A.A. Service Manual.

Governed by the By-Laws and Amendment documents.



PRINCIPLES:

Service Anonymity Spirituality **STEP** - Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

**TRADITION** - Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

**CONCEPT** - The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action.



#### **Grapevine: Current Issue Spotlight:**

This month's feature section is "Remote Communities and Sober Holiday Stories." Members share hopeful stories about alcoholics having trouble reaching AA and the people who do Remote Community service. Plus some wonderful sober holiday stories!

#### **Submit Your Story! Upcoming Topics...**

**1.Happy Birthday Grapevine!** — In June, Grapevine turns the big 80! Help us celebrate by sharing your very best memories with Grapevine. Why do you love Grapevine? Was there a story that once helped you? How did being a GV Rep help your sobriety? What did you learn? Share your best Grapevine memories! (stories due Dec. 15, 2023)

**2. Annual Prison Issue** — Looking for stories of hope about AA in prisons and jails by incarcerated members and by those who bring meetings to them. Did you find AA in prison? What is sobriety like inside? Are you involved in correspondence service or prison sponsorship? (stories due Jan 15, 2023)

More upcoming topics: Dating & Relationships...CPC Service!

Important: We're looking for stories of experience with each Step and each Tradition! (Pick a particular Step or Tradition and share your experience!) We also need your jokes!

#### A.A. Quote for December:

"The spiritual life is not a theory. We have to live it."

— Alcoholics Anonymous [Big Book], pp. 83

## How to send an Intergroup / Central Office 7th tradition contribution:

Venmo: @NCIGAA

PayPal: https://paypal.me/nocoaa Web: https://nocoaa.org/contribut Send a check or drop off cash at:

Northern Colorado Intergroup

155 N College Ave #120 Fort Collins, CO 80524 BIRTHDAY CONTRIBUTOR

5ER

support

BE A FAITHFUL FIVER

Sign up for a monthly contribution of \$5 (or more), or the number of years you've been sober. Visit us at https://www.nocoaa.org/contribute.



## **ANNIVERSARIES**

# CONGRATULATIONS

Dennis G. ~ 4 years

Don N. ~ 41 years

Erica B. ~ 8 years

G. ~ 2 years

Mary P. ~ 36 years

Pedro ~ 3 years

Polly E. ~ 20 years

Shannon L. ~ 3 years

Please email contact@nocoaa.org if you don't see your anniversary.

#### PROTECTION FOR ALL

November 30

At the personal level, anonymity provides protection for all members from identification as alcoholics, a safeguard often of special importance to newcomers. At the level of press, radio, TV, and films, anonymity stresses the equality in the Fellowship of all members by putting the brake on those who might otherwise exploit their A.A. affiliation to achieve recognition, power, or personal gain.

#### "UNDERSTANDING ANONYMITY," p. 5

Attraction is the main force in the Fellowship of A.A. The miracle of continuous sobriety of alcoholics within A.A. confirms this fact every day. It would be harmful if the Fellowship promoted itself by publicizing, through the media of radio and TV, the sobriety of well-known public personalities who became members of A.A. If these personalities happened to have slips, outsiders would think our movement is not strong and they might question the veracity of the miracle of the century. Alcoholics Anonymous is not anonymous, but its members should be.

#### **New @ Central Office**

- Service Manuals back in stock
- Updated pamphlets
- Stickers, Cards, and Magnets
- 2024 Grapevine Calendars

### Things We Cannot Change

This column acknowledges the passing of our A.A. friends and family within the Northern Colorado community.

If someone close to you in the fellowship has passed away, you can **contact us at NCIG Central Office - officemanager@nocoaa.org -** for a mention in Northern Notes to let other members know. Please send their name, town where they lived, and the month of the year they passed, which can be shared here.

#### New Year's Eve Saber Dance

**December 31, 2023** 301 E Drake in Fort Collins Doors open 7 PM, Speaker 7:30PM -8:30 PM, Dance 9 PM to Midnight

#### Wanna Help? Volunteers are needed!

Hall Monitors for Church

Decorations

Greeters

Coffee/Sodas/Water table

Bring snacks/treats

Set Up and ready Dance Floor

Clean up-- Extra help on this activity because church services are on Sunday Morning.

**Snow Shovelers** 

Cleanup check early Sunday morning

Contact officemanager@nocoaa.org



Please help us spread the word that the **Grapevine** and La Viña Apps are here!























