

January 2024

*A letter from Larissa Q., a Central Office and Hospital Program volunteer:*



Happy New Year Fellow AA members,

I have had the opportunity to be an Office volunteer and the Dispatcher for the Hospital Program. The latter has been an exciting service position. The Hospital Program is a way to reach out to alcoholics that have been hospitalized for an alcohol-related diagnosis. Current AA members can volunteer to go into the hospital to let these people know that there is a solution and that there is a way to not suffer. (Ask your homegroup GSR about this valuable service.)

Thank you for letting me be of service,

Larissa Q.

*Alcoholics Anonymous  
Your Life Group &  
Release With Love  
(Al-Anon) Presents:*

**2024 ANNUAL ROUND ROBIN**

*Together We Can Make It!*



***WHEN: Sunday, February 25, 2024***

***WHERE: Brush Fairgrounds, 4-H Building  
720 Ellsworth St., Brush, CO 80723***

*DOORS OPEN @ 10:30 am*

*Hors D'oeuvres @ 11am*

*LUNCH @ 1pm*

*POTLUCK ~ Please bring a sidedish or dessert*

*AA SPEAKER: Denny W., Fort Morgan, CO*

*AL-ANON SPEAKER: TBA*

*Any questions please call Adrienne F. 719-644-0791*

W W W . N O C O A A . O R G

# Central Office

OPEN Mondays - Fridays, 9 AM - 5 PM

155 N College Ave #120

Fort Collins, CO 80524

970-224-3552 • 24/7/365

## **Central Office serves the meeting groups and the next alcoholic.**

We have a **Lending Library** with conference-approved literature and books of all types along with speaker cassette tapes & CDs. We also have extra issues of Grapevine, the "meeting in print", to check out. Office closed Jan 15th.

## **Does your group need an Intergroup Representative?**

We service over 75 groups in Northern Colorado. Talk to your homegroup in your town. Be an IGR, and help to continue to make Central Office thrive and fulfill its primary purpose for the Northern Colorado area.

## **District 21 (Larimer County):**

**DCMs** - Marcus and Mike R.

**ARCHIVES** - Meets 3rd Wednesday of the month 4:45pm at 213 Jefferson St (Millenium Tattoo), Fort Collins. They also host the Longtimers' Tales speaker meeting on the first Wednesday of the month at 7 PM, 1 Aspen Dr in Loveland.

**BRIDGING THE GAP** - This A.A.-wide program helps people leaving a correctional or treatment facility become acquainted with A.A. and attend A.A. meetings in their home town, after they are released. Contact D21 BTG at [bridgethegapnoco@gmail.com](mailto:bridgethegapnoco@gmail.com) or fill out the BTG form on [nocoaa.org](http://nocoaa.org) if this service is of interest to you.

**CORRECTIONS** - Contact Jerry at [jerrythedad1@gmail.com](mailto:jerrythedad1@gmail.com).

**CPC/PI** - Individuals wishing to connect with people who wind up in the hospital (Medical Center of the Rockies, Poudre Valley, North Colorado Medical Center Greeley, Banner Medical Center, and McKee Medical Center), there is an active **Peer Support Hospital Visitation Program**.

The AA Hospital Dispatcher role is for receiving calls from participating Fort Collins, Loveland, and Greeley Hospitals for patients who request a visit or call from AA. They manage calls and ensure that the proper AA response team is in place to respond to the calls/visits. Meetings are the 3rd Wednesday of the month at 5:30 pm-- Harmony Pres Church, 400 E Boardwalk, Fort Collins.

The AA Hospital Program offers volunteer training/education sessions. Please contact the dispatcher Larissa at 970-691-1073 if you have any questions regarding the service or on becoming a volunteer for the AA Hospital Program. Education/training session can be on Zoom and Larissa can provide more information.

**TREATMENT** - Join the D21 Treatment Committee and share your experience, strength, and hope with men and women in our local rehabilitation centers. Please help us carry the message of hope to these individuals who are about to re-enter the real world. Remember, you can only keep what you have by giving it away. Contact [nocotreatment@gmail.com](mailto:nocotreatment@gmail.com).

For **District 23 (Weld County)** information, contact their DCM, Sean W. at [walker.sean42@gmail.com](mailto:walker.sean42@gmail.com).

# Northern Colorado Intergroup Inventory



**January 13, 2024**

**10 AM—2 PM**

**Facilitator: Jeff O (past delegate)**

Groups are encouraged to send IGRs and other interested members for a discussion and input to our Northern Colorado Intergroup/Central Office and Steering Committee direction and functions. Please bring questions and input from your group.

*Hosted by NCIIG Steering Committee*



10 am—Noon: NOCO Intergroup/Central Office Inventory

Noon —12:30 pm: Potluck lunch (coffee,  
utensils provided

12:30 pm — 1 pm: Cleanup

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**Westminster Presbyterian**  
**1709 W Elizabeth**  
**Fort Collins, CO**

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For information, contact:  
Rhonda N, 970-217-5273



# 2024

## FELLOWSHIP ROUNDUP

*Hosted by Berthoud Groups*

**When:**

February 24, 2024 • (doors open at: 2:00)

**Where:**

Brookside Gardens Event Center  
619 E. County Rd. 8, Berthoud, CO 80513

**Cost:**

Come for fellowship, AA and Al-Anon guest speakers, food & fun, for only \$30.00!

Multiple raffles throughout the evening; bring cash to buy a "full arm's length!"

**Schedule:**

2:30 PM: Fellowship

3:30 PM: Al-Anon Speaker: *To Be Announced*

5:00 PM: Dinner

6:30 PM: AA Speaker: *To Be Announced*

7:45 PM: Desserts and Closing  
(doors close at: 8:45)

**Theme:**

H.O.P.E. (Happy Our Programs Exist)

**Donations Appreciated!**

**Questions?**

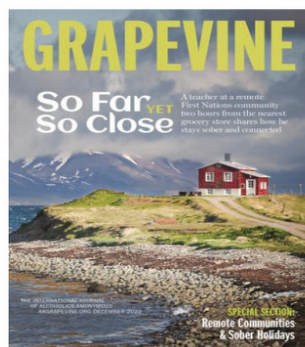
**Call Brandon O: 970.699.2697**

**We're looking forward to an enjoyable night of  
Fellowship, Speakers and Dinner!**

## CENTRAL OFFICE

### STATEMENT OF PURPOSE

The purpose of NCIG / Central Office is to support meeting groups in the area and to assist in helping to carry the message to the next alcoholic by receiving, distributing & following up on 12 step calls, answering inquiries about A.A., and cooperating with Area public information committees. Central Office also maintains information about Northern Colorado meetings and events. We provide 24-hour phone service, a centralized website, a place to go to get newcomer packets, meeting lists, and literature.



#### Grapevine: Current Issue Spotlight:

This month's feature section is **"Remote Communities and Sober Holiday Stories."** Members share hopeful stories about alcoholics having trouble reaching AA and the people who do Remote Community service. Plus some wonderful sober holiday stories!

#### Submit Your Story! Upcoming Topics...

**1. Happy Birthday Grapevine!** — In June, Grapevine turns the big 80! Help us celebrate by sharing your very best memories with Grapevine. Why do you love Grapevine? Was there a story that once helped you? How did being a GV Rep help your sobriety? What did you learn? Share your best Grapevine memories! (stories due Dec. 15, 2023)

**2. Annual Prison Issue** — Looking for stories of hope about AA in prisons and jails by incarcerated members and by those who bring meetings to them. Did you find AA in prison? What is sobriety like inside? Are you involved in correspondence service or prison sponsorship? (stories due Jan 15, 2023)

**More upcoming topics:** Dating & Relationships...CPC Service!

**Important:** We're looking for stories of experience with each Step and each Tradition! (Pick a particular Step or Tradition and share your experience!) We also need your jokes!



The Half-Hour Variety Hour  
AA Grapevine's Podcast

### What is Intergroup???

Intergroup has been formed so that each group may elect a representative from their group to participate in monthly business meetings with other group representatives. Each month they share their group's experience in carrying the A.A. message, lets all the members of Intergroup know how their home group is doing: numbers of attendance, when and where they meet. The Intergroup representative keeps their group informed about what Central Office is doing, as well as the other groups. Make sure your group has a vote and a voice! Intergroup helps the next alcoholic and the Central Office.