# 23 /24 CALENDAR

#### Sunday, December 3rd, 5 PM

District 21 Meeting

(a) 301 E Drake (downstairs), Fort Collins

#### Tuesday, December 5th, 7 PM

District 23 Meeting

(a) 35 Carlson Blvd, Johnstown

#### Sunday, December 17th, 6 PM

Tradition 12 Workshop

a 2000 Stover St, Fort Collins

#### Monday, December 18th, 7 PM

Laporte 287 Holiday & Birthday Meeting Potluck

#### Sunday, December 31st, 7:30 PM

New Year's Eve Speaker & Dance Event @ 301 E Drake, Fort Collins

#### Tuesday, January 2nd, 5 PM

District 23 Meeting

(a) 35 Carlson Blvd, Johnstown

#### Sunday, January 7th, 7 PM

District 21 Meeting

(a) 301 E Drake (downstairs), Fort Collins

#### Saturday, January 13th, 10 AM

NoCo Intergroup Inventory

(a) 1709 W Elizabeth St, Fort Collins

#### February 2nd - 4th

Greeley A.A. Stampede @ Island Grove Park

#### February 24th, 2:30 PM

2024 Fellowship Roundup @ 619 E County Rd 8, Berthoud

#### Saturday, March 16th

We're Not a Glum Lot Comedy Night

a Rialto Theater, Loveland

#### March 22nd - 24th

Spring 2024 Assembly in Grand Junction























#### Alcoholics Anonymous®

www.aa.org

#### **General Service Office of Alcoholics Anonymous**

475 Riverside Drive, 11th Floor, New York, NY 10115 / Telephone: (212) 870-3400

November 17, 2023

Please direct all communications to:

P.O. Box 459 Grand Central Station New York, NY 10163 Fax: (212) 870-3003

#### Dear A.A. Friends:

As a Fellowship, we celebrate and recognize November as Gratitude Month. This is a time when we A.A.s reflect on the many gifts and blessings sobriety has given us. The program of Alcoholics Anonymous encompasses many facets: our home groups, sponsorship, the Twelve Steps and Twelve Traditions, Fellowship among each other, service on many levels, and many more. As the General Manager of the General Service Office (GSO), I'm grateful to see firsthand the many services GSO provides that support the spiritual purpose of Alcoholics Anonymous – carrying the message of sobriety to the alcoholic who still suffers. These services assist the many facets of the A.A. program.

With the spirit of Gratitude Month in mind, I write today to share with you the difficult news related to the current financial health of Alcoholics Anonymous and the potential continued challenges ahead as we strive to fulfill our spiritual purpose. I hope this letter will be met with understanding, and that the honesty and sincerity in my heart are apparent throughout. The last four years have been very challenging for A.A. in many respects. This began with the worldwide shutdown in early 2020 due to the pandemic, which immediately forced nearly all A.A. groups to close their physical doors and either stop meeting altogether or find other means of gathering. This was followed by a slow return of groups meeting in person, an economy filled with uncertainty, and a workplace that changed in many ways. During this time, GSO and our Boards, like other organizations and businesses, were forced to change dramatically. We quickly transitioned to working 100% virtual to continue serving the Fellowship.

The office, along with the A.A. World Services (AAWS) and General Service Boards (GSB), have worked hard to manage our finances through these last four years with the hope that many of the challenges we faced would subside and return to pre-pandemic conditions. It is apparent now that the financial challenges we face cannot continue to be met with the deferral of essential projects and office development that are necessary to carry out Advisory Actions of the General Service Conference and support the vital services GSO provides.

Our tradition of self-support has always been vital to the health and future of the Fellowship and been our main source of income. However, there has always been a need for additional support from the sale of our literature. When the pandemic hit in early 2020, the initial impact on our revenue was significant, with a steep decrease in contributions. Income from sales of A.A. literature was also significantly reduced as sales came to an almost complete halt. The Fellowship responded with tremendous generosity, resulting in contributions reaching record levels. That continued in 2021, and contributions in 2022 nearly matched the 2021 level. This year to date, we are on pace to reach similar levels to the last three years. Your generosity is greatly appreciated and heartwarming.

Unfortunately, literature profits have not rebounded back to pre-pandemic levels. In addition to the slow return of sales, inflation has resulted in substantial increases in the cost to produce and distribute literature. Conscious of the challenges facing groups and members, the AAWS board held literature prices steady for as long as possible until earlier this year, when it became apparent the costs to produce and distribute were not going to return to prepandemic levels. Despite increased contributions after the pandemic, the loss in literature revenue has left our total revenue short by approximately \$1,000,000 compared with perpandemic times.

The pandemic has also had a significant impact on virtually all our expenses. Of note are increased costs related to meetings, events, and travel, which are a key necessity to support the Regional Forums, board meetings, and the General Service Conference. However, we have managed to reduce total operating expenses to an average of \$15,768,000 compared with pre-pandemic levels of \$16,258,000. Reducing total expenses below pre-pandemic levels truly illustrates the diligence the office and the boards applied to the budget and operations to offset losses.

Because of the significant decline in literature sales and revenue and the large cash outlay needed to continue printing and distributing our literature, we have also experienced a very tight cash position. Our reforecast budget for this year estimates a loss of \$997,000, after depreciation and the GSB support of *La Viña*.

The office and all three boards have worked diligently to address these financial challenges. A systematic and dedicated approach to budgeting has been developed over recent years and allows for the most informed group conscience possible. Throughout, budget managers and the AAWS Board work together to find the most effective ways to prioritize and execute services, maximizing the use of each A.A. dollar. In addition to the annual budget process, a reforecast is done midyear to adapt to the direction brought forth by the April General Service Conference and other factors impacting original estimates.

As difficult as this letter is to write, I'm hopeful and optimistic for A.A.'s future. Together we can overcome the challenges we're facing. We need your help to continue to adjust to and plan for the reality of current economic conditions and changes in our Fellowship. As members we often say that when A.A. needs money, the Fellowship will respond. This is one of those times. Your generosity has sustained us through very difficult times in the past. If your group is able, in the spirit of Gratitude Month, please consider a special contribution to the General Service Board. You can make a contribution through aa.org by clicking <a href="here">here</a> or by mail.

Make your check payable to the General Service Board to:

General Service Office P.O. Box 2407 James A. Farley Station New York, NY 10116-2407

Moving forward, more frequent, and incremental contributions would be much appreciated as the office incurs many of its expenses during certain parts of the year. In particular, many of

> Alcoholics Anonymous® www.aa.org

our more significant expenses are incurred from January to May, due to planning, preparation, and operation of the General Service Conference each April.

Attached to this letter you will find a summary of the operations of GSO and details of many of the vital services GSO provides. I hope this information gives you a greater understanding of the vital work and services your contributions help to support. Thank you so much for everything each of you do for Alcoholics Anonymous.

With gratitude for all the sacrifices you make for A.A.,

Bob W.

Bob W. General Manager, GSO See https://www.aa.org/sites/default/files/literature/gratitude\_letter\_combined\_en1123.pdf

#### **Electronic Deposit Procedures for Area 10 Contributions**

At our Winter Assembly, November 17-19, 2023, the body approved a motion from the Finance Committee authorizing Area 10 to accept contributions from Area 10 groups and Districts via Zelle.

Zelle is a network for the electronic transfer of funds between accounts at participating banks. Zelle is available at most Colorado banks and allows for the instantaneous transfer of funds. Both the person sending the funds and the account receiving the funds receives an email confirmation of the transfer.

The Finance Committee investigated several alternative methods for receiving electronic transfers and concluded that Zelle offers a safe and effective means of effecting electronic contributions. Zelle transfers will be received in an existing Area 10 account dedicated to that purpose.

#### Procedure for make contributions via Zelle:

- Electronically access your account at your bank and click on "Send Money" or "Zelle".
- 2) At the Zelle screen enter "treasurer@ coloradoaa.org" as the recipient.
- 3) In the amount space enter the amount of your contribution.
- 4) In the "Memo" space for information to your recipient enter <u>your group</u> <u>name, district, and group number.</u>
- 5) It is critical that you enter <u>your group name</u>, <u>district</u>, <u>and group number</u> in the box provided for. Contributions can **NOT** be credited to a group or district if we don't receive sufficient information to identify your group or district.