**All actions of the Northern Colorado Intergroup shall be guided by the Twelve Traditions, Twelve Concepts, and the A.A. Service Manual.**

**Governed by the By-Laws and Amendment documents.**

# 1

**STEP** - We admitted we were powerless over alcohol—that our lives had become unmanageable.

**TRADITION** - Our common welfare should come first; personal recovery depends upon AA unity.

## PRINCIPLES:

**HONESTY**

**UNITY**

**RESPONSIBILITY**

**CONCEPT** - Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

## A.A. Quote for January:

“The alcoholic is like a tornado roaring his way through the lives of others. Hearts are broken. Sweet relationships are dead. Affections have been uprooted. Selfish and inconsiderate habits have kept the home in turmoil. We feel a man is unthinking when he says that sobriety is enough.”

— *Alcoholics Anonymous* [Big Book], pp. 82

Are there any changes to your meeting or do you have a suggestion for Central Office?

Send it to [officemanager@nocoaa.org](mailto:officemanager@nocoaa.org)

What do you want to see under Resources on the Intergroup website?

Send it to us at [officemanager@nocoaa.org](mailto:officemanager@nocoaa.org)

Want write an article for Northern Notes?

Send it to us at [officemanager@nocoaa.org](mailto:officemanager@nocoaa.org)

Do you have a story, image or joke for Northern Notes?

You know what to do.

## How to send an Intergroup / Central Office 7th tradition contribution:

Venmo: @NCIGAA

PayPal: <https://paypal.me/nocoaa>

Web: <https://nocoaa.org/contribute>

Send a check or drop off cash at:

Northern Colorado Intergroup

155 N College Ave #120

Fort Collins, CO 80524

**BE A FAITHFUL FIVER**  
or  
**BIRTHDAY**  
**CONTRIBUTOR**  
5ER support

Sign up for a monthly contribution of \$5 (or more), or the number of years you've been sober. Visit us at <https://www.nocoaa.org/contribute>.

CONGRATULATIONS! CONGRATULATIONS!

# January 2024 ANNIVERSARIES

Debra B. ~ 27 years  
Diane B. ~ 6 years  
Dianna D. ~ 34 years  
Donna Lee M. ~ 7 years  
Laurel T. ~ 29 years  
Kris S. ~ 7 years  
Lindsay K. ~ 38 years  
Marilyn N. ~ 25 years  
Matt P. ~ 29 years  
Rueben L. ~ 18 years  
Tamara P. ~ 23 years

Please email  
[contact@nocoaa.org](mailto:contact@nocoaa.org) if  
you don't see your anniversary.



Please help us  
spread the word  
that the **Grapevine**  
and **La Viña Apps**  
are here!

## Things We Cannot Change

This column acknowledges the passing of our A.A. friends and family within the Northern Colorado community.

This month we acknowledge the following member for his service within the fellowship, his friendship and the many ways in which he deeply touched our lives and our hearts. May he never be forgotten...

**Lance W. - December 2023**



**Celebration of Life:**

*Jan 6th, 2 PM*

*Clearwater Church*

*2700 S Lemay Ave in Fort Collins*

Reception & Fellowship to follow

In lieu of flowers, please donate to  
Central Office in memory of Lance.

If someone close to you in the fellowship has passed away, you can **contact us at NCIG Central Office - [officemanager@nocoaa.org](mailto:officemanager@nocoaa.org)** - for a mention in Northern Notes to let other members know. Please send their name, the month they passed, and any other information which can be shared here.

## New @ Central Office

- Meeting in a Pocket
- Pocket Wisdom Booklet
- Stickers, Wallet Cards, and DVDs
- Grateful Heart Chips



# 2024 CALENDAR

**Tuesday, January 2nd, 7 PM**

District 23 Meeting  
@ 35 Carlson Blvd, Johnstown

**Sunday, January 7th**

**4 PM** New GSR Orientation

**5 PM** District 21 Meeting

@ 301 E Drake (downstairs), Fort Collins

**Saturday, January 13th, 10 AM**

NoCo Intergroup Inventory  
@ 1709 W Elizabeth St, Fort Collins

**Monday, January 15th, 6 PM**

Intergroup Meeting  
Zoom # 826 2737 9047

**February 2nd - 4th**

Greeley A.A. Stampede @ Island Grove Park

**Sunday, February 4th, 5 PM**

District 21 Meeting  
@ 301 E Drake (downstairs), Fort Collins

**Tuesday, February 6th, 7 PM**

District 23 Meeting  
@ 35 Carlson Blvd, Johnstown

**Monday, February 19th, 6 PM**

Intergroup Meeting  
Zoom # 826 2737 9047

**Saturday, February 24th, 2:30 PM**

2024 Fellowship Roundup @ 619 E County Rd 8, Berthoud

**Sunday, February 25th, 10:30 AM**

Annual Round Robin @ Brush Fairgrounds 4-H, 720 Ellsworth in Brush

**Saturday, March 16th, 7:30 PM**

We Aren't a Glum Lot Comedy Night @ the Rialto Theater, Loveland

**March 22nd - 24th**

Spring 2024 Assembly in Grand Junction



District 21 Archives  
Presents



# Longtimers Tales

**Longtimers speakers.**

**Jan. Joe E.**

**Feb. Susan A.**

**Mar. Jeff N.**

**Apr. Erin P.**



Experience,  
strength and hope  
freely dispensed  
the 1st  
Wednesday of the  
month.

SOBER 20+ YEARS

7PM ONLINE &

IN PERSON

1 ASPEN DR. LOVELAND, CO

ID 860 9176 1168

PSWD drbob

669-900-6833

LOOK, THERE'S ANOTHER EVENT  
COMING UP AND YOU DON'T  
WANT TO MISS IT BECAUSE YOU  
WILL BE BUMMED IF YOU DO.  
BUT IF YOU'VE NEVER BEEN  
YOU MAY NEVER KNOW  
WHAT YOU ARE  
MISSING ANYWAY.  
HOW SAD.  
SO GET OUT AND GO.

**MARCH 16, 2024**

FOR THE

***WE AREN'T A GLUM LOT  
COMEDY NIGHT***

*happening at the Rialto Theater  
in Loveland  
7:30 PM*

# Northern Colorado Intergroup Committees

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## **Fundraising & Events Committee**

Join this committee if you are interested in planning community events. You do not need to be an IGR. We are starting to plan workshops for 2024.

## **A.A. Outreach Committee**

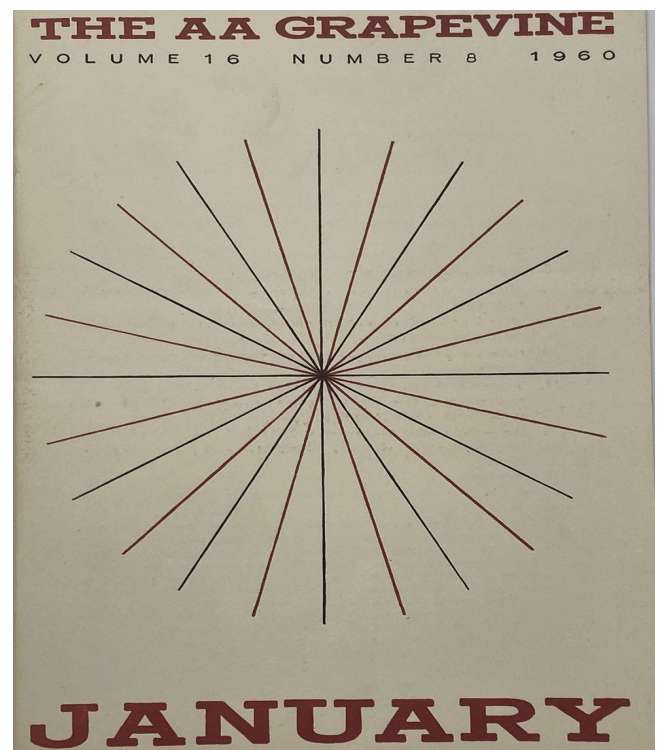
You are welcome to join us. You do not need to be an IGR to be on any of the service lists outlined below. We provide 3 services:

**12 Step Calls:** People who are experiencing symptoms of alcoholism call in to the Central Office. Central Office keeps a list of volunteers who are willing to call the person back and share on the phone. There is also another list of persons we want to enlarge of those who are willing to make a 12th-step visit with another member of AA - same gender, to the next suffering alcoholic. \*We never go alone and there are a series of guidelines and suggestions set down by GSO and the longtime sober AA's who have gone before us.

**Kitchen Table AA:** This is a list of AA members who, when available, take a meeting to people who are temporarily shut in or homebound for a variety of reasons: Recent surgery, transportation limitations, living at a facility or unable to leave the home for any reason.

**Road Trip AA Outreach:** This service consists of a number of volunteers willing to come together and "road trip" to an outlying area meeting. The group will decide on a meeting, meet at a central location and carpool to the meeting together.

**CONTACT:** To volunteer to do service on either or both of these committee options, please email [officemanager@nocoaa.org](mailto:officemanager@nocoaa.org).