If you have any questions or concerns when you attempt to make Zelle contributions, please contact me at the email and/or number below:

Paige Jackson Area 10 Treasurer treasurer@coloradoaa.org (301) 758-7305

# Northern Colorado Intergroup Committees

#### **Fundraising & Events Committee**

Join this committee if you are interested in planning community events. You do not need be an IGR.

#### A.A. Outreach Committee

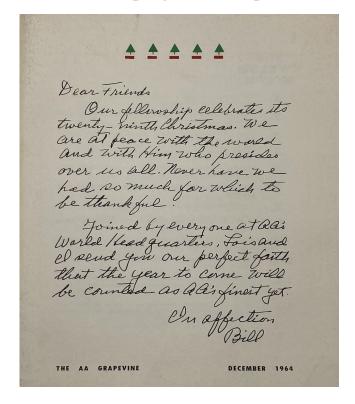
You are welcome to join us. You do not need to be an IGR to be on any of the service lists outlined below. We provide 3 services:

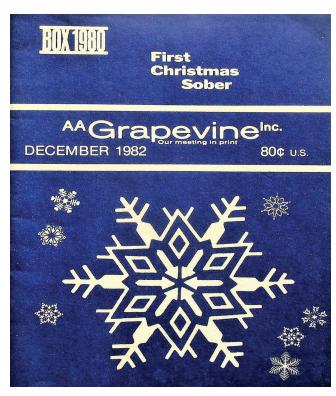
12 Step Calls: People who are experiencing symptoms of alcoholism call in to the Central Office. Central Office keeps a list of volunteers who are willing to call the person back and share on the phone. There is also another list of persons we want to enlarge of those who are willing to make a 12th-step visit with another member of AA - same gender, to the next suffering alcoholic. \*We never go alone and there are a series of guidelines and suggestions set down by GSO and the longtime sober AA's who have gone before us.

**Kitchen Table AA:** This is a list of AA members who, when available, take a meeting to people who are temporarily shut in or homebound for a variety of reasons: Recent surgery, transportation limitations, living at a facility or unable to leave the home for any reason.

**Road Trip AA Outreach:** This service consists of a number of volunteers willing to come together and "road trip" to an outlying area meeting. The group will decide on a meeting, meet at a central location and carpool to the meeting together.

**CONTACT:** To volunteer to do service on either or both of these committee options, please email officemanager@nocoaa.org.







# **▲ MEETING CHANGES ♣**



GROUP/MEETING	UPDATE	
A Way Home	New Meeting on Wednesdays at 6:30 PM 1709 W Elizabeth St in Fort Collins	
Early Worms Women's Meeting	New Meeting in Estes Park under existing Early Worms Group - Mondays 12 pm	
Fall River Group	Estes Park Meeting - New schedule: Sunday, Noon - online Zoom: 999 829 166 Monday, Noon - 453 Elkhorn & Monday 7 pm - Hybrid Tuesday, Noon - Online Zoom: 999 829 166 Wednesday, Noon & Wednesday, 7 pm - both Hybrid Thursday, Noon - Online Zoom: 999 829 166 Friday, Noon - Online Zoom: 999 829 166 Saturday, Noon - 453 Elkhorn - Hybrid	
Honor and Integrity Through Sobriety	New meeting on Fridays at 7 PM South Club, 2608 7th Ave in Greeley/Garden City	
Loveland Group	2 online meetings were cancelled: Friday & Saturday at 5:30pm	
NCIG Steering Committee Meeting	Changed Day & Time: 2nd Wednesdays at 6 pm Same Zoom Meeting ID as Intergroup Meeting	
One Day at a Time	New meeting on Thursdays at 6:30 PM 5420 N Taft Ave in Loveland	
Platteville Sippers	Time Change: now at 6 PM on Mondays	
Step Sisters	In-person only now.	
Windsor Women Unite	New Schedule: Tuesdays, Thursdays, and Saturdays at 8:30 AM	
Women of F.A.I.T.H.	Location Change: Council Tree Covenant Church, 4825 S Lemay Ave, Fort Collins	
You Are Not Alone	New Meeting on Saturdays at Noon 1159 Main St, Foundations Church in Windsor	

I am Responsible . . .

When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.

#### DAILY

#### Reflections

"SUGGESTED" STEPS

December 01

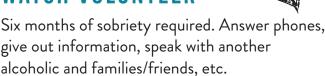
Our Twelfth Step also says that as a result of practicing all the Steps, we have each found something called a spiritual awakening. .

. . A.A.'s manner of making ready to receive this gift lies in the practice of the Twelve Steps in our program.

#### TWELVE STEPS AND TWELVE TRADITIONS, pp. 106-07

I remember my sponsor's answer when I told him that the Steps were "suggested." He replied that they are "suggested" in the same way that, if you were to jump out of an airplane with a parachute, it is "suggested" that you pull the ripcord to save your life. He pointed out that it was "suggested" I practice the Twelve Steps, if I wanted to save my life. So I try to remember daily that I have a whole program of recovery based on all Twelve of the "suggested" Steps.

#### SERVICE OPPORTUNITY: BE A CENTRAL OFFICE WATCH VOLUNTEER



#### Available shifts for one person or a (meeting) group:

PHONE (forwarded):

- 1st Saturday of the month, 8 AM 8 PM
- 4th Friday of the month, 5 PM 8 AM

You can also be a substitute and/or be a 12th. step caller on our help-the-next-alcoholic list

Contact Beth at officemanager@nocoaa.org

### CENTRAL OFFICE

#### DAY WATCH PHONE STATS

	NOV 2023
A.A. Information	28
Al-Anon	2
Bridging the Gap	2
Detox/Treatment	1
12th Step	1
Other Calls*	15
Visitors	53
Voicemails**	2
TOTAL CALLS	51

<sup>\*</sup> Usually local members requesting anything from a meeting change to a special order, but also includes hang-ups.

#### NIGHT WATCH PHONE STATS

	NOV 2023*
A.A. Information	9
Al-Anon	0
Bridging the Gap	0
Detox/Treatment	0
12th Step	2
Other Calls	4
TOTAL CALLS	15"

<sup>\*</sup> Incomplete, missing several uncompleted volunteer entries.

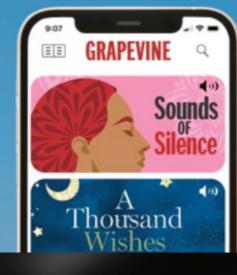
#### WEBSITE & GOOGLE SEARCH STATS for November 2023:

FROM WEBSITE	FROM GOOGLE SEARCH	WEBSITE	PHONE
WORD PRESS INSIGHTS	PROFILE>	CLICKS	CALLS
5,381 USERS*	1,840 VIEWS	435	47

<sup>\*</sup>Distinct single user visits to nocoaa.org

<sup>\*\*</sup> Voicemails are from night watch missed calls & are returned.

# Tell us what you think...





# In the Top 40 on the App Store!

31 AA Grapevine
International Journal
of AA



# Grapevine and La Viña Apps

Imagine having all of this at your fingertips:



Scroll through monthly magazine



Archives of every magazine since 1944



Search tool



Audio playlist of every current article



Popup day count



Input your meeting schedule



Create a Daily Spiritual Maintenance Checklist



Podcast link



**Daily Quote** 



**Meeting Guide** 



**Sobriety Calculator** 



Build a library of favorite articles



**Grapevine Store** 



Link to YouTube channel



Please note: We show the October minutes in this December issue of NN because the Intergroup Representives (IGRs) have not approved the November 2023 minutes yet, not until December's meeting on 12/18/2023. Also, the October finance report was delayed for a vote and will be shown next month.

#### Northern Colorado Intergroup / Central Office Intergroup Meeting- Minutes October 16<sup>th</sup>, 2023 - NCIG Virtual Platform

Call to order: 6:03 PM

- 1. Serenity prayer + welcome
- 2. (Quorum > 7 IGRs)

Amy D (Happy D), Amy J (Secretary); Andrew H. (Awakenings) Chelsea B. (Women Stepping Up), Beth S (Office Manager), Cindy B (District 21 Rep), George C. (RUS Group), George McC (Vice Chair & Spring Creek) Jessica J (Women Seek Sobriety & District 23); Julie McD. (Central Office Volunteer Coord), Kaitlyn B (HJF), Karen K (Treasurer), Kent B (Breakfast w/BB), Lisa Z (LaPorte 287) Lori M (Basic Text), Marilyn N (SC Member at Large); Mike B (539), Molly W (Women of Faith), Rhonda (SC Chair), Zoe A (Asst Treasurer & Rule 62)

- 3. Group Updates/Announcements
  - Molly W. Women of Faith is moving meeting location. Currently meeting at Genesis Church. On 11/18/23 the meeting is moving to the Council Tree Covenant Church @ 4825 S Lemay Ave
  - b. Kent B New IGR for BBB will be voted in next month
- Approval of September 2023 NCIG Meeting Minutes George C, motion, Lori M. second, (20-0-0)
- 5. Reports:
  - a. Chairperson Rhonda N No report
  - b. Treasurer- Karen K Marilyn motions to approve the September 2023 Treasurer Report: Lisa Z. seconds (20-0-0). Report approved.