# MEETING CHANGES

GROUP/MEETING	UPDATE
A Way Home	New Meeting on Wednesdays at 6:30 PM 1709 W Elizabeth St in Fort Collins
Fall River Group	Now "AA Fall River Group" Estes Park Meeting - New schedule: Sunday, Noon - 453 Elkhorn & online Zoom: 999 829 166 (Hybrid) Monday, Noon - 453 Elkhorn (in-person) & Monday, 7 pm - Hybrid Tuesday, Noon - Online Zoom: 999 829 166 Wednesday, Noon & Wednesday, 7 pm - both Hybrid Thursday, Noon - Online Zoom: 999 829 166 Friday, Noon - Online Zoom: 999 829 166 Saturday, Noon - 453 Elkhorn & Zoom - Hybrid
Honor and Integrity Through Sobriety	New meeting on Fridays at 7 PM South Club, 2608 7th Ave in Greeley/Garden City
One Day at a Time	New meeting on Tuesdays and Thursdays at Noon: 1700 Brodie Ave in Estes Park
One Day at a Time	New meeting on Thursdays at 6:30 PM 5420 N Taft Ave in Loveland
Steps of Courage	New meeting on Wednesdays at 6 PM: 118 Main St in Sterling
Windsor Rule 62	New meeting on Wednesdays at 7:30 PM: 311 6th St in Windsor
Women of F.A.I.T.H.	Location Change: Council Tree Covenant Church, 4825 S Lemay Ave, Fort Collins
You Are Not Alone	New Meeting on Saturdays at Noon 1159 Main St, Foundations Church in Windsor

***I am Responsible . . .***



***When anyone, anywhere,  
reaches out for help,  
I want the hand of AA  
always to be there.  
And for that: I am responsible.***

January 02

Is sobriety all that we can expect of a spiritual awakening? No, sobriety is only a bare beginning.

AS BILL SEES IT, p. 8

Practicing the A.A. program is like building a house. First I had to pour a big, thick concrete slab on which to erect the house; that, to me, was the equivalent of stopping drinking. But it's pretty uncomfortable living on a concrete slab, unprotected and exposed to the heat, cold, wind and rain. So I built a room on the slab by starting to practice the program. The first room was rickety because I wasn't used to the work. But as time passed, as I practiced the program, I learned to build better rooms. The more I practiced, and the more I built, the more comfortable, and happy, was the home I now have to live in.

## SERVICE OPPORTUNITY: BE A CENTRAL OFFICE WATCH VOLUNTEER



Six months of sobriety required. Answer phones, give out information, speak with another alcoholic and families/friends, etc.

### Available shifts for one person or a (meeting) group:

PHONE (forwarded):

- 1st Saturday of the month, 8 AM - 8 PM
- 5th Saturday of the month, 8 PM - 8 AM

You can also be a substitute and/or be a 12th step caller on our **help-the-next-alcoholic** list.

Contact Beth at  
officemanager@nocoaa.org

## CENTRAL OFFICE DAY WATCH PHONE STATS

	DEC 2023
A.A. Information	<b>33</b>
Al-Anon	<b>2</b>
Bridging the Gap	<b>5</b>
Detox/Treatment	<b>1</b>
12th Step	<b>2</b>
Other Calls*	<b>15</b>
Visitors	<b>74</b>
Voicemails**	<b>3</b>
<b>TOTAL CALLS</b>	<b>61</b>

\* Usually local members requesting anything from a meeting change to a special order, but also includes hang-ups.

\*\* Voicemails are from night watch missed calls & are returned.

## NIGHT WATCH PHONE STATS

	DEC 2023*
A.A. Information	<b>9</b>
Al-Anon	<b>0</b>
Bridging the Gap	<b>1</b>
Detox/Treatment	<b>1</b>
12th Step	<b>1</b>
Other Calls	<b>1</b>
<b>TOTAL CALLS</b>	<b>13**</b>

\* Incomplete, missing several uncompleted volunteer entries.

## WEBSITE & GOOGLE SEARCH STATS for December 2023:

FROM WEBSITE WORD PRESS INSIGHTS	FROM GOOGLE SEARCH PROFILE ---->	WEBSITE CLICKS	PHONE CALLS
<b>5,205 USERS*</b>	<b>1,795 VIEWS</b>	<b>463</b>	<b>32</b>

\*Distinct single user visits to nocoaa.org



# **Fellowship At The Foot Of The Flattop**

## **Area 10 Spring Assembly 2024 - Grand Junction**



**FREE Parking**

**Lunch Buffet | Saturday \$19**

**Fellowship and Ice Cream | Saturday night \$12**

**Coffee | By Donation (\$10 suggested donation for the weekend)**

***Please pay onsite with cash or check***

**Open Saturday Speaker Meetings. Join Us!**

**Al-Anon Speaker at 7:00 PM**

**AA Speaker at 8:00 PM**

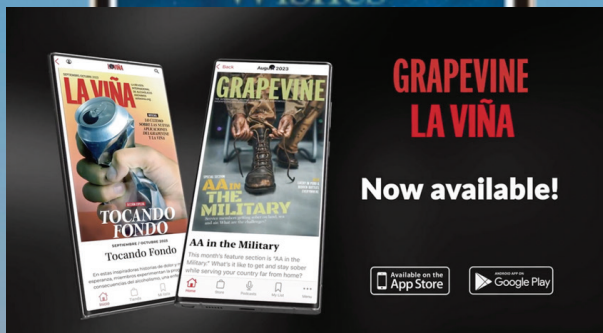
**March 22-24, 2024  
DoubleTree Hotel  
743 Horizon Drive  
Grand Junction, CO  
1-970-241-8888**

**Make hotel reservations by  
March 2, 2024 for discount  
rate (\$119 per night)**

**call the number above**

**Hosted by District 2 | Service Appointments Available  
Contact Dena M at [deeniemartini21@gmail.com](mailto:deeniemartini21@gmail.com)**

# Tell us what you think...



*In the Top 40 on the App Store!*



**31** AA Grapevine  
International Journal  
of AA

[Open](#)

## Grapevine and La Viña Apps

Imagine having all of this at your fingertips:



Scroll through monthly magazine



Archives of every magazine since 1944



Search tool



Audio playlist of every current article



Popup day count



Input your meeting schedule



Create a Daily Spiritual Maintenance Checklist



Podcast link



Daily Quote



Meeting Guide



Sobriety Calculator



Build a library of favorite articles



Grapevine Store



Link to YouTube channel



# Mark Your Calendars and Make Plans to Attend the 2025 A.A. International Convention

Vancouver, British Columbia, Canada

**July 3-6, 2025**

Vancouver will welcome A.A. members from around the world for the 2025 International Convention. This will mark the 90th anniversary of our Fellowship's founding.

Please check the Convention webpage at [www.aa.org/international-convention](http://www.aa.org/international-convention) for more information, the latest news, and FAQs. As the Convention approaches, the page will be updated with registration information.

Taking place once every five years, the A.A. International Convention marks the anniversary of Bill W.'s first meeting with Dr. Bob and the birth of Alcoholics Anonymous in 1935. At the Convention, members and their families and friends from around the world attend meetings, workshops, dances, and events. A highlight is the traditional flag ceremony to celebrate sobriety worldwide.

**Let's celebrate sobriety together in  
Vancouver in 2025!**

Honest



Billing

Scenic Estes Park, Colorado

YMCA of The Rockies

**32nd Annual Fellowship Of The Spirit  
Conference**

**Save The Date!**

**July 25-28, 2024**

**Room reservations available now**

**Registration opens March 1st 2024**



**More Information : [www.fots.com](http://www.fots.com)  
[registration\\_chair@fots.com](mailto:registration_chair@fots.com)**