TOTAL SEPTEMBER INCOME \$ 4309.79

Total Cost of Goods Sold (COGS) \$ 1302.77

TOTAL GROSS INCOME \$ 3007.02

TOTAL EXPENSES \$ 4439.35

NET SEPTEMBER INCOME \$ (1432.33)

- c. District 21 Cindy B. Approval for budget moving to January meeting. Elections coming up: Co-DCM South, Alternate DCM, and Secretary (2yr position)
- d. District 23 vacant
- Old Business:
  - a. Central Office Inventory will take place in January
  - b. Gratitude Event updates and ticket sales
    - Sold 91 tickets out of 230 tickets. Tickets available, purchase at NOCOAA.org
      - 1. Website bug saying event is sold out has been fixed. You can now purchase tickets without any issues
    - ii. Next planning meeting 10/22 11am @ Central Office (155 N College, Suite 120)
    - iii. All supplies donated, expenses will be minimum

- iv. Bring desert or appetizer to share
- v. Help to setup is appreciated. 4pm day of the event.

#### 7. New Business:

- a. November 19<sup>th</sup>, 6pm Tradition 11 workshop @ St Luke's Episcopal Church (2000 Stover St, Fort Collins). Please announce workshop to groups
- b. Requesting questions for 2024 January Intergroup Inventory
  - i. Please ask your group if they are interested in joining
  - ii. Likely will be on a Saturday around lunch time
- c. Formation of NYE event committee
  - i. Don T is organizing, will join NCIG meeting to give details and look for volunteers
- d. Updates and amendments to NCIG Bylaws and Procedure Guide for review by groups
  - Ad-hoc committee worked on Bylaws & Procedure guide. Committee is suggesting repealing 2021 Bylaws and Procedure Guide and implementing earlier/original versions of documents (with some amendments and adjustments)
  - ii. Bylaws are a legal document and must be approved by the State
  - Procedure Guide is not a legal document, more detailed about day-to-day operations of NCIG and Central Office
  - iv. PDF versions of unedited legacy Bylaws will be sent out to IGRs
  - v. Please ensure your group has access to the documents and time to review

7th Tradition - Venmo @NCIGAA other ways to donate: <u>www.nocoaa.org/contribute</u>
Northern Colorado Intergroup Volunteer to read Tradition 11 next month: Amy J.
Motion to Adjourn:George McC(no 2nd required)
In Closing: Responsibility Statement, "I am Responsible. When anyone, anywhere, reaches out for help, want the hand of A.A. always to be there. And for that: I am responsible."

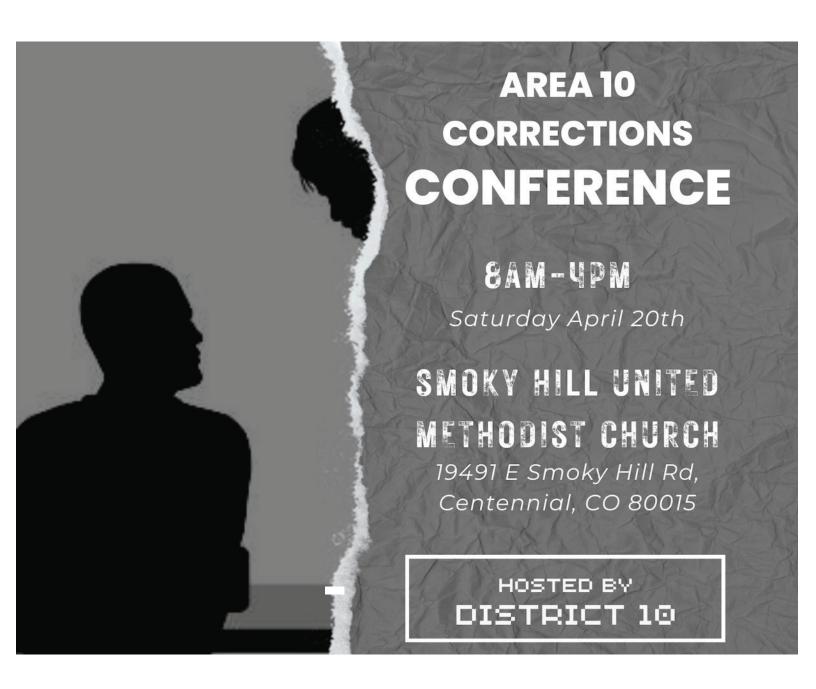
Time Adjourned: 7:08 PM

Next Meeting: November 20th, 2023

## FELLOWSHIP OF THE SPIRIT

July 25th - July 28th 2024

IN ESTES PARK WWW.FOTS.COM



Tradition 7 ~ July 16th

Tradition 8 ~ August 20th

Tradition 9 ~ September 17th

Tradition 10 ~ October 15th

Tradition 11 ~ November 19th

Tradition 12 ~ December 17th

#### **NEW LOCATION:**

St Luke's Church 2000 Stover St in Fort Collins





#### 3rd Sundays at 6 PM in 2023

1 hour ~ panel of 2-3 speakers ~ time for sharing and questions coffee, tea, and cookies

Northern Colorado Intergroup / Central Office • www.nocoaa.org









# 72nd Annual Greeley AA/Alanon Stampede

February 2nd, 3rd, and 4th

Island Grove Park Conference Center Greeley, CO

PRE-REGISRATION \$30
VIP REGISTRATION \$50
GO TO GREELEYAASTAMPEDE.ORG FOR
T-SHIRTS, 2024 STAMPEDE STICKERS,
AND MEAL TICKETS

QUESTIONS: EMAIL AASTAMPEDEGREELEY@GMAIL.COM







https://www.aa.org/meeting-guide-app

# Tradition 12 Checklist

- 1. Why is it a good idea for me to place the common welfare of all AA members before individual welfare? What would happen to me if AA as a whole disappeared?
- 2. When I do not trust or agree with AA's current servants, who do I wish had the authority to straighten them out?
- 3. In my opinions of and remarks about other AAs, do I imply that membership requirements go beyond the desire to stay sober?
- 4. Have I a personal responsibility to help an AA group fulfill its primary purpose? What is my part?
- 5. Do I do all I can do to support AA financially?
- 6. Should I keep my AA membership a secret, or reveal it in private conversation when that may help another alcoholic (and therefore me)? Is my brand of AA attractive so that other drunks might want it?
- 7. What does anonymity mean to me?
- 8. In light of increased awareness of alcoholism and AA's program of recovery among the general public, why is the principle of anonymity still important?
- 9. Am I mindful to respect the anonymity of other AA members who may work in my place of employment or my industry? How about AA members who live in my area or neighborhood? 10. What does "principles before personalities" mean to me?

**Tradition Twelve:** Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities.

Young People's Video Project is ongoing and there is not a deadline for submissions! Please send in your new content videos.



#### **SELF-SUPPORT**

The Seventh Tradition states that Alcoholics Anonymous is self-supporting through our own contributions. The contributions help to cover the group's expenses. But the Seventh Tradition is more than simply paying for rent and other group expenses. It is both a privilege and a responsibility of individual groups and members to ensure that our organization, at every level, remains forever self-supporting and free of outside influences that might divert us from our primary purpose.

The monetary amount of each contribution is secondary to the spiritual connection that joins us in unity with A.A. groups around the world.

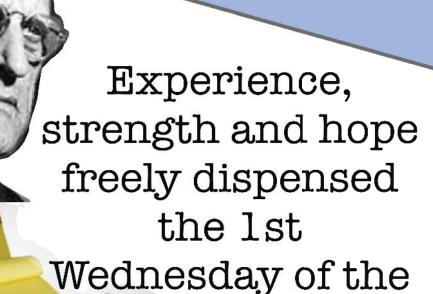
Service Material from the General Service Office

#### @NCIGAA









month.

SOBER 20+ YEARS

7PM ONLINE \$ IN PERSON

I ASPEN DR. LOVELAND. CO

ID 860 9176 1168 PSWD drbob

669-900-6833