Honest



Billing

**AREA 10  
CORRECTIONS  
CONFERENCE**

**8AM-4PM**

*Saturday April 20th*

**SMOKY HILL UNITED  
METHODIST CHURCH**

*19491 E Smoky Hill Rd,  
Centennial, CO 80015*

**HOSTED BY  
DISTRICT 10**





# SAVE THE DATE

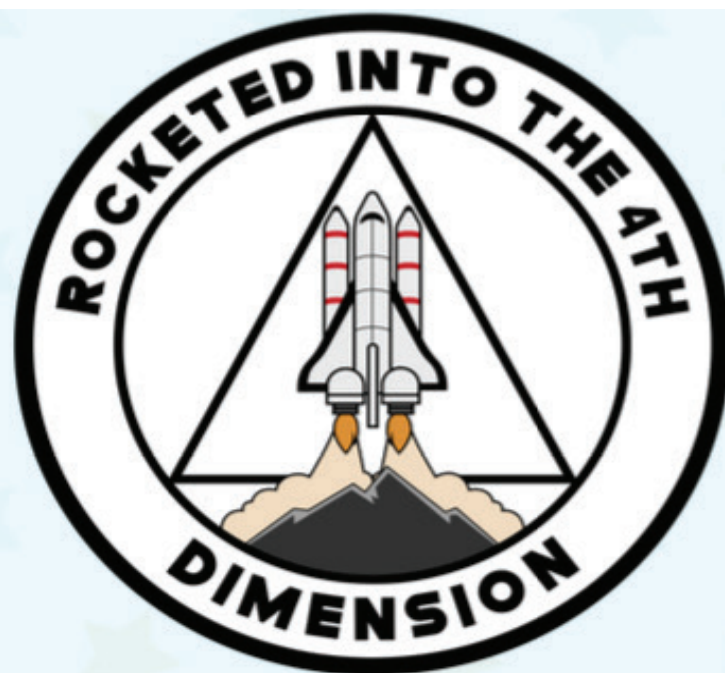
## OCTOBER 11-13, 2024

Renaissance Dallas Richardson Hotel  
900 E Lookout Drive  
Richardson, TX 75082

Registration and Hotel Booking  
Information Available  
October 7, 2022

# swraasa2024.org





# **72nd Annual Greeley AA/Alanon Stampede**

February 2nd, 3rd, and 4th

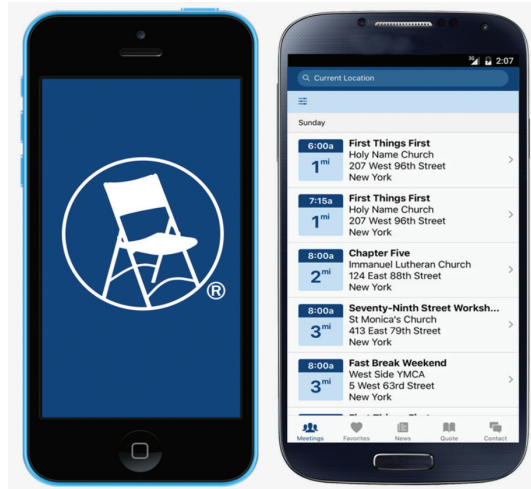
Island Grove Park  
Conference Center  
Greeley, CO

PRE-REGISTRATION \$30

VIP REGISTRATION \$50

GO TO [GREELEYAASTAMPEDE.ORG](http://GREELEYAASTAMPEDE.ORG) FOR  
T-SHIRTS, 2024 STAMPEDE STICKERS,  
AND MEAL TICKETS

QUESTIONS: EMAIL  
[AASTAMPEDEGREELEY@GMAIL.COM](mailto:AASTAMPEDEGREELEY@GMAIL.COM)



<https://www.aa.org/meeting-guide-app>

## Tradition 1 Checklist

1. Am I in my group a healing, mending, integrating person? Am I sometimes divisive? Do I ever gossip or take another member's inventory?
2. Am I a peacemaker? Or do I foster arguments with statements such as "just for the sake of discussion"?
3. Am I gentle with those who rub me the wrong way, or am I sometimes abrasive?
4. Do I make competitive AA remarks, such as comparing one group with another or contrasting AA in one place with AA in another?
5. Do I ever put down some AA activities for not participating in this or that aspect of AA?
6. Am I informed about AA as a whole? Do I support AA as a whole in every way I can, or just the parts that I understand and approve of?
7. Am I as considerate of AA members as I want them to be of me?
8. Do I spout platitudes about love while indulging in and secretly justifying behavior that bristles with hostility?

**Tradition One:** Our common welfare should come first; personal recovery depends upon AA unity.

Reprinted from Grapevine, GSO/AAWS



**Young People's Video Project is ongoing and there is not a deadline for submissions! Please send in your new content videos.**

# YOUNG PEOPLE'S VIDEO PROJECT

We want video submissions from A.A. members. WHY? To carry A.A.'s message to young people in high school and college settings.

## SHARE YOUR EXPERIENCE!

Submissions should be 2-3 minutes in length and reflect and adhere to the Twelve Traditions of Alcoholics Anonymous, especially A.A.'s anonymity traditions. When filming A.A. members make sure no one is identifiable.

Focus on the experience of getting sober young and reflect the diversity of the Fellowship. Use members stories to help alcoholics identify.

Share experiences that would relate to the "young" alcoholic who has yet to come to A.A.

## BE CREATIVE AND HAVE FUN!

Individuals submitting videos must be at least 18 years of age and must reside within the boundaries of the U.S. and Canada A.A. General Service Structure. Submissions should be in English, Spanish or French.

For more information, contact the Public Information Coordinator at [publicinfo@aa.org](mailto:publicinfo@aa.org).



Scan me!



[www.aa.org](http://www.aa.org)

### **SELF-SUPPORT**

The Seventh Tradition states that Alcoholics Anonymous is self-supporting through our own contributions. The contributions help to cover the group's expenses. But the Seventh Tradition is more than simply paying for rent and other group expenses. It is both a privilege and a responsibility of individual groups and members to ensure that our organization, at every level, remains forever self-supporting and free of outside influences that might divert us from our primary purpose.

The monetary amount of each contribution is secondary to the spiritual connection that joins us in unity with A.A. groups around the world.

Service Material from the General Service Office

@NCIGAA



**venmo**

Please note: We show the November minutes in this January issue of NN because the Intergroup Representatives (IGRs) have not approved the December 2023 minutes yet, not until January's meeting on 1/15/2024. Also, both the October and November finance reports are included here this month.

## Northern Colorado Intergroup / Central Office

### Intergroup Meeting- Minutes

### November 20<sup>th</sup>, 2023 - NCIG Virtual Platform

Call to order: 6:03 PM

1. Serenity prayer + welcome
2. (Quorum > 7 IGRs)

Amy D	Happy D	Lori M	The Basic Text
Amy J	Secretary	Marilyn G	Daily Noon Zoom
Bill G	Breakfast with Bill and Bob	Marilyn N	SC Member at Large
Christine A	Women of Faith	William P	539 Group
Cindy B	District 21 Rep	Paula B	Fort Collins Group
George C	R.U.S. Group (Loveland)	Rhonda N	NCIG SC Chair
Isabel N	Acceptance	Tina P.	SC Member at Large
Jimmy C	Shoulder to Shoulder	Randy K	Last House on the Block
Julie McD.	CO Volunteer Coordinator	George McC	SC Assistant Chair & Spring Creek
Lisa Z	LaPorte 287 Group	Kent B.	Breakfast with Bill and Bob

3. Group Updates/Announcements –
  - a. No announcements
4. Approval of October 2023 NCIG Meeting Minutes –Cindy B, *motion*, Lori M. *second*, (18-0-1)
5. Reports:
  - a. Chairperson - Rhonda N – Welcome to current and new IGR members
  - b. Treasurer- Karen K has resigned – Table vote for approval of October finance report until the next Intergroup meeting.
  - c. District 21 - Cindy B. – Elections at last meeting, GSR budget approval has been tabled until January 2024
  - d. District 23 - vacant
6. Old Business:
  - a. Updates and amendments to NCIG Bylaws and Procedure Guide for review by groups
    - i. Formal feedback has not been received from any Groups yet
    - ii. Please email questions or feedback to amyj4nocoaa@gmail.com
  - b. Location and date for 2024 January Intergroup Inventory
    - i. January 13<sup>th</sup>, 10 AM w/potluck
    - ii. Flyer distributed with minutes
  - c. NYE event update
    - i. Sunday, 12/31, Flyer will be distributed soon
    - ii. No advanced ticket sales, pay at door. 7<sup>th</sup> tradition will be collected
    - iii. DJ, ball drop at 10pm and 12am
    - iv. Service opportunities will be circulated soon

7. New Business:

- a. Transfer of funds for 2022 Federal/State Tax Liabilities and payroll
  - i. Transfer from Central Office prudent reserve to Central Office checking was \$4,440 to cover the third quarterly tax (Federal & State Liabilities) and October Payroll
  - ii. Questions can be answered by NCIG Treasurer at December NCIG regular meeting.
- b. Update on Accounting services for Central Office
  - i. Steering Committee is still looking for a new accounting firm to hire
- c. Announcements from NCIG Volunteer Coordinator
  - i. More 12 step volunteers are needed on the 12step list.
  - ii. Phone volunteers are still needed Saturday 1<sup>st</sup> of month 8am – 8pm 4<sup>th</sup> & Friday 5pm – 8am
- d. Spring 2024, Northern Colorado Not a Glum Lot comedy show will take place. More info to come
- e. A nominating committee will need to be formed in December for NCIG Steering Committee elections.
  - i. Assistant Treasurer and Assistant Secretary vacancies
- f. Money collected from the Gratitude Event is being kept in the Gratitude Banquet checking account.
  - i. Please ask your Home Group how much should be kept in Central Office prudent reserve, Central Office checking, and/or seed money for next year's Gratitude Event.

7th Tradition - Venmo @NCIGAA other ways to donate: [www.nocoaa.org/contribute](http://www.nocoaa.org/contribute)

Northern Colorado Intergroup Volunteer to read Tradition 12 next month: Tina P.

Motion to Adjourn: \_\_\_\_\_ Marilyn N \_\_\_\_\_ (no 2nd required)

In Closing: Responsibility Statement, "I am Responsible. When anyone, anywhere, reaches out for help, I want the hand of A.A. always to be there. And for that: I am responsible."

Time Adjourned: 7:16 PM

Next Meeting: December 18<sup>th</sup>, 2023



## NCIG / CENTRAL OFFICE FINANCE REPORT - OCTOBER 2023

### Income

Income Source	Amount	Comments	QB # Category
7th Tradition Contributions	\$ 2,409.01	Individuals & Groups - includes \$16 from volunteers for candy	5000
Tradition 10 Workshop	\$ 25.00	10/15/2023 Workshop 7th Tradition	5400
<b>Total 7th Tradition Contributions</b>	<b>\$ 2,434.01</b>		5000
Faithful Fiver Contributions	\$ 336.92	Individuals	5020
Evening of Gratitude Tickets	\$ 2,659.00	For October	5400
Central Office	\$ 1,738.85	October 2023 Sales Total	
Literature Sales	\$ 1,140.00		5200
Chip Sales	\$ 458.35		5205
Recovery Item Sales	\$ 53.25		5210
Shipping Income	\$ 6.00		5300
NCIG Sales	\$ 81.25	Newcomer Packets, Booklets, Bookmarks, and Meeting Lists	7100
<b>TOTAL OCTOBER INCOME</b>	<b>\$ 7,168.78</b>		

### Cost of Goods Sold (COGS)

Expense	Amount	Notes	QB # Category
Cost of Literature	\$ 866.07	A.A.W.S. conference-approved Literature & Pamphlets. Hazelden and Amazon (incl special orders)	6000
A.A. World Services	\$ 818.68		
Hazelden	\$ 41.98		
Amazon	\$ 5.41		
Cost of Chips and Recovery Items	\$ 354.83	From Recovery Shop, 95% chips	6025
Cost of Printing (Ink Works)	\$ 33.88	NCIG items sold tax-free (150 meeting lists)	6015
<b>Total Cost of Goods Sold (COGS)</b>	<b>\$ 1,254.78</b>		
<b>TOTAL GROSS INCOME</b>	<b>\$ 5,914.00</b>		

### Administrative & Operating Expenses

Expense	Amount	Notes	QB # Category
Comcast	\$ 183.91	Monthly: Cable Internet + Phone Service	7124
State Farm Insurance	\$ 37.66	Monthly	7150
El Dorado Artesian Springs	\$ 17.82	Monthly: water & dispenser rental	7213
Zoom Software Subscription	\$ 17.20	Monthly	7234
Quickbooks Software Subscription	\$ 88.27	Monthly	7235
Office Supplies & Expenses	\$ 40.40	Occasional - box of 6 scotch tape rolls and candy for volunteers	7300
Central Office Rent	\$ 735.00	Monthly	7500
Website: Cloudflare	\$ 25.00	Monthly	7754
MailChimp Automated Email Platform	\$ 27.52	Monthly - mailing list and subscription svcs	7751

Northern Colorado Intergroup

Sec of State Registration Renewal Fee	\$ 10.00	Annual - State Charity status	7250
FAMLI State Initiative (Payroll Liability)	\$ 36.23	Quarterly - Q3	7400
Federal Payroll Liability and Taxes	\$ 2,035.90	Quarterly - Q3	7370
State Sales Taxes	\$ 181.53	Quarterly - Q3	7912
City Sales Taxes	\$ 198.07	Quarterly - Q3	7911
Payroll Processing Fee	\$ 1.75	Monthly - Quickbooks Direct Deposit Fee	7370
Office Manager Net Payroll	\$ 2,096.50	Monthly - actual paid	7600
Square Merchant Fees	\$ 138.23	Monthly - actual taken out	
<b>TOTAL EXPENSES</b>	<b>\$ 5,870.99</b>		
<b>NET OCTOBER INCOME</b>	<b>\$ 43.01</b>		

### October Actuals (Profit & Loss)

Income	\$ 7,168.78
Expenses (COGS & Operating Expenses)	\$ 7,125.77
<b>Net October Income</b>	<b>\$ 43.01</b>

### 2023 Year to Date (YTD) Actuals (Profit & Loss)

Income	\$ 60,288.56
Expenses (COGS & Operating Expense)	\$ 64,165.15
<b>Net YTD Income</b>	<b>\$ (3,876.59)</b>

### Bank Statements - Canvas Credit Union

Central Office Checking Account - Ending Balance 10/31/23	\$ 2,759.33
Central Office Savings Account/Prudent Reserve 10/31/23*	\$ 2,979.74
Current Central Office Checking Account Balance 11/15/23	\$ 2,376.94
Current Gratitude Banquet Checking Account Balance 11/15/23	\$ 5,168.08
Current Gratitude Banquet Savings Account Balance 11/15/23	\$ -

\* NOTE: \$4,440 transferred out of Prudent Reserve into Checking account to cover: Federal and State tax liabilities and taxes, sales taxes and payroll on 10/24/2023. The previous finance report for Intergroup on 11/20/2023 incorrectly stated \$4,400. Corrected and amended 11/27/2023.

### Monthly Payroll Breakdown

#### NOTES

October Gross Payroll Salary	\$ 2,683.89	
October Payroll Taxes (Employer FICA)	\$ 205.31	paid to the IRS in Q4 (1/2024)
October Payroll Liabilities (Employee)	\$ (587.39)	FICA, FAMLI, and State & Fed Withholding
October Net Payroll Salary	\$ 2,096.50	Office Manager's net October 2023 pay
Payroll Processing Fee (Quickbooks)	\$ 1.75	Charged to NCIG & taken out before above is deposited
Total taken out of NCII's bank account on 10/30/2023	\$ 2,098.25	
Hours	121.33	28 hours/week

Northern Colorado Intergroup

<b>7th Tradition Contributions by Group</b>		
<b>Group Name</b>	<b>October Amount</b>	<b>YTD Amount</b>
539		\$551.64
7am Freedom		\$68.00
AA Recovery Group of Windsor	<b>\$350.20</b>	\$1,118.88
Acceptance	<b>\$60.00</b>	\$566.31
Awakenings	<b>\$157.68</b>	\$1,803.94
Basic Text		\$80.72
Berthoud Group		\$50.00
Big Book of Loveland	<b>\$50.00</b>	\$550.00
Breakfast with Bill and Bob		\$2,929.51
Broad Highway of Recovery (AI-Anon)		\$200.00
Campus Group 2	<b>\$30.50</b>	\$117.60
Daily Noon Zoom		\$2,045.67
Early Worms		\$150.00
Fort Collins Group	<b>\$267.38</b>	\$469.38
Friends of Bill W.		\$93.60
Friends of Bill W. 7 AM		\$144.98
Greeley Group 2	<b>\$20.00</b>	\$200.00
Greeley Westside Group		\$174.00
GYST Harmony		\$368.50
Happy Destiny	<b>\$142.71</b>	\$867.05
Happy, Joyous, and Free		\$80.00
Johnstown Primary Purpose		\$520.06
Keep It Simple Group	<b>\$180.00</b>	\$2,991.00
Kitchen Table A.A.		\$38.00
Laporte 287 AA Group	<b>\$76.00</b>	\$508.00
Last House on the Block		\$2,957.96
Loveland AA Group		\$857.77
NOCO Pathfinders		\$150.00
Rule 62 YPAA		\$187.82
RUS	<b>\$31.61</b>	\$132.68
Shoulder to Shoulder		\$364.80
Spring Creek	<b>\$150.00</b>	\$300.00
Step Sisters	<b>\$20.00</b>	\$200.00
Steps on the Mountain		\$140.00
Union Colony Group	<b>\$28.91</b>	\$506.10
Windsor Triangle	<b>\$211.26</b>	\$1,091.38
Windsor Women Unite AA		\$410.33
Women in Recovery		\$287.50
Women of F.A.I.T.H.	<b>\$423.50</b>	\$1,135.50
Women's Recovery Through the Steps	<b>\$66.00</b>	\$294.00
Women Steppin Up	<b>\$30.00</b>	\$150.00
YAGBT		\$50.00
Your Life Group	<b>\$30.00</b>	\$90.00
<b>TOTAL OCTOBER GROUP CONTRIBUTIONS</b>	<b>\$2,325.75</b>	<b>\$25,992.68</b>

Sep-23 \$1,552.34

Aug-23 \$2,166.38

## Projected November 2023 Expenses Budget

Expense	Total Amount	Notes / Detail
Ink Works	\$ 65.00	Meeting lists, newcomer packet, new pamphlet, and new booklets
A.A. World Services	\$ 700.00	A.A. literature re-stock
Recovery Shop	\$ 300.00	Medallions (chips)
<b>Literature &amp; Recovery Goods (COGS)</b>	<b>\$ 1,065.00</b>	
Central Office Rent	\$ 735.00	Monthly
State Farm Insurance	\$ 37.66	Monthly
El Dorado Artesian Springs	\$ 6.30	Monthly (water), varies
Mail Chimp Software Subscription	\$ 27.52	Monthly - email marketing software
Comcast	\$ 183.90	Monthly, Cable Internet + Phone
Zoom Software Subscription	\$ 17.20	Monthly
Quickbooks Software Subscription	\$ 88.27	Monthly, bookkeeping for November (increase in Dec)
Office Supplies	\$ 30.00	Monthly (as needed)
Cloudflare	\$ 25.00	Monthly Website Boost & Backup
State Payroll Liabilities	\$ 306.00	Quarterly - Q3 (Withholding)
Cache Accounting	\$ 264.00	Payroll and Q3 liabilities, taxes, and sales taxes
<b>Total Operating Expenses</b>	<b>\$ 1,720.85</b>	
Quickbooks Payroll Processing Fee	\$ 1.75	Payroll Processing Fee
Office Manager Monthly Net Salary	\$ 2,096.49	Monthly - actual paid at end of month
<b>Total Administrative Expenses</b>	<b>\$ 2,098.24</b>	
<b>TOTAL PROJECTED NOVEMBER BUDGET</b>	<b>\$ 4,884.09</b>	<b>paid bn 11/1 - 11/15 in red*</b>

\*Some COGS expenses as well

## Payroll Detail - For Reference

The October/November 2023 finance report included the 3rd Quarter federal and state payroll taxes and liabilities for July, August, September 2023.

The **state withholding** that comes out of the gross pay was paid November 1st, which was **\$306**. Every employer is "obligated to remit" all payroll liabilities, what comes out of an employee's gross pay, to the IRS & State every quarter.

The Office Manager gross salary is \$32,206.68 for 28 hours/week. The monthly gross is **\$2,683.89**; net is \$2,096.49.

Q3 gross salary -->  $\$2,683.89 \times 3 = \$8,051.67$

The **employee FICA** is 7.65% of the above amount = **\$615.95** for Q3 (which is a payroll liability NCIG is "obligated to remit" as part of the gross salary) and the employee federal withholding is \$804 -- totaling **\$1,419.95**.

In 2023, the FAMILI Colorado (Initiative) started and is \$12.08 per month of the gross pay.

In Q3,  $\$12.08 \times 3 = \$36.24$ . This is also part of the Payroll Liabilities.

NCIG's (the employer's) **FICA** is also 7.65% of the gross pay amount for Q3 (\$8,051.67), which is exactly the same as the employee's FICA:  $\$205.32 \times 3 = \$615.95$  for Q3. This is the "Payroll Taxes."

The Q4 breakdown will be shown here next year.

The federal (and state) monthly payroll liabilities and taxes are paid by our accountant every quarter.





# NCIG

## Statement of Activity / Profit and Loss

October 2023

	TOTAL
Revenue	
5000 7th Tradition Income	2,434.01
5020 Faithful Fivers	336.92
5200 Literature Sales Income	1,140.00
5205 Medallion Sales Income	458.35
5210 Recovery Sales Income	53.25
5300 Shipping Income	6.00
5400 Special Events Income	2,659.00
7100 Sales of CO Lit Income	81.25
<b>Total Revenue</b>	<b>\$7,168.78</b>
Cost of Goods Sold	
6000 Cost of Literature - COGS	866.07
6015 Cost of Printing - COGS	33.88
6025 Cost of Medallions - COGS	354.83
<b>Total Cost of Goods Sold</b>	<b>\$1,254.78</b>
<b>GROSS PROFIT</b>	<b>\$5,914.00</b>
Expenditures	
7124 Cable and Phone Services	183.91
7150 Insurance	37.66
7213 Water Services	17.82
7234 Zoom Subscription	17.20
7235 Quickbooks Subscription	88.27
7250 Licenses & Fees	10.00
7300 Office Supplies	40.40
7370 Payroll Expenses	2,035.90
7400 Payroll taxes	36.23
7600 Salaries	2,098.25
<b>Total 7370 Payroll Expenses</b>	<b>4,170.38</b>
7500 Rent	735.00
7750 Website	
7751 Mailchimp	27.52
7754 Web Server Space	25.00
<b>Total 7750 Website</b>	<b>52.52</b>
7900 Taxes Paid	
7910 Sales Taxes Paid	
7911 City Sales Tax	198.07
7912 State Sales Tax	181.53
<b>Total 7910 Sales Taxes Paid</b>	<b>379.60</b>
<b>Total 7900 Taxes Paid</b>	<b>379.60</b>



## NCIG

### Statement of Activity / Profit and Loss

October 2023

	TOTAL
Square Fees	138.23
<b>Total Expenditures</b>	<b>\$5,870.99</b>
NET OPERATING REVENUE	<b>\$43.01</b>
NET REVENUE	<b>\$43.01</b>



## Northern Colorado Intergroup

### 7th Tradition Contributions by Group

October 2023

	REVENUE	EXPENDITURES	NET REVENUE
AA Recovery Group of Windsor	350.20		\$350.20
Acceptance	60.00		\$60.00
Awakenings	157.68		\$157.68
Big Book of Loveland	50.00		\$50.00
Campus Group 2	30.50		\$30.50
Fort Collins Group	267.38		\$267.38
Greeley AA Group #2	20.00		\$20.00
Happy Destiny	142.71		\$142.71
Keep It Simple Group	180.00		\$180.00
Laporte 287 AA Group	76.00		\$76.00
RUS	31.61		\$31.61
Spring Creek	150.00		\$150.00
Step Sisters	20.00		\$20.00
Union Colony Group	28.91		\$28.91
Windsor Triangle	211.26		\$211.26
Women of F.A.I.T.H.	423.50		\$423.50
Women Steppin Up	30.00		\$30.00
Women's Recovery Through the Steps	66.00		\$66.00
Your Life Group	30.00		\$30.00
<b>TOTAL</b>	<b>\$2,325.75</b>	<b>\$0.00</b>	<b>\$2,325.75</b>

Statement of Activity / Profit and Loss by Class  
October 2023

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## NCIG / CENTRAL OFFICE FINANCE REPORT - 11/2023

### Income

Income Source	Amount	Comments	QB # Category
7th Tradition Contributions	\$ 2,366.82	Individuals & Groups - includes \$16 from volunteers for candy	5000
Tradition 11 Workshop	\$ 13.00	11/19/2023 Workshop 7th Tradition	5000
<b>Total 7th Tradition Contributions</b>	<b>\$ 2,379.82</b>		5000
Faithful Fiver Contributions	\$ 223.67	Individuals	5020
Evening of Gratitude	\$ 2,197.00	For November (includes ticket sales, space expense reimbursement, deposit return)	5400
Central Office	\$ 1,298.00	November 2023 Sales Total	
Literature Sales	\$ 848.55		5200
Chip Sales	\$ 326.95		5205
Recovery Item Sales	\$ 58.00		5210
NCIG Sales	\$ 64.50	Newcomer Packets, Booklets, Bookmarks, and Meeting Lists	7100
<b>TOTAL NOVEMBER INCOME</b>	<b>\$ 6,098.49</b>		

### Cost of Goods Sold (COGS)

Expense	Amount	Notes	QB # Category
Cost of Literature	\$ 564.51	A.A.W.S. conference-approved Literature & Pamphlets. Hazelden (incl special orders)	6000
A.A. World Services	\$ 492.53		
Hazelden	\$ 71.98		
Cost of Chips and Recovery Items	\$ 260.01	From Recovery Shop, 95% chips	6025
Cost of Printing (Ink Works)	\$ 33.88	NCIG items sold tax-free (150 meeting lists)	6015
<b>Total Cost of Goods Sold (COGS)</b>	<b>\$ 858.40</b>		
<b>TOTAL GROSS INCOME</b>	<b>\$ 5,240.09</b>		

### Administrative & Operating Expenses

Expense	Amount	Notes	QB # Category
Comcast	\$ 184.20	Monthly: Cable Internet + Phone Service	7124
State Farm Insurance	\$ 37.66	Monthly	7150
El Dorado Artesian Springs	\$ 6.45	Monthly: water & dispenser rental	7213
Zoom Software Subscription	\$ 17.20	Monthly	7234
Quickbooks Software Subscription	\$ 93.47	Monthly	7235
Office Supplies & Expenses	\$ 17.11	Occasional - boxes of tissues for office	7300
Central Office Rent	\$ 735.00	Monthly	7500
Website: Cloudflare	\$ 25.00	Monthly	7754
MailChimp Automated Email Platform	\$ 27.52	Monthly - mailing list and subscription svcs	7751
Cache Accounting	\$ 264.00	Final payment	7472
State Payroll Liability	\$ 306.00	Quarterly - Q3 (Withholding)	7400



Northern Colorado Intergroup

Square Merchant Fees	\$	111.18	Monthly - actual taken out	
<b>TOTAL EXPENSES</b>	<b>\$</b>	<b>1,824.79</b>		
<b>NET NOVEMBER INCOME</b>	<b>\$</b>	<b>3,415.30</b>		

### November Actuals (Profit & Loss)

Income	\$	6,098.49
Expenses (COGS & Operating Expenses)	\$	2,683.19
<b>Net November Income</b>	<b>\$</b>	<b>3,415.30</b>

### 2023 Year to Date (YTD) Actuals (Profit & Loss)

Income	\$	66,387.05
Expenses (COGS & Operating Expense)	\$	66,848.34
<b>Net YTD Income</b>	<b>\$</b>	<b>(461.29)</b>

### Bank Statements - Canvas Credit Union

Central Office Checking Account - Ending Balance 11/30/23	\$	<b>4,484.66</b>
Central Office Savings Account/Prudent Reserve 11/30/23*	\$	<b>2,979.74</b>
Current Central Office Checking Account Balance 12/10/23	\$	<b>4,741.05</b>
Current Gratitude Banquet Checking Account Balance 11/30/23	\$	<b>4,823.58</b>
Current Gratitude Banquet Savings Account Balance 11/30/23	\$	-

### Monthly Payroll Breakdown

#### NOTES

<b>November Gross Payroll Salary</b>	<b>\$</b>	<b>2,683.89</b>	
<b>November Payroll Taxes (Employer FICA)</b>	<b>\$</b>	<b>205.31</b>	paid to the IRS in Q4 (1/2024)
<b>November Payroll Liabilities (Employee)</b>	<b>\$</b>	<b>(587.39)</b>	FICA, FAMLI, and State & Fed Withholding
<b>November Net Payroll Salary</b>	<b>\$</b>	<b>2,096.50</b>	Office Manager's net November 2023 pay
<b>Payroll Check cleared on 12/1/2023</b>	<b>\$</b>	<b>2,096.50</b>	
Hours		121.33	28 hours/week

**PLEASE NOTE:** The monthly and YTD 2023 numbers will change slightly due to cash sales and contributions not deposited exactly on the last day of the month. For instance, cash was deposited by the Treasurer on 9/28/23, but we had a cash sale on 9/29/2023 that was deposited in October, but both Square and Quickbooks will still say it was in September. This is called accrual.

Northern Colorado Intergroup

<b>7th Tradition Contributions by Group</b>		
<b>Group Name</b>	<b>November Amount</b>	<b>YTD Amount</b>
539		\$551.64
7am Freedom		\$68.00
AA Recovery Group of Windsor		\$1,118.88
Acceptance		\$566.31
Awakenings	<b>\$147.78</b>	\$1,951.72
Basic Text		\$80.72
Berthoud Group		\$50.00
Big Book of Loveland		\$550.00
Breakfast with Bill and Bob		\$2,929.51
Broad Highway of Recovery (AI-Anon)		\$200.00
Campus Group 2		\$117.60
Daily Noon Zoom		\$2,045.67
Early Worms		\$150.00
Fort Collins Group		\$469.38
Friends of Bill W.	<b>\$28.91</b>	\$122.51
Friends of Bill W. 7 AM	<b>\$195.53</b>	\$340.51
Greeley Group 2	<b>\$20.00</b>	\$220.00
Greeley Westside Group		\$174.00
GYST Harmony		\$368.50
Happy Destiny	<b>\$196.03</b>	\$1,063.08
Happy, Joyous, and Free		\$80.00
Johnstown Primary Purpose		\$520.06
Keep It Simple Group	<b>\$349.00</b>	\$3,340.00
Kitchen Table A.A.		\$38.00
Laporte 287 AA Group	<b>\$112.00</b>	\$620.00
Last House on the Block	<b>\$748.90</b>	\$3,706.86
Loveland AA Group		\$857.77
NOCO Pathfinders		\$150.00
Rule 62 YPAA	<b>\$70.00</b>	\$257.82
RUS		\$132.68
Shoulder to Shoulder		\$364.80
Spring Creek		\$300.00
Step Sisters	<b>\$20.00</b>	\$220.00
Steps on the Mountain		\$140.00
Union Colony Group		\$506.10
Windsor Triangle		\$1,091.38
Windsor Women Unite AA		\$410.33
Women in Recovery		\$287.50
Women of F.A.I.T.H.		\$1,135.50
Women's Recovery Through the Steps		\$294.00
Women Steppin Up	<b>\$15.00</b>	\$165.00
YAGBT		\$50.00
Your Life Group		\$90.00
<b>TOTAL NOVEMBER GROUP CONTRIBUTIONS</b>	<b>\$1,903.15</b>	<b>\$27,895.83</b>

October-23 \$2,325.75

Sep-23 \$2,166.38

## Projected December 2023 Expenses Budget

Expense	Total Amount	Notes / Detail
Ink Works	\$ 65.00	Meeting lists, newcomer packet, new pamphlet, and new booklets
A.A. World Services	\$ 700.00	A.A. literature re-stock
Recovery Shop	\$ 300.00	Medallions (chips)
<b>Literature &amp; Recovery Goods (COGS)</b>	<b>\$ 1,065.00</b>	
Central Office Rent	\$ 735.00	Monthly
State Farm Insurance	\$ 37.66	Monthly
El Dorado Artesian Springs	\$ 25.00	Monthly (water), varies
Mail Chimp Software Subscription	\$ 27.52	Monthly - email marketing software
Comcast	\$ 199.00	Monthly, Cable Internet + Phone
Zoom Software Subscription	\$ 17.20	Monthly
Quickbooks Software Subscription	\$ 93.47	Monthly, bookkeeping for November (increase in Dec)
Office Supplies	\$ 30.00	Monthly (as needed)
Cloudflare	\$ 25.00	Monthly Website Boost & Backup
Colorado Sales License Renewal	\$ 8.00	Annual
Special Events Expense	\$ 5.41	Cookies for final Traditions workshop
<b>Total Operating Expenses</b>	<b>\$ 1,203.26</b>	
Office Manager Monthly Net Salary	\$ 2,096.50	December 2023 - actual paid for November
Office Manager Monthly Net Salary	\$ 2,096.49	January 2024 - actual paid at end of December
<b>Total Administrative Expenses</b>	<b>\$ 4,192.99</b>	
<b>TOTAL PROJECTED DECEMBER BUDGET</b>	<b>\$ 6,461.25</b>	paid bn 12/1 - 12/10 in red*

\*Some COGS expenses as well

## Payroll Detail - For Reference

The October/November 2023 finance report included the 3rd Quarter federal and state payroll taxes and liabilities for July, August, September 2023.

The **state withholding** that comes out of the gross pay was paid November 1st, which was **\$306**. Every employer is obligated to remit all payroll liabilities, what comes out of an employee's gross pay, to the IRS & State every quarter.

The Office Manager gross salary is \$32,206.68 for 28 hours/week. The monthly gross is **\$2,683.89**; net is \$2,096.50.

Q3 gross salary -->  $\$2,683.89 \times 3 = \$8,051.67$

The **employee FICA** is 7.65% of the above amount = **\$615.95** for Q3 (which is a payroll liability NCIG is "obligated to remit" as part of the gross salary) and the employee federal withholding is \$804 -- totaling **\$1,419.95**.

In 2023, the FAML I Colorado (Initiative) started and is \$12.08 per month of the gross pay.

In Q3,  $\$12.08 \times 3 = \$36.24$ . This is also part of the Payroll Liabilities.

NCIG's **(the employer's) FICA** is also 7.65% of the gross pay amount for Q3 (\$8,051.67), which is exactly the same as the employee's FICA):  $\$205.32 \times 3 = \$615.95$  for Q3. This is the "Payroll Taxes." The Q4 breakdown will be shown here next year.

The federal (and state) monthly payroll liabilities and taxes are paid by a hired accountant every quarter.





# NCIG

## Profit & Loss / Statement of Activity

November 2023

	TOTAL
<b>Revenue</b>	
5000 7th Tradition Income	2,379.82
5020 Faithful Fivers	223.67
5200 Literature Sales Income	848.55
5205 Medallion Sales Income	326.95
5210 Recovery Sales Income	58.00
5400 Special Events Income	2,197.00
7100 Sales of CO Lit Income	64.50
<b>Total Revenue</b>	<b>\$6,098.49</b>
<b>Cost of Goods Sold</b>	
6000 Cost of Literature - COGS	564.51
6015 Cost of Printing - COGS	33.88
6025 Cost of Medallions - COGS	227.05
6050 Cost of Drunk Junk - COGS	32.96
<b>Total Cost of Goods Sold</b>	<b>\$858.40</b>
<b>GROSS PROFIT</b>	<b>\$5,240.09</b>
<b>Expenditures</b>	
7124 Cable and Phone Services	184.20
7150 Insurance	37.66
7213 Water Services	6.45
7234 Zoom Subscription	17.20
7235 Quickbooks Subscription	93.47
7300 Office Supplies	17.11
7370 Payroll Expenses	
7400 Payroll taxes	306.00
<b>Total 7370 Payroll Expenses</b>	<b>306.00</b>
7470 Professional fees	
7472 ACCOUNTANT SERVICES	264.00
<b>Total 7470 Professional fees</b>	<b>264.00</b>
7500 Rent	735.00
7750 Website	
7751 Mailchimp	27.52
7754 Web Server Space	25.00
<b>Total 7750 Website</b>	<b>52.52</b>
Square Fees	111.18
<b>Total Expenditures</b>	<b>\$1,824.79</b>
<b>NET OPERATING REVENUE</b>	<b>\$3,415.30</b>
<b>NET REVENUE</b>	<b>\$3,415.30</b>



**NCIG**  
 7th Tradition by Group  
 November 2023

	TOTAL
Awakenings	147.78
Friends of Bill W	28.91
Friends of Bill W 7 AM	195.53
Greeley AA Group #2	20.00
Happy Destiny	196.03
Keep It Simple Group	349.00
Laporte 287 AA Group	112.00
Last House on the Block	748.90
Rule 62 YPAA	70.00
Step Sisters	20.00
Women Steppin Up	15.00
<b>TOTAL</b>	<b>\$1,903.15</b>

FEAR = Few Ever Arrive Rejoicing  
 FEAR = Failure Expected And Received  
 FEAR = False Evidence Appearing Real  
 FEAR = False Expectations Appearing Real  
 FEAR = Fear Expressed Allows Relief  
 FEAR = Feelings Every Alcoholic Rejects  
 FEAR = Fighting Ego Against Reality  
 FEAR = Forget Everything and Run  
 FEAR = Face Everything and Recover!  
 FEAR = Forgetting Everything's All Right  
 FEAR = Frantic Effort to Appear Real  
 FEAR = Frantic Efforts to Appear Recovered

	CENTRAL OFFICE	DONATION	GRATITUDE BANQUET	WORKSHOPS	NOT SPECIFIED	TOTAL
Revenue						
5000 7th Tradition Income		2,271.82	95.00	13.00		\$2,379.82
5020 Faithful Fivers		223.67				\$223.67
5200 Literature Sales Income	848.55					\$848.55
5205 Medallion Sales Income	326.95					\$326.95
5210 Recovery Sales Income	58.00					\$58.00
5400 Special Events Income			2,197.00			\$2,197.00
7100 Sales of CO Lit Income	64.50					\$64.50
<b>Total Revenue</b>	<b>\$1,298.00</b>	<b>\$2,495.49</b>	<b>\$2,292.00</b>	<b>\$13.00</b>	<b>\$0.00</b>	<b>\$6,098.49</b>
Cost of Goods Sold						
6000 Cost of Literature - COGS	564.51					\$564.51
6015 Cost of Printing - COGS	33.88					\$33.88
6025 Cost of Medallions - COGS	227.05					\$227.05
6050 Cost of Drunk Junk - COGS	32.96					\$32.96
<b>Total Cost of Goods Sold</b>	<b>\$858.40</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$858.40</b>
<b>GROSS PROFIT</b>	<b>\$439.60</b>	<b>\$2,495.49</b>	<b>\$2,292.00</b>	<b>\$13.00</b>	<b>\$0.00</b>	<b>\$5,240.09</b>
Expenditures						
7124 Cable and Phone Services	184.20					\$184.20
7150 Insurance	37.66					\$37.66
7213 Water Services	6.45					\$6.45
7234 Zoom Subscription	17.20					\$17.20
7235 Quickbooks Subscription	93.47					\$93.47
7300 Office Supplies	17.11					\$17.11
7370 Payroll Expenses						\$0.00
7400 Payroll taxes	306.00					\$306.00
<b>Total 7370 Payroll Expenses</b>	<b>306.00</b>					<b>\$306.00</b>
	CENTRAL OFFICE	DONATION	GRATITUDE BANQUET	WORKSHOPS	NOT SPECIFIED	TOTAL
7470 Professional fees						\$0.00
7472 ACCOUNTANT SERVICES	264.00					\$264.00
<b>Total 7470 Professional fees</b>	<b>264.00</b>					<b>\$264.00</b>
7500 Rent	735.00					\$735.00
7750 Website						\$0.00
7751 Mailchimp	27.52					\$27.52
7754 Web Server Space	25.00					\$25.00
<b>Total 7750 Website</b>	<b>52.52</b>					<b>\$52.52</b>
Square Fees					111.18	\$111.18
<b>Total Expenditures</b>	<b>\$1,713.61</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$0.00</b>	<b>\$111.18</b>	<b>\$1,824.79</b>
<b>NET OPERATING REVENUE</b>	<b>\$ -1,274.01</b>	<b>\$2,495.49</b>	<b>\$2,292.00</b>	<b>\$13.00</b>	<b>\$ -111.18</b>	<b>\$3,415.30</b>
<b>NET REVENUE</b>	<b>\$ -1,274.01</b>	<b>\$2,495.49</b>	<b>\$2,292.00</b>	<b>\$13.00</b>	<b>\$ -111.18</b>	<b>\$3,415.30</b>



# Colorado State Convention 2024

Presented by Area 10 Alcoholics Anonymous in cooperation with  
Area 5 Al-Anon Family Groups

320 Central Main St, Pueblo, CO 81003- August 16th - 18th, 2024

For Preliminary Program and Updated Information

Go Online: [https://www.coloradoaa.org/convention\\_info/](https://www.coloradoaa.org/convention_info/)

Or

Email Registration Chair at [conventioneven@coloradoaa.org](mailto:conventioneven@coloradoaa.org)

speakers & Events:

Friday Evening AA Speaker: TBD

Friday Evening: Ice Cream Social

Saturday Al-Anon Luncheon: TBD

Saturday Evening: Banquet Dinner

Saturday Evening Al-Anon Speaker: TBD

Saturday Evening AA Speaker: TBD

Sunday Morning AA Speaker: TBD

Workshops, Continuous Meetings, and Videos in

English & Spanish

**PLEASE JOIN US!**

The convention runs from 3 p.m. Friday to 12 p.m. Sunday.

Lodging: Courtyard by Marriott Pueblo Downtown

Address: 110. W. 1st Street, W City Center Dr, Pueblo, CO 81003

Phone:

**(719) 542-3200**

<https://www.marriott.com/events/start.mi?id=1690831546618&key=GRP>

Register online at <https://www.convention.coloradoaa.org>,

or complete the form below and MAKE CHECKS PAYABLE TO: 2024 State Convention



☐ AA ☐ Al-Anon/Alateen.

☐ Registration \$35.00 After 7/12/24 \$40.00

☐ Friday Evening Ice Cream Social \$12.00

☐ Saturday Al-Anon Luncheon \$35.00

☐ Saturday Evening Banquet Dinner \$42.00

☐ Dance \$5.00

☐ Bottomless Coffee Mug \$20.00

☐ Package Price \$149.00

☐ Contributions \$ \_\_\_\_\_

Total Enclosed \$ \_\_\_\_\_

Member Registration Information:

Name on \_\_\_\_\_

Badge \_\_\_\_\_

Home Group \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip Code \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Email \_\_\_\_\_

☐ I'd like to volunteer!

For "Special Needs" consideration, please e-mail us at [conventioneven@coloradoaa.org](mailto:conventioneven@coloradoaa.org) (every effort will be made to accommodate special requests). On-site registration will be open from 3 p.m.—9 p.m. Friday, August 16th, and at 8 a.m., Saturday, August 17th, 2024